

# 2025

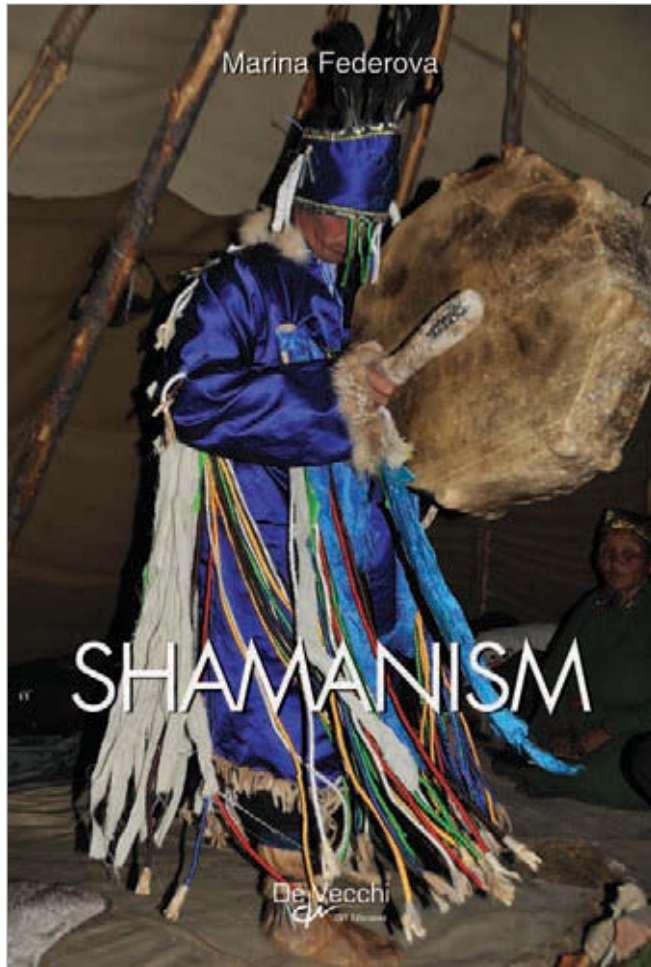


De Vecchi  
DVE Ediciones

# TABLE OF CONTENTS

NEW TITLES .....	2-3
PERSONAL DEVELOPMENT .....	4-21
SPORT AND HEALTH .....	22-47
HOME & GARDENING .....	48-69
ANIMALS .....	70-99
CULTURE, SPIRITUALISM & BELIEFS .....	100-117
CREATIVE DO IT YOURSELF .....	118-143
LEISURE .....	144-169
CHILDREN .....	170-205
FOOD & COOKING .....	206-226

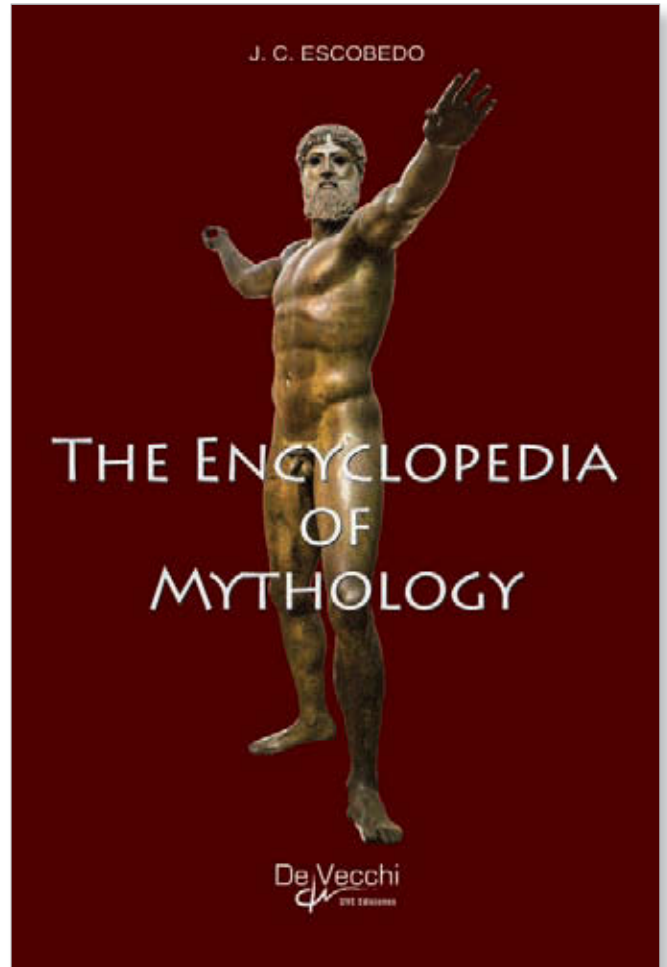
# NEW TITLES



ISBN 978-1-63919-603-6

Format 145 x 210 mm, 140 pages

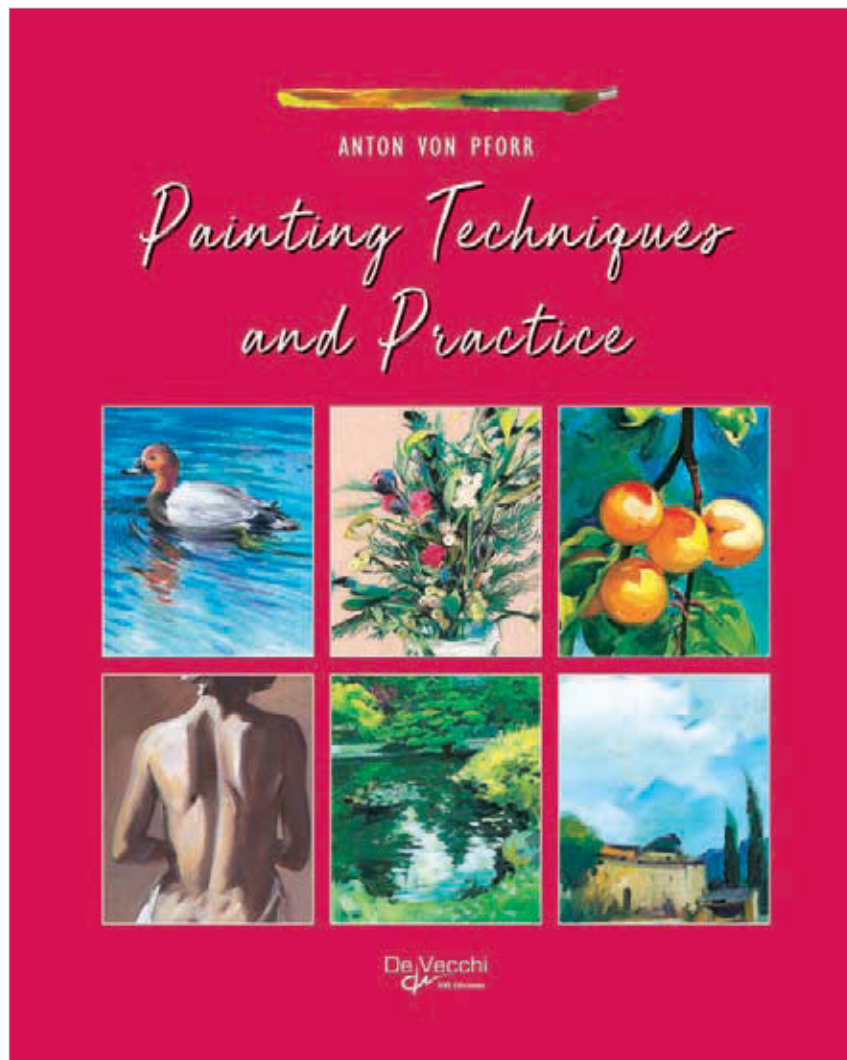
Shamanism in Siberia, in the heart of northern Asia, is a fascinating phenomenon where gifted individuals are appointed to manage relations with the invisible world. These 'shamans' practice rituals to bring forth anthropomorphic and zoomorphic spirits, imitating the dialogues and battles they lead with them. Shamanism is deeply rooted in the traditions of Siberia, considered by some scholars to be the heart of shamanism. The book presents the history of the rituals and practices of Siberian shamanism, a complex and captivating subject.



ISBN 978-1-63919-605-0

Format 170 x 240 mm, 336 pages

Immerse yourself in the mystical world of the gods of Olympus with our latest book on Greek mythology! Delve into epic and thrilling stories, explore the origins of mythical figures such as Apollo, Daedalus, and Hercules. Written for mythology enthusiasts and those keen to understand our culture, this book offers a poetic reimagining of classic legends, made accessible by contemporary archaeological and anthropological insights. Whether you are a novice or a scholar, this is essential reading to experience the magic and wisdom of the ancients.



ISBN 978-1-63919-604-3

Format 215 x 270 mm, 384 pages

Art Enthusiasts and Painting Aficionados: Your Search Is Over! Discover our new book dedicated to a plethora of artistic techniques and practices.

**Versatility:** This comprehensive guide covers a broad spectrum of media: from drawing and watercolour to pastels, oil painting, gouache, and acrylics. A veritable goldmine for both budding and established artists.

**Ease:** We break down techniques into easy-to-follow, step-by-step instructions, making this guide ideal for beginners and intermediates alike.

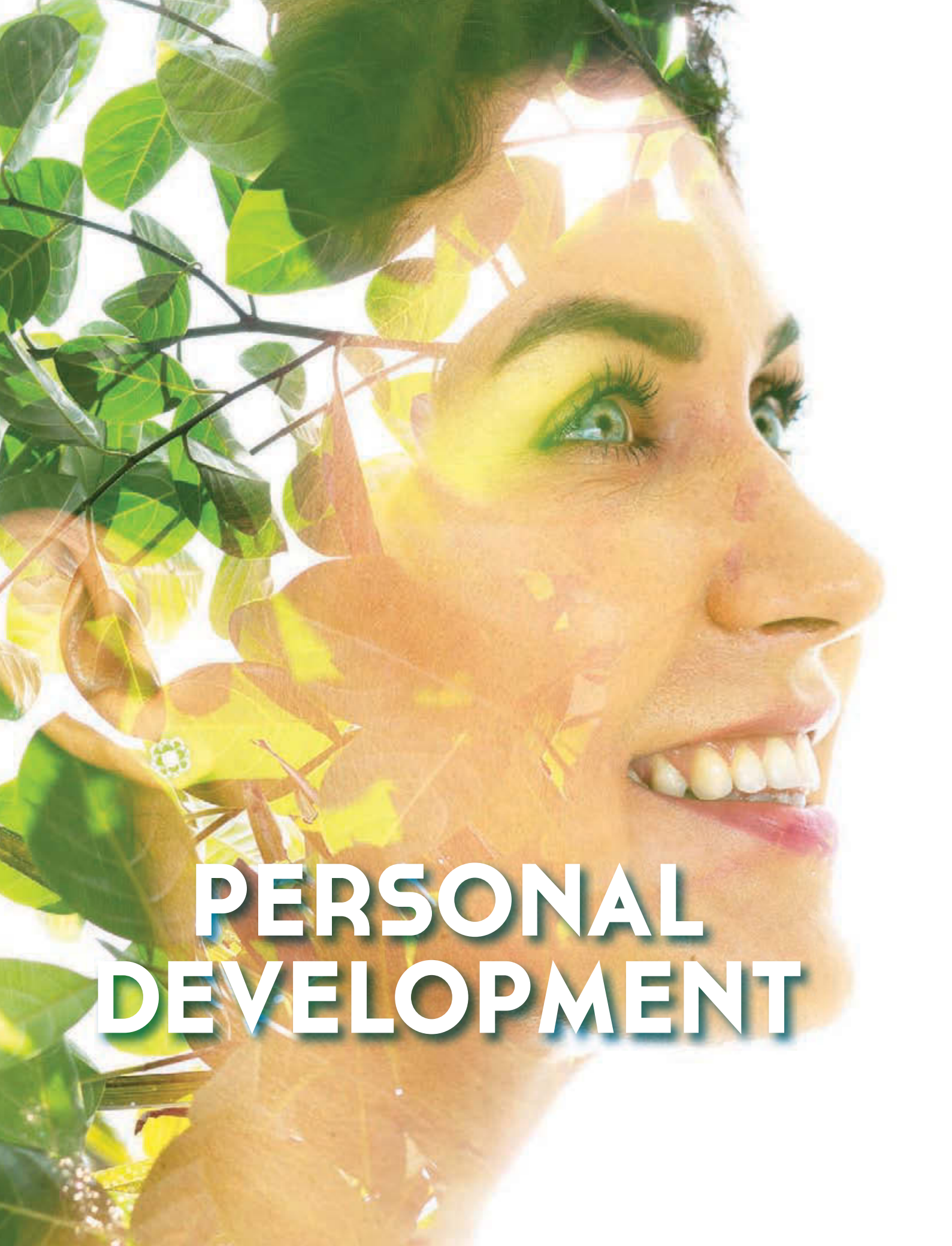
**Inspiration:** Immerse yourself in a world of creativity. Our expert methods and tips are designed to ignite your imagination and spur you on to new artistic heights.

**Quality:** Benefit from high-resolution images that will guide your hand and expert advice to refine your craft.

**Suitable for All:** Whether you're a budding young artist or an experienced painter, this book caters to artists at all stages of their creative journey. Don't miss this opportunity to enrich your talent. This book is more than a resource; it's an investment in your passion.

Elevate your art—order now! Reinvent your artistic practice, explore new techniques, and bring your most audacious visions to life. Don't hesitate. Opt for excellence with our comprehensive guide.





# PERSONAL DEVELOPMENT

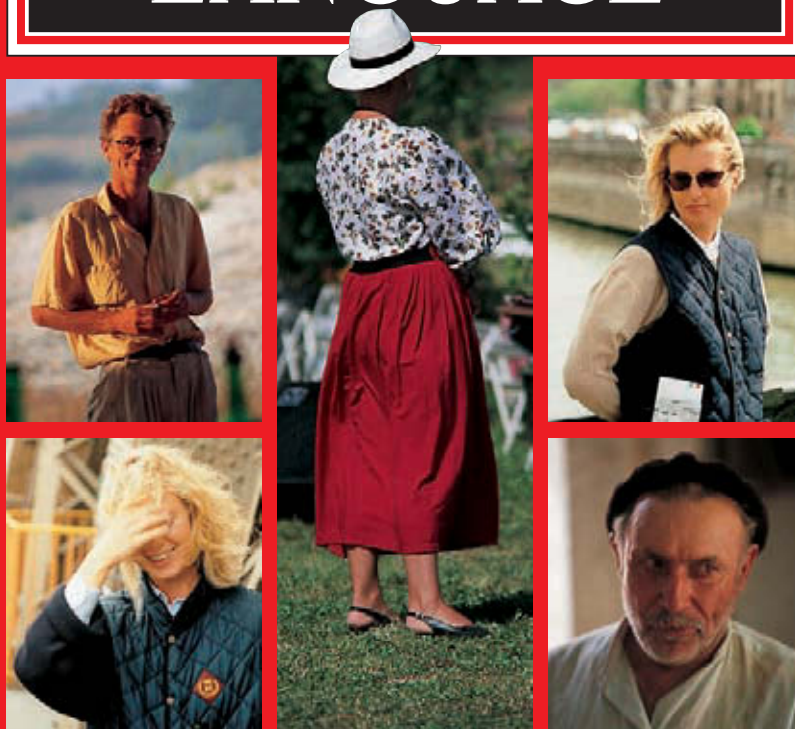
# PERSONAL DEVELOPMENT

In this ever-changing world, you need to continuously keep pushing yourself, learning, and developing new skills. Whether that entails learning a foreign language, how to write an amazingly articulate CV and cover letter, or brushing up on your astronomy, if you don't keep pushing yourself and evolving your acumen, you may be left behind. The modern world in which we live forces us to constantly acquire new competencies or to strengthen our existing skills, and nothing is more attractive than someone who wants to be the best possible version of themselves.



Marco Pacori

# The Basics of INTERPRETING BODY LANGUAGE

dve  
PUBLISHING

ISBN 978-1-78525-946-3

Format 170 x 240 mm, 192 pages

44,000 words

One would give just about anything to know what is behind the gaze of the person with whom they are speaking, to see if he or she is sincere and what his or her intentions are! There is a scientific and effective method that anyone can learn quickly: the interpretation of body language.

The author examines the most significant signs of the body; for every gesture finds its motivation and its meaning in a completely innovative and original way. The text is accompanied by photographs and drawings, which enable a more straightforward comprehension.



Carla Curina Cucchi  
Maurizio Grassi

## Speak from The Heart



HOW TO COMMUNICATE EFFECTIVELY  
AND COMPASSIONATELY



communication

**ISBN 978-1-78525-380-5**

**Format 145 x 205 mm, 160 pages**

**36,000 words**

To communicate successfully you don't need to be a psychologist, but to understand the conversational partner, interpret their gestures, expressions, verbal and non-verbal language.

In conclusion, you need to listen, see and "feel" the others. Difficult? Less so than it seems: within this guide you will find exercises and practical examples to develop your skills gradually and effectively.

You will learn with yourself, becoming a good and empathic listener to make the other part comfortable and satisfied with the communication.

Francesco Padrini

## The Simple Guide to Secret Body Language



**ISBN 978-1-78525-945-6**

**Format 170 x 240 mm, 144 pages**

**27,000 words**

The 20<sup>th</sup> century was, without a doubt, the century of communication: radio, television, computers... Communication has reached, through image and sound, a level that was impossible to imagine until very recently. Nevertheless, we still know very little about non-verbal communication; we make sounds, but we also communicate simultaneously through our attitude and gestures. With this book you will discover the fascinating world of non-verbal language –the secret language- that is yet to discover.

Daniela Bregantin

# Master Public Speaking in One Course



ISBN 978-1-78525-950-0

Format 145 x 205 mm, 240 pages

66,000 words

Do you get nervous when you have to speak in public? Do you know how to catch the attention of your audience? Learn the best techniques for public speaking that the ancient masters of rhetoric already used as well the modern schools' practises. You will learn how to organise and think through all the content of a speech and how to correctly identify the target and the audience.





**ISBN 978-1-78525-953-1**

**Format 170 x 240 mm, 192 pages**

**47,200 words**

This innovative book, practical and clear, is aimed at those who are looking for concepts, tools, and techniques, new and effective ideas and case studies, that provide the fundamentals for the success of a company and its management. It deals with all aspects of selling a product, applying the correct price policies, resolving problems, managing projects, and making better decisions ...

Learn the latest business techniques and receive valuable tips to help you achieve success thanks to a pleasant and thought-provoking text.

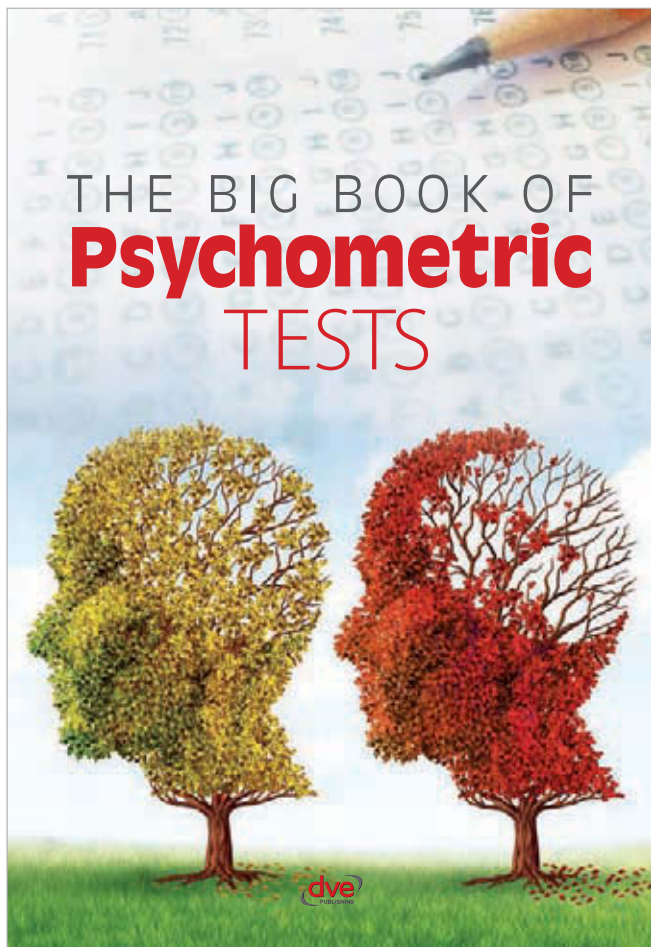


**ISBN 978-1-78525-388-1**

**Format 145 x 205 mm, 128 pages**

**39,000 words**

Is leadership innate or learned? Are you a chief or a leader? Learn how to deal with the pillars of leadership: positive mental attitude, courage, ethics and integrity, fighting or negotiating, time management, leadership and emotionality, stress, barriers of communication, active attention, motivating and delegating, incentives and sanctions.



ISBN 978-1-78525-948-7

Format 170 x 240 mm, 432 pages

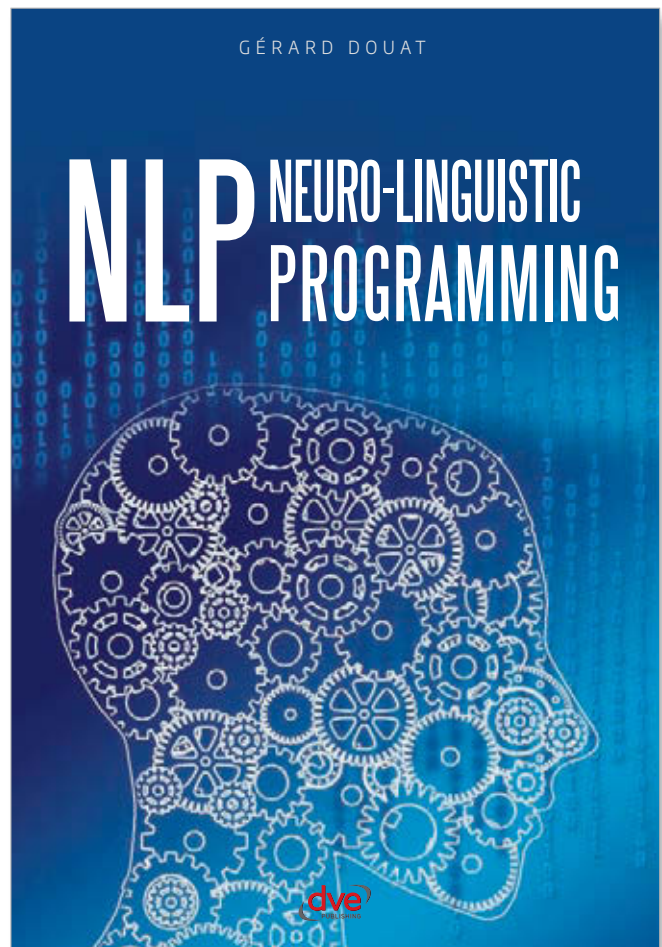
80,000 words

Do you know what your IQ is? Measure your intelligence with memory, reasoning, and attention tests.

In this book you will also find tests to help you find the professional environment where you will make better use of your own skills.

The personality tests will help you learn more about your character, feelings, strengths and weaknesses, and how to use this information in favour of your personal life.

Give a U-turn to your life, and reach the success that you have always dreamt of.



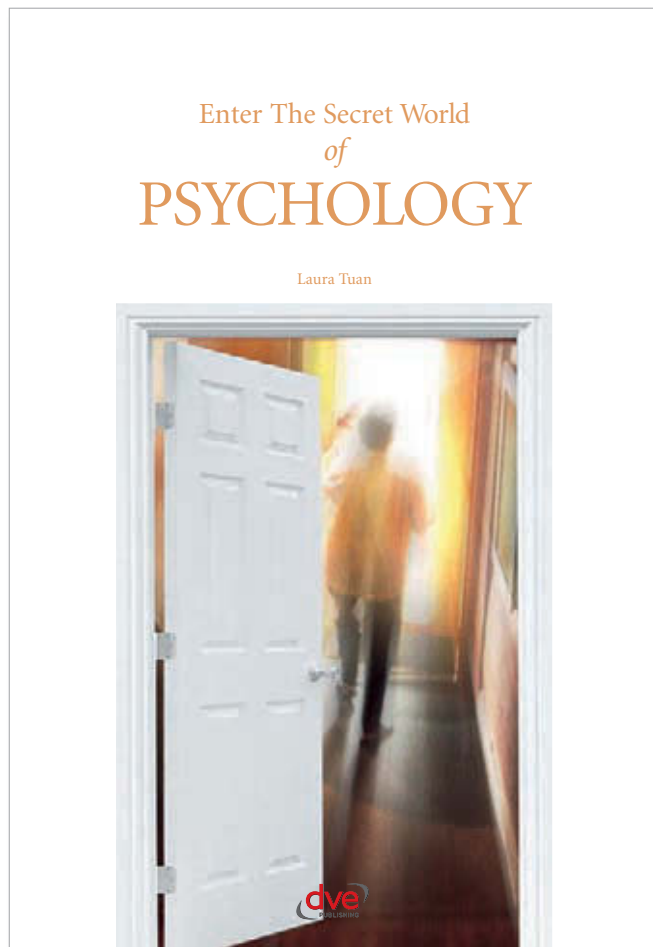
ISBN 978-1-78525-379-9

Format 145 x 205 mm, 168 pages

20,000 words

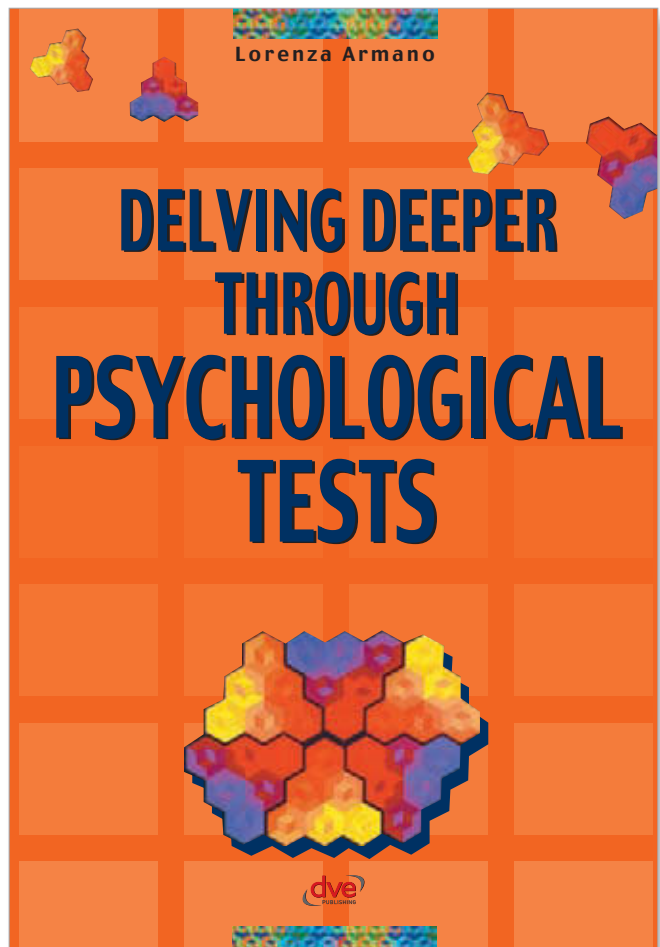
Are you predominantly visual, auditory, or kinaesthetic? To know what type of person you are, NLP (Neuro-Linguistic Programming) proposes a technique aimed to understand our own functioning and thus adapt our behaviour to the interlocutor when we are involved in a verbal or corporal dialogue.

- "NLP is an education of the brain", said Richard Bandler, one of the founders, along with John Grindler, of this useful technique, which is present today in all works related to communication.
- You will learn the three main principles of NLP: consciousness does not give us the whole reality, the disparity between being and appearing, and the confirmation that we have more resources than we think we have.
- Apply the technique to improve your perceptions and fulfill your aspirations.
- Thanks to this book you will be able to use NLP in your private and professional life.



ISBN 978-1-78525-315-7  
Format 145 x 205 mm, 96 pages  
23,000 words

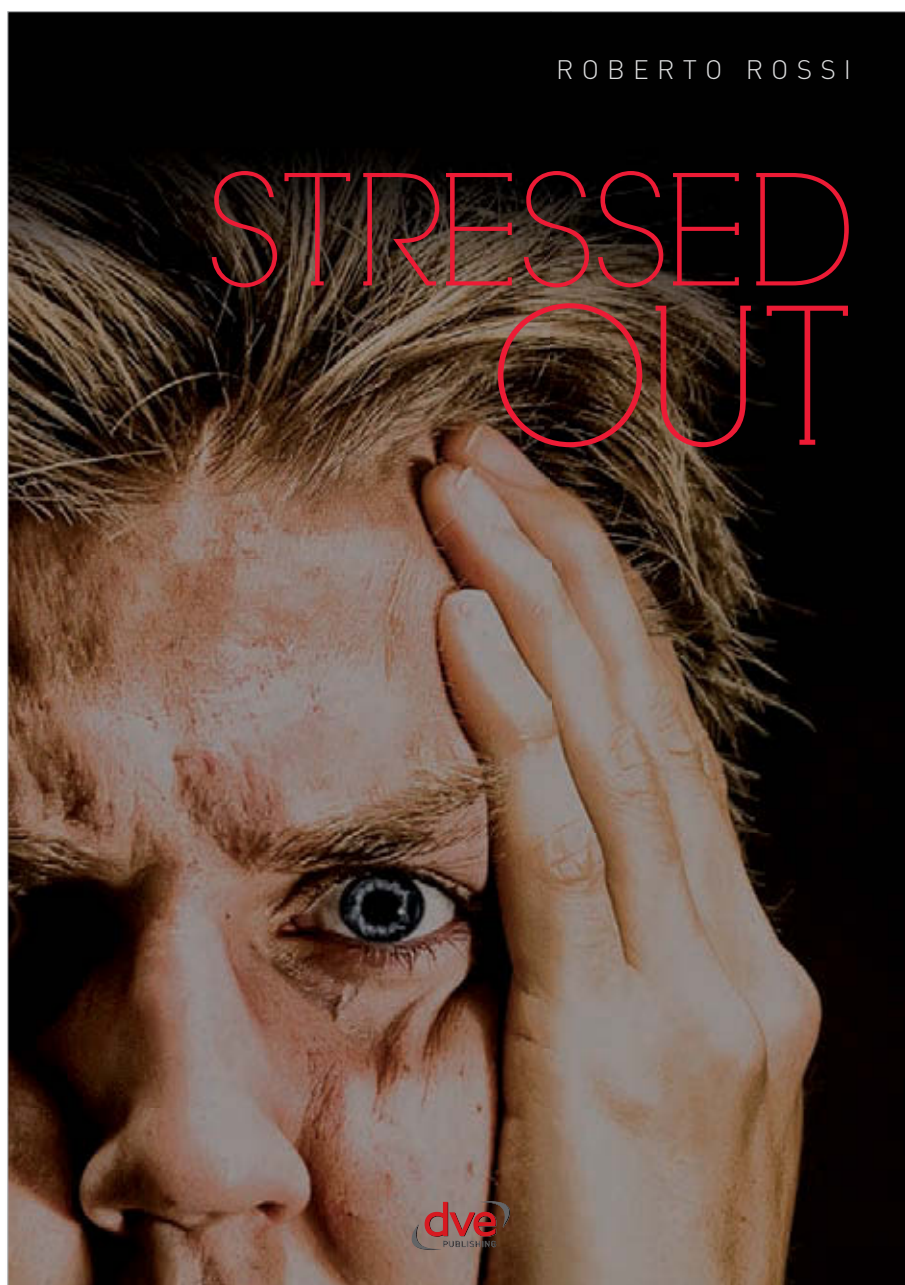
Discover the mysterious and fascinating world of the paranormal powers and learn to recognise the subconscious, and the hidden part of our being; this guide will reveal extrasensory perception techniques and, thanks to the numerous exercises, it will allow you to find the path of knowledge and wisdom. This book aims to focus on the big issues of esotericism, as well as enabling improvement in self-knowledge and the discovery of the universe around us.



ISBN 978-1-78525-949-4  
Format 170 x 240 mm, 272 pages  
46,000 words

How to cope with tests? What is their goal? How should we read and understand the results?

Find out everything you need to know about tests in this book. The author, a psychologist of training, offers a wide range of tests with solutions and grids for interpretation to be quietly completed at home. They include behavioural assessment tests, tests for the couple and the family, tests concerning work and career, but also a handwriting analysis and a study of the body language and morphopsychology.



---

**ISBN 978-1-78525-385-0**

**Format 145 x 205 mm, 128 pages**

**37,000 words**

Stress is a great threat against health and well-being with so many harmful effects: anxiety, irritability, decreased sex drive, headaches, general fatigue, etc. The small tensions of your everyday life can potentially lead to stress. These impulses can be overlooked until our physical and mental health gets a stroke. Why waiting until that moment?

This book aims to be a guide for you through a great number of exercises, tests and questionnaires to learn how to recognise the stress, to make a distinction between positive and negative pressure, to improve your self-esteem, to face anxiety and rage, and more.

PSYCHOLOGIST'S ADVICE

Silvio Crosera

## TO UNDERSTAND YOUR SON



**ISBN 978-1-78525-296-9**

**Format 145 x 205 mm, 160 pages**

**37,000 words**

You are not born a parent; you become one during your life!

This book aims to give practical answers to essential questions that parents and educators will come up with during the education process so that they can better understand each problem and look for the best professional counselling.

PSYCHOLOGIST'S ADVICE

S. Crosera

## TO UNDERSTAND YOUR ADOLESCENT



**ISBN 978-1-78525-295-2**

**Format 145 x 205 mm, 156 pages**

**33,000 words**

At the age of 11, your child stops being a kid. The body changes, desires arise, and he will feel lost between the childhood and the grown-ups world. How can we help teenagers go through this extremely difficult phase to become an adult? How can we understand and feel close to them without confrontation and through dialogue towards education? These questions are addressed to parents, teachers, educators, and other family members.



# The Guru's Guide to Improving your **Self-Esteem**

Silvio Crosera

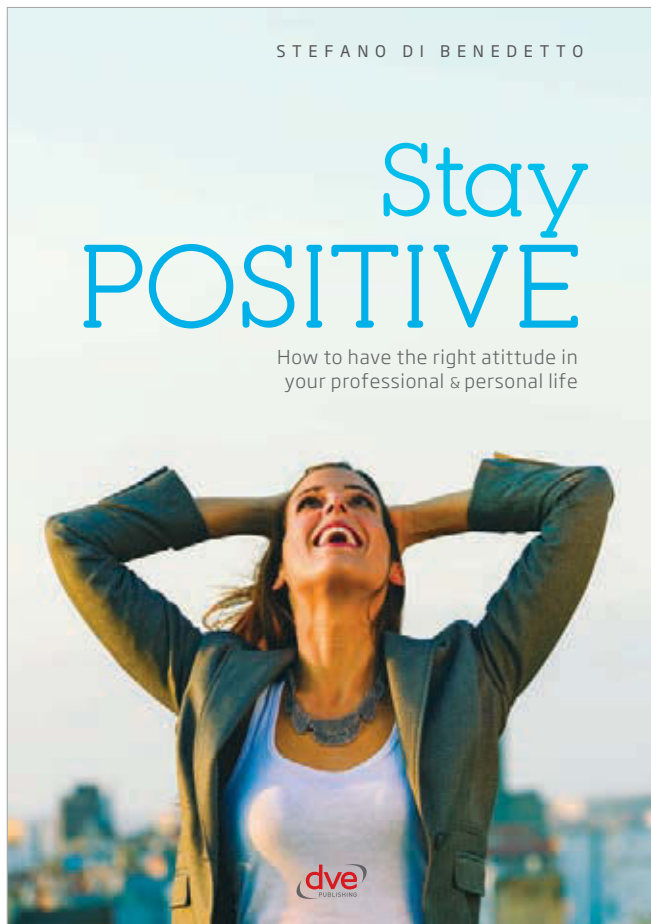


ISBN 978-1-78525-947-0

Format 140 x 220 mm, 144 pages

37,000 words

Am I satisfied with myself? Do I feel secure in myself? Do I know myself enough? Am I able to achieve all that I would like? Is it possible to change? How can I make it happen? In this book you will find dozens of tests to get to know yourself better and find the best way to learn how to value yourself more positively. Responsibility, communication, extroversion, or determination are some of the keys that we need to develop in order to use our self-esteem to confront the challenges of life.



**ISBN 978-1-78525-387-4**

**Format 145 x 205 mm, 160 pages**

**36,000 words**

This book is a compendium of practical advice proposed by the author, bringing together ideas, notes, reflections, and real anecdotes gathered through interviews conducted with both influential businessmen and executives and people who manage human resources: employees, the self-employed, or simply parents. It is all about how to get confidence and general agreement, a winning skill in daily life.



**ISBN 978-1-78525-389-8**

**Format 145 x 205 mm, 128 pages**

**37,000 words**

Every day we have to face unexpected situations, and we don't know where to find the resources that we need to deal with. Without the appropriate tools, tasks like public speaking or calling an important client can be overwhelming.

Guillaume Azzopardi



# HOW TO DISCOVER your hidden talents



**ISBN 978-1-78525-255-6**

**Format 145 x 205 mm, 320 pages**

**44,500 words**

Why do we often have relationship problems at work or at home? Why do we feel bad, dissatisfied, or disappointed? It is almost always because we know far too little about ourselves. Based on objective data, such as the study of the face, body, hands, and handwriting, but also behaviours or dreams, this book gives us the essential tools to better understand ourselves, to fully exploit all our potential, and to become more successful in life. In short, this is a long-awaited personal guide to success!

# ALSO AVAILABLE

## BUSINESS & COMMUNICATION

A Guide to Choosing Your Type of Business  
The Art of Effective Communication and Persuasion  
The Art of Management  
The Big Book of Modern Private  
and Commercial Correspondence  
The Big Book of Private and Business Correspondence  
Business Correspondence Made Easy  
Competitive Curriculum: A Complete Guide  
The Creative Negotiating Guide  
Effective Communication Skills For Any Speaker  
English Express: How To Stand Out In Today's Job Market  
& Write An Unforgettable Resume  
How to Be an Effective Facilitator  
How to Clean Up a Company in Crisis  
How to Measure Your Intelligence  
How to Write Effective Business Letters  
The Manager's Manual: How to Manage Your Company  
Reveal Your Best Signature  
The Rules for an Effective Resume  
Talking Like a Leader  
Telemarketing 101  
Winning through Negotiation  
Writing Private Correspondence Today  
200 Responses to Succeed in Job Interviews

## FAMILY

The A-Z Adoption Guide  
All About Divorce and Separation  
All About Pregnancy, Child Birth, and Breastfeeding  
The Big Book for Father's  
The Big Book of Baby Names

The Couple's Guide to Infidelity  
Dad, Mom, Leave Me Time for My...  
Do Not Talk in That Tone!  
The Encyclopedia of Names  
The Expectant Parent's Guide to Naming  
The Family Guide to Healthy Eating  
The Family Guide to Overcoming Unemployment  
For Starters, You're Not My Mother!  
Fun Things to Do with Your Baby  
The Great Dictionary of Names  
The Growing Up Guide  
The Handbook for Stay-at-Home Moms  
The Handbook of Personal Names  
How Long Will This Tantrum Last?  
How to Avoid Simple Mistakes in Castilian  
How to Get Your Child to Listen  
How to Help your Son Recover from Assault  
How to Separate but Protect your Children  
The Loving Mother's Manual  
Names for Life  
The Natural Guide to Naming Your Son  
Parents: How to Say No  
Psychologist's Advice to Understand Your Adolescent  
Psychologist's Advice to Understand Your Son  
Understanding Children  
Your Personal Pregnancy Journal

## HISTORY

All About the Dreyfuss Affair  
All About the Incas  
All About the Mata Hari Affair  
All About the Mayans



The Big Book of Ancient Civilizations  
The Big Book of Nostradamus  
The Complete Guide to Catharism  
A Complete Guide to the Crusades  
A Complete Guide to Key Amulets  
The History of Poisons  
The Prophecies of Nostradamus  
The World of the Egyptians  
The World of the Greeks  
The World of the Romans  
The World of the Vikings

## HOROSCOPES

The Astrologer's Guide to Paracelsus  
A Complete Astrology Course  
The Complete Collection of Zodiac  
The Complete Guide to Chinese Astrology  
All About Chinese Horoscopes  
All About Names and Zodiac Signs  
All About the 12 Signs of the Zodiac  
All About Zodiac  
All That the Future Holds  
Astrological Forecasts to 2050  
Chinese Horoscopes for Him  
Everyone's Guide to Horoscopes  
Introduction to Astrology  
Love According to Zodiac Signs

## HOW TO & LEARNING

The Art of Pressed Flowers  
The Art of Writing Effectively and with Style  
The At-Home Guide to Making Alcohol  
The Basic Guide to Boosting Your Memory  
The Basics of Building Your Own Furniture  
The Basics of Using an Astronomical Telescope  
The Beginner Guide for Amateur Astronomers  
The Beginner's Guide to Astronomy  
The Complete Guide to Growing Cherries

A Complete Guide to Shirt Decorating  
The Complete Manual to Graphology  
Choosing and Using Your Kite  
Diving In: Techniques for Basic Diving  
The Easy Guide to Graphology  
The Guide to Starting School  
How to Create Sculptures with Wire  
How to Learn More and Study Less  
How to Make a Complete Microscope  
Knitting Made Easy  
Learn to Play the Recorder  
Learning to Budget Made Easy  
Learning to Read Made Easy  
The Manual to Measure your IQ  
The Modern Book of Antiques  
The New Recruitment Test  
Party Planning Made Easy  
Project Architect Tips and Techniques  
Public Speaking Made Easy  
The Quadrilingual Maritime Dictionary  
School, Hooray!  
Simple Communication Skills  
The Sky Atlas  
Sod Off: How to Fight Garden Pests and Enemies  
Study Strategies: Improve Your Studying with These Techniques  
Techniques for Making Tapestries  
What to do if you Don't Like School  
Where There's a Will There's a Way in Psychobuilding

## LANGUAGE LEARNING

English Express: Common English Mistakes...  
And How To Avoid Them  
English Express: Effective Communication In The Workplace  
English For Beginners: Writing & Speaking Exercises  
German For Beginners: Writing & Speaking Exercises  
How To Be A Great Parent and Partner:  
Understanding Your Family's Needs  
Improve Your Italian Skills For Everyday Use





Improve Your Italian Skills For Everyday Use  
Improve Your Portuguese Skills For Everyday Use  
Latin Everywhere: Common Expressions & Phrases  
Learn 500 English Phrases in 5 Days  
Learn Basic English in 5 Days  
Learn English by Phone  
Learning English Made Easy  
Master The English Language in 3 Weeks  
Master The English Language in 3 Weeks  
Master The French Language in 3 Weeks  
Master The French Language in 3 Weeks  
Master The Italian Language in 3 Weeks  
Master The Italian Language in 3 Weeks  
My First Word in 4 Languages  
No Time? No Problem! Learn English in 30 Days  
No Time? No Problem! Learn Russian in 30 Days  
It's As Easy As 1-2-3!  
    Learn Basic Japanese Grammar & Expressions  
The Play-Along Book of English Words  
Sing-A-Long Guide to Learning English  
The Tricks and Traps of the English Language

## PRACTICAL LIVING

The A-Z Guide for Community Owners  
The A-Z Homeowners Guide  
The At-Home Attorney Guide  
All About the Civil Code  
All About the Homeowner's Association  
Decode Your Condo  
Everything You Need To Know About Income Tax  
Everything you Need to Know as President  
    of the Homeowner's Association  
The How to Guide to Leasing  
How to Purchase or Lease Property  
The Simple Guide to Social Security  
A Simple Guide to the Penal Code  
Step by Step to a Safer Home

## SPIRITUAL & HEALTH

All About Bach Flowers  
All About Chakras  
All About the Testament  
The Anti-Stress Massage Guide  
The Art of Acupressure: A Complete Guide  
The Art of Divination  
The Art of Healing Through Osteopathy  
The Art of Interpreting Dreams  
The Art of Massage  
The Art of Native American Divination Cards  
The Art of Reading Aura's  
The Art of Remembering Dreams  
The Art of Unplugging  
Appealing Aroma's: The Complete Guide to Oils,  
    Flavors, Scents, and Bath Salts  
The Basic Guide to Reflexology  
Beings of Light  
The Big Book of Massage and Essential Oils  
The Big Book of Reflexology  
The Big Book of Remedies  
The Big Book of Superstitions  
The Book of Facial Queues  
Choosing and Using White Magic  
Choosing and Using Your Astronomical Telescope  
The Collector's Guide to Precious Stones  
The Colour Personality Test  
The Complete Book of Love Potions  
The Complete Guide to Coaching  
The Complete Guide to Crystal Therapy  
The Complete Guide to Interpreting Dreams  
The Complete Guide to Premonitory Dreams  
The Complete Guide to Understanding Meteorology  
The Complete Guide to Vacation  
Dreams and What They Mean  
Enter the Secret World of Psychology  
The Encyclopedia of Essential Oils  
Enter the Secret World of Tarot



The Expert Guide to the Evil Eye and Spells  
The Extraordinary Power of Amulets and Talismans  
The Extraordinary Power of the Mandala  
The Extraordinary World of Ghosts  
Good Vibes  
The Guardian Angel Guide  
The Guide to Discovering the Powers in You  
The Guide to Lymphatic Drainage Massage  
The Guide to Universal Astrology  
The Guide to Using Appropriate Words  
The Guru's Guide to Gemstones  
Happiness Made Easy  
Health For The Human Spirit:  
    Chinese Proverbs & Meditation Practices  
How Am I Really?  
How to Achieve the Perfect Mind-Body Balance  
How to Develop Personal Magnetism  
How to Develop Psychological Faculties  
How to Develop Your Intuition  
How to Interpret Dreams and Lucky Numbers  
How to Overcome Anxiety and Stress  
How to Psychoanalyze Yourself  
How to Succeed by Yourself  
The Hypnosis Handbook  
Joys  
The Key to Dreams  
Learn the Mysteries of Astral Travel  
Learn the Mysteries of Dreams  
Learn the Mysteries of Numerology  
Learn the Powers of Spiritualism  
Lend a Hand: A Zonal Hand Massage Guide  
The Letters of the Planets  
Master Pranothrapy in One Course  
Mastering Meteorology  
The Modern Guide to Feng Shui  
Overcoming Your Fears and Anxieties  
Palm-Reading for Beginner's  
Predicting the Future with the Letters of the Sibyl

The Psychological Test of Aptitude and Personality  
Reveal the Future Through Tarot  
The Simple Guide of What to Say in Every Situation  
The Simple Guide to Stargazing  
The Simple Guide to Staying Young  
Stop Fighting: Choosing and Using Peace  
Stop Snoring!  
Taking Charge of your Life  
Testing Your Emotional Intelligence  
Thoughts of Love Handbook  
The Unlimited Power of the Third Eye  
What Your Dreams Say About Your Sexuality  
Where There's a Will There's a Way in Psychobuilding  
The Wisdom of Crystals  
Your Guide to Relaxation and Total Well-Being

## VARIOUS

The A-Z Book of Pleasure and Sex  
The A-Z Guide to Topiary  
The Best Stories of Clarin  
The Best Stories of Jack London  
The Big Book of Animals for Children  
The Big Book of Congratulations  
The Big Book of Good Manners  
The Big Book of Kites  
The Book of Celtic Stories  
The Christmas Story Book  
The Complete Manual to Self-Defense  
The Flower-Lover's Guide to Terraces and Balconies  
The Mandarin Diamond  
The Manual of Good Manners  
The Most Successful Card for Every Occasion  
The Practical Guide to Self-Defense  
Seeing Better Without Glasses  
The Self-Defense Guru Guide  
The Self-Defense Guru Guide for Women  
Stretch and Strengthen Your Memory







A young woman with dark hair tied back, wearing a purple athletic shirt, is captured in a dynamic pose. She is holding a tennis racket with a red and white frame, and her right arm is raised, gripping the handle. She is looking off to the side with a focused expression. The background is a blurred green, suggesting an outdoor setting like a tennis court.

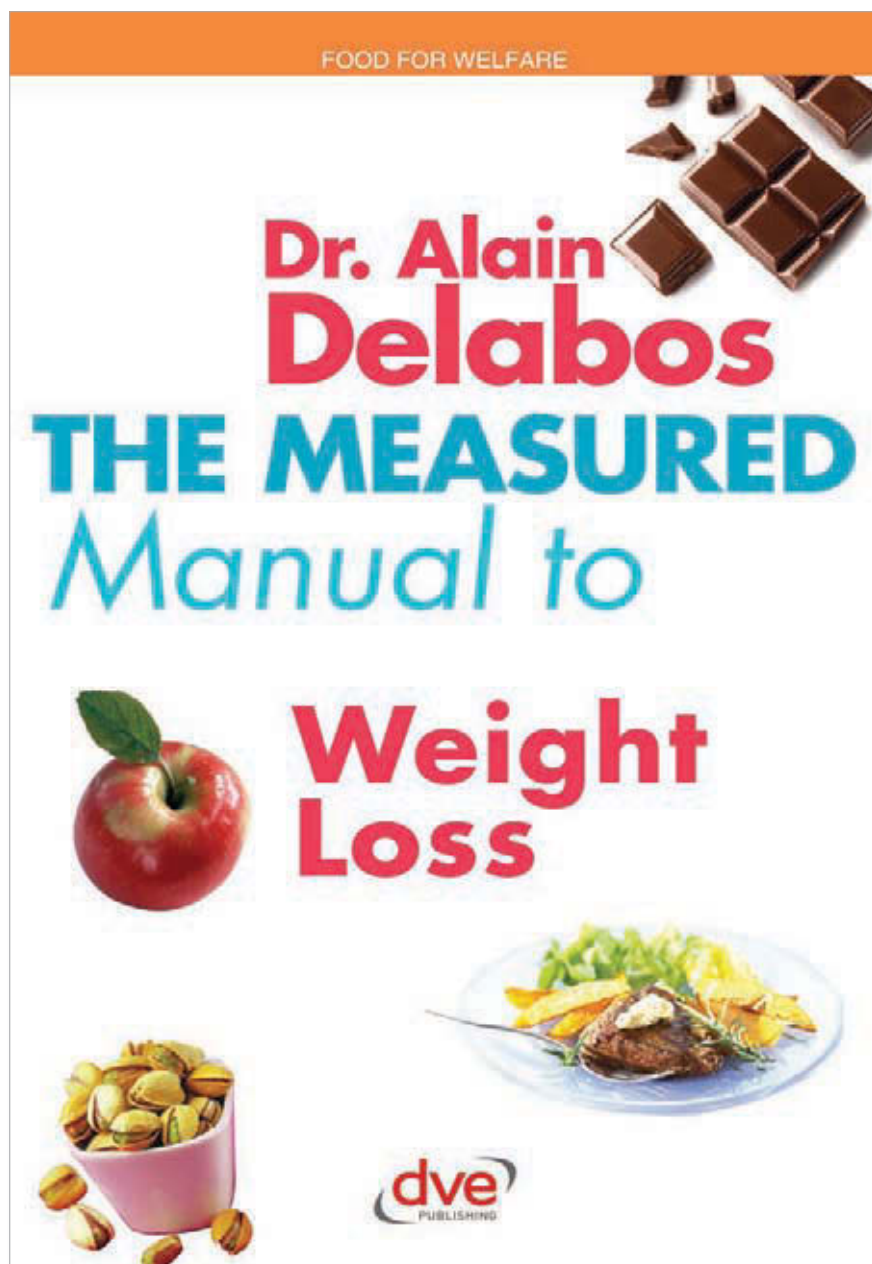
# SPORTS & HEALTH

# SPORTS & HEALTH

**M**ens sana in corpore sano. The Romans taught us that the key to healthy living is a question of both mind and body. As important as exercise is, there is no better way to create a life of bliss than by starting with the mind. Age-old techniques combined with the most recent fitness trends find their place in the modern approach to healthy living. Get to know how you can fit sport and meditation into your schedule in order to be happy with yourself. There is no excuse for not aiming for perfection in both body and mind. Learn how to take care of yourself properly and develop your inner skills!





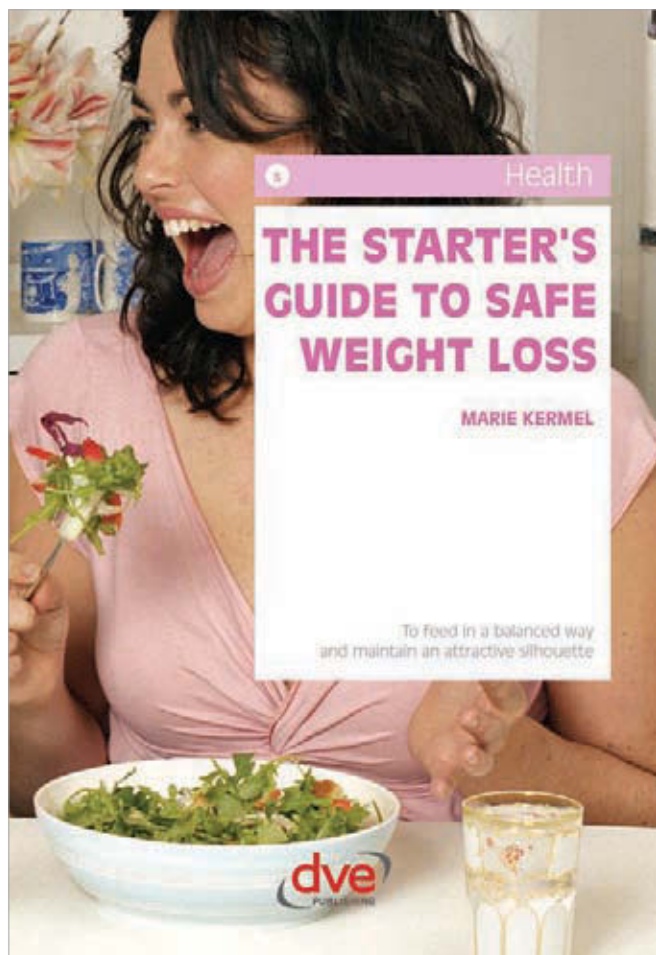


ISBN 978-1-68325-729-5

Format 155 x 240 mm, 370 pages

50,000 words

Our grandmothers knew the benefits of all natural products and used them to prepare infusions, decoctions, ointments, syrups, or incents. Through this work, you will discover the most useful and easy-to-get plants, such as garlic, basil, chamomile, valerian, mint, or honey. You will see that acne and asthma, bronchitis and headaches, or fever are easy-to-heal maladies.



**ISBN 978-1-68325-730-1**

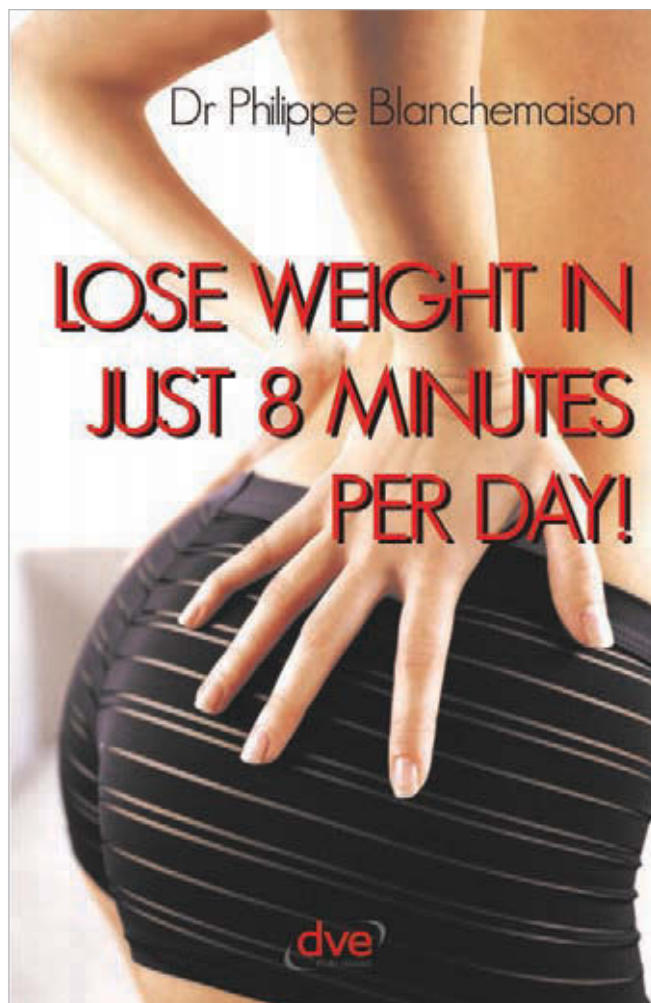
**Format 115 x 267 mm, 188 pages**

**35,000 words**

The human being can live in true harmony with nature and can find in it many remedies to live a long and healthy life.

Here is a complete and illustrated guide, with hundreds of images to learn how to recognise medicinal plants, from the most common to the rarest, with indications about their characteristics and peculiarities.

This book also provides clear information on how to prepare infusions, tinctures, decoctions, infusions, extracts, syrups, and poultices to relieve and prevent large and small illnesses.



**ISBN 978-1-68325-724-0**

**Format 130 x 200 mm, 156 pages**

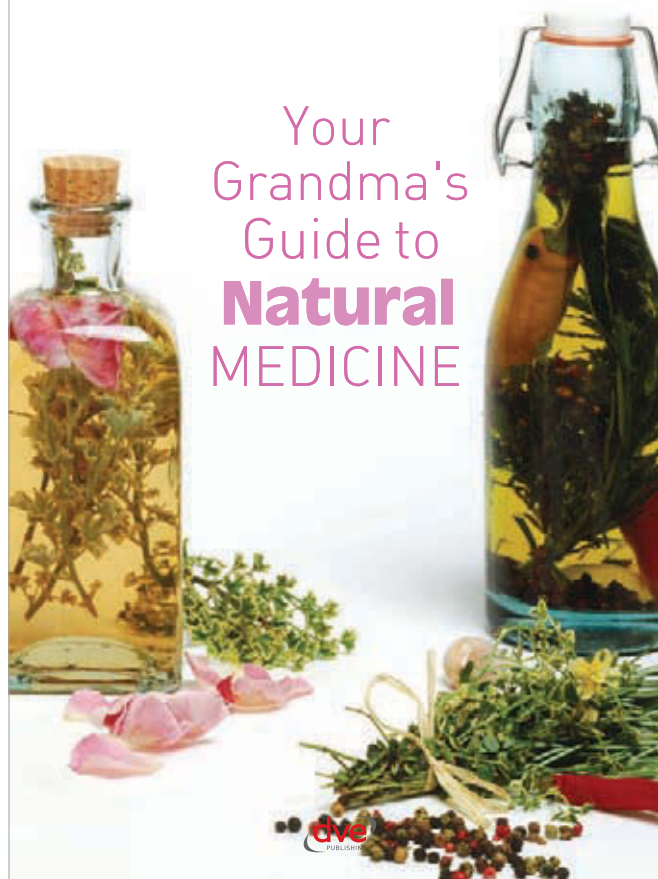
**92,000 words**

The reason for the success of homeopathic medicine is in the softness of the remedies along with its surprising speed and efficiency of action, which keeps the balance of the body intact and heals without decompensating and without negative effects and contraindications.

This is a full, clear, and simple guide for the whole family, made to address and resolve problems affecting infants, children, youngsters, adults, and elders, including respiratory diseases, infectious diseases, allergies, intestinal disorders, sleeping disorders, behavioural problems, skin problems, sexual dysfunctions, and many others.

DIANA CALCAGNO

## Your Grandma's Guide to **Natural** MEDICINE



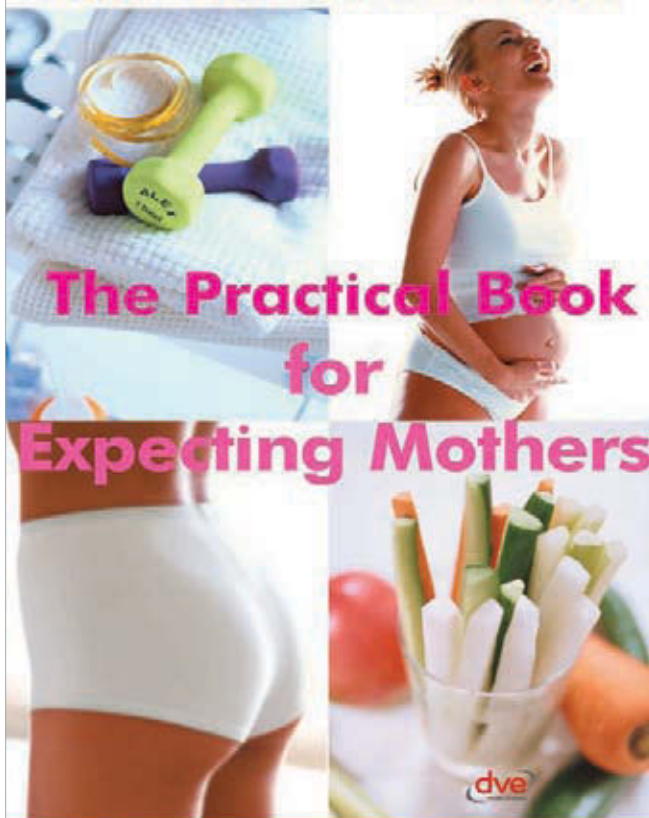
ISBN 978-1-78525-414-7

Format 140 x 205 mm, 224 pages

50,000 words

Our grandmothers knew the benefits of all natural products and used them to prepare infusions, decoctions, ointments, syrups, or incents. Through this work, you will discover the most useful and easy-to-get plants, such as garlic, basil, chamomile, valerian, mint, or honey. You will see that acne and asthma, bronchitis and headaches, or fever are easy-to-heal maladies.

Jean-Pierre Clémenceau



## The Practical Book for Expecting Mothers

The secrets of the stars

ISBN 978-1-68325-742-4

Format 145 x 225 mm, 208 pages

50,000 words

Our grandmothers knew the benefits of all natural products and used them to prepare infusions, decoctions, ointments, syrups, or incents. Through this work, you will discover the most useful and easy-to-get plants, such as garlic, basil, chamomile, valerian, mint, or honey. You will see that acne and asthma, bronchitis and headaches, or fever are easy-to-heal maladies.



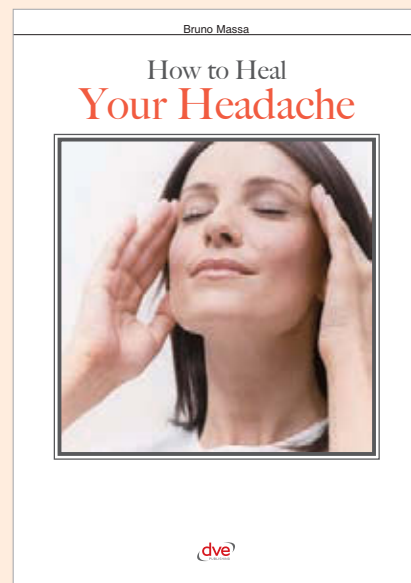
**ISBN 978-1-78525-594-6**  
**Format 210 x 297 mm, 80 pages**  
**14,000 words**

Do you also suffer from headaches? Why? There are different types of headaches, but how can we recognise it and find out its causes?

Within this book you will find the following:

- Dietary advice for all
- Alternative therapies
- Different physical exercises
- Homeopathic treatments and healing plants: herbal teas, herbal teas, tinctures, essential oils, etc.
- Beneficial effect of music and colour
- Traditional medicinal remedies

This is the ultimate medical guide that offers gentle solutions, without any contraindications, that can cure your headache by eliminating the causes.

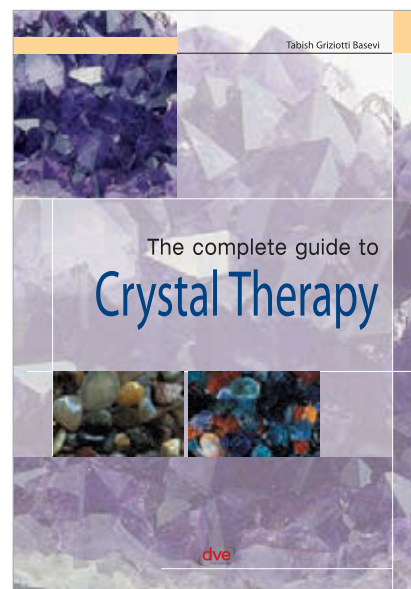


**ISBN 978-1-78525-418-5**  
**Format 170 x 240 mm, 160 pages**  
**50,000 words**

Some stones can provide positive general welfare and strengthen the capacity of concentration; others cure insomnia and migraines; some also balance the nervous system, break emotional blockage, etc.

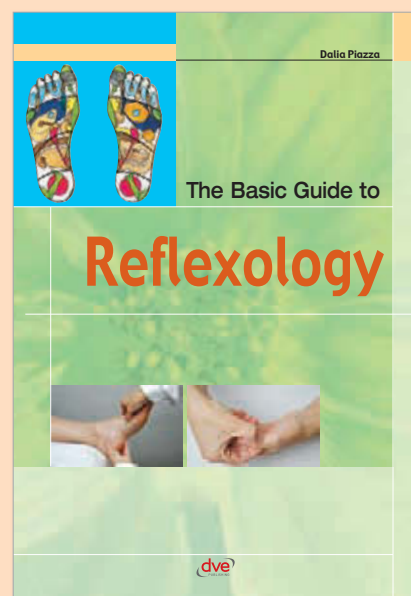
Glasses strongly influence the chakras, which for many Eastern practices are the psychic and energy centres of each one of us; thus, the body and the psyche notice the active presence of the stone and react positively.

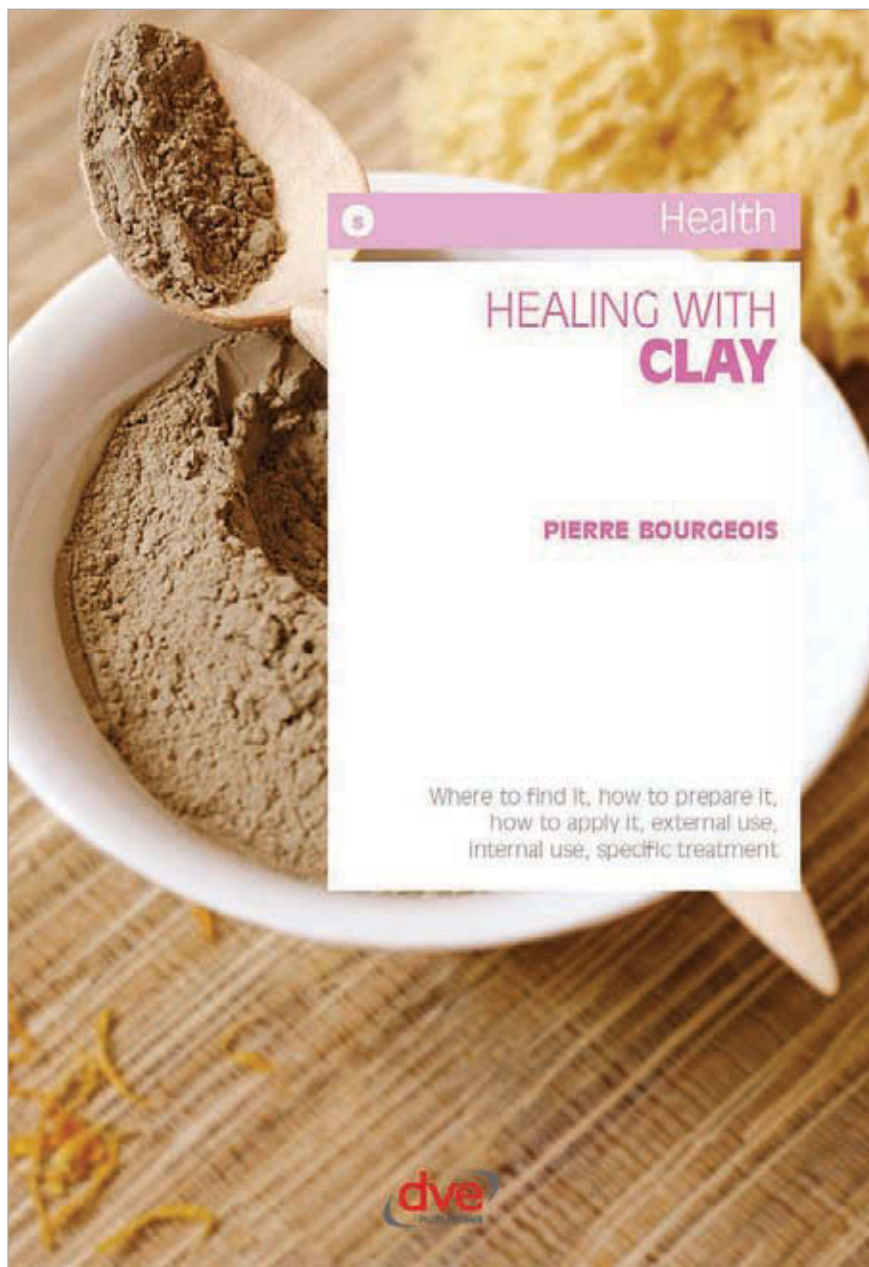
This is a clear and comprehensive guide to help you benefit from the properties of stones and crystals.



**ISBN 978-1-78525-596-0**  
**Format 170 x 240 mm, 176 pages**  
**24,000 words**

Our body organs are all connected to our feet, meaning that a foot massage will benefit our whole health. With this book, you will learn how to match the foot and the different parts of the body. You will discover the key points for massage and learn to exercise the position and movement of your fingers. In short, this is a work that presents reflexology in a simple and practical set of techniques.





**ISBN 978-1-68325-805-6**

**Format 140 x 205 mm, 96 pages**

**20,000 words**

Our grandmothers knew the benefits of all natural products and used them to prepare infusions, decoctions, ointments, syrups, or incents. Through this work, you will discover the most useful and easy-to-get plants, such as garlic, basil, chamomile, valerian, mint, or honey. You will see that acne and asthma, bronchitis and headaches, or fever are easy-to-heal maladies.

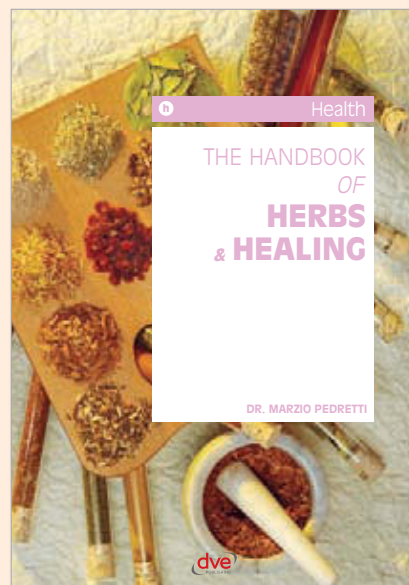


**ISBN 978-1-78525-605-9**

**Format 145 x 205 mm, 160 pages**

**19,000 words**

The work that we present to you is a short and practical encyclopaedia, a result of a conscientious selection of commonly-used herbs and medicinal plants which have shown, through time, their effectiveness in the treatment of illnesses. We have highlighted the most interesting points in each plant: location, description, chemical composition, therapeutic action... All these points have been presented schematically, in order to make the information regarding these types of plants easily consultable.



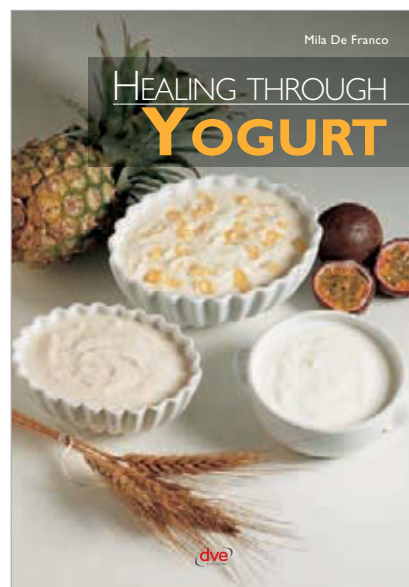
**ISBN 978-1-78525-332-4**

**Format 170 x 240 mm, 80 pages**

**27,000 words**

If taken daily, yogurt is an effective remedy against common disorders such as colitis, constipation, diarrhea, or poor intestinal absorption, and it helps prevent more serious diseases such as arteriosclerosis. Its benefits on the body are also reflected in the external appearance: the skin is brighter and the hair healthy and strong.

This book explains the beneficial effects of yogurt and explains the simplest techniques to prepare it at home and get the maximum benefit from its properties.



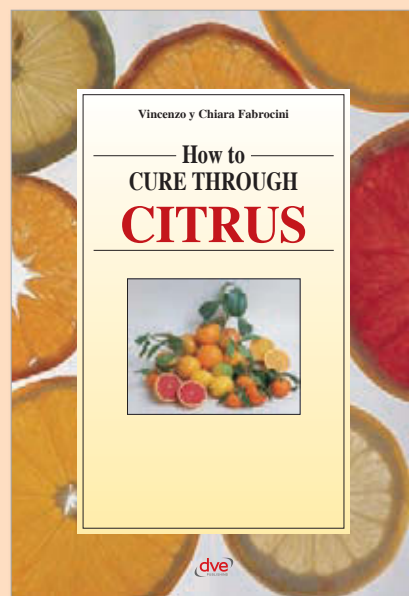
**ISBN 978-1-78525-333-1**

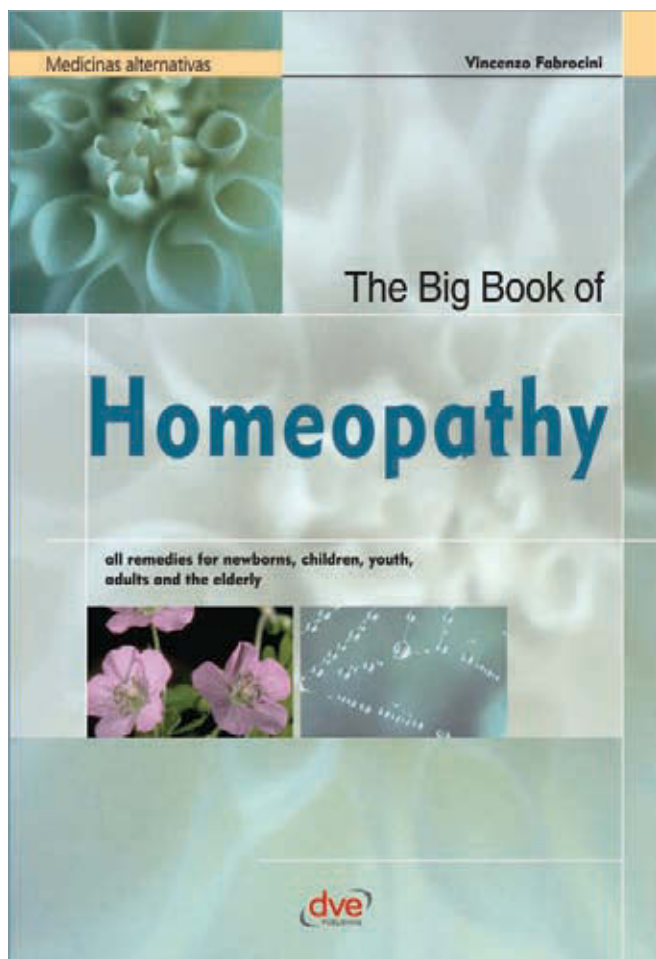
**Format 170 x 240 mm, 80 pages**

**18,000 words**

For centuries, traditional medicine has been using citrus against a large number of conditions as if it were the panacea: as antiseptics, bactericides, antipyretic, antirheumatic, as muscle and nerve tonics, and it's used in states of weakness and convalescence.

This book follows a scientific and very practical teaching method. For those who are interested in real issues and are seeking results, we present a rich collection of therapies to follow, the dosage, and the recipes. This is an excellent, safe, and effective guide to naturally face both small and major problems.





**ISBN 978-1-68325-807-0**

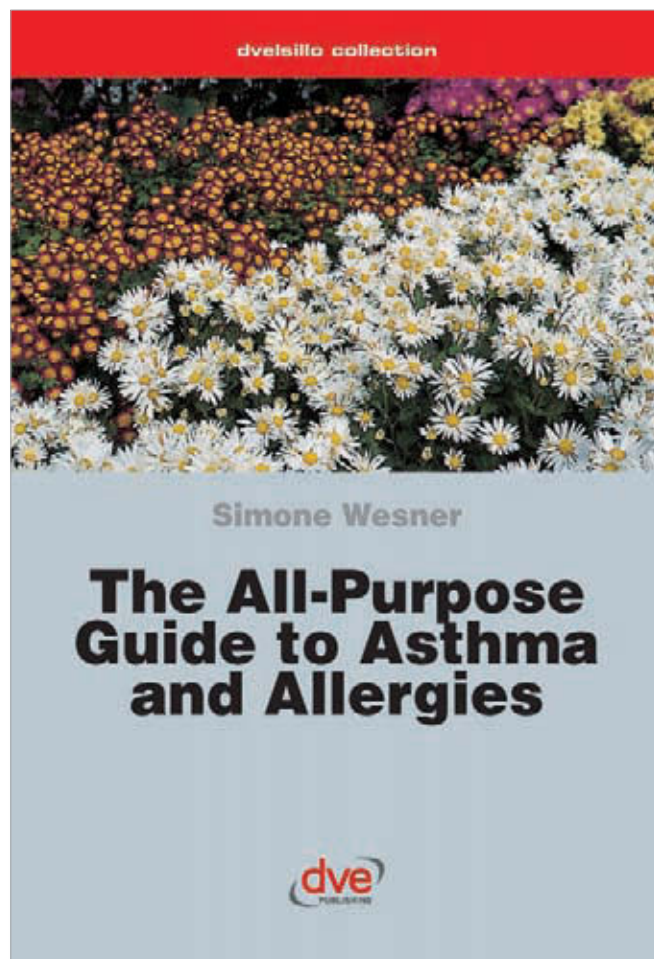
**Format 170 x 240 mm, 280 pages**

**157,000 words**

The human being can live in true harmony with nature and can find in it many remedies to live a long and healthy life.

Here is a complete and illustrated guide, with hundreds of images to learn how to recognise medicinal plants, from the most common to the rarest, with indications about their characteristics and peculiarities.

This book also provides clear information on how to prepare infusions, tinctures, decoctions, infusions, extracts, syrups, and poultices to relieve and prevent large and small illnesses.



**ISBN 978-1-68325-732-5**

**Format 140 x 205 mm, 192 pages**

**157,000 words**

The human being can live in true harmony with nature and can find in it many remedies to live a long and healthy life.

Here is a complete and illustrated guide, with hundreds of images to learn how to recognise medicinal plants, from the most common to the rarest, with indications about their characteristics and peculiarities.

This book also provides clear information on how to prepare infusions, tinctures, decoctions, infusions, extracts, syrups, and poultices to relieve and prevent large and small illnesses.

TINA CECCHINI

## The Handbook of MEDICINAL HERBS



ISBN 978-1-78525-376-8

Format 170 x 240 mm, 352 pages

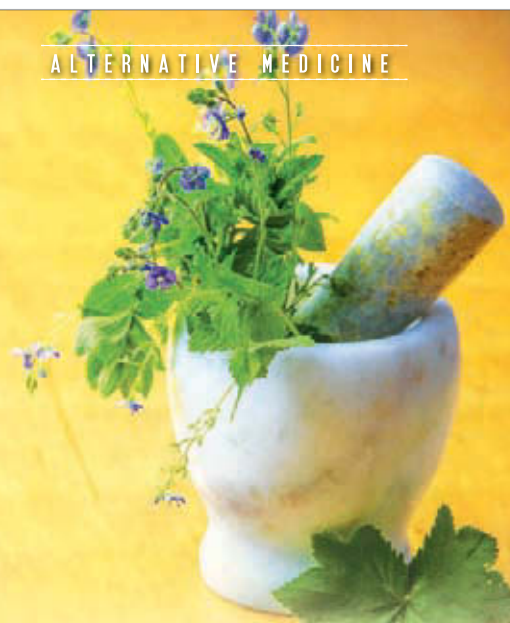
157,000 words

The human being can live in true harmony with nature and can find in it many remedies to live a long and healthy life.

Here is a complete and illustrated guide, with hundreds of images to learn how to recognise medicinal plants, from the most common to the rarest, with indications about their characteristics and peculiarities.

This book also provides clear information on how to prepare infusions, tinctures, decoctions, infusions, extracts, syrups, and poultices to relieve and prevent large and small illnesses.

ALTERNATIVE MEDICINE



VINCENZO FABROCINI

## The big book of Homeopathy

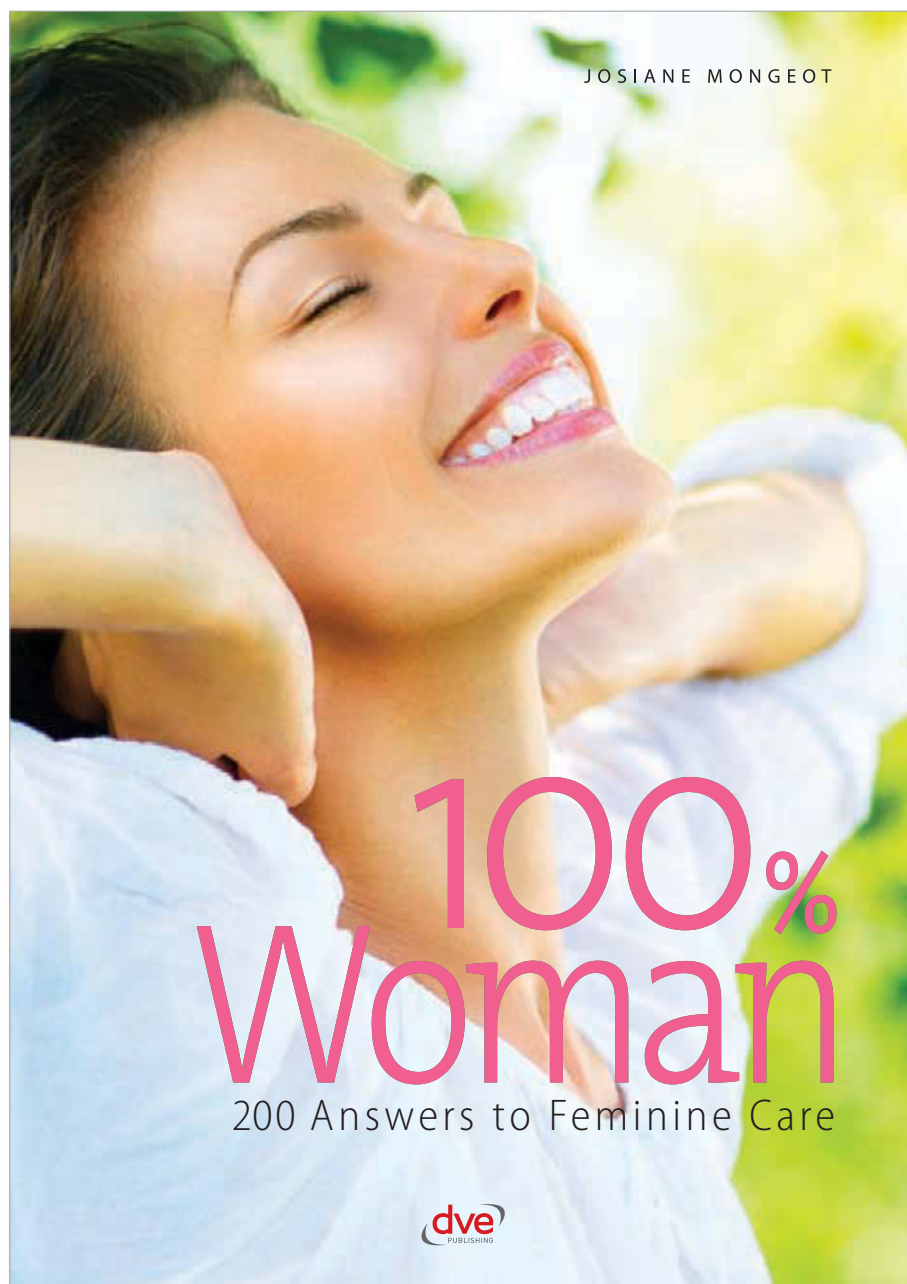
ISBN 978-1-78525-417-8

Format 170 x 240 mm, 280 pages

92,000 words

The reason for the success of homeopathic medicine is in the softness of the remedies along with its surprising speed and efficiency of action, which keeps the balance of the body intact and heals without decompensating and without negative effects and contraindications.

This is a full, clear, and simple guide for the whole family, made to address and resolve problems affecting infants, children, youngsters, adults, and elders, including respiratory diseases, infectious diseases, allergies, intestinal disorders, sleeping disorders, behavioural problems, skin problems, sexual dysfunctions, and many others.



ISBN 978-1-78525-431-4

Format 170 x 240 mm, 160 pages

50,000 words

There is, indeed, a feminine singularity: due to hormonal cycles, motherhood, and some psychological and social characteristics, women have specific needs according to the different periods of their lives (adolescence, pregnancy, menopause, etc.).

The author answers, explains, and analyses 200 of the most common questions related to femininity: painful menstruation, postpartum depression, stretch marks, heavy legs, cellulite, wrinkles, stress, osteoporosis...

This book also provides clear, simple and practical solutions as well as useful tips to make you feel good about yourself.



FRANCESCO PADRINI

# MASSAGE MADE EASY



dve  
PUBLICATIONS

ISBN 978-1-78525-420-8

Format 170 x 240 mm, 108 pages

16,000 words

Here you have a guide to learning the art of massage: the text clearly explains how to proceed, and the richly illustrated presentation shows step by step the movements that need to be done and the position of the hands in each one of them.

In these pages it is also possible to learn specific massage techniques to cure all kind of pains and malfunctions of the body: insomnia, depression, tiredness, anxiety, backache, rheumatism, digestive problems, sexual malfunctions, hypertension, and so on.

ALTERNATIVE MEDICINE

FRANCESCO PADRINI



## The big book of Massage & Essential oils

dve  
PUBLICATIONS

ISBN 978-1-78525-595-3

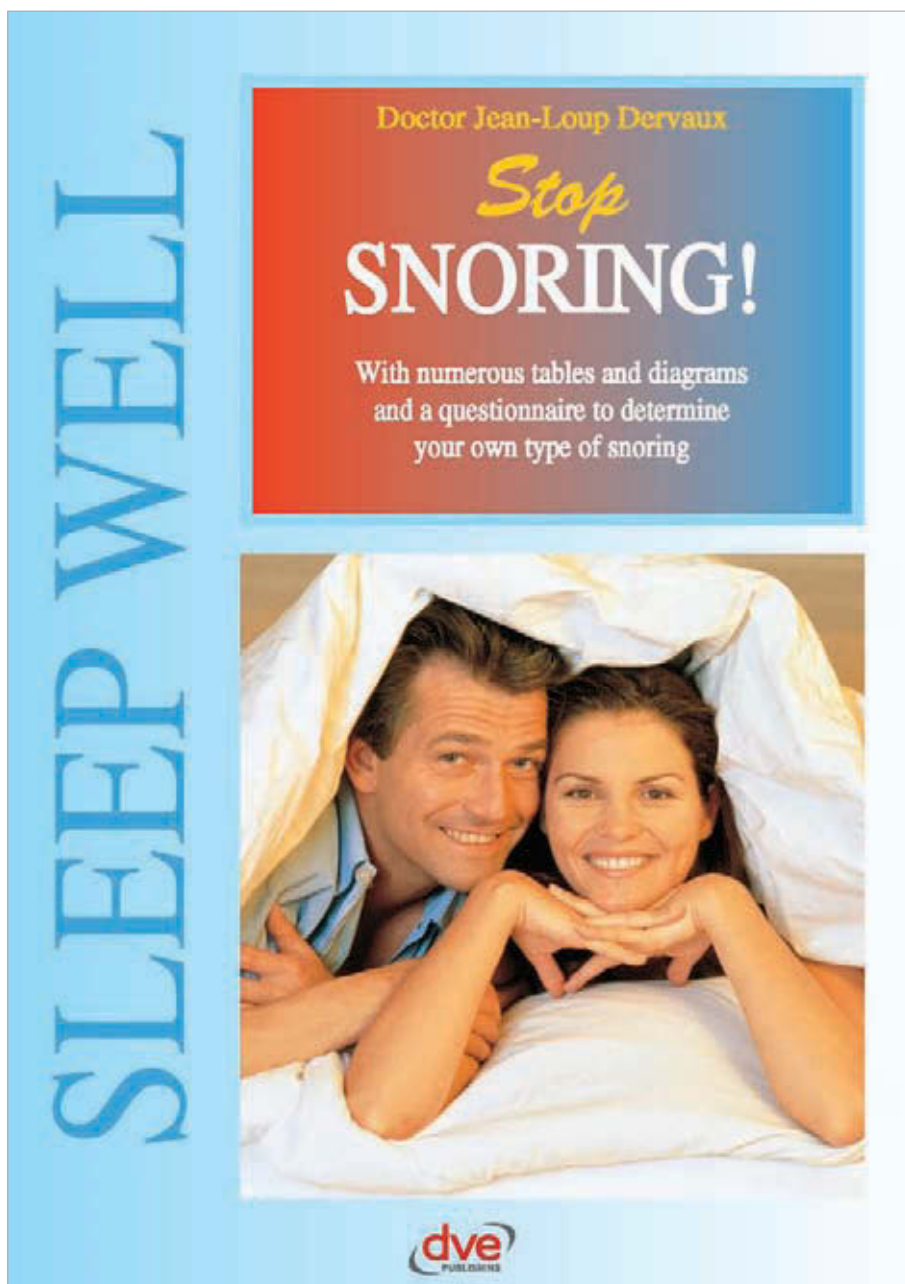
Format 170 x 270 mm, 208 pages

30,000 words

This is a complete guide for the aromatic-energetic healing massage, containing simple advice that will be useful for everybody, from beginners to experts. Massage is always very beneficial, but when performed with the adequate essences, it multiplies its power and will achieve extraordinary results. The body will be revitalised and toned up, the natural defenses of the organism will be reinforced and all the organic functions will achieve a higher level of performance

Learn to apply the right essence for multiple issues: cellulite, rheumatism, headache, sexual malfunctions, tiredness, anxiety, apathy, digestive diseases, menstrual pains...





ISBN 978-1-68325-762-2

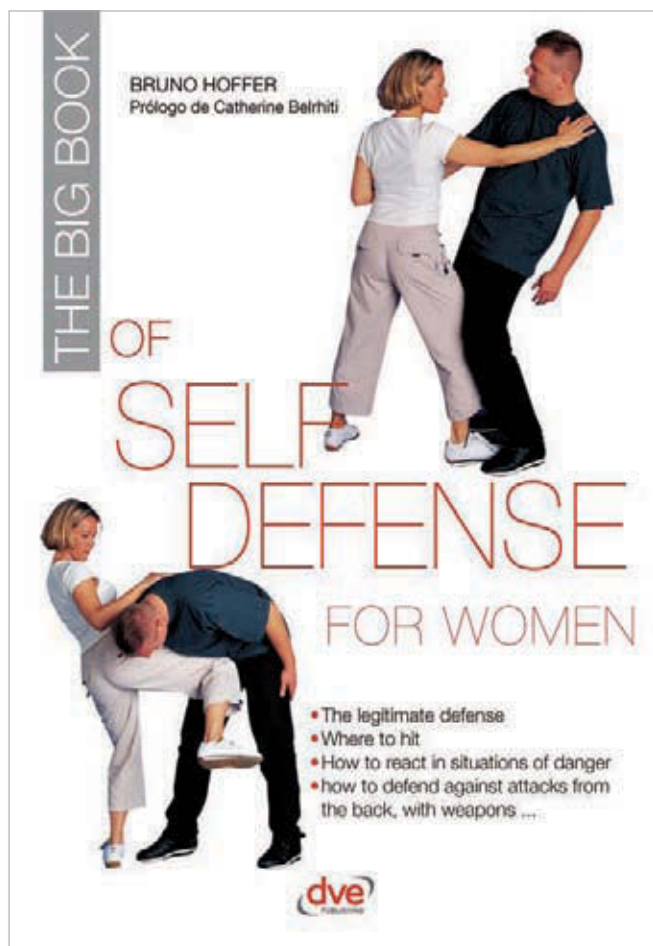
Format 140 x 205 mm, 166 pages

50,000 words

There is, indeed, a feminine singularity: due to hormonal cycles, motherhood, and some psychological and social characteristics, women have specific needs according to the different periods of their lives (adolescence, pregnancy, menopause, etc.).

The author answers, explains, and analyses 200 of the most common questions related to femininity: painful menstruation, postpartum depression, stretch marks, heavy legs, cellulite, wrinkles, stress, osteoporosis...

This book also provides clear, simple and practical solutions as well as useful tips to make you feel good about yourself.



**ISBN 978-1-68325-780-6**

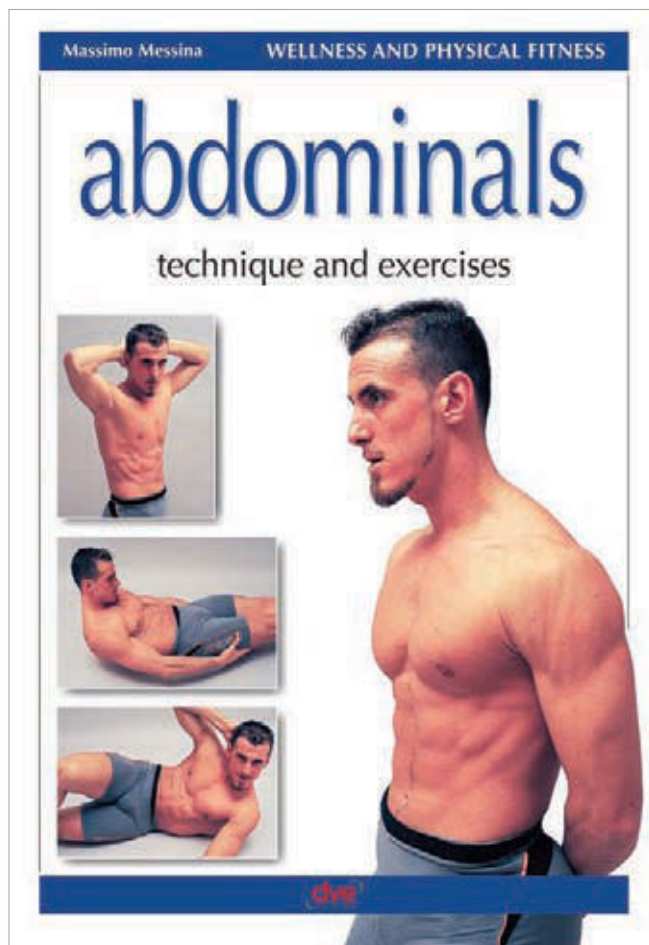
**Format 170 x 240 mm, 128 pages**

**50,000 words**

The human being can live in true harmony with nature and can find in it many remedies to live a long and healthy life.

Here is a complete and illustrated guide, with hundreds of images to learn how to recognise medicinal plants, from the most common to the rarest, with indications about their characteristics and peculiarities.

This book also provides clear information on how to prepare infusions, tinctures, decoctions, infusions, extracts, syrups, and poultices to relieve and prevent large and small illnesses.



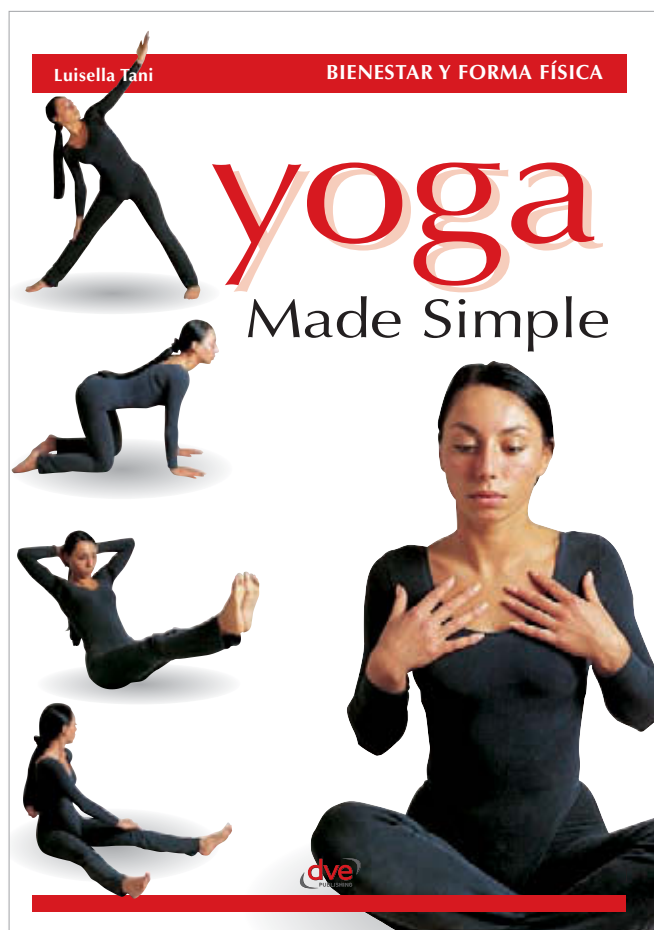
**ISBN 978-1-68325-727-1**

**Format 170 x 240 mm, 126 pages**

**92,000 words**

The reason for the success of homeopathic medicine is in the softness of the remedies along with its surprising speed and efficiency of action, which keeps the balance of the body intact and heals without decompensating and without negative effects and contraindications.

This is a full, clear, and simple guide for the whole family, made to address and resolve problems affecting infants, children, youngsters, adults, and elders, including respiratory diseases, infectious diseases, allergies, intestinal disorders, sleeping disorders, behavioural problems, skin problems, sexual dysfunctions, and many others.

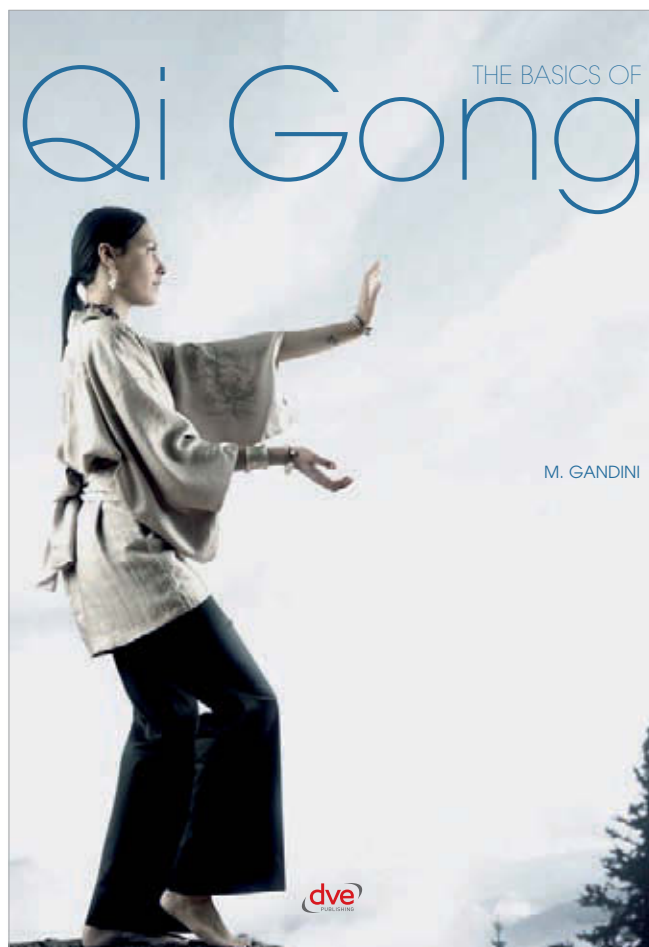


ISBN 978-1-78525-599-1

Format 170 x 240 mm, 112 pages

11,000 words

Yoga is an ancient discipline that has been transmitted from masters to disciples throughout the centuries; today it has become a practice intended to preserve the balance of mind and body wellness. This guide will teach you how to perform the main positions and the most effective breathing exercises in a clear and simple way. The practice of yoga will help you improve your breathing and correct posture defects. In addition, it will help you fight stress, restore inner harmony, and maintain or restore your psychophysical balance.



ISBN 978-1-78525-597-7

Format 170 x 240 mm, 144 pages

18,000 words

Qi Gong is an ancient Chinese practice that will allow you to rebalance your body and very quickly reach an ideal state of relaxation. Relaxation can increase the body's natural defences and therefore can provide greater protection against disease.

The aim of this book is to promote the practice of Qi Gong. It is aimed at people of all ages, regardless of gender. The execution of the exercises presented can be especially useful for older people, for all those who lead a stressful pace of life, for those who are receiving medical treatment for depression, or during convalescence.

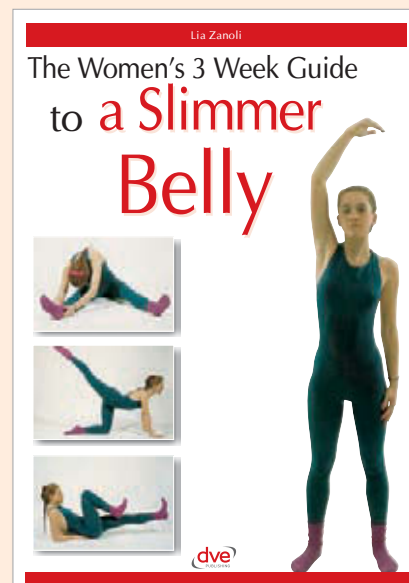
**ISBN 978-1-78525-601-1**

**Format 145 x 205 mm, 144 pages**

**11,000 words**

Strict diets can make you lose weight in a short period of time, but they also make it easy to fall into a diet relapse, and because we are not prepared to face them, it is very likely that the results won't last long.

This book is aimed at those women who wish to get rid of their belly, reduce fat in their hips, and in short, get a better look. This manual presents a new progressive method with three levels that will help you get amazing results in 3 weeks and stick to a healthy lifestyle.



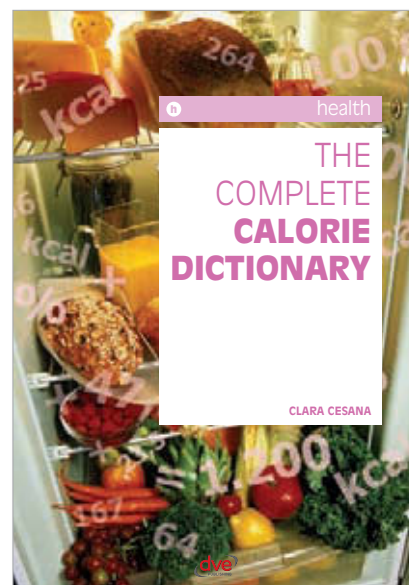
NUTRITION & WEIGHT LOSS

**ISBN 978-1-78525-329-4**

**Format 115 x 167 mm, 186 pages**

**19,000 words**

Care of the body with a balanced diet has become an issue of great interest nowadays. In this book you will find keys to control your weight. The recipes are very easy to develop for a low calorie diet. Dieticians and nutrition technicians have managed to translate complicated caloric tables into concrete and reliable indications, all while keeping taste and pleasure.



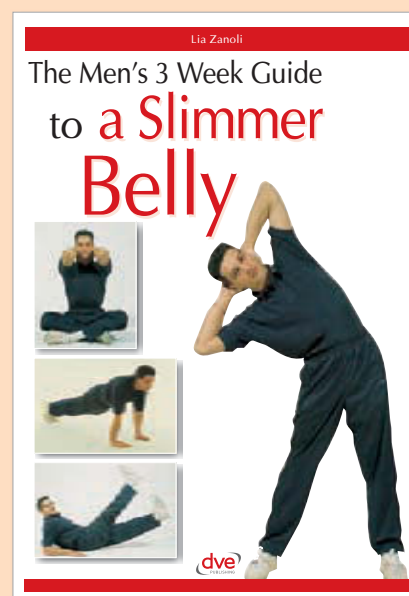
**ISBN 978-1-78525-600-4**

**Format 145 x 205 mm, 136 pages**

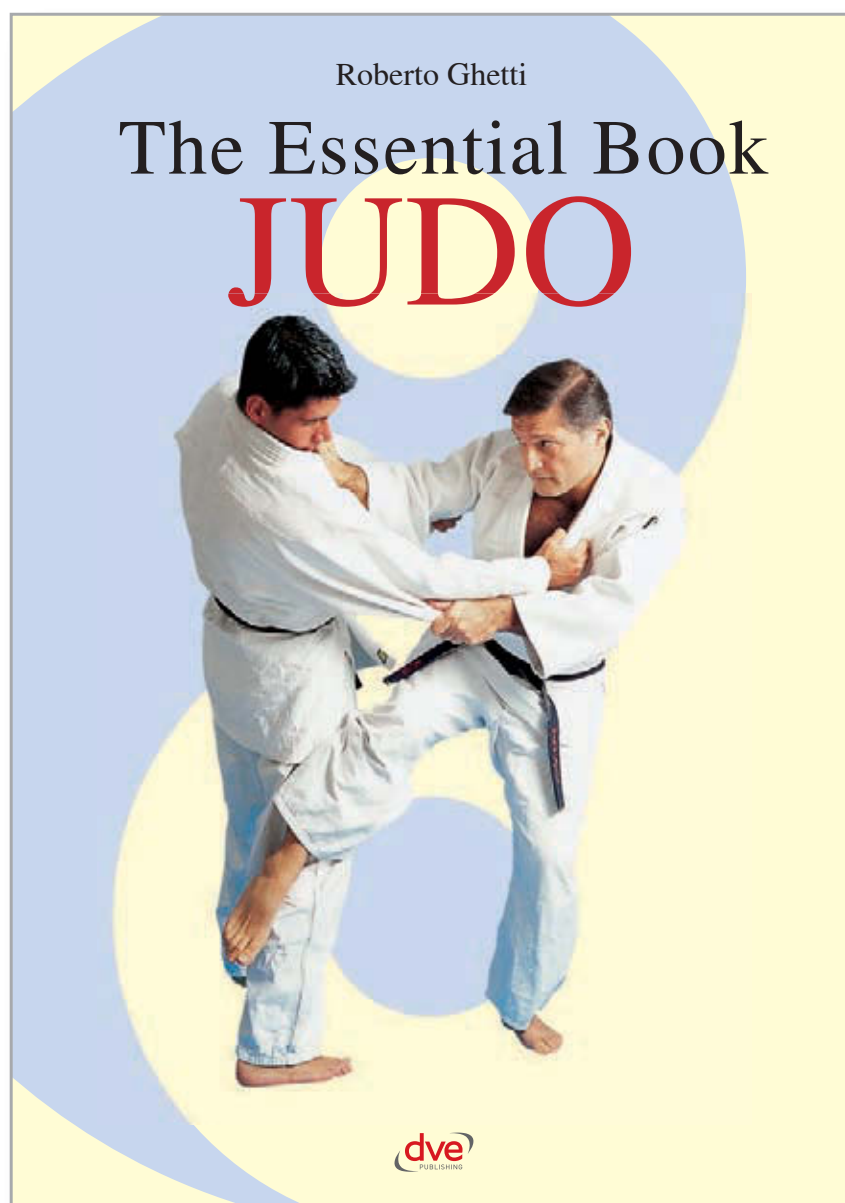
**10,000 words**

Strict diets can make you lose weight in a short period of time, but they also make it easy to fall into a diet relapse, and because we are not prepared to face them, it is very likely that the results won't last long.

This book is aimed at those men who wish to get rid of their belly in 3 weeks and get a better look. This manual presents a new progressive method with three levels that will help you lose weight and stick to a healthy lifestyle.







ISBN 978-1-78525-444-4

Format 170 x 240 mm, 112 pages

12,000 words

This is a book that follows a new concept; it is illustrated and written in a simple language. In this manual you will find the fundamental judo positions and techniques, and each technique is described in a simple and clear manner, accompanied by one or more illustrations. You will learn by reading, but especially by observing and repeating with a partner the positions and movements that are shown. This guide makes judo available to everyone.

---

**ISBN 978-1-78525-602-8**

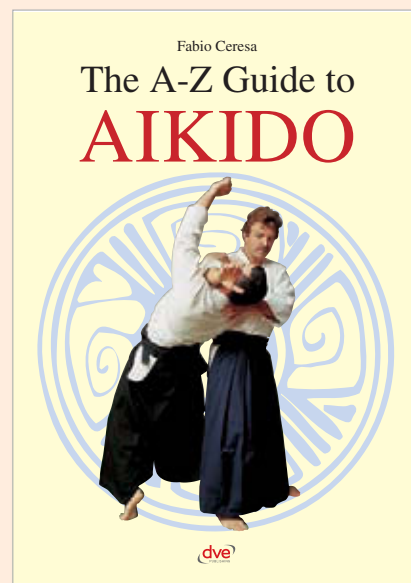
**Format 170 x 240 mm, 112 pages**

**12,000 words**

The aikido fighter gets to know and understand themselves when fighting with an opponent; therefore we must understand aikido not only as a martial art.

The pupil should acquire not only combat skills, but should also open the mind to new concepts. The word 'aikido' comes from the merge of three words: 'way', 'harmony', and 'energy'. After the essential knowledge of appropriate dress, the student can begin. Now it's time to take full control of our body.

Detailed and clear texts, along with numerous pictures, make it easier for the reader, highlighting the features of the different movements and progressive learning.



---

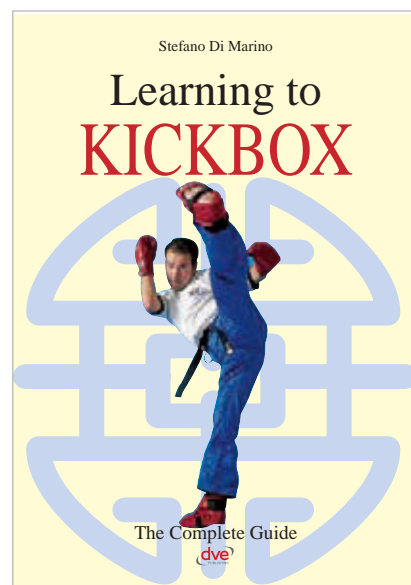
**ISBN 978-1-78525-447-5**

**Format 170 x 240 mm, 120 pages**

**12,000 words**

Nowadays, kickboxing is one of the most widespread fighting sports in the world since it's very effective and easy to learn. Kickboxing is a complete sport that can also work as a personal defence weapon.

With this book you will learn all the techniques and all phases of training, from physical preparation to the fundamental theory of combat. The work includes 150 instructional photographs to help you learn kickboxing in all its aspects: history, equipment, guards, punches, defence, attack, fighting, movement combinations, athletic preparation, etc.



---

**ISBN 978-1-78525-446-8**

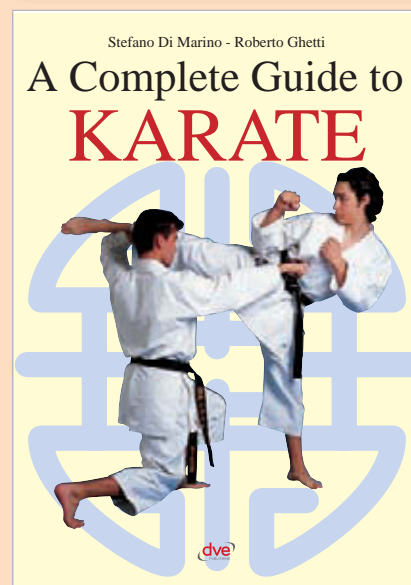
**Format 170 x 240 mm, 120 pages**

**11,000 words**

Karate is a well-known Japanese martial art due to its effectiveness and because it uses a full technical background and a simple teaching method accessible to all.

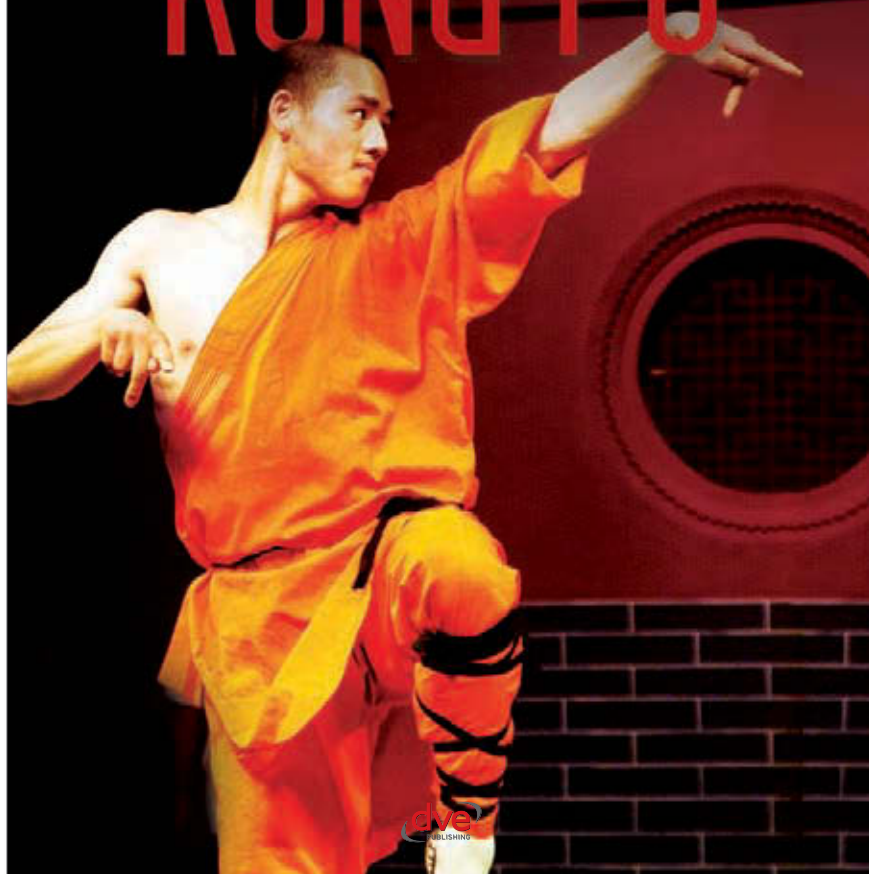
This is a guide to the foundations of karate that will allow the neophyte to have a complete overview of the technical background of this discipline and it will help the karateka develop their potential.

With more than 200 photographs, you can learn karate in all its aspects: history, greeting, positions, movements, punches, kicks, techniques to hit, defence, etc.



A. CASARELLA

# A COMPLETE GUIDE TO KUNG FU

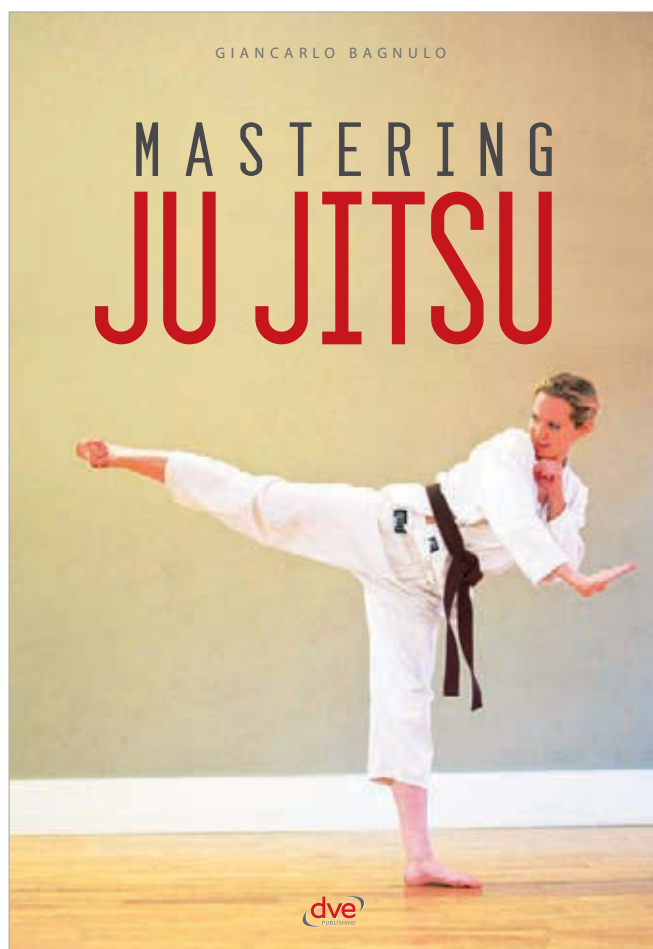


ISBN 978-1-78525-443-7

Format 170 x 240 mm, 120 pages

19,000 words

Kungfu or wushu is a very modern sport but with an ancient Chinese martial arts background. Read this work as a course, and you will quickly learn how to put into practice all the teachings: greetings, the fundamental steps, basic techniques, and fighting. In addition information about its many styles is given: Shaolin Quan, Taiji Quan, Bagua Zhang, Tanglang Quan, and many others.



**ISBN 978-1-78525-440-6**

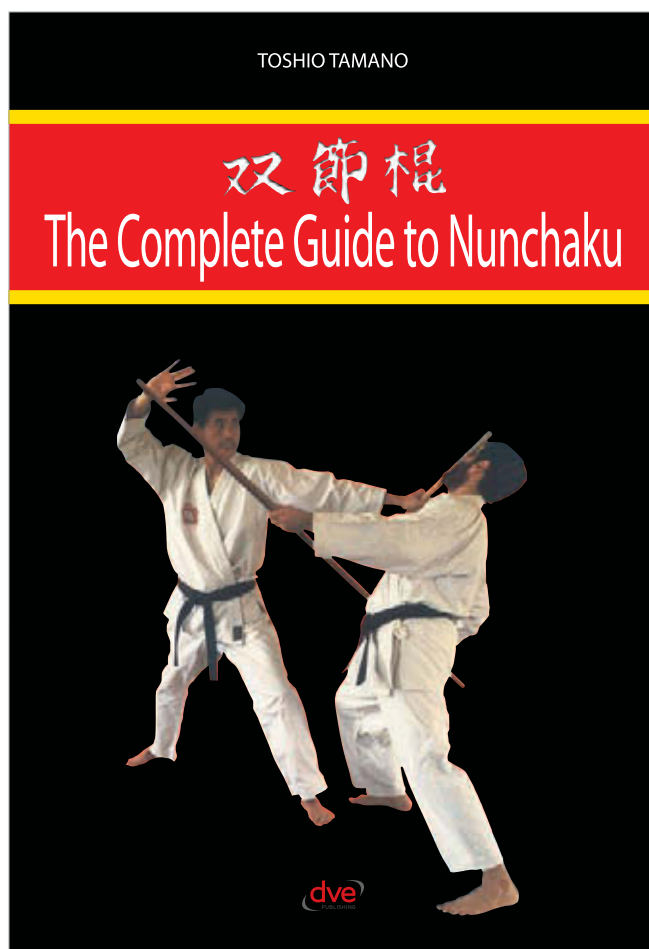
**Format 170 x 240 mm, 112 pages**

**19,000 words**

Ju Jitsu is one of the most ancient martial arts, and thanks to its great number of techniques, it can be considered the closest one to the concept of personal defense.

With this book you will learn the basic principles of Ju Jitsu to defend yourself against an attack from an aggressor. The book is complete with a very detailed photographic gallery to show you empty hand techniques against attacks with or without weapon.

This simple and concise text intends to spread a more realistic image of this "soft martial art" while respecting the original spirit.



**ISBN 978-1-78525-442-0**

**Format 170 x 240 mm, 112 pages**

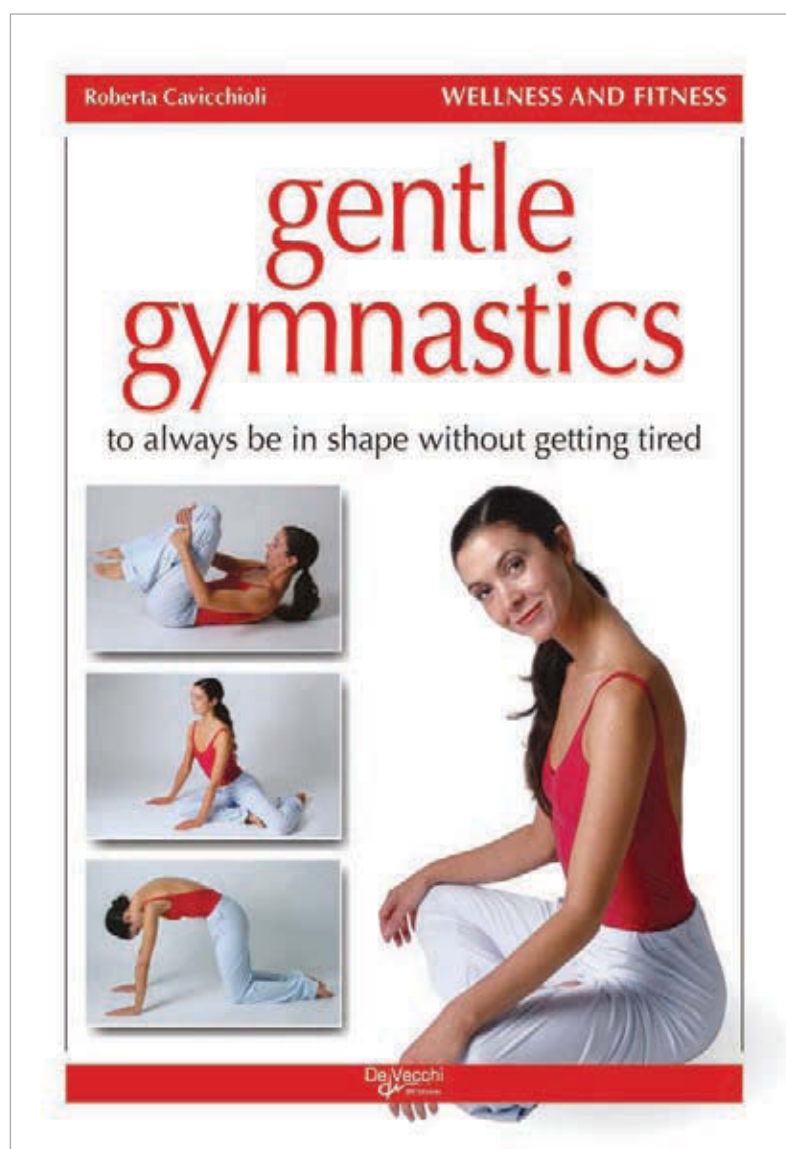
**14,500 words**

This book contains the following:

- Authentic original Okinawan nunchaku techniques explained by an expert.
- The basic positions, turning techniques, and attack techniques.
- Immobilisation techniques, kata, and fighting.

All exercises are explained step by step and illustrated with numerous photographs. This book is a true revelation about a weapon that has turned into a legend.





ISBN 978-1-78525-419-2

Format 170 x 240 mm, 144 pages

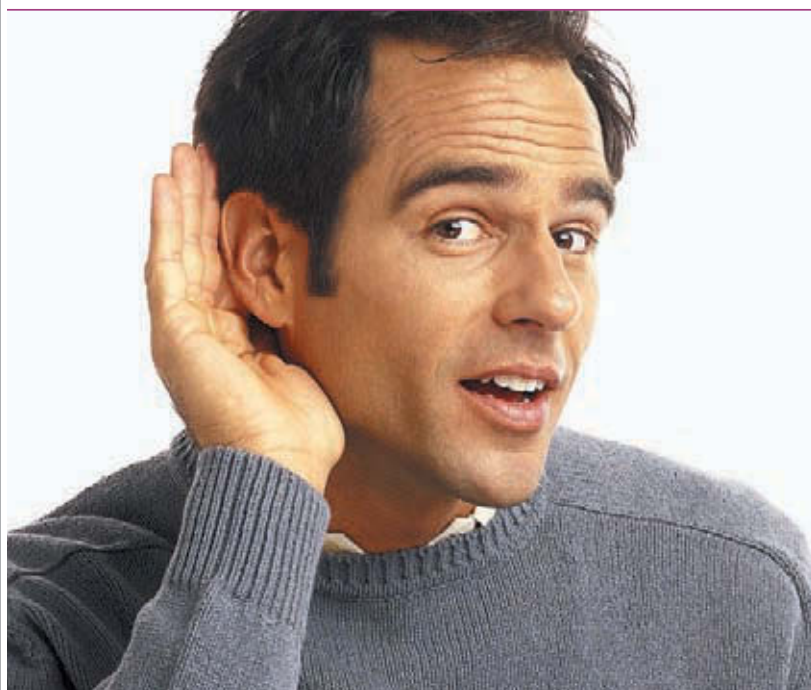
25,000 words

The frantic pace of everyday life affects us negatively on both a psychic and physical level. Gymnastics is a valuable method to ensure a state of general welfare.

This book contains text along with illustrations, exercises, and proper techniques. In this manual you will find all necessary advice to properly practice gymnastics: technical and implementation modalities; exercises divided into five levels of increasing difficulty, and special training programs to stay healthy and active.

JEAN-LOUP  
DERVAUX

# can you hear me now? 200 answers to hearing & inner ear problems



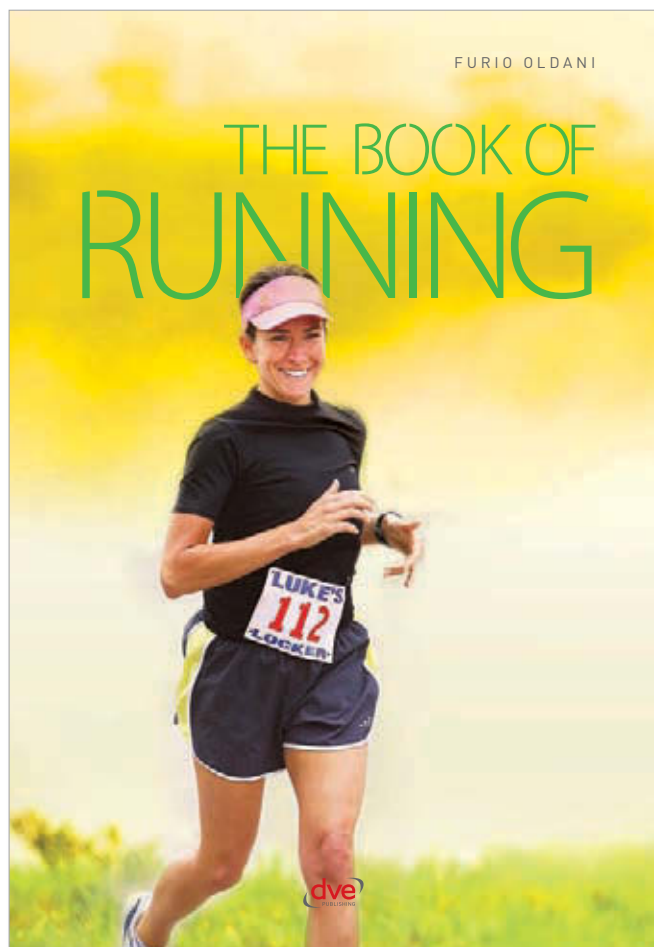
**ISBN 978-1-78525-381-2**

**Format 170 x 240 mm, 144 pages**

**11,000 words**

Nowadays, diseases concerning the ear and hearing are a real problem for many people and include some of the following: impaired hearing, tinnitus, vertigo, balance problems, ear infections, etc. One should be well informed of these issues.

From infections and neurological diseases to tumours and accidents, the author offers complete information on ear diseases and hearing. This book, that uses the 200 most asked questions by patients, is an essential guide for many people who suffer from these problems.

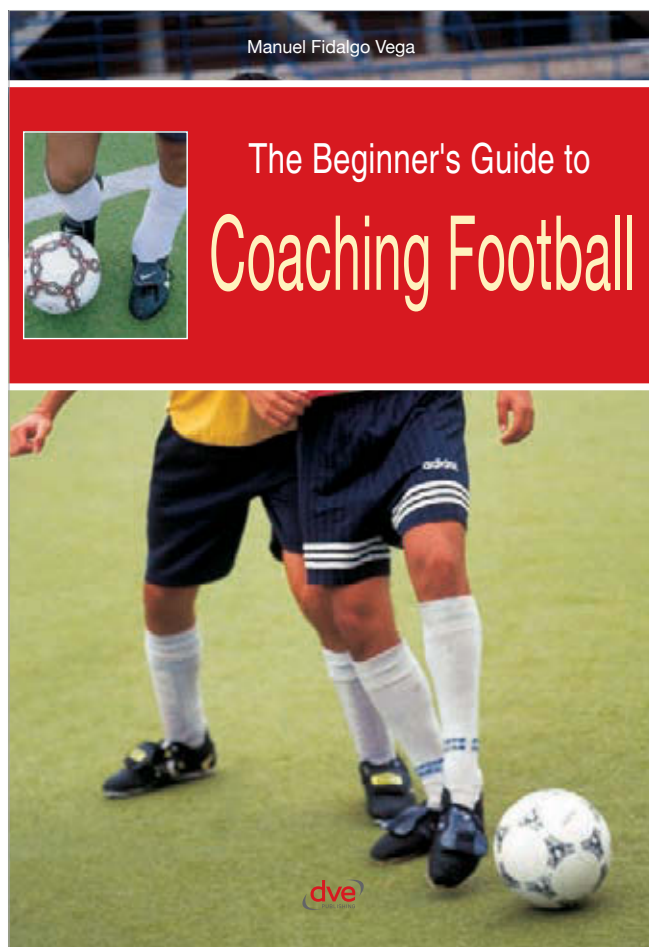


**ISBN 978-1-78525-438-3**  
**Format 170 x 240 mm, 96 pages**  
**40,000 words**

We can all run, since running is a natural movement. There are a thousand reasons to run, and they are all more or less valid. Some people run for fun, for health reasons, or to lose a few pounds. Other people set themselves important goals or prepare for other sports. The important thing is to define clear objectives for why we run, because if we use the wrong approach, it can become a boring activity.

In this book, the reader will find instructions to progressively get started in this sport, such as a basic understanding of the functioning of the muscle fibres, a test to see if you are in a good shape in order to set your goals, effective stretching exercises, training programmes that will guarantee you good progress and excellent results, running techniques and how to correct your mistakes, and how to prepare yourself to run the marathon, etc.

At the end of physical effort you feel more calm and relaxed, looser and lighter, and perhaps you will see life more optimistically...



**ISBN 978-1-78525-439-0**  
**Format 170 x 240 mm, 184 pages**  
**40,000 words**

Football is increasingly more attractive among young people who wish to emulate the great champions. The secret is to train with dedication and use good methods.

This manual presents everything that a coach should know to get their players to improve the team technically and progress in all aspects of a collective game.

This manual, accompanied by numerous photos and drawings, will teach you, with great rigor, individual and collective techniques, different tactics, the exact movements, and the proper way to execute strategic plans.

# ALSO AVAILABLE

## ADVENTURE SPORTS

The Adventurer's Guide to Skiing  
The Beginner's Guide to Mastering Mountaineering  
The Big Book of Diving  
The Mountain Bike Manual  
On the Go Survival Guide: 200 Health Questions Answered  
Preparing for Adventure Sports  
The Simple Swimmer's Calendar

## ALTERNATIVE MEDICINES

The Basic Guide to Alternative Medicine  
The Big Book of Reiki  
Choosing and Using Speech Therapy  
Colour Medicine:  
    Choosing and Using Chromotherapy  
A Complete Guide to Reflexology  
The Encyclopaedia of Herbs and Medicinal Plants  
The Family Guide to Homeopathy  
The Homeopathic Help Handbook  
It's As Easy As A-B-C!  
    The Basics of Massage Therapy  
Lunar Leverage: The Unlikely Influence of the Moon  
The Manual for More Effective Herbal Medicines  
The There is A Cure! A Holistic Guide to Preventing  
    And Reversing Diabetes

## BODY CARE

The A-Z Guide to First Aid  
The Basics of Breathing  
The Complete Guide to Creams, Lotions, and Ointments  
Cured with Citrus: The Extraordinary Power of Orange  
The Expert Book of Essences and Essential Oils  
Finding Your Slimmer Figure  
How to be 100% in Shape  
The Insomniac's Guide to Sleep  
The Measured Manual to Weight Loss  
The Medical Encyclopaedia for Women  
The Mother's Book of Breastfeeding  
Overcoming Obesity  
The Parent's Guide to Natural Nutrition  
The Practical Guide for Psychologists  
The Starter's Guide to Safe Weight Loss  
Staying Sporty After 50  
The Straight Spine Guide: How to Perfect Your Posture  
Understanding Your Urinary System  
Using Gymnastics to Overcome Fatigue  
100 Ways to a Happy & Healthy Lifestyle

## FISHING AND WATERSPORTS

The Advanced Guide to Sailing  
All About Sea Fishing





The Aquatic Guide to Fitness  
18 Lessons to Master Sailing

## FOOTBALL

Football Logic: Mastering Defense Made Easy  
On the Offensive: The Art of Attack in Football  
The Player's Guide to Football  
The Starter Guide to Football: Dribbling, Passing and Shooting

## HEALING CURES

Cure Your Back Pain, Quick!  
The Extraordinary Healing Power of the Orange  
The Healing Guide to Apples and Apple Cider Vinegar  
Two Months to Lower Cholesterol  
Healing through Medicinal Herbs  
Healing with Clay  
How to Heal with Fruit and Vegetables  
How to Heal with Herbs  
How To Live a Gluten-Free Lifestyle  
Sweet Elixir: The Healing Power of Honey

## INTIMACY & SEX

The Big Book of Intercourse and Intimacy  
Sexuality Made Simple  
The Women's Guide to Sex and Feelings

## MARTIAL ARTS & YOGA

All About Qi Gong  
The Art of Thai Massage  
The Basics of Kickboxing

The Basics of Tao Box  
The Big Book of Karate  
The Complete Guide to Kendo  
A Complete Guide to Taichi  
Mastering Taekwondo  
The Practical Guide to Pranayama  
Rise and Shine: The Beneficial Guide to Morning Yoga  
The Simple Book of Shih Tzu  
The Starter Guide to Shiatsu

## SPORTS

The A-Z Guide for Referees  
The All Sports Book of Athletics  
The Athlete's Guide to Psychological Training  
The Basic Guide to Female Bodybuilding  
The Beginner's Guide to Coaching Basketball  
The Beginner's Guide to Running  
The Big Book of Bodybuilding  
The Big Picture Book of Gymnastics  
The Book of Large Reins  
The Book of Tangram  
Easy, Everyday Gymnastics  
Learning to Jump  
Mastering Fencing  
Modern Gymnastics for Beginners  
The Modern Hunter's Manual  
Morning Pilates Made Easy  
Not Your Average Abdominals:  
    The Abundant All-Purpose Guide for Your Core  
The Simple 9 Week Superbody Guide









# HOME & GARDENING

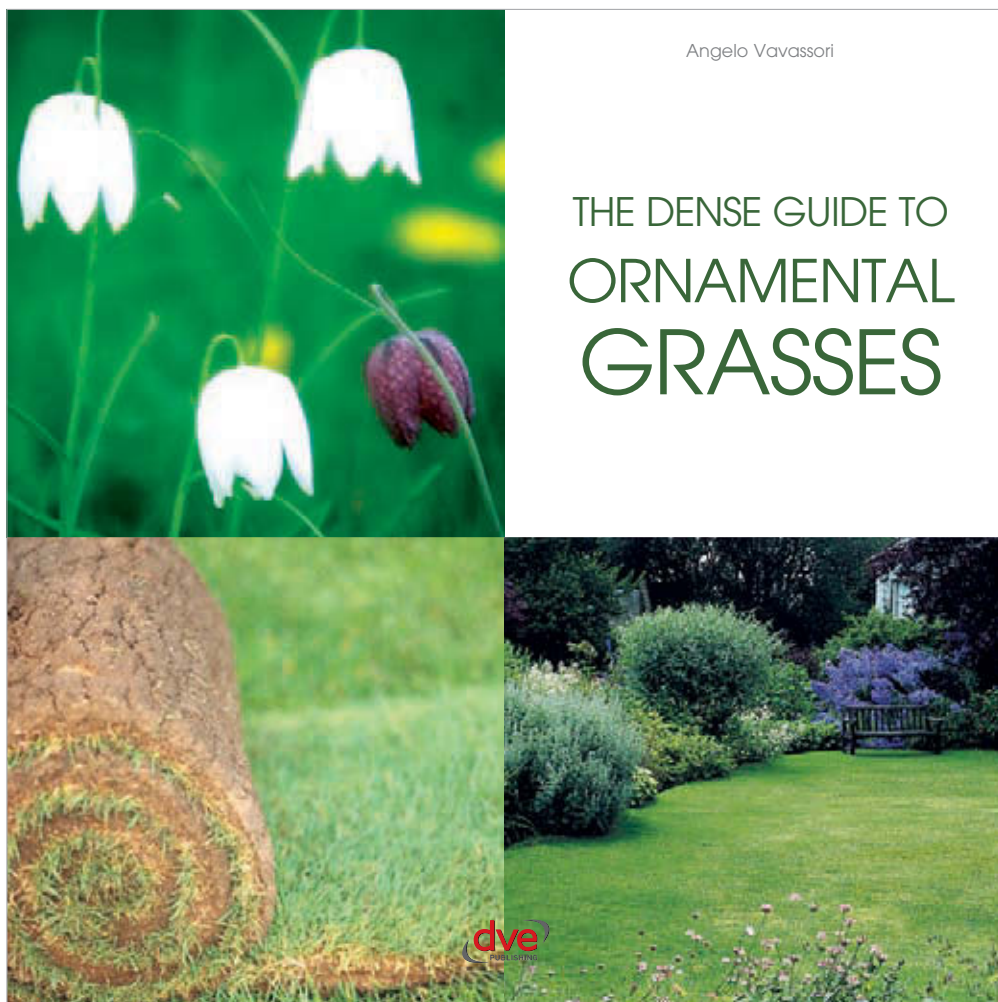


# HOME & GARDENING

Ralph Waldo Emerson, the famous writer and original appreciator of all things natural, believed all human grief and sorrows become dwarfed by simply stepping outside and soaking in the natural world around us. His words still ring true for nature-lovers everywhere who know the universal joy and happiness that fresh air, sunlight, and fresh food provide. No matter where you live, you can surround yourself with the natural wonders that the world has to offer, and sink your fingers into the soil to add beauty to the world in which we live. Regardless of your skill level, a pruning professional or a gardening neophyte, you can bring the garden of your dreams to your terrace, learn the ancient art of bonsai, and cultivate your own vegetables. Dig in and experience the balance, tranquillity, and creativity that is waiting to bloom.







**ISBN 978-1-78525-261-7**

**Format 180 x 180 mm, 96 pages**

**14,000 words**

The ornamental lawn plays an important decorative and aesthetic role in gardens and landscapes. But it is often considered as a 'neutral' space for other plants and flowers, and we don't truly appreciate all that it can offer.

Dedicated to those who love the green expanses of a lawn, this book presents the characteristics of the most suitable turf grass species and explains all the necessary steps to properly prepare the soil and get the maximum return.

In this practical guide, complete with photographs and illustrations, you will also find tips and tricks to keep your lawn in perfect condition without making great efforts.

**ISBN 978-1-78525-292-1**

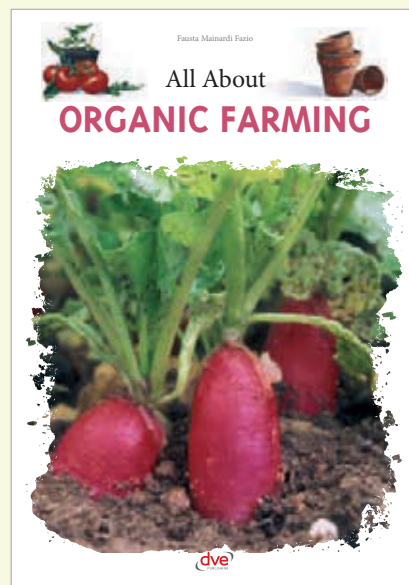
**Format 170 x 240 mm, 144 pages**

**15,000 words**

Pesticides, herbicides, and chemical fertilisers are elements that attack the environment. Organic farming recovers the traditional and, especially, natural gardening methods, proving that an organic fertiliser can be as effective as an artificial one and that there are plenty of recipes of pesticides based on plants and decoctions. The true learning gardener, with or without experience, who wants to work in harmony with nature using its many resources, will discover in this book the following:

- How to choose and prepare the soil for crops.
- Different types of fertilisers: mineral or organic.
- Cultivation of vegetables and fruit.
- Pruning and grafting.
- Fact sheets for all garden and orchard plants.

Organic farming, which ensures the quality of fruits and vegetables and respects the ecological balance, will help us rediscover the true taste of nature's bounty.



**ISBN 978-1-78525-275-4**

**Format 145x205 mm, 48 pages**

**10,000 words**

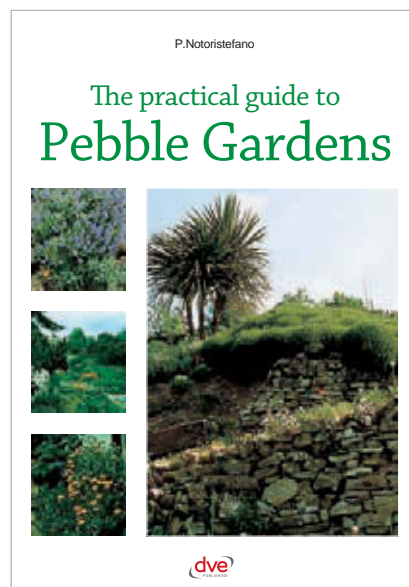
If you are thinking of creating a rock garden, in this book you will find all the information needed to identify and select the most suitable plants for this type of garden.

You will also discover some tips to arrange your plants in the right place, protecting them from wind and offering them a privileged exposure.

You can sort the various elements that make up the rockery: rocks, mosses, perennial plants, etc.

In addition, you will learn how to prevent and treat major diseases: cochineal, parasites, etc.

This is an essential book for apprentices and alpine or Mediterranean garden lovers, which includes suggestions to make compositions for gardens, flower beds, and much more.



**ISBN 978-1-78525-291-4**

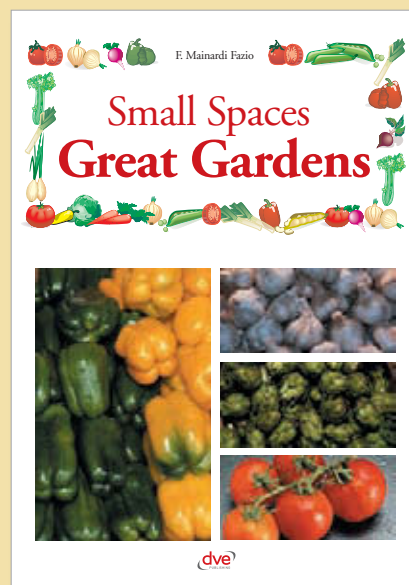
**Format 170 x 240 mm, 128 pages**

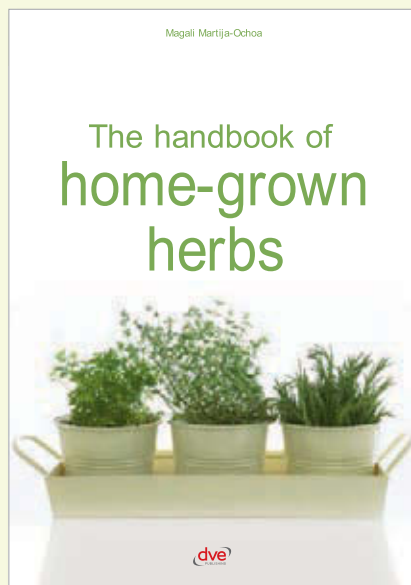
**22,000 words**

Have you ever thought about getting started in horticulture but haven't been able to do it because you don't have a suitable ground for it? Don't worry, this book explains how to grow various vegetables on balconies, terraces, planters, and even in pots.

In a simple and entertaining way you can learn all about the preliminary work to prepare the ground and to organise the terrain according to the plants that you want to grow.

You also have the opportunity to know the easiest varieties to grow, what is the most suitable soil, the microclimate that you must create and the care required for each one. In addition, a handy file will allow you to accurately and effectively complete all the tasks necessary for the proper development of your small garden.





**ISBN 978-1-78525-273-0**

**Format 170 x 240 mm, 96 pages**

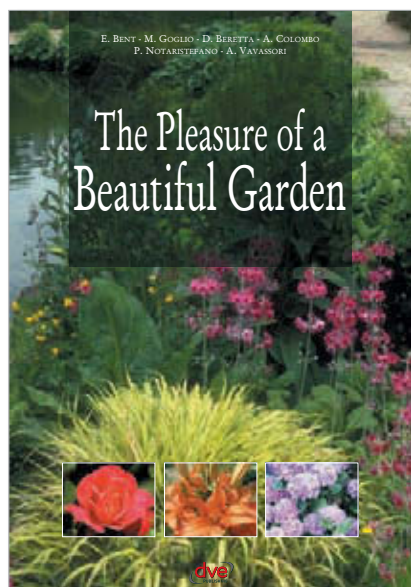
**22,000 words**

Parsley, basil, lemon balm, sage, rosemary, thyme... all these herbs brighten up our dishes. But the ones that we buy from the market and the supermarket have been collected several days ago.

How can we always have fresh herbs at our disposal, then? By growing them at home, of course!

Within this book you will find all the information needed to properly cultivate herbs and aromatic plants in the garden: when and how to plant them, how to maintain them, tips to collect and preserve them, instructions on plant propagation, etc.

And if you have no garden, a windowsill or a balcony, however small, will be enough for you to grow these plants. So do not hesitate; open the doors of your home to herbs and explore their numerous properties.



**ISBN 978-1-78525-452-9**

**Format 145 x 205 mm, 192 pages**

**50,000 words**

Whether you want to use the lawn for sports, create a rustic or urban garden, cover a pergola with rose bushes, plan a rock garden, or renew a flowerbed...

This book will provide all the keys to carry out any project related to the arrangement and maintenance of the garden, and will offer: Simple and practical ideas to maintain your flowerbeds, lawn and rock garden, and to choose the most suitable rose bushes. Clear and concise diagrams to quickly visualise the various projects. Information sheets to help you choose the most suitable plants for your garden and tips for maintenance and phytosanitary control. In short, a manual in which you will find plenty of tips to make your small green space into the garden that you had always dreamed about.



**ISBN 978-1-78525-451-2**

**Format 170 x 240 mm, 144 pages**

**28,000 words**

Sunny and windy landscapes, olive trees that sink their gnarled roots in stones and red sand, waterfront terraces dotted by plants with deep aromas, colours, shapes, and flavours combine in countless scenarios so that it is possible for everyone to have their own garden with typical Mediterranean plants.

In addition, this type of garden requires low humidity and infrequent watering, as the plants are adapted to survive in difficult conditions. Moreover, when designing a garden using these plants, maintenance will be reduced, and you will get a more natural effect.

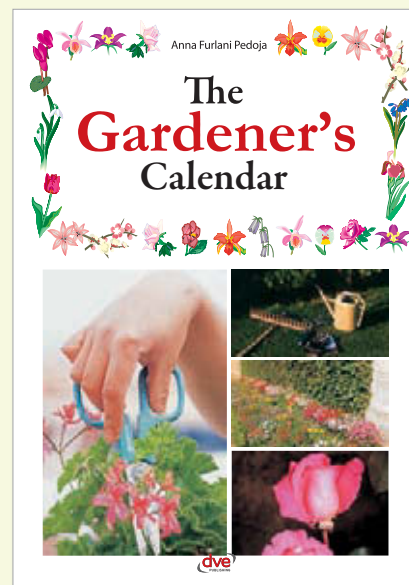
History of the Mediterranean garden, typical climates and vegetation, gardens and parks in which we will find inspiration, green space projects and compositional designs, cultivation cares (from soil preparation to the multiplication of plants), information about general principles, etc.; there is room for all of these topics within this practical, easy-to-read and essential book for anyone that wants to enjoy this type of garden at home.

**ISBN 978-1-78525-276-1**

**Format 170 x 240 mm, 144 pages**

**18,500 words**

This book not only introduces you to the art of planning a garden, but also gives you a complete overview about the tasks to be accomplished month by month in order to turn your garden into a natural paradise. Moreover, it provides useful information on topics such as composting, watering, pest control, and how to choose the right plant for your garden. Don't miss out on this indispensable guide to sustainable gardening.



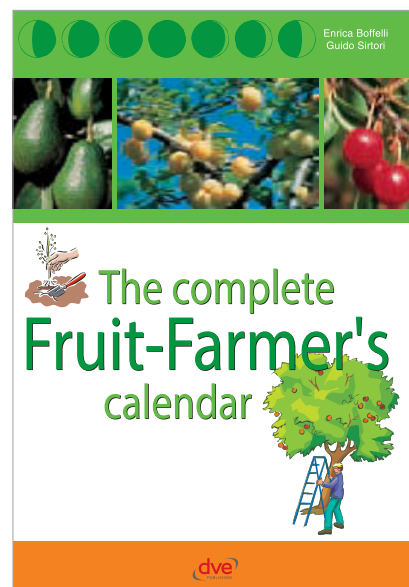
**ISBN 978-1-78525-271-6**

**Format 145 x 205 mm, 144 pages**

**16,000 words**

All tasks must be carried out each month: grafting, pruning, protection against frost and bad weather, new planting, working in the soil, fertilisers, irrigation, disease control and harvest of the fruits.

The book includes extensive comparative tables to evaluate and choose the most suitable varieties for your needs. This is a unique guide that will help you get the best performance from your fruit trees.



**ISBN 978-1-78525-263-1**

**Format 115 x 167 mm, 192 pages**

**30,000 words**

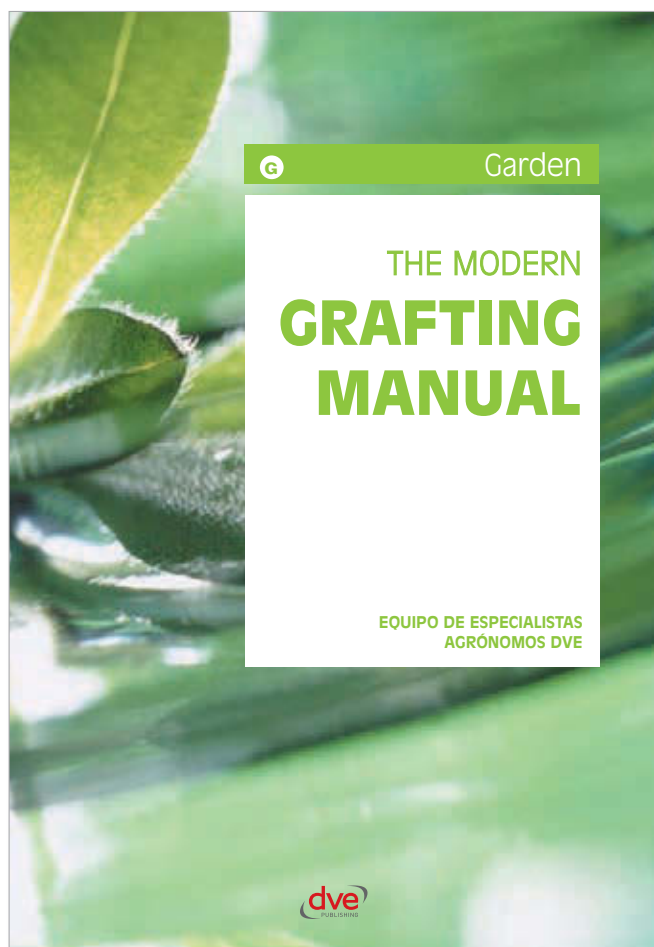
You will be able to learn month after month all that you need to know for an excellent flowering:

- The best planting techniques and a proper use of irrigation will help you have a splendid garden all year round.
- What is the best season for grafting? What is the ideal average temperature?
- When to prune roses? When to plant the flowers that you like?
- Here you will find general tips to design and make a beautiful garden: steps and stairs, fences and walls, lighting trails, wild birds, etc.

With expert advice, a certain sense of observation and a bit of passion, you can transform your garden into a real oasis.

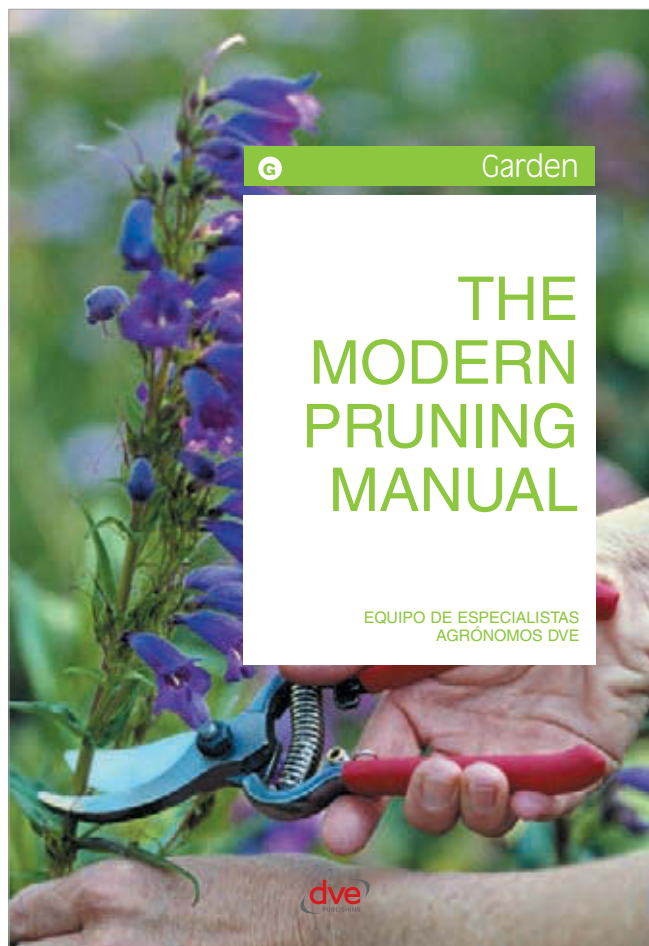






**ISBN 978-1-78525-614-1**  
**Format 145 x 205 mm, 124 pages**  
**11,000 words**

This is a practical and easy-to-read book, with clear and comprehensive explanations that will help guide both the beginner and the professional farmer. This manual explains the technique needed to perform the different types of grafts. It is designed to help you achieve excellent results and to improve the appearance and performance of your garden.



**ISBN 978-1-78525-262-4**  
**Format 123 x 200 mm, 124 pages**  
**11,000 words**

This is a comprehensive and practical guide that will help you perform all pruning operations that are difficult and delicate. With these techniques you will get brilliant results that will only get better over time. This book delves into details concerning lighting, curvature, and angles, and it also discusses cutting shoot, stripping of bark, incisions, defoliation, and fruit thinning. These aspects are explained in a clear text, making it very easy to follow the correct procedure for each operation.

D. Beretta

# The Complete Collection of Camellias

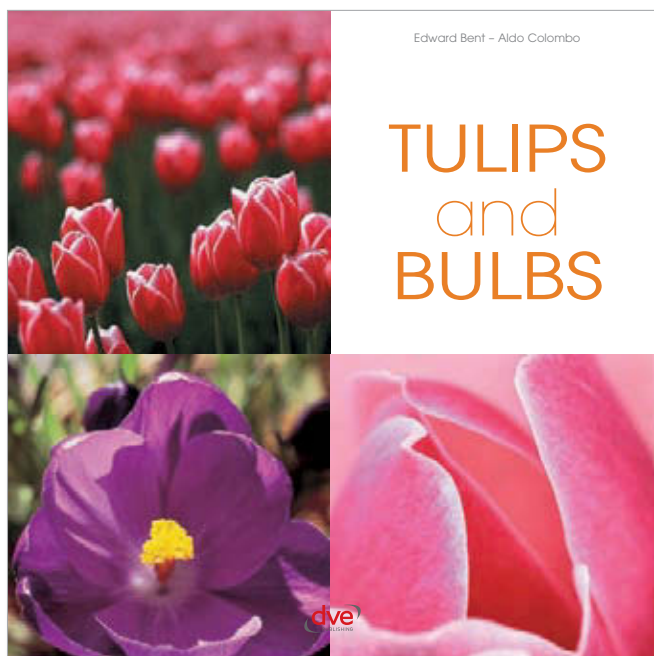


ISBN 978-1-78525-282-2

Format 145 x 205 mm, 48 pages

11,500 words

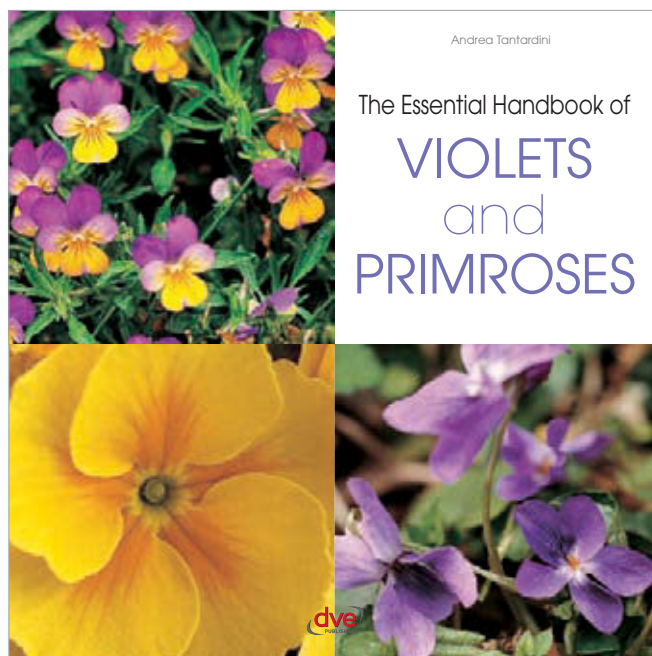
If you feel fascinated by these elegant flowers and wish to know how to grow them, this work will show you very useful information about the various types of flowers and the most widespread species. With this practical guide you will learn to cultivate both potted and garden plants. It also includes numerous tips to treat the most common diseases and suggestions for its reproduction with grafts, seeds or cuttings. Here you have a book where you will find everything you need to know about camellias, with numerous photographs and didactic illustrations.



**ISBN 978-1-78525-616-5**  
**Format 180 x 180 mm, 96 pages**  
**12,000 words**

Since ancient times, bulbous flowers have been highly appreciated and used to beautify and brighten a garden. If you take a closer look at them, you will discover that they are easy to grow, even for the gardeners with little experience; you just need to follow some simple instructions.

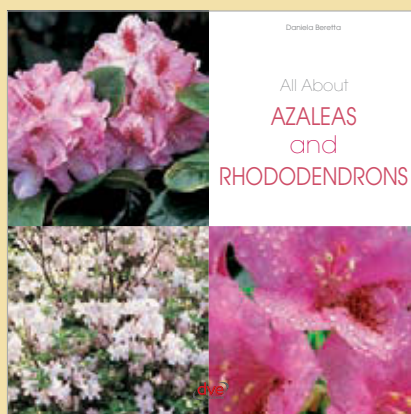
This book offers practical information to fertilise, water, protect, and multiply bulbous plants. In addition, it contains the fundamental notions about the characteristics of bulbs, corms, tubers, rhizomes, and tuberous roots. In this guide you will find the best tips and suggestions for choosing and buying the most suitable plants, as well as how to prevent and treat diseases and parasites.



**ISBN 978-1-78525-615-8**  
**Format 180 x 180 mm, 96 pages**  
**12,000 words**

As traditional harbingers of spring, violets and primroses can splendidly adapt to the most diverse climatic conditions; their colourful bloom makes them ideal to beautify the garden and create coloured flowerbeds and lovely bouquets.

In this practical book you will find all the secrets and tips to get to know and appreciate these splendid flowers, distinguish the species and varieties, fight parasites, prevent and, if necessary, treat the most common diseases. This is a convenient manual that will guide you in your journey of choosing and buying these plants and will provide indications about its reproduction and the care they need to grow: planting, irrigation, fertilisation...



**ISBN 978-1-78525-617-2**  
**Format 180 x 180 mm, 96 pages**  
**12,000 words**

Rhododendrons and azaleas, which have a great ornamental value, belong to the same genus and can be divided in countless species and varieties. In spring we can witness a spectacular multicolour flowering: the colour gamut, sizes, layout and colour of the leaves are almost infinite; therefore, in addition to the tone of the flowers, it is essential to know its characteristics in order to introduce them in the garden along with other plants. Those who love the strength and beauty of these flowers will find in this guide all the information needed to know the particularities of the different species and make a good choice. Furthermore, you will find a useful guide on how to prepare and fertilise the soil, plant, protect and water the plant with the care that it needs every month.



CORRADO MASPES  
ALINA RIZZI

# The Basics of Flower

Arrangements and Centerpieces



dve  
PUBLISHING

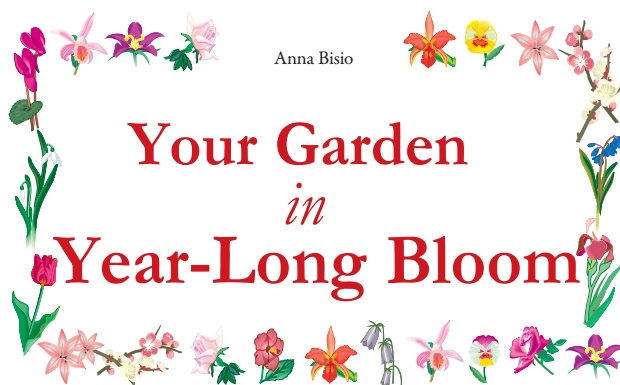
ISBN 978-1-78525-454-3  
Format 170 x 240 mm, 124 pages  
11,000 words

Here's how to make splendid centrepieces and garlands, beautiful baskets, bouquets, gifts, etc. using flowers, fruits, and vegetables.

In this book you will find ideas for each season: spring and summer decorations, fragrant and aromatic compositions for the house and the table to show them off at any time. Clear instructions are provided to reproduce the models shown and a listing of the flowers and supplementary materials used, even though it is possible to adapt them to the taste of each person and the time availability.

Furthermore, it includes tips on a wide range of containers in which to place the compositions: vases of glass and clay, planters, wicker baskets, and even old cans or simple plastic bowls decorated with moss and leaves that will transform into original and personal objects.

Anna Bisio



# Your Garden in Year-Long Bloom



dve  
PUBLISHING

ISBN 978-1-78525-277-8  
Format 170 x 240 mm, 172 pages  
37,000 words

Is it true that there are plants that bloom in January, February and even in December? Yes, it is. This book keeps the promise of a garden in bloom... all year round!

In this book you will find all the information about any plant or flower regarding flowering, soil demands, sun exposure, use, and planting and breeding techniques. Also you will find something that you will especially appreciate: advice on the possible difficulties of cultivation. The information in the book is completed with a chart containing the flowering period of the plants that give us a full overview.

Furthermore, it includes a general section that reveals the fundamental secrets of gardening, soil treatment, irrigation, planting, layering, cuttings, etc. And if we have a garden in bloom in winter, can you imagine what it will be like in spring and summer?



D. Beretta - M. Goglio

# Raise your Roses Right



dve  
PUBLISHING

E. Bent - A. Colombo

# A complete guide to flower beds



dve  
PUBLISHING

ISBN 978-1-78525-619-6

Format 145 x 205 mm, 48 pages

12,000 words

This is an illustrated colour book in which you will find all kinds of information about the different species and varieties of roses.

You will be able to choose the roses that best suit your tastes and needs depending on their resistance, shape, and scent.

You will discover tips that any rose specialist needs to know in order to take care of the flowers throughout the year: planting, pruning, cuttings, etc.

You will learn how to prevent and treat major diseases.

Furthermore, for those who want to start growing rose bushes, this book offers some design suggestions for gardens, parks, etc.

ISBN 978-1-78525-455-0

Format 145 x 205 mm, 48 pages

13,000 words

This is an illustrated colour book in which you will find information about the different species and varieties that are used to compose parterres and garden borders.

You will learn how to design parterres, prepare the ground, and install additional elements.

You will find the advice given by specialists on the cares that the plants need throughout the year: planting, pruning, cuttings...

The creation of parterres offers endless possibilities of shapes, colours, and dimensions that will allow you to structure your garden and give it an original and refined touch.

**ISBN 978-1-78525-450-5**

**Format 170 x 240 mm, 144 pages**

**27,000 words**

Known since ancient times, olive trees have always been of paramount importance among Mediterranean peoples who considered them sacred – the oil obtained from its fruit was used not only as food, cosmetic, and fuel, but it was also used for religious and therapeutic purposes. The olive tree, a plant characterised by its rusticity, fits many regions with a temperate climate, where it can live for a long time, as can be seen in some splendid ancient trees that are spread throughout the Mediterranean landscape. It has always been very popular for gardens due to the ornamental value of its distinctive silvery top and its twisted trunk. Beyond its decorative value, the fundamental importance of the olive tree is attributed to the discovery of the benefits brought by the oil obtained from the fruit, which characterises the so-called Mediterranean diet. Olive oil is full of healthy components, presented in suitable proportions, that make it easily digestible and which hold up cellular aging and the formation of cholesterol; furthermore, it promotes brain development. Within this book you will find plenty of information regarding varieties, cultivation techniques, diseases and parasites, pruning techniques, harvest and preservation of olives, production, and tips for a proper tasting, and a selection of oils for when we cannot produce it by ourselves.

**ISBN 978-1-78525-270-9**

**Format 170 x 240 mm, 128 pages**

**31,000 words**

Currently, there are so many varieties of olive trees that we can say that each olive-growing region has its own. This book is intended to be useful to farmers interested in renewing their crops, following the latest technical advances in order to get the most out of their effort. It offers the following:

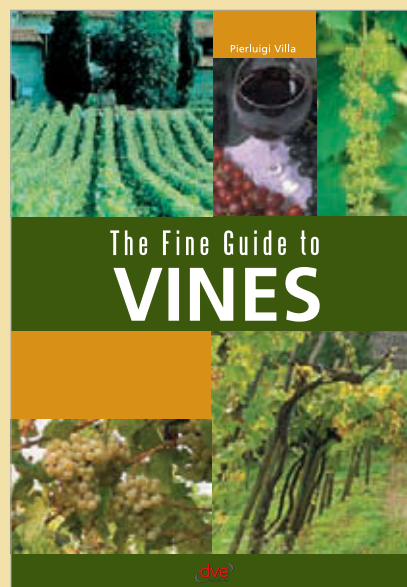
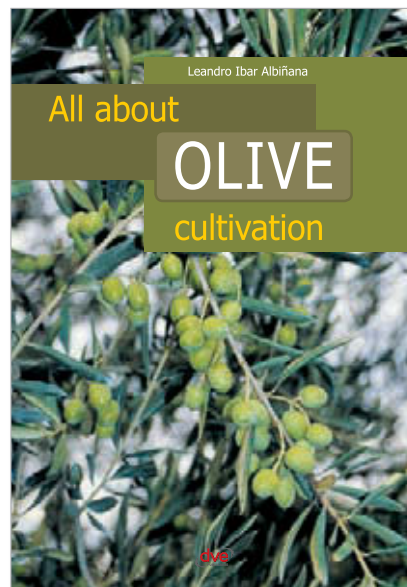
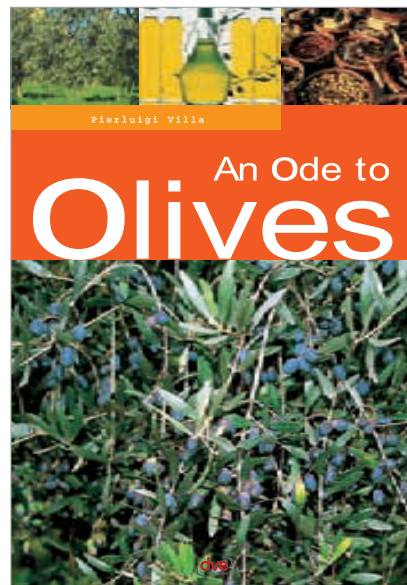
- How to fight the pests that usually attack the olive trees and how to prevent the development of fungi that can ruin the harvest.
- What to do to grow your trees perfectly.
- What are the problems in watering and pruning and what are the most effective techniques.
- How to get a better performance and a better quality production.

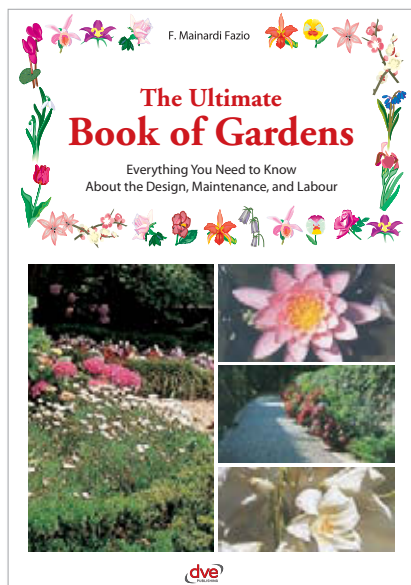
**ISBN 978-1-78525-453-6**

**Format 170 x 240 mm, 160 pages**

**45,000 words**

Known and cultivated more than 6,000 years ago, the vine is one of the most important plants in the Mediterranean. In a time like ours, where a genuine and artisanal production is valued and the quality of the wines produced is receiving increasing attention, winegrowers need to know how to get healthy grapes and identify its point of ripening. This book provides all the necessary information to successfully grow grapes, and it is useful for both the owner of extensive vineyards and for those who grow a few grapevines as a pastime or hobby. With this book you will learn to select the most suitable vine varieties according to the soil, grafting and planting techniques, the different forms of cultivation, fertilisers and how to fight the common enemies of the vine. In addition, the diagrams and tables will provide accurate information to fertilise properly and to know the main deficiencies and the most appropriate solutions. Numerous and detailed drawings illustrate the morphological characteristics of the plant, the different methods of grafting, the various ways of cultivation, etc. With this practical guide, you will find everything you need to become a real winegrower.





**ISBN 978-1-78525-283-9**

**Format 170 x 245 mm, 284 pages**

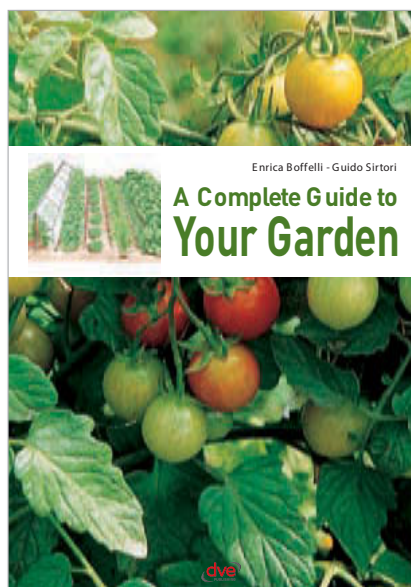
**75,000 words**

Do you have the seeds of a rare plant and want to know how to cultivate it? Here you will find a list of almost two hundred herbaceous plants, with information about exposure, size, characteristics, ideal use, time of flowering, and general information on cultivation procedures.

Do you want to plant trees but want to know beforehand what to expect about the fruits and flowers, size, flowering time, etc.? We offer you extensive tables with all the species that might be interesting for you.

Do you want to know about propagation problems? You will find richly illustrated pages to perfectly understand the examples and procedures. Do you like a particular type of flower: hydrangeas, roses, etc.? We provide specific pages about them full of details. Do you want to create a parterre with a predetermined combination of colours? By reading this book you will know what to do.

Would you like to use part of your garden to grow medicinal plants and get a natural pharmacy outside your home? Open this book...

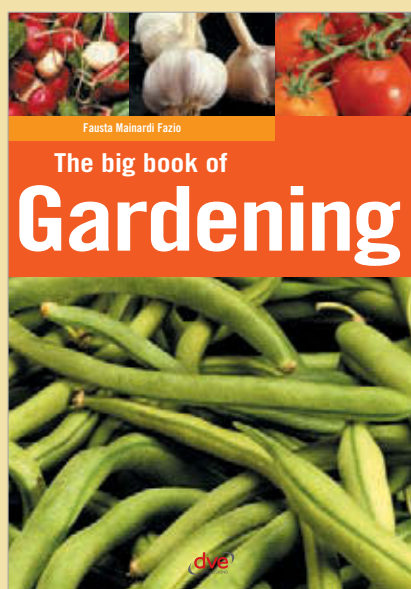


**ISBN 978-1-78525-299-0**

**Format 205 x 260 mm, 224 pages**

**36,000 words**

Taking care of the garden is an activity that provides great satisfaction, but it requires some work, constant care, and close attention to avoid ruining months of effort. Our society has put aside the knowledge and the pastoral culture that was once transmitted from one generation to another. That's why this manual can be very helpful; it contains everything that you need to know about how to organise and run your piece of land in the best possible way. Within this book you will find information about: Different types of garden (in confined spaces, on uneven ground, in the yard, in the garden, on the terrace...), traditional farming and biodynamic cultivation, the required conditions (water, wind, light), etc. Organisation and execution of tasks (succession of crops, soil preparation, fertilisation with chemical and natural fertilisers...), care of the crops (planting, transplants, multiplication, pruning and grafting, protection against diseases, invasive plants and parasites), harvest and conservation of your products, species that can be grown (seed, fruit, root and leaf vegetables, herbs, berries), common mistakes and how to avoid them. A farmer's calendar, with the tasks to be carried out every month, and a lunar calendar, for those who prefer to work following the cycle of the moon.



**ISBN 978-1-78525-268-6**

**Format 160 x 245 mm, 160 pages**

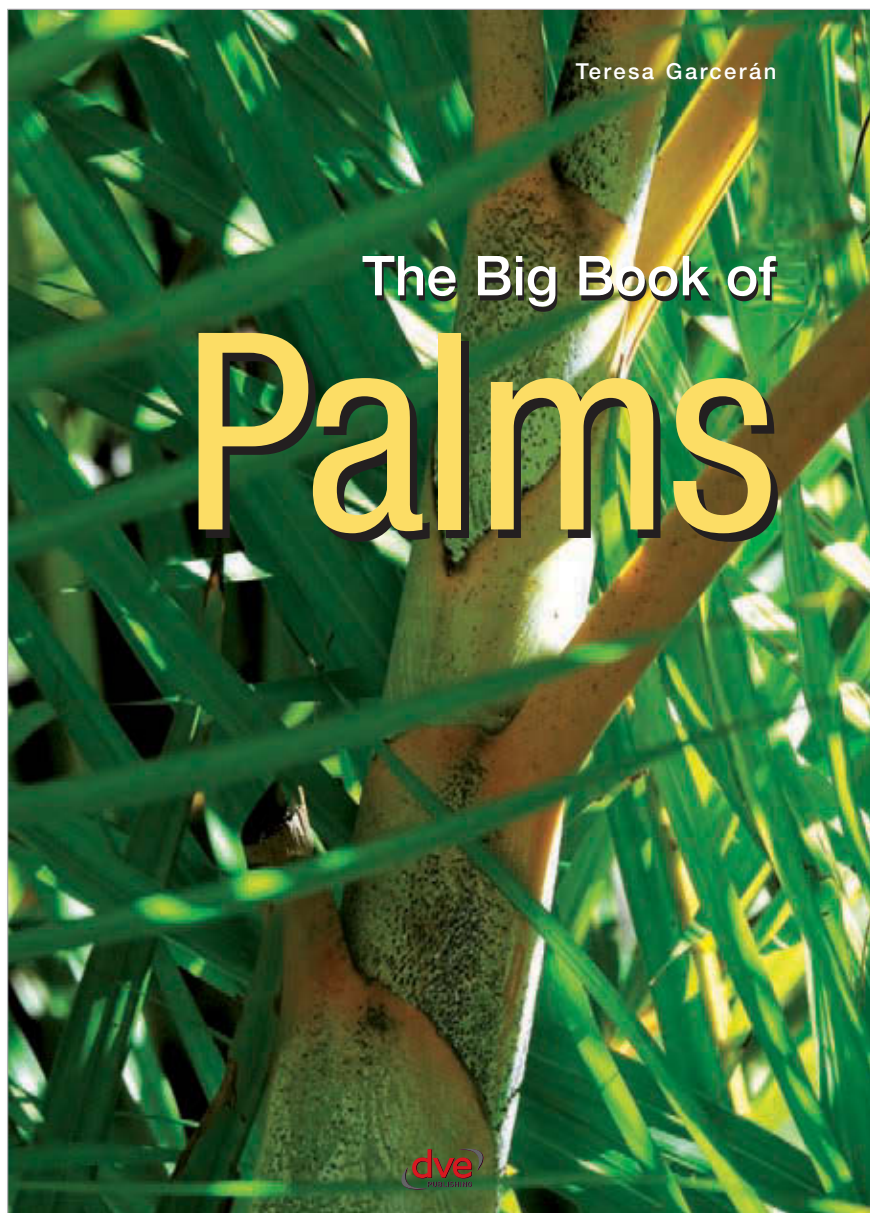
**50,000 words**

In this book you can find a complete sequence on vegetables, from planting to the growing phase, and also from the production phase to the new vegetative phase, accompanied by all the necessary and useful details. Inside you will find:

- How to plant a garden on a rough terrain.
- How to grow root vegetables and what you should know about each plant.
- How to distinguish bulb vegetables and false bulbs.
- What to do when your onions are not as good as expected.
- How to plant artichokes.
- How to accelerate the growing and the ripening of pumpkins, zucchini, cucumbers and other similar vegetables.
- What are the main diseases that tomatoes can have and how to prevent them.
- What are the best beans to grow and how to collect and preserve them.
- How, when, and why to prune.

With this extensive guide, complete with practical steps, you will learn how to grow the most suitable vegetables in each soil. This book is very easy to read, practical, and includes many colour illustrations.





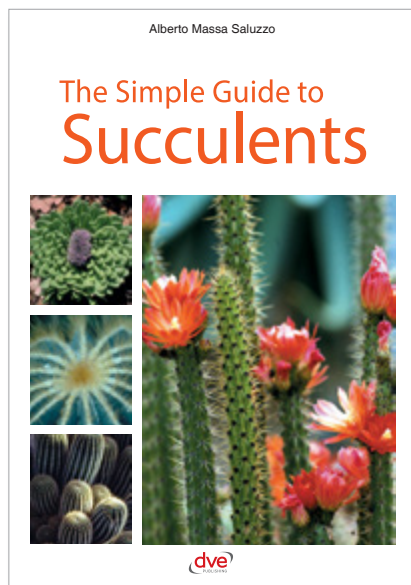
**ISBN 978-1-78525-620-2**

**Format 170 X 240 mm, 220 pages**

**34,000 words**

Palm trees are capable of evoking the sensation of distant paradises — the reason why they are becoming increasingly appreciated and valued as decoration for gardens and open spaces. In our country they have been integrated into parks and squares in many cities. Besides being beautiful ornamental elements, they are grown for the artisanal industry of palm-production, and also for the collection of dates, especially in agricultural systems that have good water efficiency. Palm trees will beautify the garden of a house in a very special way and will provide a cosy atmosphere. In these pages, the author presents a comprehensive guide with over fifty records of the different species and all indications and advice necessary for cultivation and care; she also explains the morphological characteristics of palm trees, the distribution of its habitat around the world, the tasks necessary to cultivate them, and the different pests and diseases that can affect them.





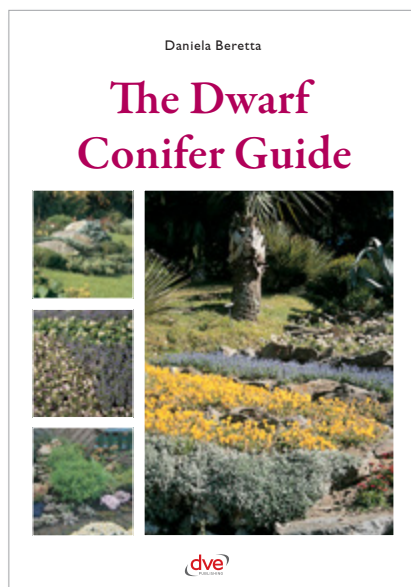
**ISBN 978-1-78525-278-5**

**Format 145 x 205 mm, 48 pages**

**12,500 words**

This comprehensive guide will accompany the reader into the fascinating world of succulents, plants of extraordinary beauty that come in multiple shapes. Furthermore, this book will reveal everything you need to know to successfully plant this species. All these plants have the ability to adapt to arid habitats, which makes them relatively easy to cultivate and explains their presence in all environments, from gardens and urban terraces to the small window of a house.

Presented in a practical format, you will find the tips to understand and appreciate their characteristics, recommendations to avoid the most common diseases, and care instructions: planting, irrigation, fertilisation, pruning, etc.



**ISBN 978-1-78525-279-2**

**Format 145 x 205 mm, 48 pages**

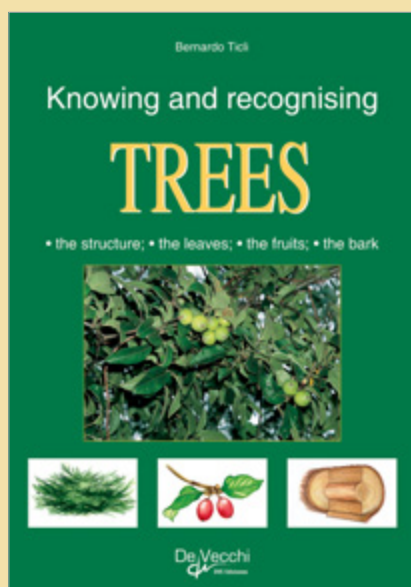
**13,500 words**

If you like creeping plants and dwarf conifers, you will find the basics to choose the best plants and use them in flower beds and garden edges in this book.

This is a practical guide that provides all the cultivation care that these plants need: planting, irrigation, fertilisations, pruning...

You will discover a number of useful tips for designing and arranging your plants.

You will learn all necessary measures to prevent and treat the most widespread diseases.



**ISBN 978-1-78525-274-7**

**Format 170 x 240 mm, 96 pages**

**24,500 words**

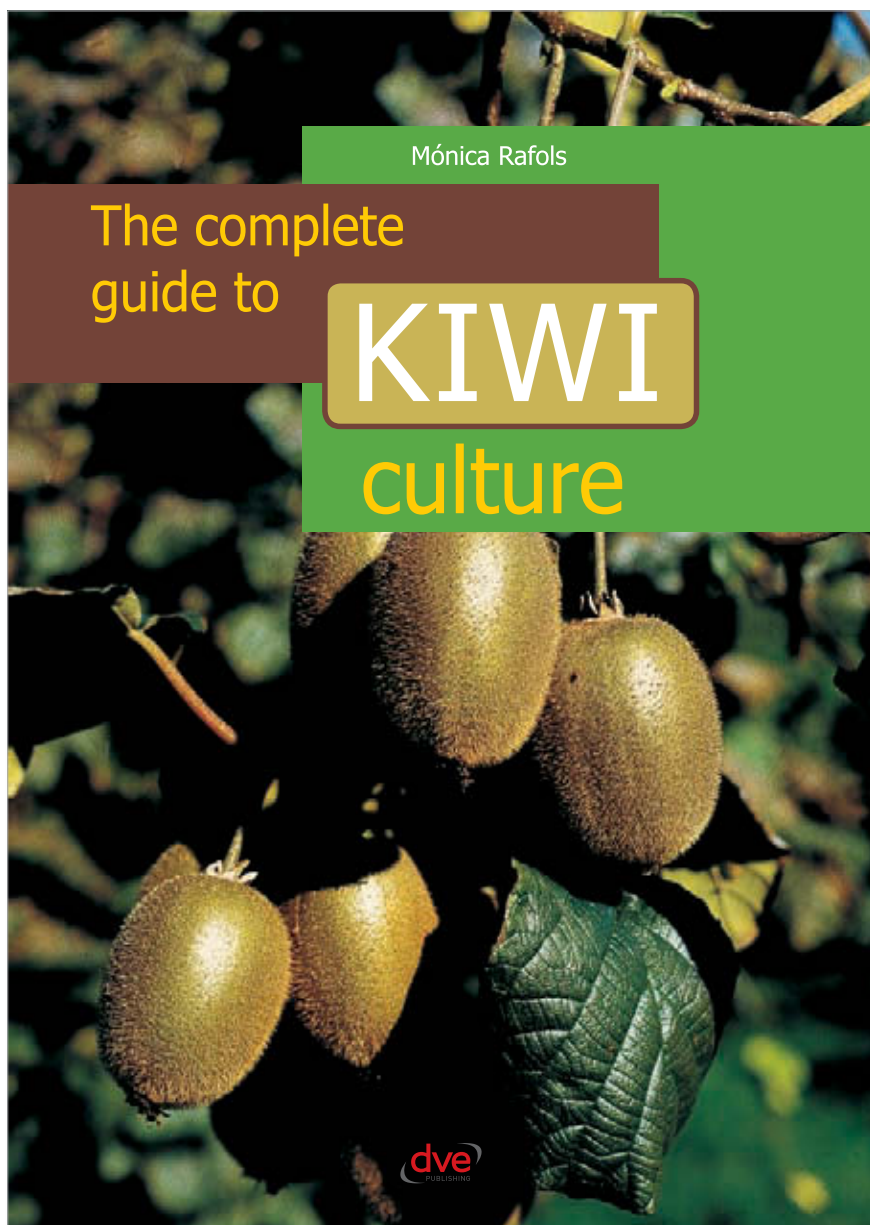
Do you have the seeds of a rare plant and want to know how to cultivate it? Here you will find a list of almost two hundred herbaceous plants, with information about exposure, size, characteristics, ideal use, time of flowering, and general information on cultivation procedures.

Do you want to plant trees but want to know beforehand what to expect about the fruits and flowers, size, flowering time, etc.? We offer you extensive tables with all the species that might be interesting for you.

Do you want to know about propagation problems? You will find richly illustrated pages to perfectly understand the examples and procedures.

Do you like a particular type of flower: hydrangeas, roses, etc.? We provide specific pages about them full of details.

Would you like to use part of your garden to grow medicinal plants and get a natural pharmacy outside your home? Open this book...



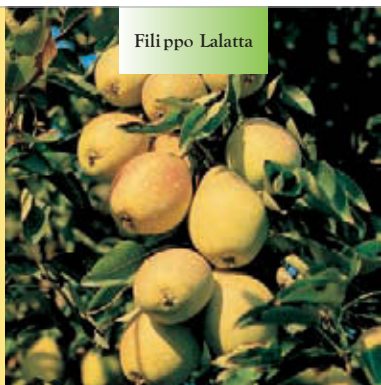
ISBN 978-1-78525-269-3

Format 170 x 240 mm, 128 pages

30,000 words

Native to New Zealand, the kiwi conquered the northern hemisphere markets a few years ago, and today Westerners still appreciate the vitamin virtues and its many gastronomic qualities. In this work you can find everything that you need to know about pruning and grafting shrubs, plant care, watering, flowering, pollination, and fruit growth. You will also find information about its harvest and conservation and also about its transformation through tasty and exotic recipes of jams, cakes, and sweet and salty dishes. With this comprehensive guide, illustrated with numerous drawings and photographs, you will discover that the Actinidia is also a rather rustic ornamental plant that adapts well to our temperate climate and that can even bear the cold environments.

Filippo Lalatta



## the complete guide to **GROWING PEARS**



**ISBN 978-1-78525-266-2**  
**Format 170 x 240 mm, 128 pages**  
**29,000 words**

Its juicy pulp and excellent flavour make the pear one of the most consumed fruits in the country.

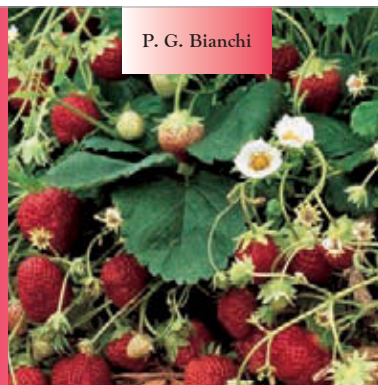
The pear crop requires a significant investment of time and financial resources, but it also needs a good knowledge of the techniques of soil preparation and pruning and grafting in order to achieve an adequate growth of the tree and a good production.

We must have knowledge of the requirements of this fruit, provide the most suitable soil, an irrigation according to its needs, and a good protection against the weather, diseases and insects, so that it can ripen in optimal conditions.

All these issues are clearly set out in this book, which lists the different varieties of pears and explains the weather conditions that are best for each one.

Two chapters complete this book and make it an essential guide: one dedicated to organic farming and the other to the estimate cost of the crop.

P. G. Bianchi



## the complete guide to **STRAWBERRY GROWING**



**ISBN 978-1-78525-267-9**  
**Format 170 x 240 mm, 96 pages**  
**20,000 words**

Highly valued by gourmet chefs, easy to grow, and profitable, strawberries seduce all those who wish to diversify their production to a big or small scale.

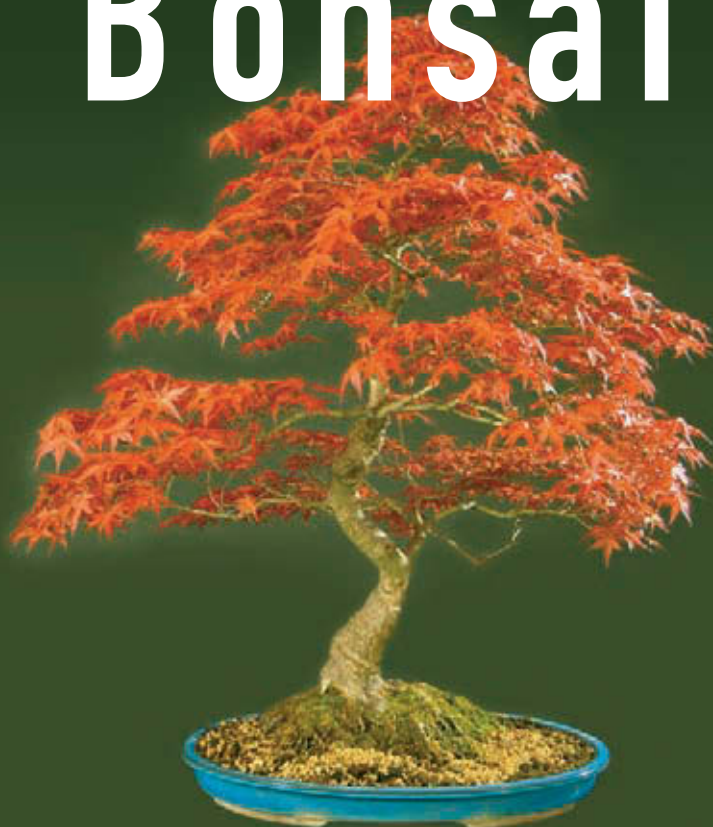
We must have knowledge of the requirements of this fragile fruit, provide the most suitable soil, an irrigation according to its needs, and a good protection against the weather, diseases and insects, so that it can ripen in optimal conditions.

All these questions are presented clearly in this book, which lists the different varieties of strawberries that are suitable for our climate.

Within this book there are two chapters that offer valuable information and make this book a comprehensive guide on the subject: one dedicated to organic farming, and the other focused on the regulations regarding quality, size, and packaging of the fruit for commercial.

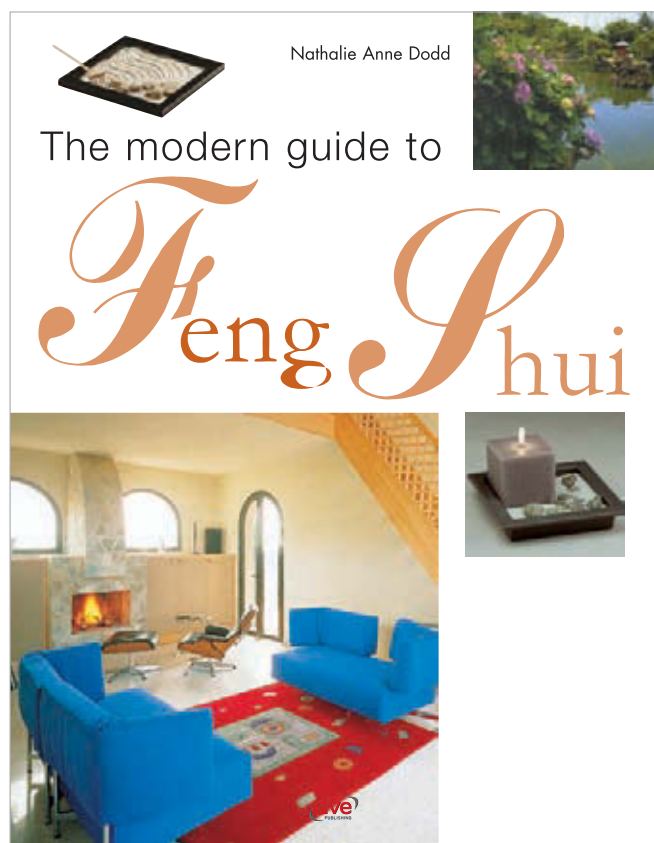
GIOVANNI GENOTTI

# The Big Book of Bonsai

**ISBN 978-1-78525-290-7****Format 225 x 310 mm, 176 pages****33,000 words**

Bonsais, masterpieces of both nature and man's hands, have reached a high degree of perfection. It combines the balance of volumes and compositional lines, the harmony of shapes, and the play of lights and colours. The view is enraptured when contemplating these small trees carefully: It glides through the leaves, the branches, and the bark, and it delves into the recesses and stops at the buds. Because, although miniaturised, a bonsai is a real tree in all respects, and like the other trees, it follows the seasonal cycles and, when the time comes, is covered with a green colour, flowers, and even fruit. The art of gardening, aesthetic sense, philosophical principles, lifestyle, exchange between cultures, passion for nature and gardening, etc. come together in so many wonderful plants like those that fill these pages.





ISBN 978-1-78525-235-8

Format 205 x 260 mm, 160 pages

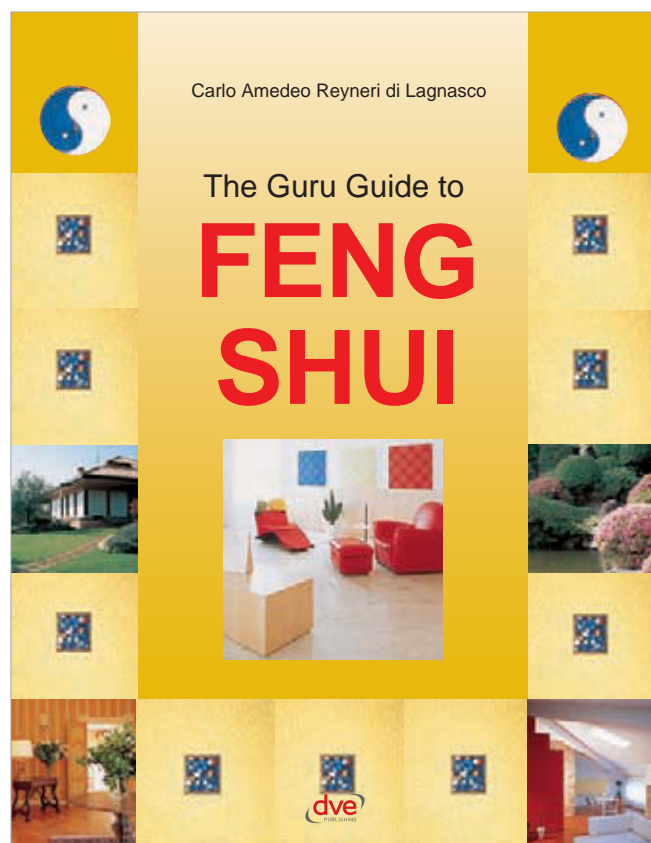
41,500 words

Discover and interpret the principles of Feng Shui in a modern way in order to achieve peace, balance, and harmony in the house itself and in life.

Learn to identify different areas in space related to health, love, prosperity, and success.

Learn to know the best solutions for your home, workplace, green spaces, travel, and holidays.

Learn to face modern life by living in harmony with Earth energies to increase prosperity, multiply energy, and achieve psychophysical balance.



ISBN 978-1-78525-318-8

Format 170 x 240 mm, 160 pages

40,000 words

Feng Shui is the art of living in harmony with your space and getting the most benefit, peace, and prosperity out of your home or workplace. Here you have a guide to discover the disharmonies that exist in your home, in your office, or even in your garden and how to eliminate the negative influences. Use this manual to correct the elements that can be causing an imbalance in your home. For example: do you see annoying objects like poles, antennas, etc. from your window? Are you standing with your back to the door while cooking? Is the refrigerator located in front of the stove? What do the mirrors reflect? What is your headboard leaning on? Where is the bathroom located?

Discover the most favourable orientation for your home. Beware of rooms that draw a cross! This is an illustrated guide with numerous photographs and drawings that clarify any situation and offer a multitude of solutions that can be implemented right away. This millenary wisdom has its origin in Taoist philosophy, which analyses our connection with the space and gives us the keys to harmonise every aspect of our domestic and working life.

# ALSO AVAILABLE

## FARMING

The Lunar Calendar for Farmers

The Modern Manual of Profitable Farming

The Moon and Your Crops

## FLOWERS

All About Hydrangeas

The Art of Pressed Flowers

The A-Z Guide to Roses

The Balcony-Friendly Flower Guide

The Beginner's Basics of Begonias

The Big Book of Lilies

The Big Book of Orchids

The Book of Bouquets and Floral Compositions

The Guide to Flowering Shrubs

How to Grow Beloved Bulbs and Top-Notch Tulips

How to Grow Flowers All Year

How to Speak with Flowers

The Joy of Geraniums: A Gardener's Guide

The Lazy Daisy Guide

The Magic World of Violets and Primroses

Nowhere to go but Down: How to Plant Flowers

The Riveting Record of Roses

The Robust Book of Tulips and Bulbs

1000 Plants and Flowers

## FRUIT TREES

All About Apple Trees

The Complete Guide to Cultivating Apples

A Complete Guide to Cultivating Ornamental Citrus Fruit

A Complete Guide to the Cultivation of Fruit Trees

The Fruits of the World Encyclopaedia

The Modern Manual for Fruit-Farmers

The Modern Manual of Fruit Tree Cultivation

## GARDENING

All About Aquatic Plants

All About the Herbarium

Animals and Ecological Gardens

The Art of Growing Bonsai

The At-Home Gardening Guide

The A-Z Guide to Protecting Your Garden

The Balanced Book of Bonsai

The Big Book of Carnivorous Plants

The Big Book of Gardening Tricks

The Big Book of Plants and Bamboo

Bonsai Secrets and Tricks



Climbing Plants and Their Behavior  
The Colour Book of Gardens  
The Complete Guide to Cacti and Other Succulents  
A Complete Guide to Your Garden  
The Complete Manual for Amateur Gardener  
Creating a Small Garden: A Step by Step Guide  
The Dry Garden Guide to Conserving Water  
The Encyclopaedia of Aquarium Plants  
The Expert Guide to Exotic Plants  
The Feng Shui Garden:  
A Guide to Design, Maintenance, and Care  
The Gardener's Guide to Growing Bonsai  
The Guide to Gardening Tools  
The House Plant Handbook  
How to Create the Perfect Garden  
Insider Planting: Secrets from Top Gardening Gurus  
Insider Secrets to Gardening  
The Lunar Calendar for Gardeners  
The Must-Have Schedule for Gardeners  
The New Garden Calendar  
The No-Holds-Barred Guide to Hedges  
The Pioneering Guide to Palms  
Planning and Creating a Garden  
The Practical Encyclopaedia of Horticulture and Gardening  
The Practical Guide to Gardening  
The Practical Guide to Protecting Your Garden  
SOS: Gardening Made Easy  
Spruce Up Your Sanctuary: The Handbook on Indoor Gardening  
The Tranquil Art of Zen Gardens

Turfen Up: The Dense Guide to Ornamental Grasses  
The Ultimate Gardener's Guide to Cultivating by the Calendar  
100 Common Gardening Errors  
100 Gardening Mistakes and How to Avoid Them  
365 Days of Gardens

## PRUNING & MAINTENANCE

All About Ornamental Pruning  
The Art of Reproduction by Cutting  
The Big Book of Pruning and Grafting  
Choosing, Cultivating, and Preserving Aromatic Plants  
The Illustrated Guide to Pruning and Grafting  
The Photographic Guide to Grafting  
The Photographic Guide to Pruning  
The Pure Art of Pruning  
100 Common Pruning and Grafting Errors

## VEGETABLES

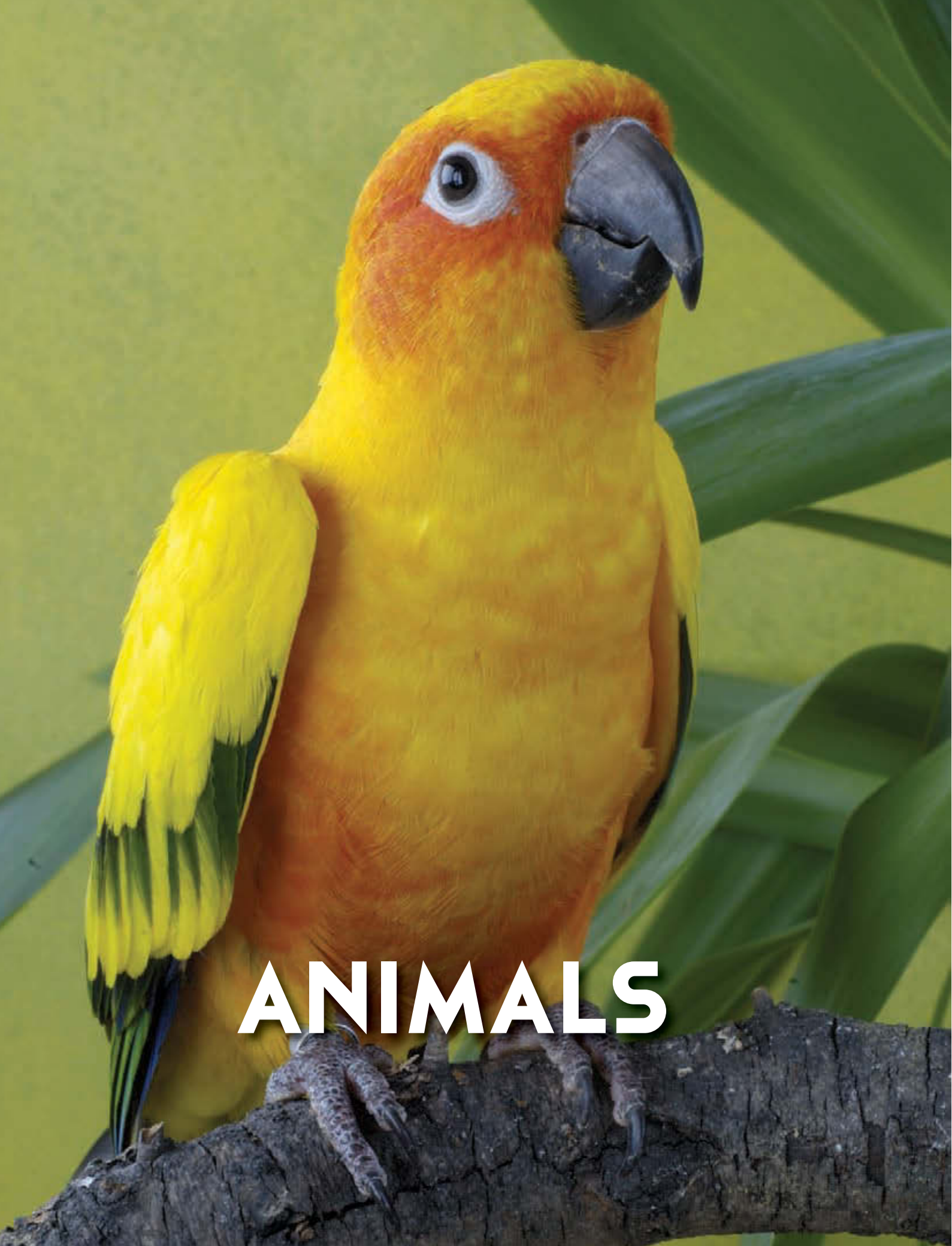
All About Beans and Peas  
All About the Organic Cultivation of Vegetables and Fruit  
The Big Book of Spanish and European Mushrooms  
The Complete Guide to Cultivating Carrots  
The Complete Guide to Cultivation of Potatoes  
The Complete Guide to Growing Tomatoes  
The Genius Book of Lettuce  
Grow Tomatoes Like a Pro  
The Moon and Your Crops  
The Simple Book of Squash  
The Ultimate Horticulture Calendar











**ANIMALS**

# ANIMALS

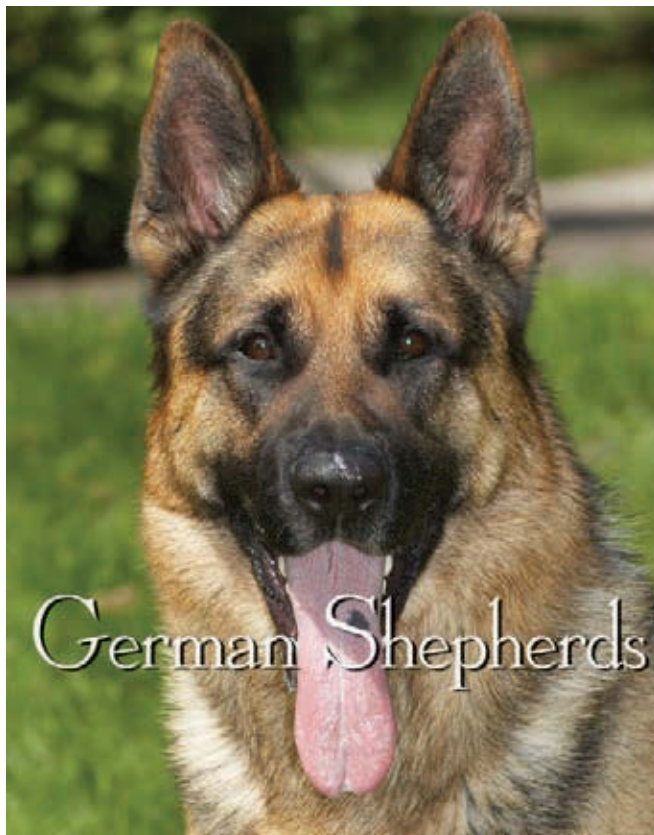
For centuries animals have been part of our daily lives for many different reasons. Whether kept as pets, for breeding purposes, as a security measure, or even as a mode of transport, animals play such an important role in our lives that we would be unable to perform many tasks without them. This is why knowledge of their care and psychology will help us improve our relationship with them; strengthening the links between humans and animals. In this section you will find books on a variety of topics related to the many aspects of our association with these friends who help make our lives easier. Communicating with them has never been simpler!











## German Shepherds

---

ISBN 978-1-78160-063-4  
Format 180 x 230 mm, 100 pages  
32,000 words

### German Shepherds (El pastor alemán)

German Shepherds are very shrewd dogs, and their great capacity to adapt makes them easy to train. Their immense loyalty and courage make them excellent companions. In this magnificently illustrated book you will find everything you need to know about the history, origins, character and breed standard of German Shepherds, as well as all the information you need to be able to live with and train them.



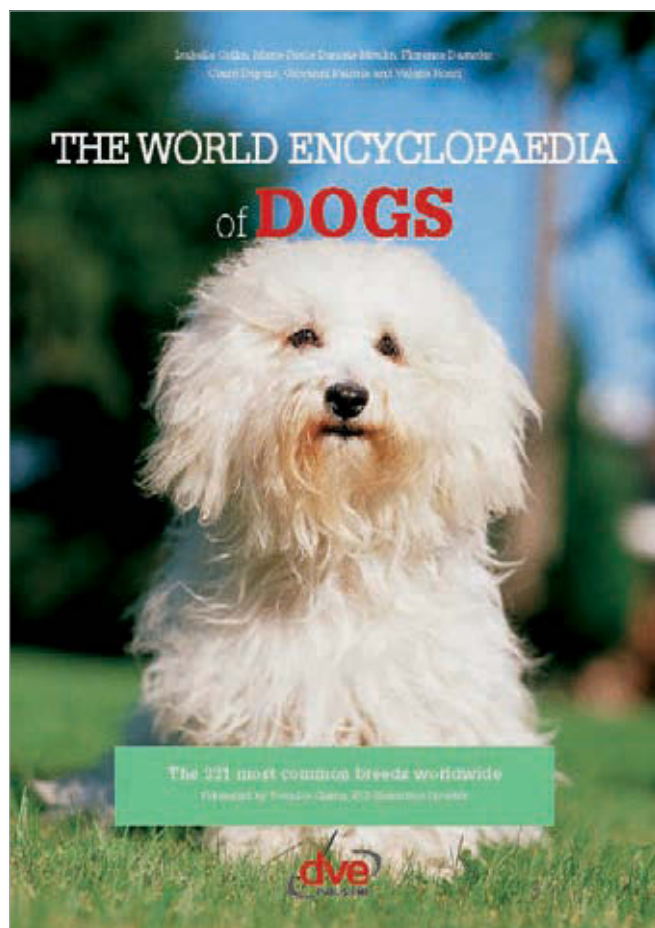
## Training Your Dog

---

ISBN 978-1-78160-047-4  
Format 180 x 230 mm, 100 pages  
49,000 words

### Training Your Dog (Educa a tu perro)

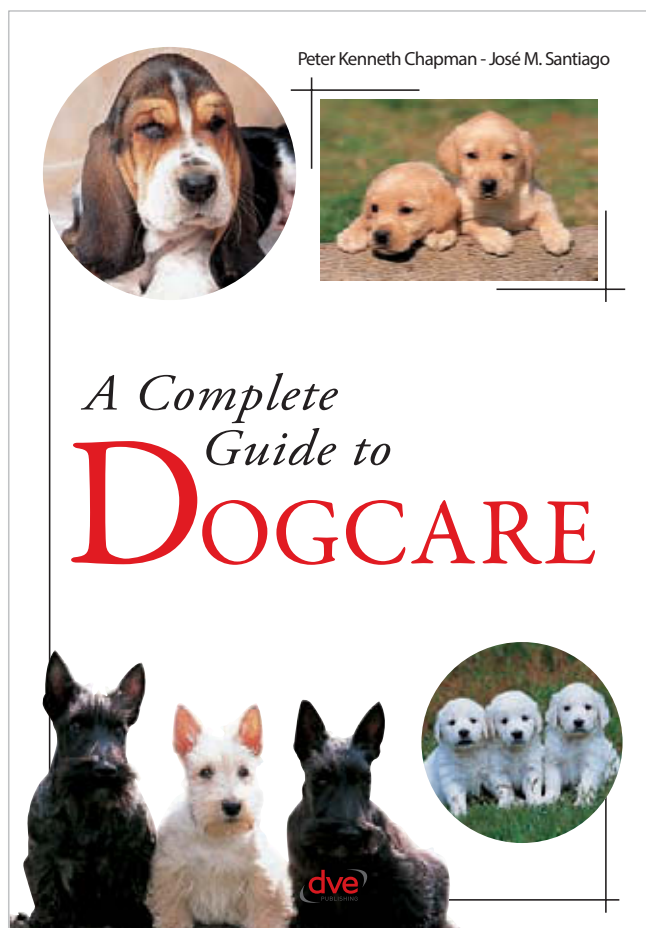
Dog training should be a daily task which, although time-consuming, should be taken with a great deal of responsibility, as it is very important that the trainer and the dog understand and respect each other. The author explains all the basic notions of communicating with your dog: which words, postures, orders, gestures, etc. to use, giving details of the basics you need to know to be able to train your dog and organise your daily routine well, and giving practical advice on how to prevent your dog from biting, scaring easily, barking or becoming aggressive.



ISBN 978-1-78525-301-0

Format 170 x 240 mm, 800 pages  
80,000 words

Dog breeds differ not only in their appearance, but in their character and particular personality as well. It is therefore important that you make a good choice of your new four-legged friend, which will always be faithful and will offer you all its tenderness. In this richly illustrated encyclopaedia, you will discover all breeds of dog officially recognised by the World Canine Organisation, including information regarding its physical characteristics, origins, and behaviour. You will learn the characteristics of the breeds, the history and evolution of the dog, its domestication, and its various roles throughout the centuries. Today, dogs are part of our daily lives, and thanks to all the authors who have collaborated in the creation of this encyclopaedia, you will learn how to establish a perfect relationship with them, take care of them, and if desired, share a multitude of activities with these extraordinary animals.



Peter Kenneth Chapman - José M. Santiago

ISBN 978-1-78525-524-3

Format 140 x 205 mm, 304 pages  
53,000 words

If you just acquired a dog, or you are about to, how are you going to take care of it? What accessories do you need to buy?

In this book you will find clear and simple answers to these and many other questions regarding the various aspects on this subject: purchase of the puppy, choice of breed, basic care, food, education, behavioural problems, prevention and resolution, etc.

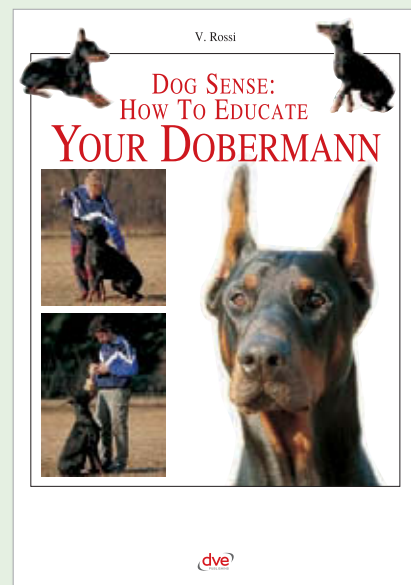
This illustrated guide, complete with numerous photos, will help you get ready with the utmost tranquillity for the arrival of your dog.

**ISBN 978-1-78525-525-0**

**Format 170 x 240 mm, 144 pages**

**36,000 words**

This fully illustrated book refutes the unjustified reputation of the Dobermann as a dangerous and ferocious breed; all it needs is the right training. The author describes how to choose the right puppy and the characteristics of the perfect owner of a Dobermann. Furthermore, this title will teach you the fundamental rules and the mistakes to avoid as well as the proper training methods to turn your Dobermann into the perfect companion.

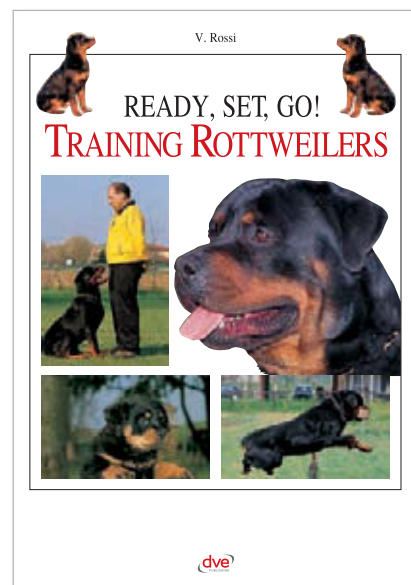


**ISBN 978-1-78525-523-6**

**Format 170 x 240 mm, 140 pages**

**32,000 words**

Of all security dogs, the Rottweiler is the strongest and, if well-trained, the safest. Educating a dominant dog like the Rottweiler requires certain skills, some basic knowledge and a particular sensibility: the tips on these pages are essential for this. In this manual, you learn everything you need to take care of your Rottweiler. With its precise and clear explanations, along with a large number of illustrations, this book teaches you how to raise a safe and happy dog.



**ISBN 978-1-78525-522-9**

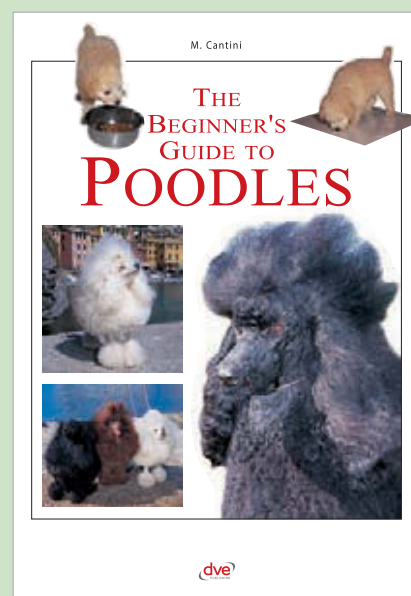
**Format 170 x 240 mm, 144 pages**

**49,000 words**

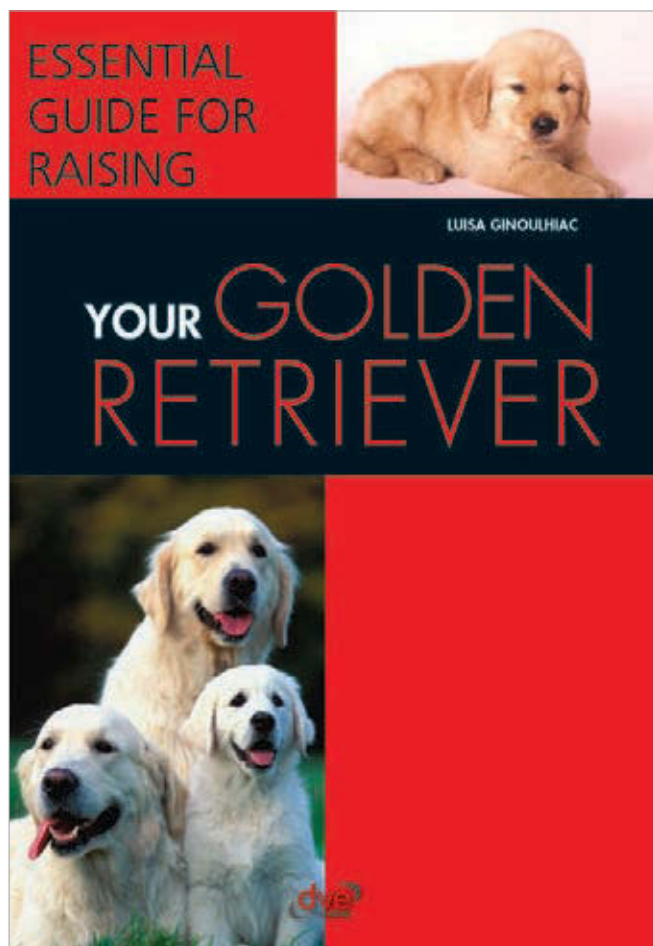
Giant, medium, dwarf or toy, the poodle is the companion dog of excellence. Active and intelligent as any other, it is well suited to children and the elderly. It can live in an apartment, but it likes going out with its owner, to whom it feels deeply attached.

This book presents everything you need to know about this unique dog: its strong character, relationships with other animals, how to choose a puppy, how to prepare their adaptation to the new environment, the first few months at home, how to educate it, how to feed it properly, how to care for its health and prevent diseases, fundamental aspects of grooming (puppy, English style, continental style).

This kind-hearted dog also possesses great intelligence that is considered the sharpest and most vivid among all breeds. Thanks to this book, you will be able to discover the exceptional nature that is hidden beneath those white, black, apricot, brown, or grey curls.



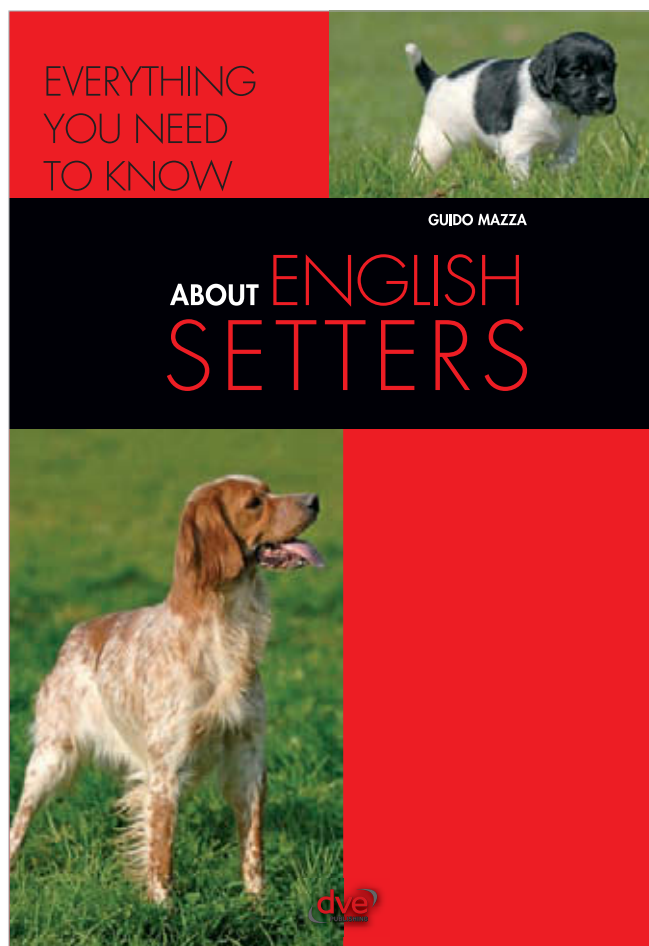




**ISBN 978-1-78525-527-4**  
**Format 145 x 205 mm, 160 pages**  
**30,500 words**

It is a true golden dog, not only because of its colour, which comes in different shades of gold, but also because of its sweet, affectionate, sociable, and cheerful character. One might think that many other dogs are like this, but the golden retriever tops them all.

What are the ten adjectives that describe the golden retriever? According to the author they are affectionate, sweet, happy, exuberant, intelligent, docile, obedient, faithful, patient and confident. When at work, the retriever is an ideal, obedient, and silent hunter. The reader will find in this book, covered in depth, everything regarding the puppy and adult golden retriever, from choosing and buying to training and exhibitions.



**ISBN 978-1-78525-528-1**  
**Format 145 x 205 mm, 160 pages**  
**27,000 words**

The English Setter is a very active dog that needs daily exercise. It has a good sense for hunting, and it is an excellent pet as well. In this wonderfully illustrated guide, the author – English Setter breeder and passionate cynologist – explains the origins and history of this race, the right way to communicate with the animal, and how to choose the right puppy. The book also provides all the necessary information on reproduction and breeding, as well as key tips on training, nutrition, health, and hygiene. Thanks to this book, we will discover the friendly nature of the animal, its intelligence and its willingness towards discipline and learning. Also, we will recognise the English Setter as an excellent companion for both hunting and family life.

L. BERLINGERI LANZA DI MAZZARINO  
A. MARENGONI



# THE CHIHUAHUA

AN HONEST GUIDE  
TO RAISING  
YOUR PUREBRED



ISBN 978-1-78525-529-8

Format 145 x 205 mm, 160 pages  
33,000 words

Despite its small size, the Chihuahua is a dog of great bravery and courage, considerable intelligence, and irreproachable cleanliness and behaviour.

Its origin seems to go back to ancient Mexico, where the Aztecs kept them as pets.

How should their temperament be? The breed standard will respond to this and other questions.

In this book, we explain when and how to choose the puppy, what education should be given, how to take care of it, feed it and groom it, and if you want offspring, everything you need to know about reproduction.

MAURIZIO MARCHETTI  
with the collaboration of Giulio Audisio Di Somma



# THE BULL TERRIER

AN HONEST GUIDE  
TO RAISING  
YOUR PUREBRED



ISBN 978-1-78525-530-4

Format 145 x 205 mm, 156 pages  
22,500 words

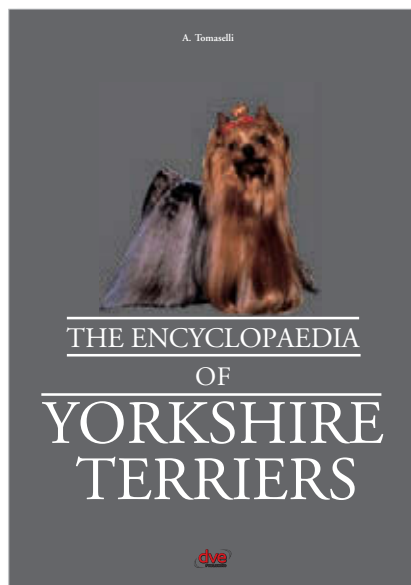
Formerly an invincible fighting dog, today the bull terrier is a playful, affectionate, and fun pet.

However, because of its strong temperament, one must be clear about the rules to be followed when educating it.

In addition, you must know what its ideal diet is in order to have it grow strong and healthy.

In this book, you will learn to interpret symptoms, do emergency cures, and help the veterinarian discover and treat the disease.

But not everything is about the care; it is necessary to choose a healthy and balanced dog that perfectly suits your family life. Thanks to the advice in this book, you can take home a companion that will delight all.



**ISBN 978-1-78525-538-0**

**Format 170 x 240 mm, 272 pages**

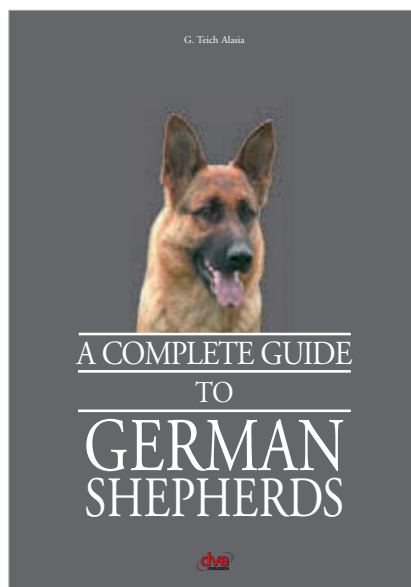
**65,000 words**

Agile, energetic, fun, and elegant: the Yorkshire Terrier is a very affectionate companion dog, but it also keeps the strong character and boldness typical of all terriers.

In these pages you will find all the information you need for the fundamental education and basic exercises that all dogs should master in order to live successfully along with people.

This is an illustrated guide that poses all questions and offers the correct answers that are very helpful for those who own a Yorkshire terrier or wish to have one.

You will learn to distinguish which health problems can be solved at home and in which cases you should make a visit to the vet. You will know the right food for your Yorkshire in order to keep it in perfect shape, and everything about his character and behaviour, as well as grooming, preparation to enter the world of exhibitions, and much more.



**ISBN 978-1-78525-536-6**

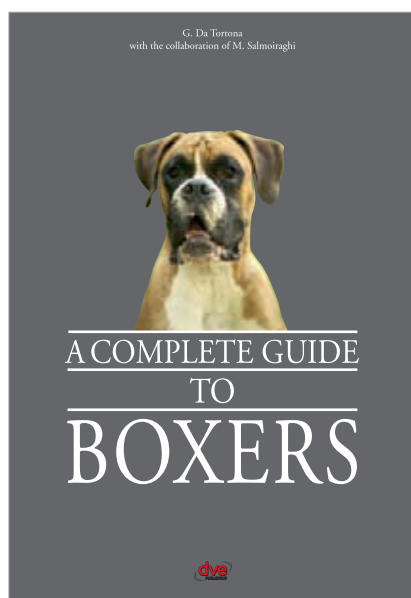
**Format 170 x 240 mm, 316 pages**

**97,000 words**

The German shepherd is one of the most widespread and well-known races in the world. Their success was not the result of an accident, but it is the result of a long and rigorous selection of its morphology and character. This cheerful dog, always ready to play and easy to train, is suitable for just about everyone, including children, and perhaps represents the best example of canine intelligence.

Thanks to this book, you will learn everything you need to know about breeding, where and how to buy a puppy, how to choose it and take care of it and what its strengths and weaknesses are. You will get to know its strong personality, its everyday life (hygiene, walks, games, etc.), education, training, nutrition, health (prevention and treatment of common diseases, vaccinations, etc.), reproduction and dog shows.

In this comprehensive guide, illustrated in colour, the author shares his knowledge about the German shepherd with the reader and teaches with professional advice on how to avoid mistakes in educating the puppy and on learning how to live in harmony with this beautiful and faithful animal.



**ISBN 978-1-78525-537-3**

**Format 170 x 240 mm, 224 pages**

**80,000 words**

This book invites you to take a tour through the origins of the boxer from the ancient Bullenbeisser to the first exhibitions in Germany in the late 19<sup>th</sup> century. The evolution of the race is analysed through careful examination of morphological features and details of the standard, including tools to properly assess the puppy, as well as instructions for those who seek reproduction purposes.

All aspects of the behaviour and character of the boxer are examined in this work, which includes useful tips for its education. For cynologists and fans of competitions, the book also contains the regulations of the competitions and working tests, as well as practical tips for training. Furthermore, issues related to proper nutrition and the problems of prevention and cure of diseases are also discussed in depth. This is a well-documented manual, essential for both enthusiasts with a working knowledge on the breed and those who want to start in on an unexplored world.



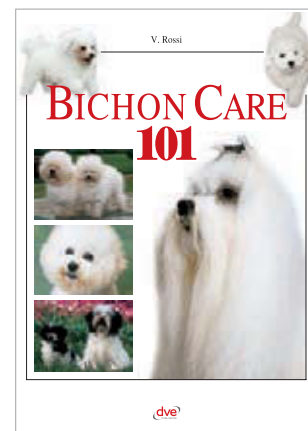
---

**ISBN 978-1-78525-543-4**

**Format 170 x 240 mm, 144 pages**

**35,000 words**

The Maltese, Bolognese, and the other bichon are small white dogs with long hair and very cheerful. Despite their differences, they have many common characteristics. This book will help you choose the right puppy (the one that is most suitable for each owner) and get him to adapt smoothly into their new home. You will also learn the characteristics of each race, the birth of a litter (heat, pregnancy, childbirth, rearing cubs), elementary training. You will find all the instructions to properly feed your bichon and to prevent or treat possible health problems as well. The work includes a section on veterinary advice to solve various problems of behaviour, food, and health. In short, this is a guide that will help you get to know these dogs and lay the foundation for a happy coexistence.



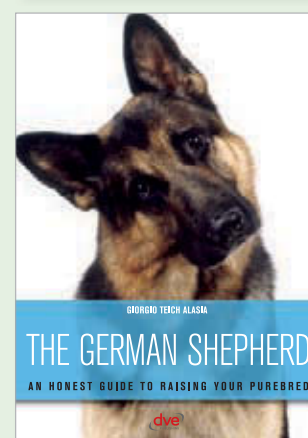
---

**ISBN 978-1-78525-540-3**

**Format 135 x 190 mm, 96 pages**

**17,500 words**

The German shepherd is a very clever animal. Its great adaptability makes training very easy and its faithfulness and courage make it an excellent companion. In this practical guide you will find everything you need to know about its character, history and origins, as well as all the information needed to welcome it in your family in the best possible conditions. You will find very useful tips to educate it according to its needs. In short, this book offers all the necessary information to keep your dog healthy.



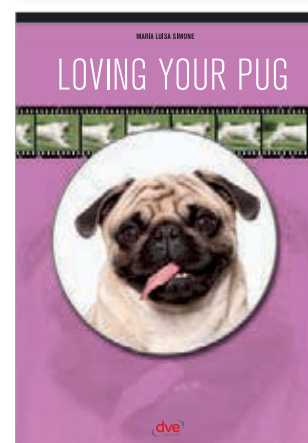
---

**ISBN 978-1-78525-541-0**

**Format 135 x 190 mm, 96 pages**

**16,500 words**

The pug is a sweet and friendly dog that only feels really happy when at home with its owner. In this practical guide, you will find everything you need to know regarding its character, history and origins, as well as advice to welcome it into the family in the best possible conditions. You will discover how to give it the right education and keep it in shape.



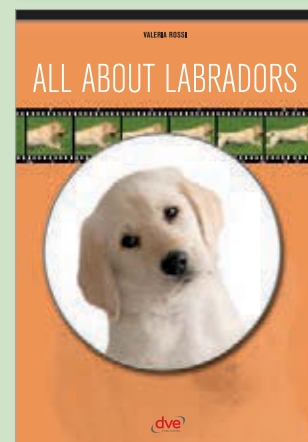
---

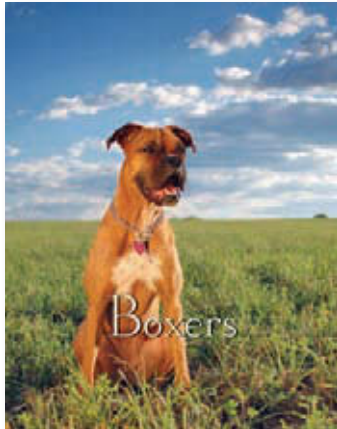
**ISBN 978-1-78525-542-7**

**Format 135 x 190 mm, 96 pages**

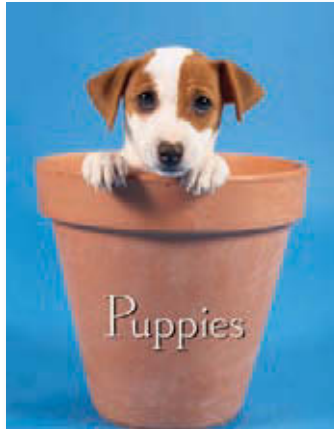
**16,500 words**

The Labrador is a hunting dog talented for retrieving and has always known how to adapt to its role of companion dog. Within this practical guide, you will find everything you need to know about its character, history, and origins, as well as all the information to welcome it into your family in the best possible conditions. You will also find useful tips to educate them according to your needs. In short, this is a guide that contains all the necessary information to keep it healthy and happy.





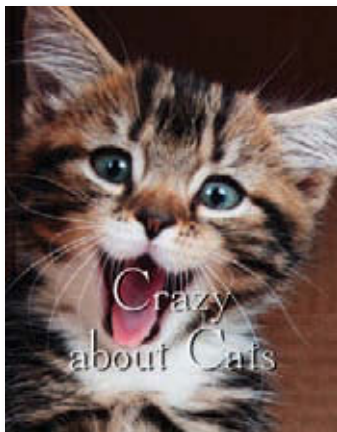
978-1-78160-058-0



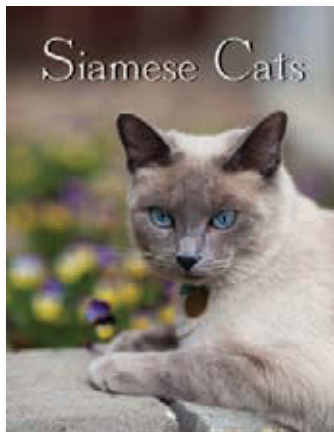
978-1-78160-062-7



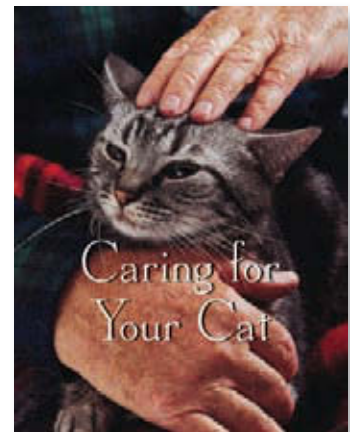
978-1-78160-066-5



978-1-78042-392-0



978-1-78160-077-1



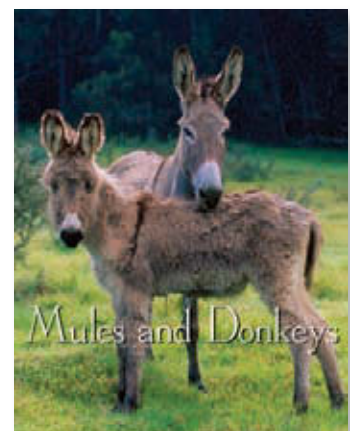
978-1-78160-089-4



978-1-78042-395-1



978-1-78042-394-4



978-1-78042-396-8





978-1-78160-051-1



978-1-78160-055-9



978-1-78160-072-6



978-1-78160-052-8



978-1-78160-075-7



978-1-78160-054-2



978-1-78160-060-3



978-1-78160-068-9



978-1-78160-064-1



978-1-78160-065-8



978-1-78160-048-1



978-1-78160-076-4



978-1-78160-056-6



978-1-78160-067-2



978-1-78160-070-2



978-1-78160-071-9



978-1-78160-053-5



978-1-78160-049-8



978-1-78160-061-0



978-1-78160-073-3



978-1-78160-069-6



978-1-78160-050-4



978-1-78160-074-0

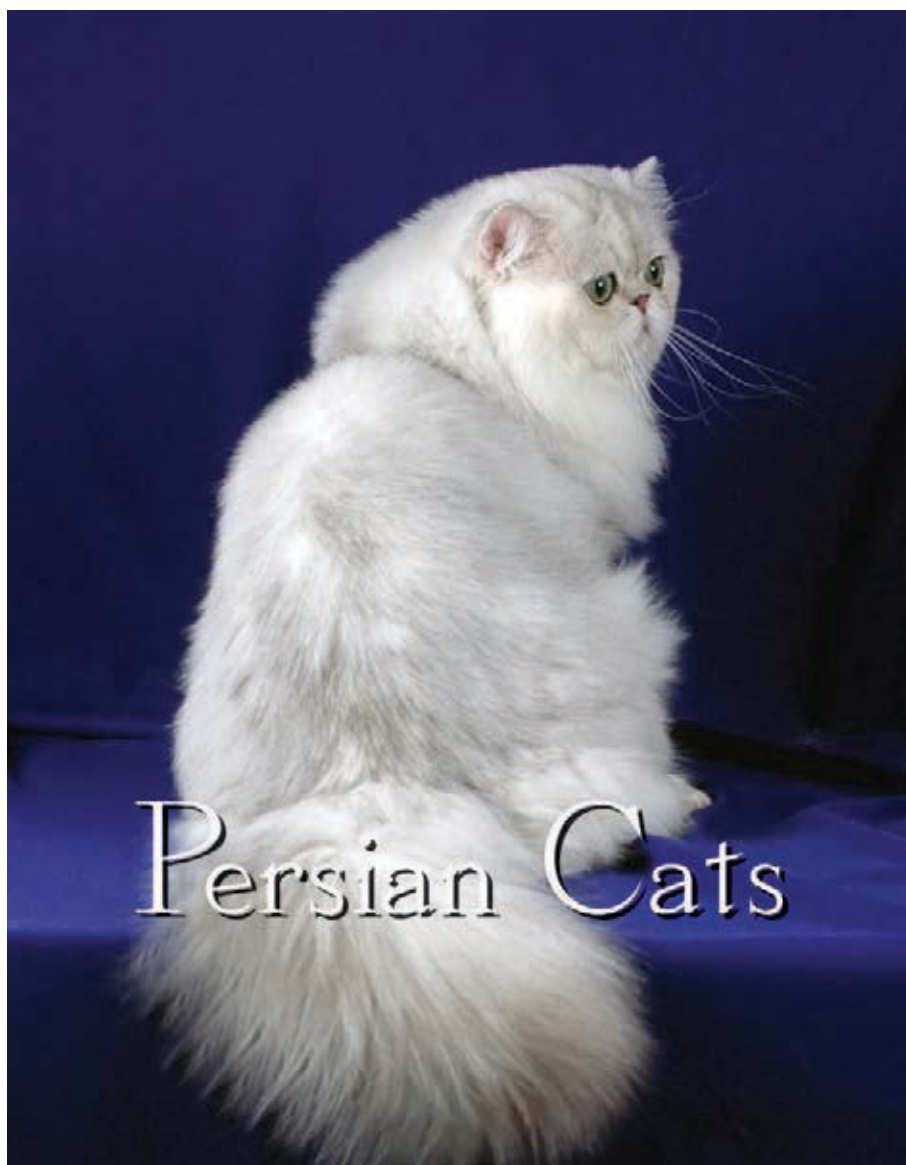


978-1-78160-057-3



978-1-78160-059-7



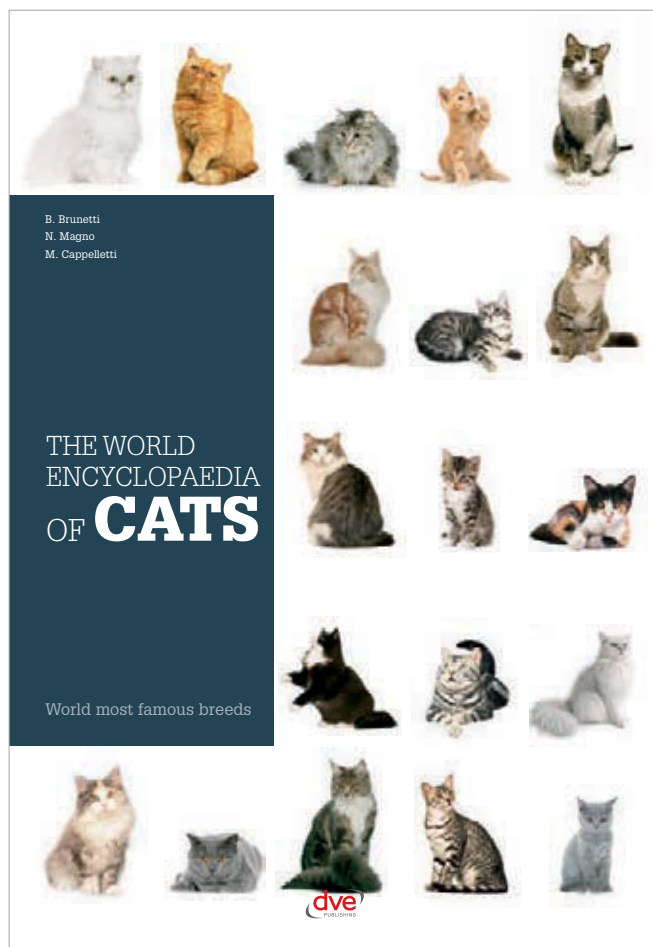


---

ISBN 978-1-78160-079-5  
Format 180 x 230 mm, 100 pages  
33,000 words

### Persian Cats (El gato persa)

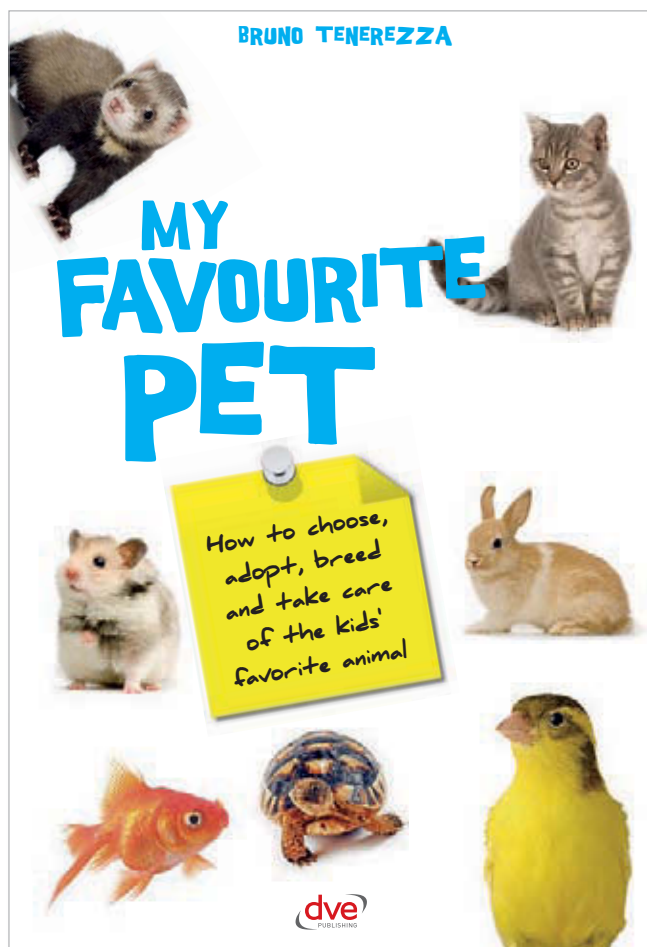
Persian cats are the result of a careful selective breeding process that allowed them to develop into animals of quiet companionship: friendly, good-natured, taciturn, lovers of peace and very discreet. They are a breed with a big personality, but are reserved and dignified. Another of the characteristics of the Persian is that they have a particular sensibility that should be respected. In this magnificently illustrated book, replete with advice, you will find all the invaluable recommendations on behaviour, health, hygiene and food.



**ISBN 978-1-78525-302-7**  
**Format 170 x 240 mm, 448 pages**  
**50,000 words**

As fascinating as their relatives, the wild felines, the domestic cat is true to its reputation... but there is something else. That is what this encyclopaedia, illustrated with over 600 photographs, invites you to discover. In this unique book, in more than 70 informational sheets about feline breeds, you will find everything that you need to know about crosses between races, character and education, nutrition and hygiene, veterinary emergencies, and much more.

## GENERAL GUIDES



**ISBN 978-1-78525-300-3**  
**Format 145 x 190 mm, 656 pages**  
**38,500 words**

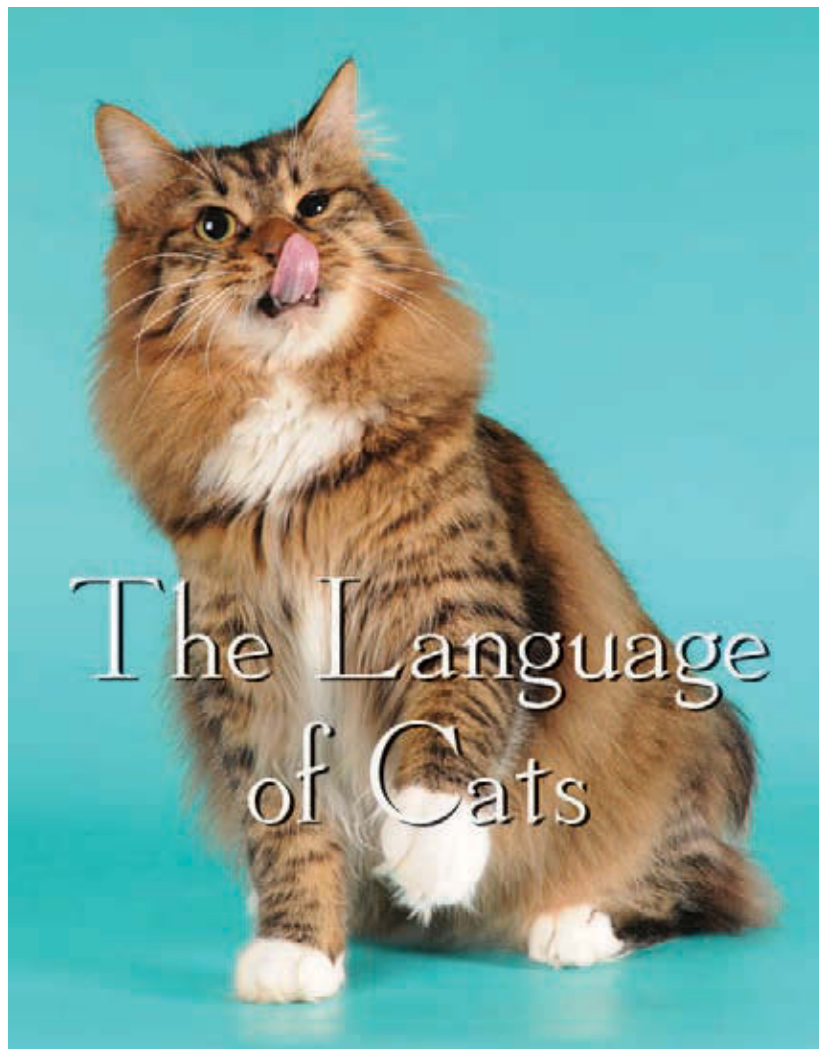
**Cat:** This small domestic feline with silky fur is one of the most mysterious animals.

**Goldfish:** Learning, responsibility and fun; this animal is ideal for everyone.

**Ferret:** Due to its independent character, it is more suitable for adults and adolescents.

**Hamster:** This lonely and playful rodent is always active.

Thanks to this lavishly illustrated book, anybody – no matter how indecisive – will, with full knowledge, be able to choose their perfect small domestic partner among these thirteen species with hair or feathers, all equally adorable.



---

ISBN 978-1-78042-387-6

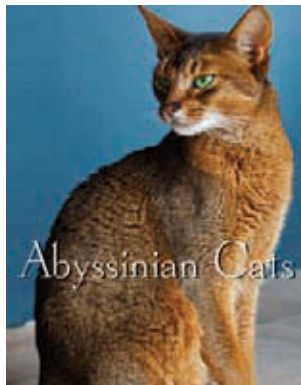
Format 180 x 230 mm, 100 pages

22,500 words

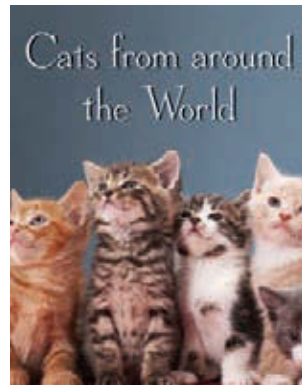
### The Language of Cats (El lenguaje del gato)

Cats are active and vivacious animals, fantastically clever, skilled and agile, as well as having a great predatory instinct and an independent character. But do we know how to pick up on the messages they send us in different situations? Do we know how to decode the hidden meaning in their purring, their eyes, their pupils, their ears or their whiskers...? This book will help you to learn how to communicate with cats and, above all, to interpret their behaviour.





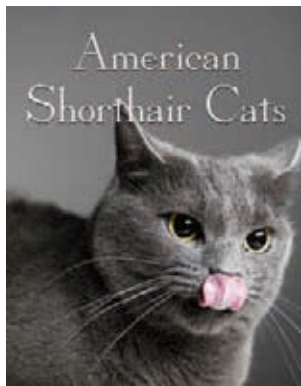
978-1-78160-078-8



978-1-78042-390-6



978-1-78160-081-8



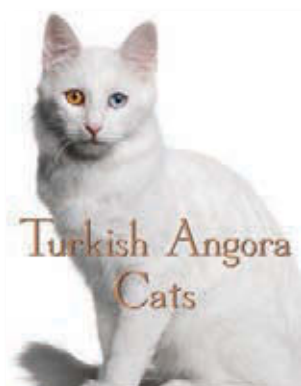
978-1-78160-087-0



978-1-78160-085-6



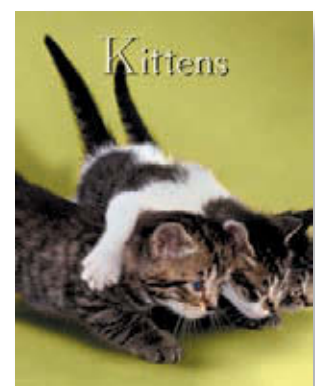
978-1-78042-388-3



978-1-78160-080-1



978-1-78160-086-3



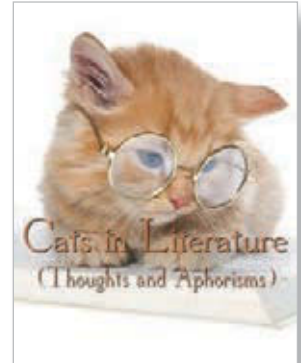
978-1-78160-088-7



978-1-78042-389-0



978-1-78160-083-2



978-1-78042-393-7



978-1-78160-082-5



978-1-78160-084-9



978-1-78042-391-3

Ina G. Sommermeier



# THE EQUESTRIAN ENCYCLOPAEDIA



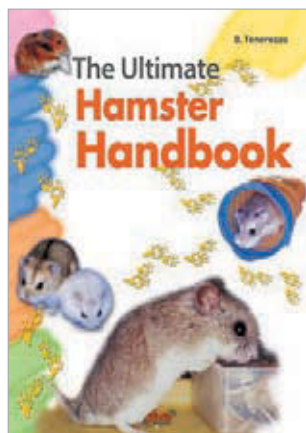
ISBN 978-1-78525-351-5

Format 170 x 240 mm, 32 pages

9,500 words

Often riders force a position that they cannot control because of some physical problems. The result is a tension that affects both them and the horse. It is therefore imperative that the rider be relaxed and balanced on the seat. Once this basic skill has been achieved, you can be devoted to any equestrian sport or discipline that you prefer. In this guide, the author describes, through various exercises and tips, how the rider can find a custom technique to properly sit, plus a great number of tips to improve communication with the horse.

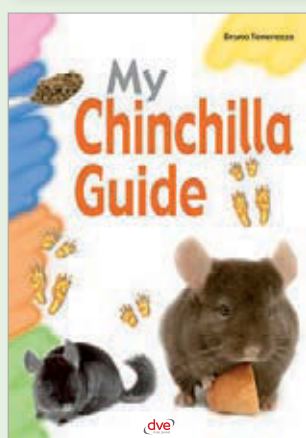




**ISBN 978-1-78525-549-6**  
**Format 145 x 205 mm, 64 pages**  
**8,200 words**

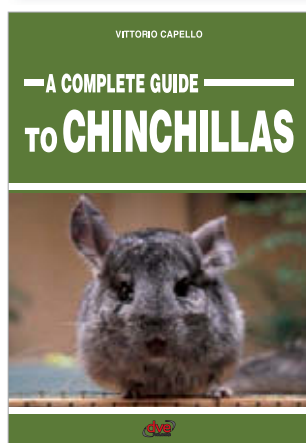
Are you an animal lover? Would you like to get a hamster to be your best friend? If so, read this book carefully.

You will learn the following: Know the different breeds of hamsters to find out which one you prefer. Choose it at the time of purchase. Properly welcome it at home. Prepare the most appropriate meals. Know its habits and take care of it when it is sick. Understand their language and how to communicate with it... Following all the advice in this book, you will make your hamster a loving friend.



**ISBN 978-1-78525-305-8**  
**Format 145 x 205 mm, 64 pages**  
**8,000 words**

Where can I buy one? Is it a male or a female? How do I tame it? What does it eat? How can I know if it's sick? Friendly, cheerful, and very soft; it's my favourite animal, it's... my delicate chinchilla!



**ISBN 978-1-78525-556-4**  
**Format 145 x 205 mm, 128 pages**  
**26,000 words**

This friendly and funny rodent is the size of a bunny and has splendid and smooth fur. What else can we know about this animal? Where can we buy it? Is it a male or a female? What type of cage should we buy for it? How can we train it? How does it behave with other animals? Is it safe for children? How can we keep it clean and healthy? What does it eat? How does it reproduce? What are the cares that chinchilla puppies need? How can we know if it's sick? When we acquire a chinchilla, one must know the answers to all these questions. This guide explains the best and easiest way to solve numerous potential problems. This is an essential manual for those who already own a chinchilla, those who aim to buy one, and also for those who just want to get to know this unique, beautiful, and gentle animal.



**ISBN 978-1-78525-310-2**  
**Format 170 x 240 mm, 96 pages**  
**22,000 words**

The guinea pig is an ideal pet animal – it is docile and easy to care for, does not scratch or bite and is very undemanding, but it can give much affection. It likes to be pampered and, since it is very sociable, can establish a deep bond with its owner, with which it communicates as he would do with his peers. Although it likes to continually explore the environment, it adapts very well to life in the cage; and thanks to its small size, the guinea pig can be handled easily even by children. Here you will find all the information to successfully raise these small animals: morphology, behaviour, characteristics of the main races, and how to choose them, cage and accessories, care, feeding, reproduction, major diseases, etc.

**ISBN 978-1-78525-550-2**

**Format 145 x 205 mm, 64 pages**

**8,000 words**

Are you an animal lover? Would you like to get a dwarf rabbit to be your best friend? If so, read this book carefully. You will learn the following:

- Know the different breeds of rabbits to find out which one you prefer.
- Choose it at the time of purchase.
- Properly welcome it at home.
- Prepare the most appropriate meals.
- Know their habits and take care of it when it is sick.
- Understand their language and to communicate with it.

Following all the advice in this book, you will make your rabbit a loving friend.

**ISBN 978-1-78525-548-9**

**Format 145 x 205 mm, 64 pages**

**8,900 words**

Are you an animal lover? Would you like to get a cat to be your best friend? If so, read this book carefully. You will learn the following:

- Know the different breeds of cats to find out which one you prefer.
- Choose it at the time of purchase.
- Properly welcome it at home.
- Prepare the most appropriate meals.
- Know their habits and take care of it when it is sick.
- Understand their language and to communicate with it.

Following all the advice in this book, you will make your cat a loving friend.

**ISBN 978-1-78525-546-5**

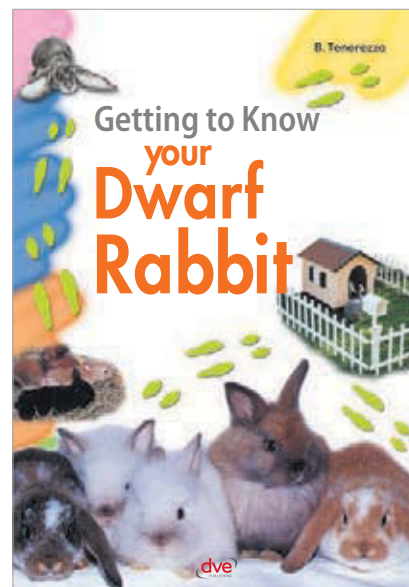
**Format 145 x 205 mm, 64 pages**

**8,700 words**

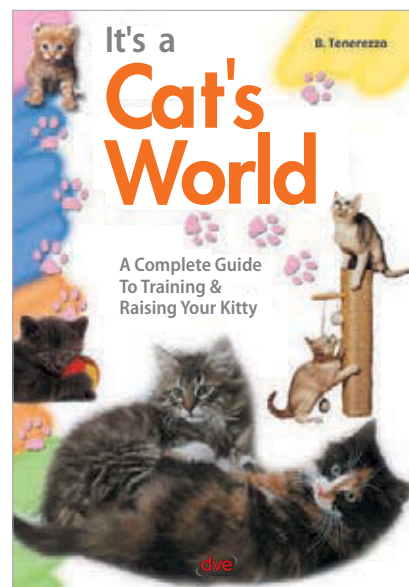
Are you an animal lover? Would you like to get a dog to be your best friend? If so, read this book carefully. You will learn the following:

- Know the different breeds of dogs to find out which one you prefer.
- Choose it at the time of purchase.
- Properly welcome it at home.
- Prepare the most appropriate meals.
- Know their habits and take care of it when it is sick.
- Understand their language and to communicate with it.

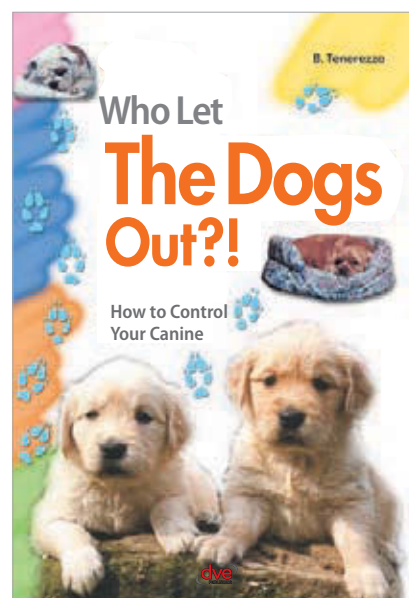
Following all the advice in this book, you will make your dog a loving friend.

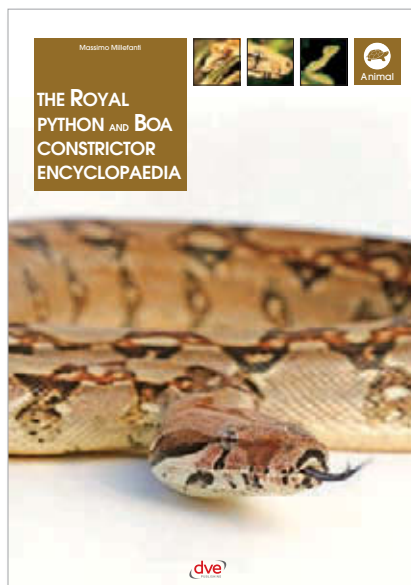


**RABBITS & FERRETS**



**ANIMAL TRAINING**





ISBN 978-1-78525-554-0

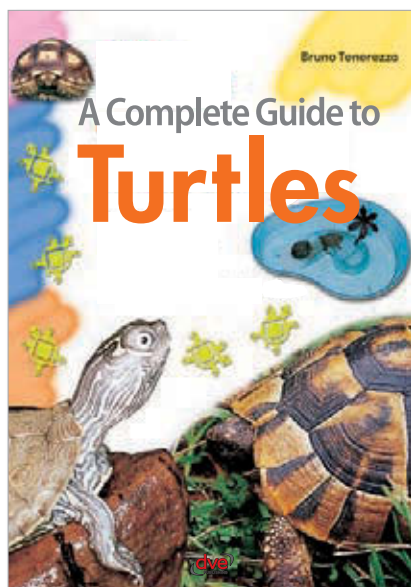
Format 170 x 240 mm, 96 pages

31,500 words

This is not a book aimed exclusively to the neophyte, but it is also aimed at the expert, who will find in its pages many suggestions and new approaches for a variety of topics:

- Geographical distribution and habitat.
- Morphology.
- Where and how long they live.
- Acquisition: laws, precautions and where to go.
- How to prepare a terrarium: heating, ventilation, lighting and atmosphere.
- Feeding: dead and living prey, meal frequency and alternative foods.
- Reproduction: mating, gestation, laying, birth and care of the offspring. Diseases and prevention.

If your hobby is reptiles and you want to devote yourself to raise them, if you already own these animals or if you are starting from scratch, here you will find all the information necessary to get to know them and take care of them properly, respecting their lifestyle as much as possible.

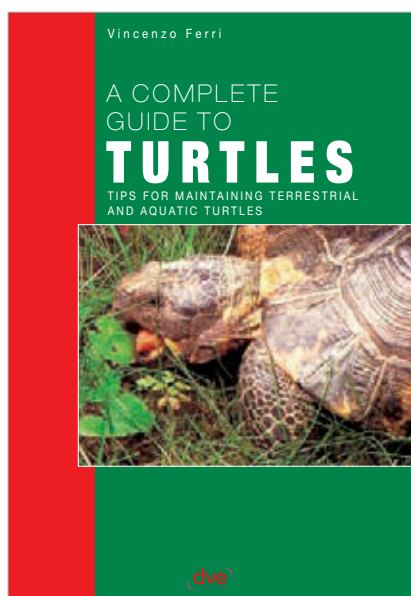


ISBN 978-1-78525-547-2

Format 145 x 205 mm, 64 pages

7,500 words

Do they need a lot of space? What do they eat? How many years do they live? Are they really so slow? Can we grab them using our hands? Do they really fall into lethargy? Discreet, silent, gruff but likeable; it's my favourite animal. It's... my turtle!



ISBN 978-1-78525-555-7

Format 145 x 205 mm, 160 pages

30,000 words

In this book you will find the following:

- Geographical locations on world maps showing the origin of each species.
- Information about the most correct feeding patterns.
- Regarding the location – where should we install the terrarium or the aquaterrarium of our turtles?
- What are the specific needs of each species, and how should we address them in order to avoid problems?



**ISBN 978-1-78525-559-5**

**Format 170 x 240 mm, 192 pages**

**42,700 words**

Tropical freshwater and seawater fish are characterised by their beautiful forms and the amazing variety of colours. The detailed specifications, and the large number of photographs, make this book the perfect guide to discover a rich and fascinating world. You will find complete information about the place of origin and distribution of each species, and valuable tips on how to choose the most appropriate animals and keep them in perfect condition.

All of this is accompanied by a clear and specific explanation of the rearing techniques, selection of the best specimens, food, daily care, major diseases, reproduction, and compatibility between different species.

In short, it is a complete manual that will help both beginners and experts to populate the aquarium with the best specimens and to avoid problems, thus obtaining greater satisfaction.

**ISBN 978-1-78525-303-4**

**Format 145 x 205 mm, 64 pages**

**8,000 words**

Is it better for them to live alone or with others? Do they get discoloured? What are the fins for? Where do they have their ears? Can they eat bread? Small and quiet, it plays hide and seek with me, it's never angry, gives much and asks for nothing; it's my favourite diversion; it's... my goldfish!

**ISBN 978-1-78525-561-8**

**Format 170 x 240 mm, 128 pages**

**36,000 words**

Do you know how to choose the best place to install the aquarium? Do you know all materials that you need? Do you know how to achieve and maintain the ideal physical-chemical balance? Solving these problems is already a big step forward. But it doesn't end there: in this book, you will learn about the necessary accessories, decoration, the choice of the material for the bottom, and the cleaning of the aquarium and the filter.

Now is the time to buy the first fish, but first we need to know many important details. Here you will find all the information you need. Furthermore, plants are also indispensable, and if you want a truly spectacular result, here are some suggestions on invertebrates that you can purchase. This book contains all the information you need to set up the aquarium of your dreams.

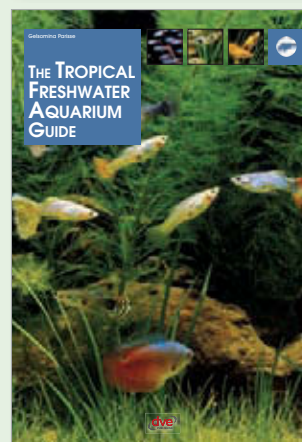
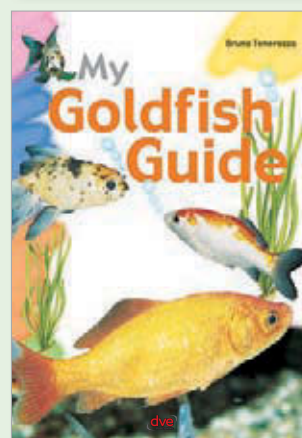
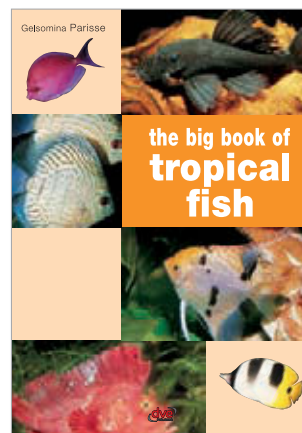
**ISBN 978-1-78525-367-6**

**Format 170 x 240 mm, 96 pages**

**29,000 words**

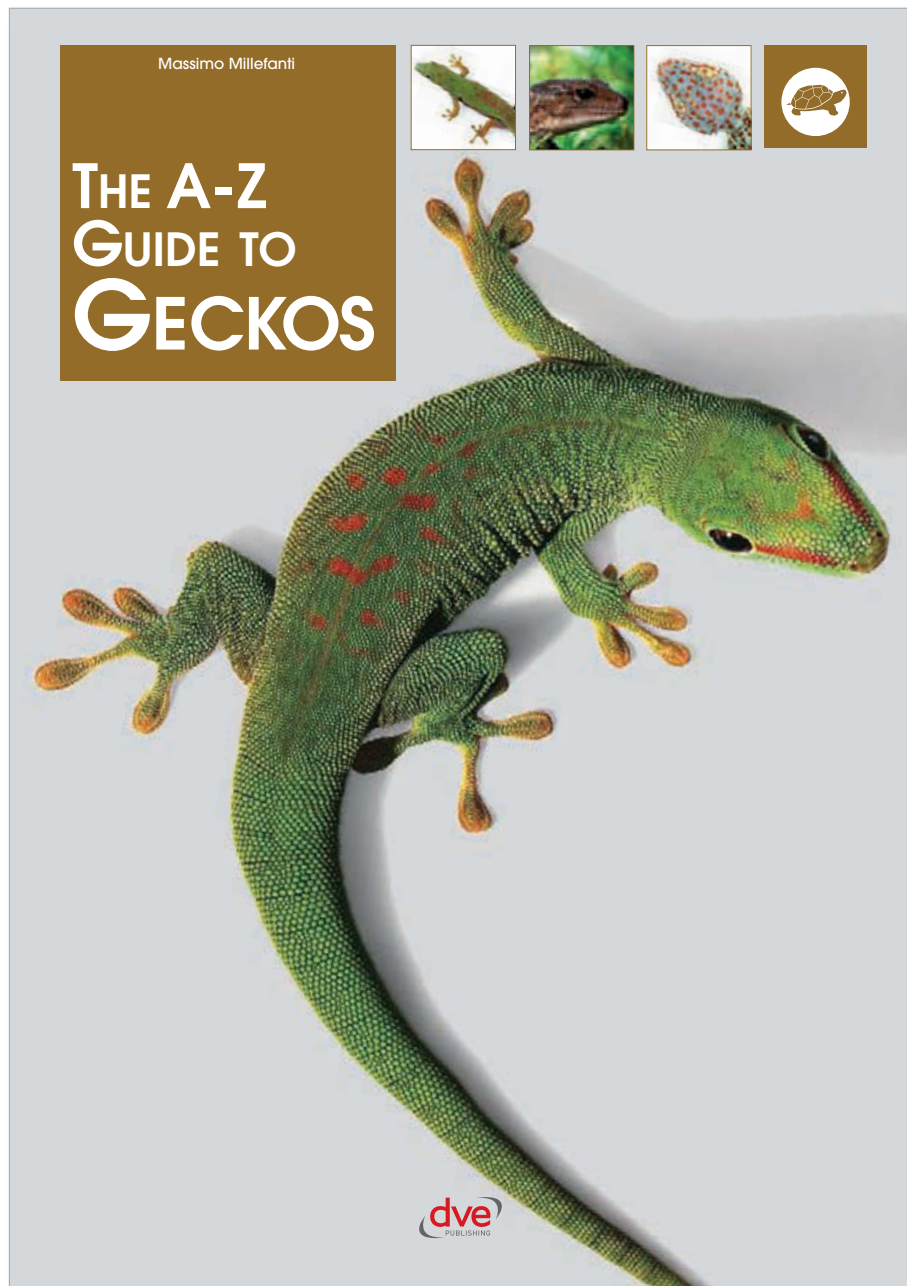
Having a freshwater aquarium at home is a real delight. How pleasant it is to contemplate multi-coloured fish evolving within a whole universe designed for them! But what varieties of fish should I choose? How can I equip and maintain the aquarium? Thanks to this richly illustrated book, you will discover all the secrets to keep your aquarium and your fish in perfect condition: compatibility of the different species of animals, how to prevent and treat possible diseases, hygiene, nutrition, behaviour, reproduction, decoration with aquatic plants, and much more.

In short, this is a must for any fishkeeper that wishes to embark on this exciting adventure.



FISH

TERRARIUMS & AQUARIUMS



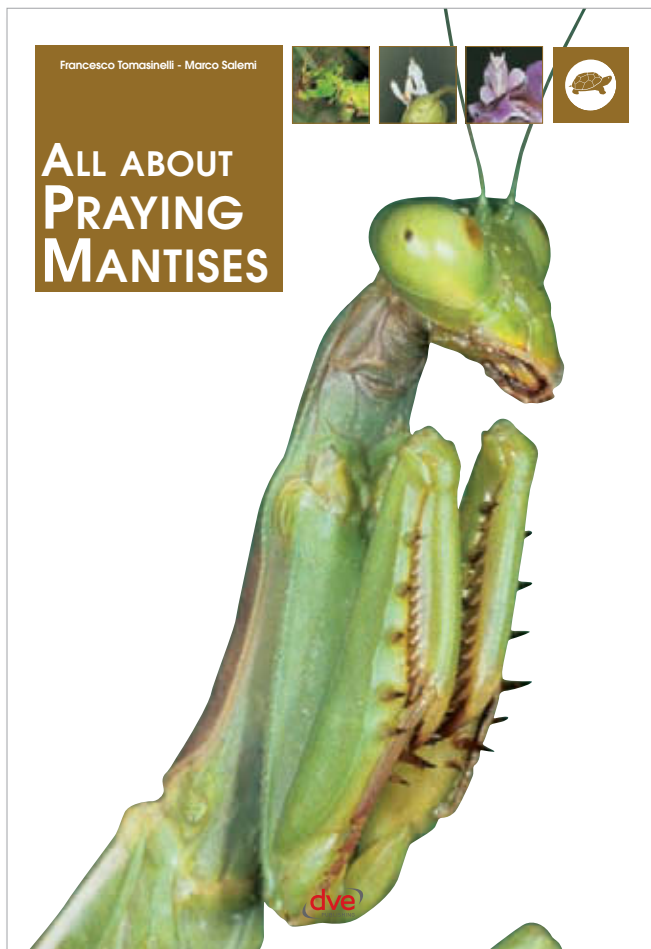
**ISBN 978-1-78525-308-9**

**Format 170 x 240 mm, 96 pages**

**26,000 words**

Geckos are wild lizards that can be bred and admired within beautiful biotope terrariums. Historically, these animals have been shrouded in mystery, either because they are nocturnal or because over the centuries they have been considered enigmatic. Nowadays, geckos enjoy greater attention and interest from terrarium animal lovers. This work provides valid advice and useful suggestions to those who wish to know more about them or engage in breeding these reptiles that are still poorly understood.

It also includes fact sheets of some of the most sought out species by lovers of these animals.



**ISBN 978-1-78525-309-6**

**Format 170 x 240 mm, 128 pages**

**38,500 words**

Praying mantises, equipped with fearsome captor legs, leave little opportunity for their prey.

Stick insects, masters of camouflage, are able to look like a piece of wood, bark, leaf or even pretend they are dead by lying in the sun.

With this book, you will discover the diversity of praying mantises and stick insects around the world, their customs – often surprising –, food, reproduction, as well as all practical tips to get along with them in your garden or how to raise some exotic specimens in a terrarium.

Thanks to the fact sheets, you will discover the species of mantis and the most common stick insects in the world. In addition, you will learn to know them better within their natural environment and detect them during excursions or trips. This book is filled with numerous photographs and magnificent illustrations that will delight lovers of these animals, as well as neophytes.



**ISBN 978-1-78525-557-1**

**Format 170 x 240 mm, 96 pages**

**34,000 words**

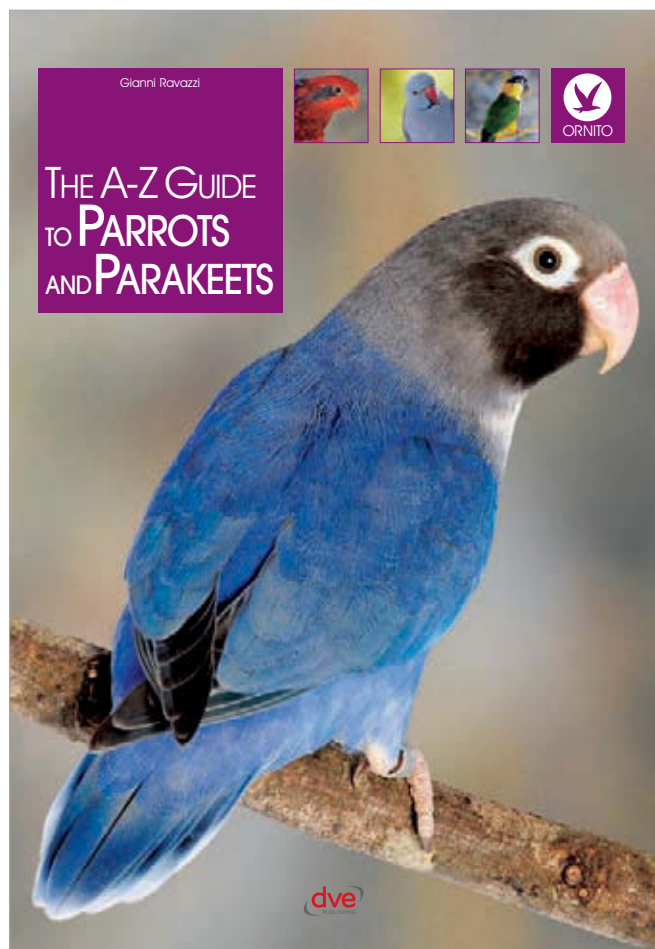
This is a book aimed at hobbyists and the merely curious, and also neophytes and experts. It deals in depth with all those giant spiders that often start nightmares in those who still do not know them.

What is the structure of a spider, where to buy them, how do they reproduce, how to avoid the bite and poison, when and how to feed it, how to prevent and remedy accidents and diseases, etc.

This guide will also teach you how to recognise the most dangerous and the most docile species, and how to choose, decorate and clean the terrarium.

If you feel fascinated by these animals, you are not afraid of them, want to get to know them better, and you are willing to purchase one to raise it and closely observe its world, this fully illustrated book, which contains all necessary information, will be your essential guide.





**ISBN 978-1-78525-306-5**

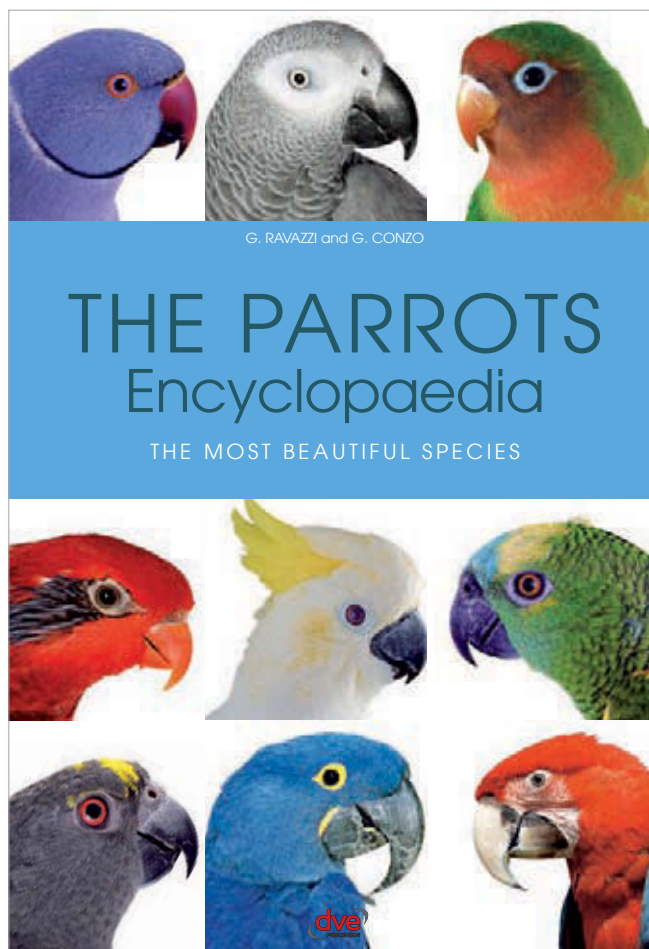
**Format 170 x 240 mm, 128 pages**

**31,000 words**

Parakeets and parrots are among the most fascinating pets. Their incredible, beautiful and bright colours provide an exotic touch to our everyday environment. Human predilection for these birds comes from ancient times. Throughout history, they have been the subject of many scientific studies, to the extent that they arouse the same interest as many other endangered species.

In this book, owners of parrots and parakeets will find all the information needed for a better understanding of these animals. This beautifully illustrated guide will give you the answers to questions like: Why do they spend so much time on their cleanliness? Why do they yawn?

Of the 300 species of parrots and parakeets that exist, this book presents 50 of the most well-known through simple and practical charts that gather everything you need to know about feeding, daily care, breeding, or training.



**ISBN 978-1-78525-957-9**

**Format 170 x 240 mm, 288 pages**

**115,000 words**

There are more than 300 species of parrots in the world, divided into three large families. They are excellent pets that can easily be domesticated and provide a unique exotic note.

In this book, the authors present everything you need to know about parrots:

- The different species: how to recognise them, feed them, raise them, etc.
- Their everyday needs: feeding, hygiene, and care
- Their reproduction
- Conditions of breeding
- Diseases: how to diagnose them and the best way to treat them

Whether you are a passionate observer of parrots in the wild, or you own one of these amazing animals yourself, you will find everything there is to know about these unique birds in this book.

---

**ISBN 978-1-78525-551-9**

**Format 145 x 205 mm, 128 pages**

**15,400 words**

Many small animals that used to live in the wilderness have been forced to adapt to an urban, often hostile, environment. Such is the case with birds, very exposed to the weather conditions and the pitfalls of urbanisation and often seeking food and shelter that only humans can provide. Our balconies and gardens represent small havens of peace that will delight little birds by offering them shelter and adequate food.

And that is what this book will show you: food, artificial nests, and fact sheets of the most common birds in our cities, etc. It also includes ideas and useful tips for birdwatchers and nature lovers.



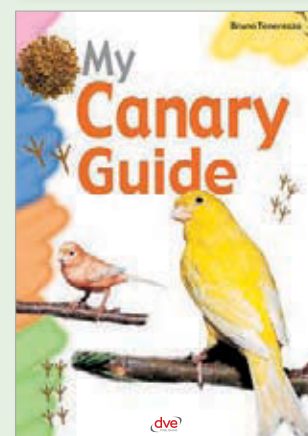
---

**ISBN 978-1-78525-304-1**

**Format 145 x 205 mm, 64 pages**

**8,000 words**

Can I grab it with my hands without hurting it? What does it eat? Is it true that it has ears? How does it modulate its singing? It has pretty colours, is cheerful and chatty; it's my favourite friend, it's... my canary!



---

**ISBN 978-1-78525-307-2**

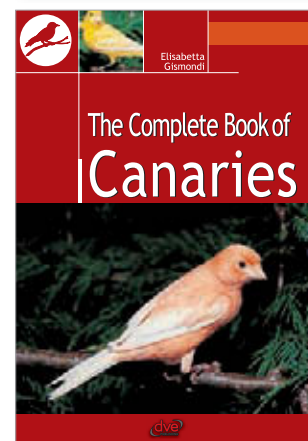
**Format 170 x 240 mm, 160 pages**

**27,000 words**

If you want to keep canaries at home and there are kids around, should you take certain precautions? When they are already situated at home, what care do they need until they acclimatise? If the female is raising her chicks, what special care does she need? What should you do if you want to choose a certain breed?

The canaries liven up the house with their singing and splendid colours ranging from sapphire yellow and scarlet red to all shades of orange.

This book will help you to raise and get to know these wonderful animals, as well as train them for singing. You will also learn to distinguish the messages that are hidden behind the different types of singing and the different positions of the wings and the beak.



---

**ISBN 978-1-78525-553-3**

**Format 170 x 240 mm, 96 pages**

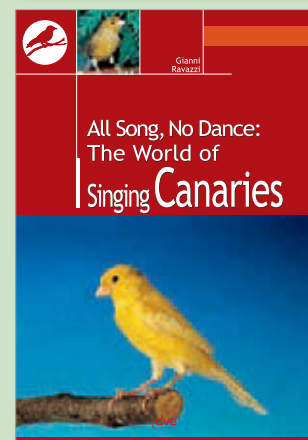
**21,500 words**

Singing canaries are known not so much by their morphological characteristics or plumage, but by their ability to sing notes that are impossible to reach for others canaries.

In this book, you will find information about the three races of singing canaries that exist (Harzer Roller, Malinois Waterslager, and Spanish Timbrado), as well as information about hybrid singing canaries.

You will learn how to choose the best specimens and many fundamental aspects on reproduction, breeding, and singing training.

This book provides all the necessary tips for raising healthy and happy canaries.



# ALSO AVAILABLE

## BIRDS

All About Canaries  
The Basic Book of Finches  
The Big Book of Canaries  
The Big Picture Book of Canaries  
The Big Picture Book of Parrots  
Birds of Prey: All About Diurnal Raptors  
The Complete Guide to Coloured Canaries  
The Expert Guide to Exotic Birds  
The Field Guide to Birds of Spain and Europe  
Flying Colour: The World of Coloured Canaries  
The Guide to Goldfinches, Luanos, Buntings, and Finches  
The Hybridization of Birds Handbook  
Nightingales, Thrushes, and Other Insectivores  
Parakeets: Made Easy  
Parrots of the World: A Complete Guide  
The Starter Guide to Singing Canaries  
Why The Caged Bird Needs Your Love  
Wild Birds and Where to Find Them

## CATS

The A-Z Guide to Purebred Cats  
The Complete Guide to the Common Cat  
Everything You Need to Know About the European Cat  
How to Choose The Purr-fect Cat For Your Home  
The Pet-Owner's Guide to Persian Cats

The Simple Guide to Siamese Cats  
Start Speaking Your Cat's Language

## CREEPY-CRAWLIES

All About Snails  
The Basics of Breeding Bees  
The Big Book of Bees  
The Simple Starter Guide to Snail Farming

## DOGS

The A-Z Book of Purebred Puppies  
The A-Z Guide to Argentinian Bulldogs  
The A-Z Guide to Yorkshire Terriers  
All About the Alaskan Malamute  
All About the American Staffordshire Terrier  
All About Argentinian Bulldogs  
All About Dog Fights  
All About Setters: The Guide to Gordon and Irish Setters  
All About Your Yorkshire Terrier  
The Art of Teaching Your Old Dog New Tricks  
The Basic Book of Belgian Shepherds  
The Beagle: An Honest Guide to Raising Your Purebred  
The Big Book of Basset Hounds  
The Big Book of Bordeaux Bulldogs  
The Big Book of Pit Bulls  
The Big Book of Setters





The Book of Flippus  
Border Collies: Man's Best Friend  
Bulldog Basics: A Complete Guide  
Caring For Your English & American Cocker Spaniels  
The Complete Guide to the American Staffordshire Terrier  
The Complete Guide to Caring for Your Dog  
The Complete Guide to Chihuahuas  
The Complete Guide to Collies  
The Complete Guide to Dog Training  
A Complete Guide to Golden Retrievers  
A Complete Guide to Labradors and Retrievers  
A Complete Guide to Your Neapolitan Mastiff  
The Complete Handbook for Your Hound  
A Comprehensive Guide for Raising Your Boxer  
A Comprehensive Guide for Raising Your Rottweiler  
Developing Your Dalmation  
The Do's & Don'ts of Training a Doberman  
Educating Your German Shepherd  
Essential Guide for Raising Your Bulldog  
Favorite Pastime: Playing Frisbee with your Dog  
The Fox Terrier: An Honest Guide to Raising Your Purebred  
Furry Friends Need Fun, Too:  
    How to Create a Happy Home for Your Dog  
The Genius Dog Training Guide  
The Genius Guide to Dog Grooming  
The Genius Guide to German Shepherds  
The Genius Guide to Golden Retrievers

The German Shepherd: An Honest Guide  
    to Raising Your Purebred  
The Guide to German Bulldogs  
The Handbook for Happy Pugs  
The Happy Handbook for Healthy Dogs  
Happy & Healthy Huskies  
How to Choose Your Dog: The Necessary Test  
How to Raise Your West Highland Terrier  
The New Book on Newfoundlands  
The Pet-Owner's Guide to Fox Terriers  
The Pet-Owner's Guide to Poodles  
The Playful Guide to Pinschers  
Protective Pooch:  
    How to Train Your Dog to Guard and Defend  
Puppy Preschool: How to Train Your Puppy  
The Pyrenean Shepherd: The Complete Guide  
Raising a Healthy & Obedient Boxer  
The Scottish Terrier:  
    An Honest Guide to Raising Your Purebred  
Secrets to Owning a Bullmastiff  
Shepherd Secrets: All About Collie and Scottish Shepherds  
The Simple Book of Samoyeds  
The Simple Book of Schnauzers  
The Simple Book of Sheepdogs  
The Spanish Mastiff:  
    An Honest Guide to Raising Your Purebred



Spot-On: Dalmatians Made Easy  
Start Speaking Your Dog's Language  
The Starter Guide to Setters  
The Ultimate Guide to German Shepherd Training  
The Ultimate Hunting Dog Handbook  
The Visual Guide to Dog Breeds  
Wrinkles and All: A Complete Guide to Shar Peis

## FISH

The Buyer's Guide to Tropical Fish  
A Complete Guide to Tropical Fish

## HORSES & DONKEYS

All About Iberian Horses  
The Big Picture Book of Horses  
Donkeys and Mules: A Complete Guide  
Getting to Know Your Horse From the Inside  
The Simple Guide to Saddle Horses

## RABBITS & FERRETS

My Dwarf Rabbit Guide  
My Ferret Guide  
The Hoppy Guide to Happy Rabbits  
The Pet-Owner's Guide to Rabbits

## REPTILES

The A-Z Book of Chameleons  
The Big Book of Iguanas  
Everything You Need to Know  
About Bearded and Water Dragons

The Field Guide to Frogs and Toads  
My Turtle Guide  
Snakes: A Complete Guide to the Serpents  
of Spain and Europe  
Treating Your Terrapin Right: A Comprehensive Guide  
to Care for Your Pet  
Turtles, Tortoises, Oh My! A Comprehensive Guide  
to Care for Your Pet

## RODENTS

All About the Prairie Dog  
The Handy Hamster Handbook  
Me and My Squirrel  
My Dancing Mouse  
My Guinea Pig Guide  
My Hamster Guide  
The Pet-Owner's Guide to Hamsters and Guinea Pigs  
The Simple Guide to Squirrels

## VARIOUS

How to Create the Perfect Terrarium or Aquaterrarium  
In Their Element: Observations of Aquatic Animals  
In Their Element: Observations of Desert Animals I  
In Their Element: Observations of Desert Animals II  
In Their Element: Observations of Forest Animals  
In Their Element: Observations of Winter Animals I  
In Their Element: Observations of Winter Animals II  
The Pet-Owner's Guide to Law  
The Play-Along Book of House Pets





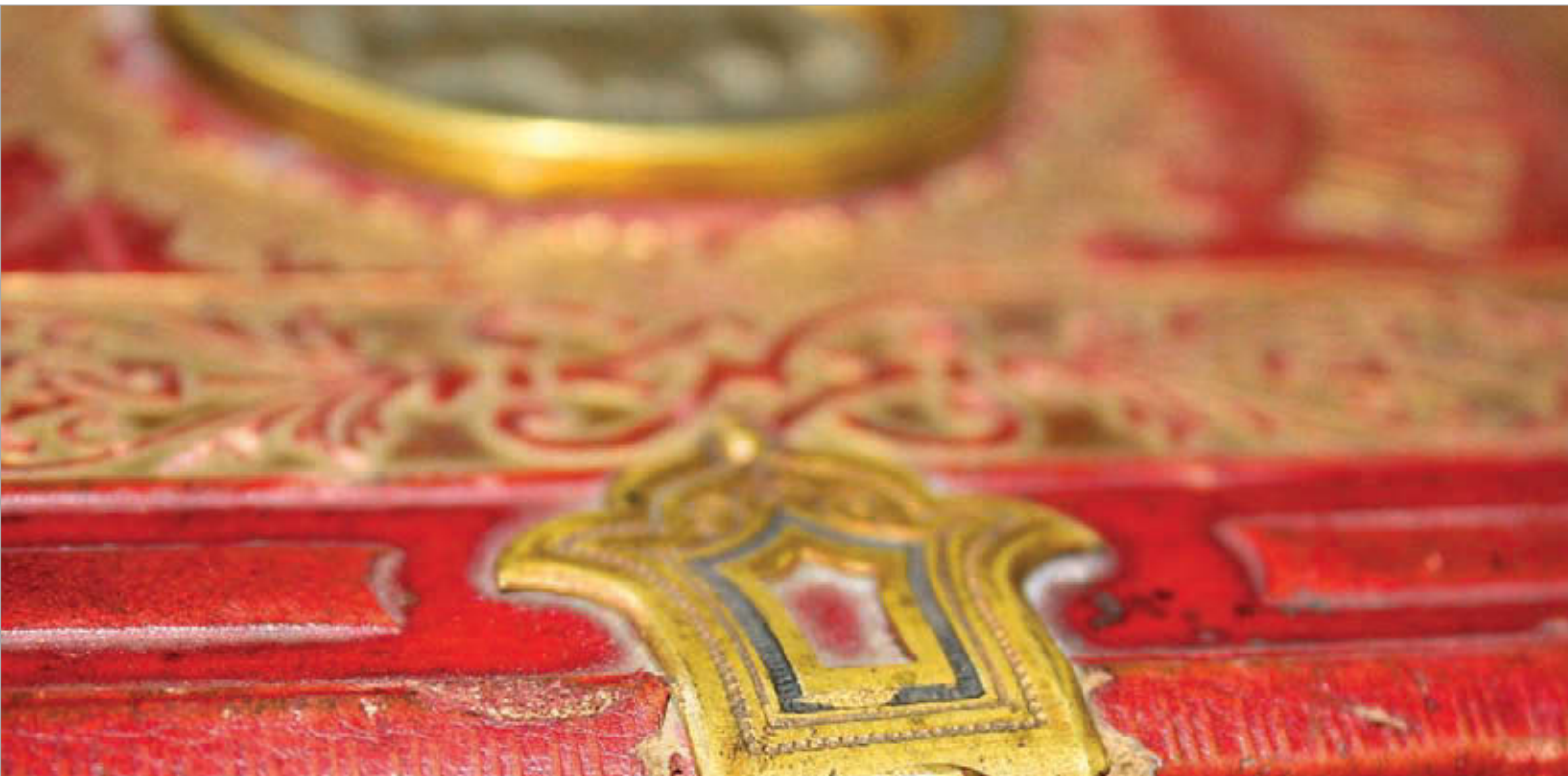


A woman with long blonde hair, wearing a white robe, is sitting in a meditative pose on a large, flat, circular stone slab. She is holding a small, light-colored cup in her hands and looking upwards with a serene expression. The background is a dark, cascading waterfall, and the foreground is filled with lush green plants. The overall atmosphere is peaceful and spiritual.

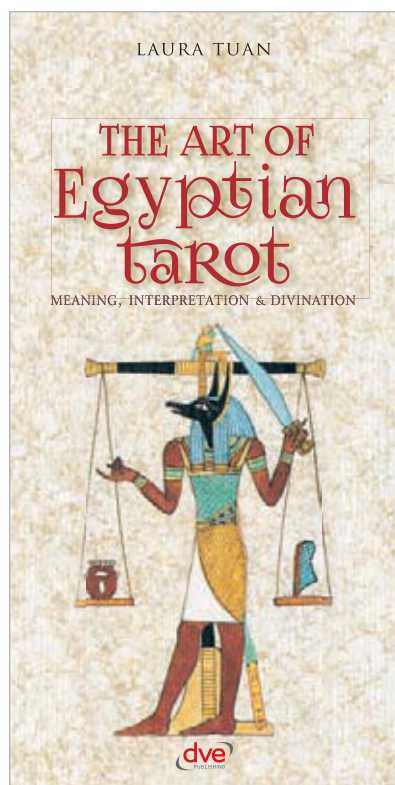
# **CULTURE, SPIRITUALISM & BELIEFS**

# CULTURE, SPIRITUALISM & BELIEFS

From guardian angels to the art of palmistry, spell casting to tarot reading, the spiritual world is all-encompassing. Some may have had spiritual inclinations from an early age, some may have stumbled across it much later in life, and others may doubt that the spiritual world holds any truth, however, there are countless aspects to spirituality so that each person is sure to find something that speaks to them. After all, that friend who can read tea leaves is always hot in demand at parties.



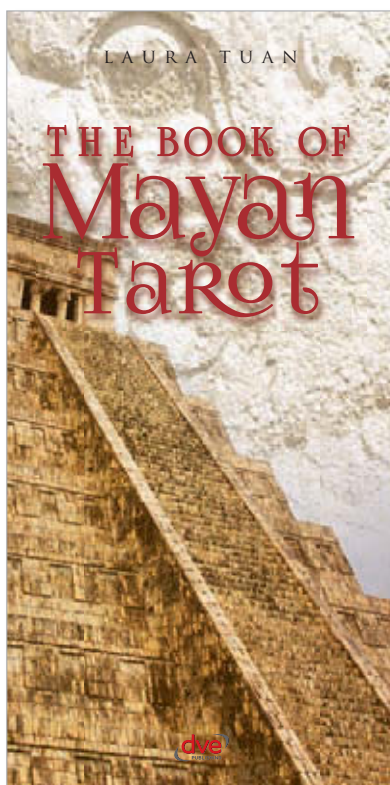




**ISBN 978-1-78525-324-9**

**Format 80 x 160 mm, 224 pages  
46,500 words**

The art of cartomancy is the power to decipher the complex language of a symbol to make powers that are considered lost flourish. It is known that the Egyptian tarot deck is a sacred book, created with the intention to transform and make the person who comes into contact with it evolve. Like the traditional tarot deck, it has seventy-eight cards: twenty-two Major Arcana, endowed with greater weight in terms of meaning and significance, and based on mythology and Egyptian deities; and fifty-six cards that make up the Minor Arcana, grouped into four sets of fourteen cards each.



**ISBN 978-1-78525-319-5**

**Format 80 x 160 mm, 184 pages  
38,000 words**

This work explores the ancient culture of the Maya and their traditions of fortune-telling, focusing on the Mayan tarot. You will learn everything about the Minor and Major Arcana and how to play the favourite card games of one of the most intriguing civilisations in the history of mankind.



**ISBN 978-1-78525-248-8**

**Format 80 x 160 mm, 160 pages  
28,000 words**

Since the late 18<sup>th</sup> century, tarot has been used for divination and future-telling in Europe. More than just a pack of playing cards, tarot is not only full of symbolic meanings, but has become a part of our culture. This book will introduce you to each of its cards and teach you the rules to follow in order to read the cards properly.



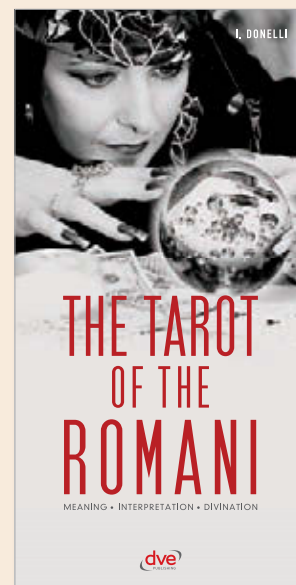
---

**ISBN 978-1-78525-325-6**

**Format 80 x 160 mm, 168 pages**

**19,500 words**

The Romani arrived in Europe by the 12<sup>th</sup> century. Since then, they have enriched the old continent with their Eastern culture. Among their most important traditions is the art of divination by reading cards. This book explores the distinctive features of their tarot, explaining all the symbols and meanings hidden in the Minor and Major Arcana. Delve into a culture that we still know all too little about with this instructive and entertaining introduction to the tarot of the Romani.



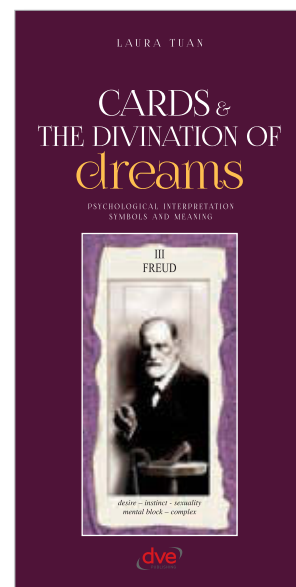
---

**ISBN 978-1-78525-327-0**

**Format 80 x 160 mm, 192 pages**

**48,500 words**

Divination and dreams deal with the same things: premonitions, symbols, and hidden meanings. Some dreams even reveal themselves as genuinely prophetic. This work will introduce you to the art of reading both dreams and cards, which will allow you to learn a great deal about the world around you – and above all about yourself.



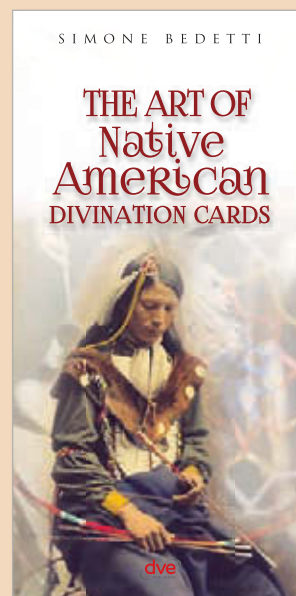
---

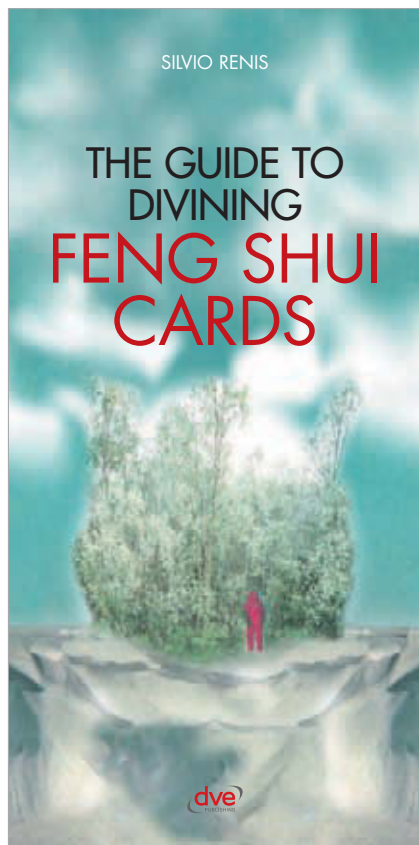
**ISBN 978-1-78525-328-7**

**Format 80 x 160 mm, 164 pages**

**34,500 words**

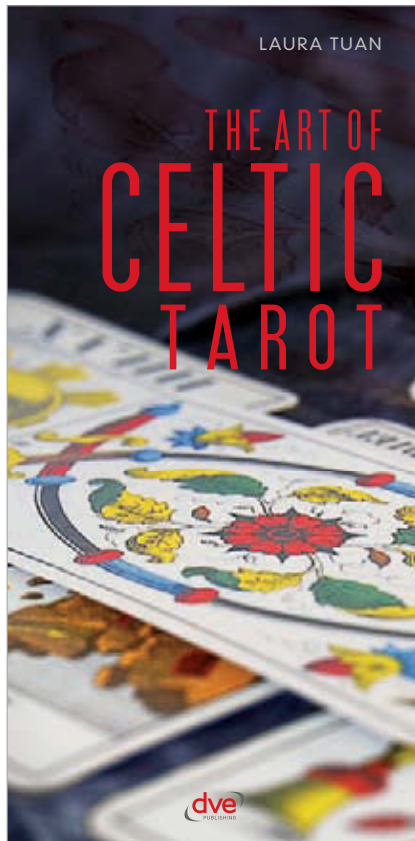
This work gives you an introduction to Native American culture through their tradition of reading cards. Learn how Native American tarot is different from others, and explore everything you need for the Native American way of divination.





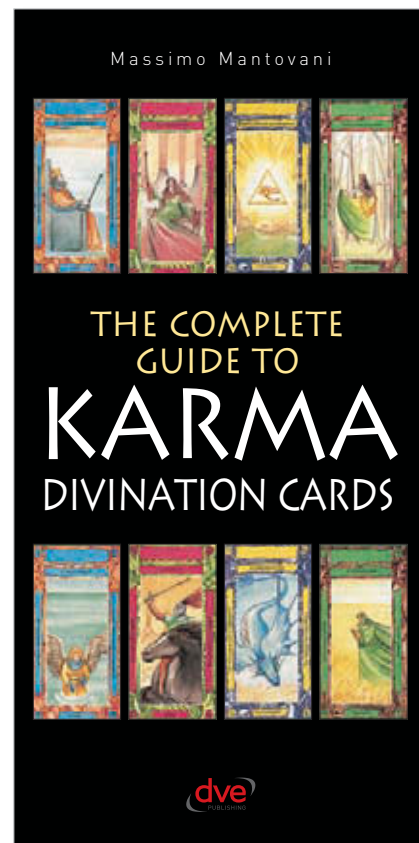
**ISBN 978-1-78525-226-6**  
**Format 80 x 160 mm, 176 pages**  
**29,500 words**

This is a simple way to learn Feng Shui. You will learn the basics of Feng Shui: how to identify the strong and weak areas of your home, how to check the chi energy of each room, and how to balance the chi energy.



**ISBN 978-1-78525-319-5**  
**Format 80 x 160 mm, 184 pages**  
**38,000 words**

The Celtic conception of life and nature has been kept in the shadows of forests, waterfalls streams, caves, mountains, gorges and trees with gnarled roots. The Celtic tarot contains many symbols, colours, characters and objects that make us leave the material world and fly to the subtle dimension inhabited by the ancient druids, gods, gnomes, and spirits. This is an exceptional and complete book that contains all the information necessary to understand every letter and its meaning.



**ISBN 978-1-78525-248-8**  
**Format 80 x 160 mm, 160 pages**  
**28,000 words**

What is karma? What are its main features? How is it related to Far Eastern religions and even psychoanalysis? And how can we use this knowledge to tell the future? This book will help you to understand the basic concepts of karma as well as the art of karma divination by reading cards.

**ISBN 978-1-78525-320-1**

**Format 170 x 240 mm, 272 pages**

**78,000 words**

Tarot is nothing more than a symbolic language, in which each card is a word and each combination is a sentence. This language has the power to communicate with phenomena that otherwise would remain secret, in addition to contact with the deepest part of ourselves.

Through this original and fresh book, explained with great clarity and ease, you will learn the secrets of tarot, its various meanings (depending on the position), and its relation to the professional, economic, and health spheres.



**ISBN 978-1-78525-321-8**

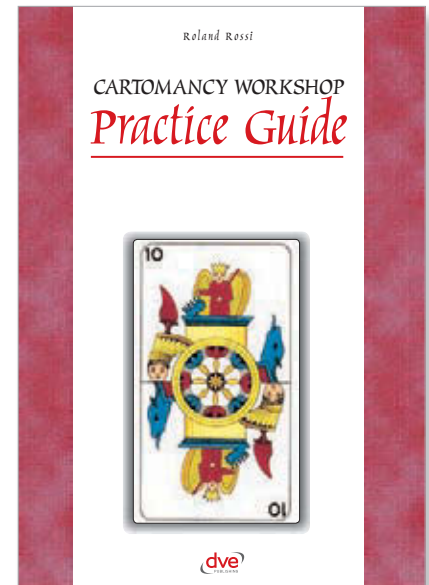
**Format 145 x 205 mm, 156 pages**

**37,000 words**

Would you like to know the future? Would you like to hear useful advice for difficult times? Do you want to predict the future of your family and closest friends? Cartomancy is full of wisdom.

There is no one single fortune-telling method. This guide is intended for all types of decks: Spanish, French, tarot, etc.

Within this book you will find the information about its meaning, how to place the cards, and how to read them according to their positions.



**ISBN 978-1-78525-230-3**

**Format 155 x 250 mm, 288 pages**

**86,000 words**

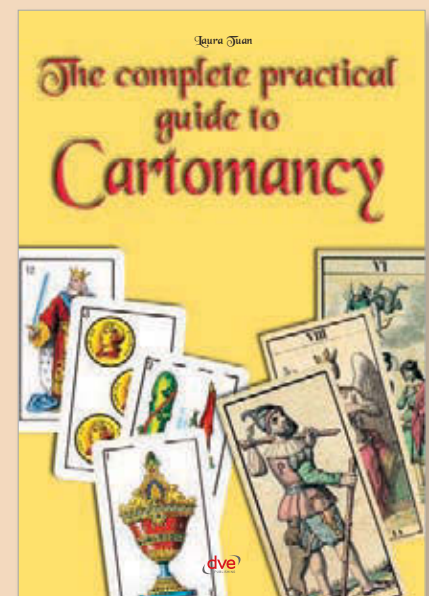
What ancestral origins are hidden behind the myth of card reading?

Do you want to find answers to the basic aspirations of every human being?

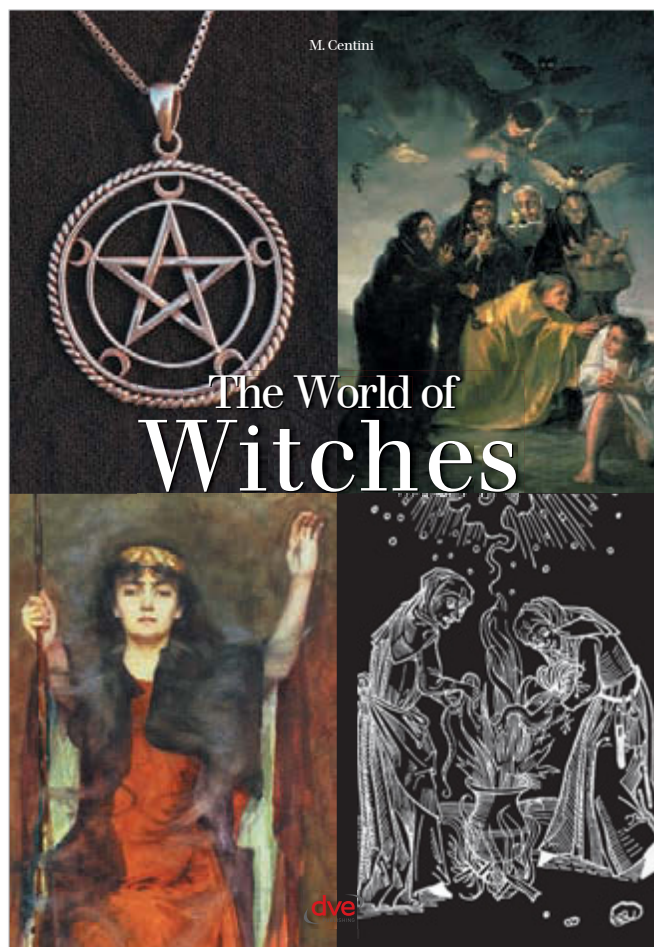
Why do the cards have this double playful and secret side?

What sacred symbols, magical colours, and inexorable signs can be revealed by this practice?

This book is a real cartomancy encyclopaedia that reveals the secrets of the great masters to interpret any tarot around the world and get to know the card games, both traditional and the lesser-known.







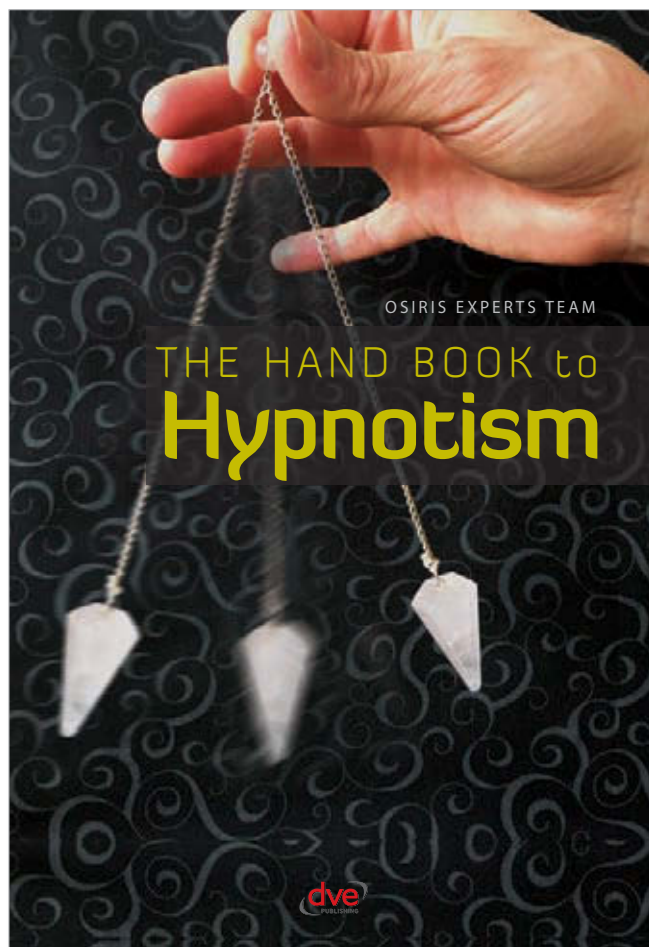
ISBN 978-1-68325-354-9

Format 170 x 240 mm, 196 pages

49,000 words

Halfway between the natural and the supernatural, science and the occult, witchcraft is related to the energy derived from Satan, who uses men and, above all, women to do mischief on Earth. Throughout history, witchcraft has always been a way to get rid of undesired persons and to cover up unpleasant truths.

This fascinating and comprehensive book explores the origins and dissemination of witchcraft as well as the history of the witch hunt, the processes, the inquisitors, etc.



ISBN 978-1-78525-240-2

Format 115 x 167 mm, 204 pages

32,000 words

Hypnotism can maximise your mental capacity, your willpower, and the reach of what your mind is capable of doing. Thanks to this book, you will learn how a hypnotic session is performed, what parapsychological hypnotism really is, what the main preparatory exercises are, or what the method of self-hypnosis is. This is a unique manual that provides the most original guides to induce a trance, liberate oneself, and deploy all one's hidden possibilities.

---

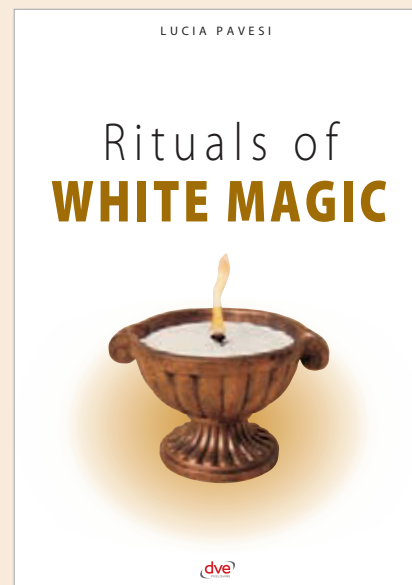
**ISBN 978-1-78525-225-9**

**Format 140 x 205 mm, 164 pages**

**34,600 words**

The author very clearly explains the characteristics of the main magical traditions and its theoretical principles: Kabbalah, alchemy, Rosicrucianism, etc.

In this book you will find the necessary explanations about magic symbols, when to use them, and the most appropriate colours and materials depending on the purpose. You will also find exercises to strengthen the power of mental focus and help you cope with the first magical operations.



---

**ISBN 978-1-78525-250-1**

**Format 170 x 240 mm, 124 pages**

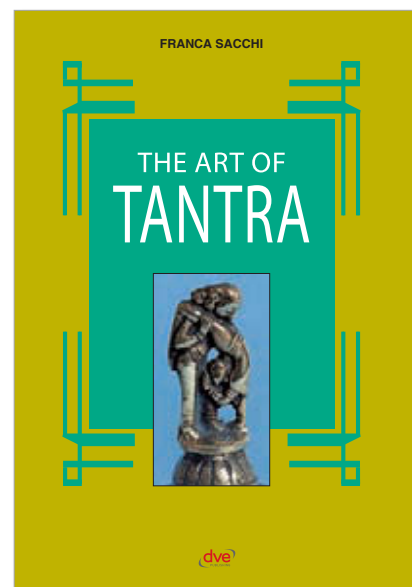
**26,500 words**

Tantra can give new meaning to sexuality, whether you are experiencing some problems or not.

This book teaches how to get rid of sexual inhibitions, to accept life, and to enjoy it in its wonderful fullness.

Awaken the energy, to express it in the sexual realm or to channel it into more subtle areas such as creativity, spirituality, and art.

Therefore, tantra is the spiritual path to liberation, the reintegration with the absolute, and the harmony with the cosmos.



---

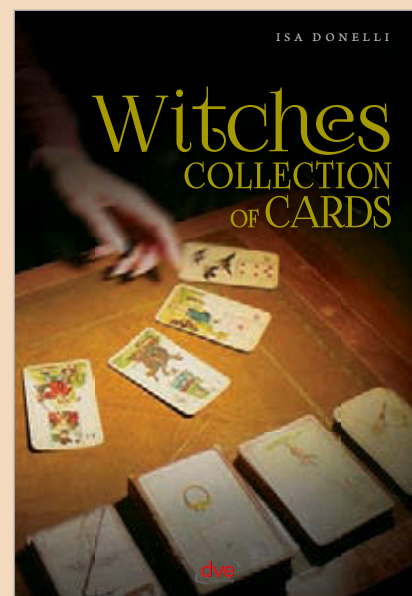
**ISBN 978-1-78525-370-6**

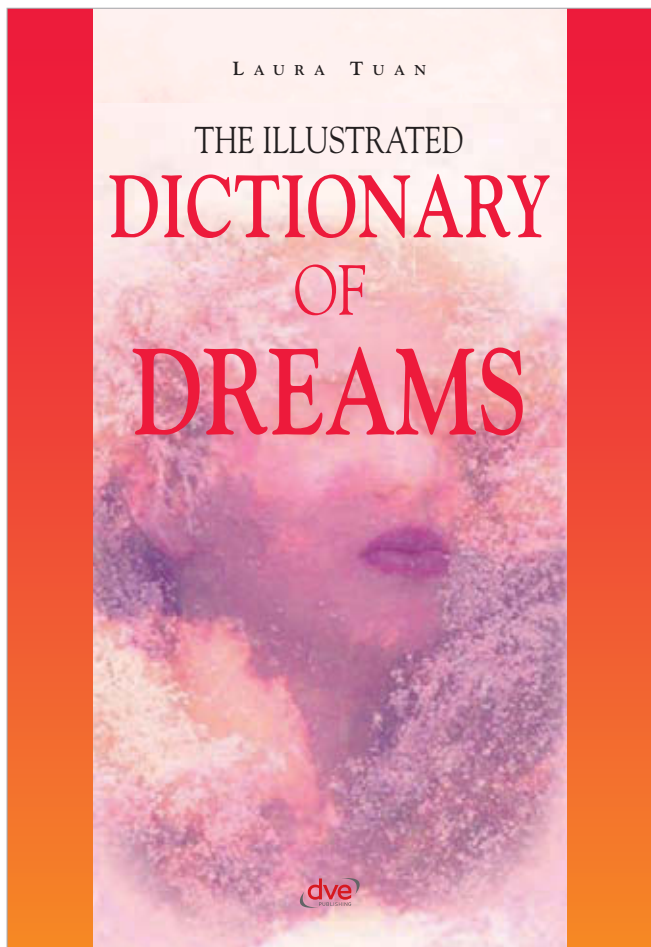
**Format 145 x 205 mm, 128 pages**

**35,000 words**

Always located between myth and reality, and seen as benevolent beings as well as evil creatures linked to negative occult forces, witches are as old as human history.

Inspired by her world, full of symbols, you can consult this book and get answers to your questions, solve doubts and tensions, and encourage good luck by being in harmony with the energies of the universe.



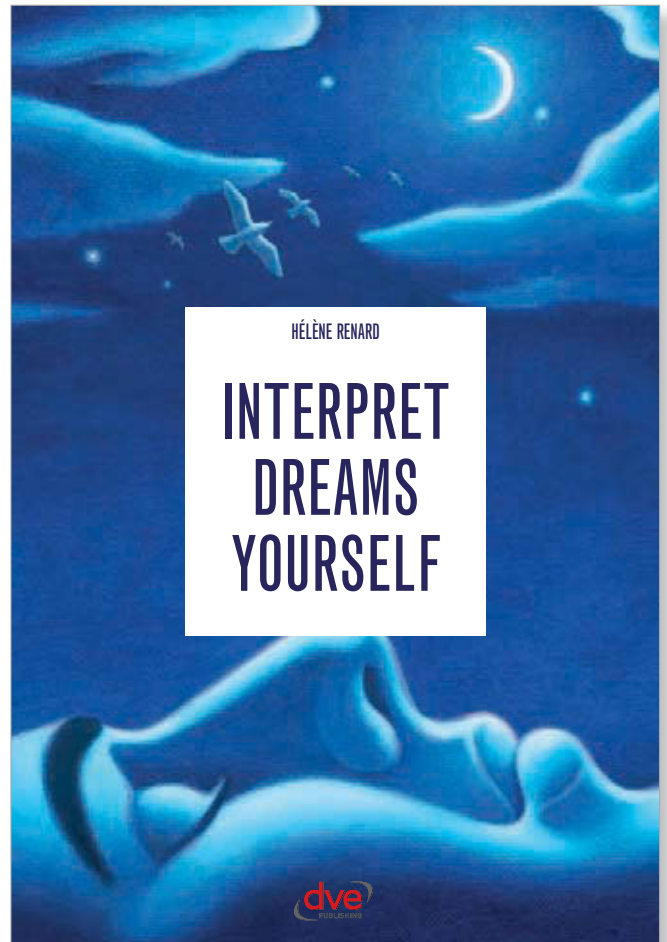


**ISBN 978-1-78525-951-7**  
**Format 170 x 240 mm, 286 pages**  
**108,000 words**

Dreaming... A privilege, a game, a gift. Throughout the centuries the same eternal themes have appeared in dreams: mothers, women, men, fire, grass, animals, etc.

Dreaming is a code, a cipher that relies on symbols as old as the world, an open door to an unknown dimension, for the believer, to God. The dream contains the synthesis of a human experience as if it were a crystal ball.

This book, full of valuable information, is aimed to go deeper into the ambiguity of dreams and interpret them correctly.



**ISBN 978-1-78525-952-4**  
**Format 130 x 200 mm, 176 pages**  
**37,000 words**

Do you think that your dreams have a meaning, that they want to tell you something? If so, would you like to understand their messages?

Assisted by some advice and practical exercises, this book will guide you, step-by-step, to a better comprehension of your dreams.

With this work you will learn how to do the following:

- Remember your dreams;
- Identify the different elements (image, scenario);
- Use the "dreams diary" to establish coincidences with your real life;
- Consult the symbols of different traditions to reveal the true meaning of your dreams.

This work shows us the various facets of a dream and its messages, which will become invaluable allies for personal development.



Andrea Rognoni - Gianni Norta

## The Secrets of REINCARNATION



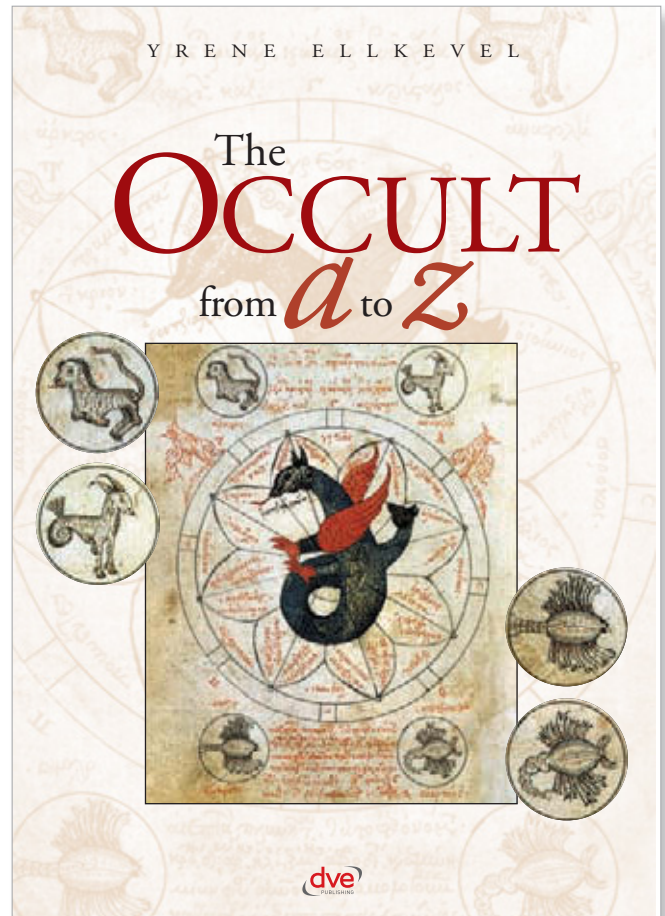
dve

ISBN 978-1-78525-236-5

Format 170 x 240 mm, 192 pages

58,500 words

The main Eastern religions, like buddhism, believe in reincarnation. These pages lead to the understanding of this phenomenon on the basis of karma, that is, the set of laws of cause and effect that determine reincarnation. But in the meantime, we also need to figure out what happened in our past lives, which is an important element of karma. This is an optimistic book, restoring confidence and hope – an important read even for the sceptics!



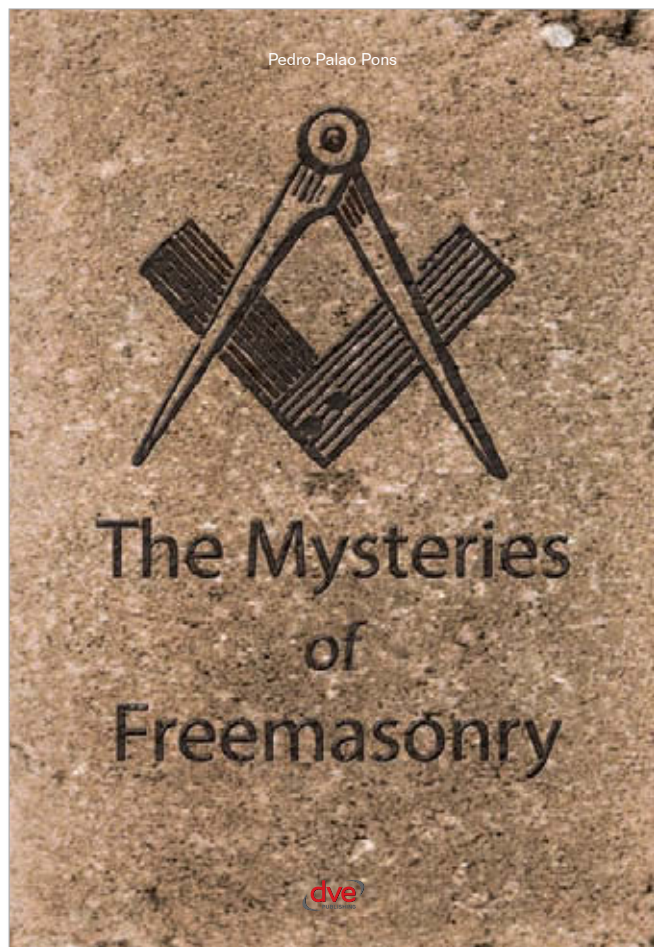
ISBN 978-1-78525-221-1

Format 170 x 240 mm, 256 pages

92,500 words

Dark arts, also named "Hermeticism" or "esotericism", are a compound of secret knowledge that has been transmitted generation after generation by all civilisations. This practical encyclopaedia is accessible to everyone and will allow you to learn about alchemy, symbology, fortune-telling, tarot, numerology, astrology, mythology, magic and black magic, Kabbalah, sorcery and witchcraft, etc.

This book also contains a presentation of the biggest occultists and the main works of secrecy to make contact with the invisible forces of the universe surrounding us.



**ISBN 978-1-78525-247-1**

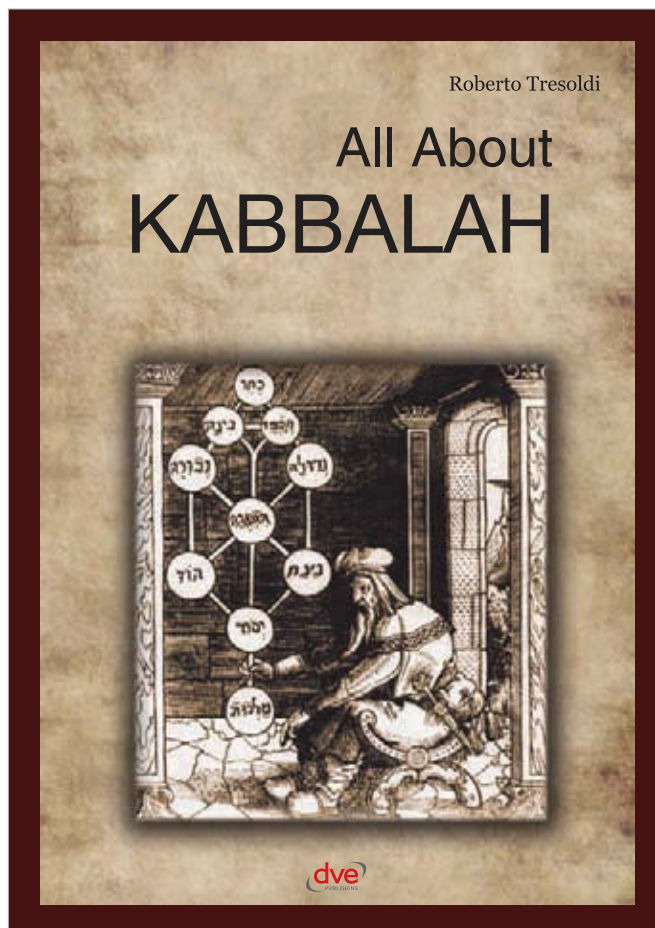
**Format 170 x 240 mm, 240 pages**

**83,000 words**

Is it true that Freemasonry has participated in numerous political, social, or religious plots? Who can be a Freemason? What initiatory ceremonies are to be undergone? Were the Freemasons present at the building of Solomon's temple?

We have heard a lot about Freemasonry, but many essential aspects that make up its enthralling history are unknown, in part because prudence, discretion, and even secrecy are some of the basic precepts of the Freemasons.

Written in a most entertaining style, this book takes a walk through the world of Freemasonry to reveal the secrets of this mystical, political, and even esoteric order.



**ISBN 978-1-78525-243-3**

**Format 170 x 240 mm, 192 pages**

**40,500 words**

Much has been written on Kabbalah, although it is difficult to find a simple, clear, and complete book about it. Today, Kabbalah, like many other esoteric arts always wrapped in an aura of mystery, remains a concept with a vague and ambiguous meaning. This book sheds light on this fascinating subject.

---

**ISBN 978-1-78525-249-5**

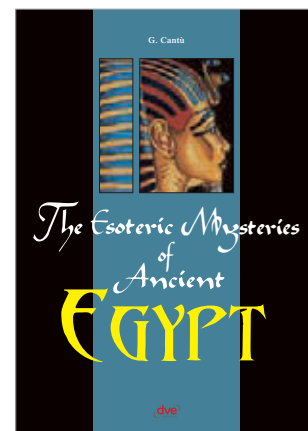
**Format 170 x 240 mm, 160 pages**

**56,500 words**

Pharaonic Egypt has always been one of the most fascinating enigmas in the history of human civilisation. As the information about this enigmatic world has been revealed, a kind of unease has built up in Egyptologists.

There is no doubt about the immense fascination that emanates from the objects which present this distant civilisation to us. It is well understood that the view of the pyramids or Tutankhamun's tomb astonish any human being.

Within this book you will discover the mysterious and tragic spirit of this famous civilisation.



---

**ISBN 978-1-78525-225-9**

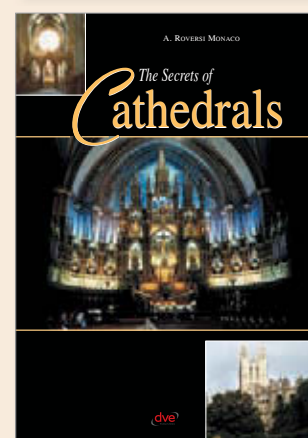
**Format 145 x 205 mm, 176 pages**

**34,600 words**

Gothic cathedrals, as mysterious as the Egyptian pyramids or the statues of Easter Island, keep secrets that the modern man has not yet deciphered. The cathedrals have the ability to tell us about our past.

This book, written by a specialist on medieval history and esotericism, traces for us the epic construction of cathedrals and gives us the key to its symbolic and magical references.

This exciting guide, which is both an introduction to European history and a study on religion and medieval esotericism, also allows us to discover the most beautiful cathedrals in Europe.



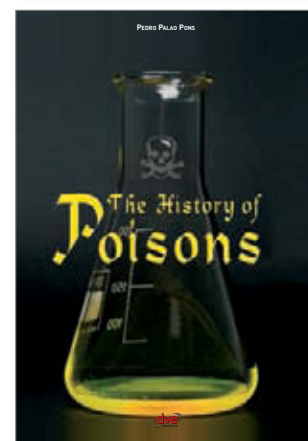
---

**ISBN 978-1-78525-317-1**

**Format 170 x 240 mm, 224 pages**

**85,000 words**

Were Alexander the Great, Cleopatra, Napoleon, or Yasir Arafat poisoned? The history of poisons is fascinating, but make no mistake, poison is not a thing of the past. The difference is that today it is more elaborate, select, and even more lethal. We will travel back in time to discover the connection between important characters and poison. With this book you will have access to a complex and exciting history, the history of poisons, full of mysteries and intrigues.



---

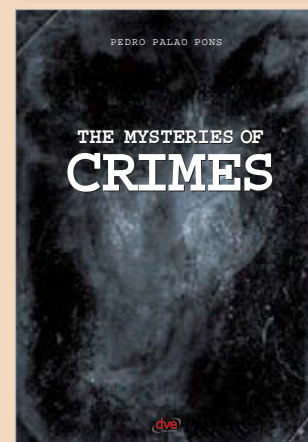
**ISBN 978-1-78525-244-0**

**Format 170 x 240 mm, 160 pages**

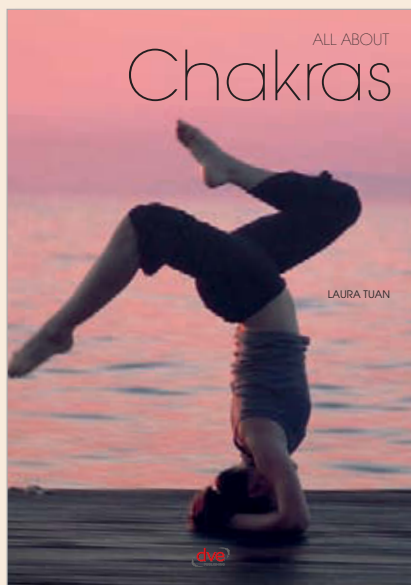
**40,500 words**

Don't try to fool yourself. We are bad. We killed a million years ago, and we continue to do so in the twenty-first century, irrationally and impulsively but also deliberately.

This is not a book of fiction. Its pages show the reality of the more shadowy and sinister corners of human nature, those that are part of our less enjoyable history that we have woven, drop by drop, with the blood and suffering of the victims.







**ISBN 978-1-78525-598-4**

**Format 170 x 240 mm, 160 pages**

**50,000 words**

This book will help you understand nature and the functions of the etheric, astral, mental, and spiritual body. In addition, it will show you a network of channels, the nadi, which carry the prana – the vital energy – through the various subtle structures. The centres that receive, transform, and emit subtle energy are the chakras, distributed throughout the body.

Reading these pages you will embark on a fantastic trip to the roots of the being that can be acted upon by the will to achieve a new physical, mental, and spiritual fulfilment.

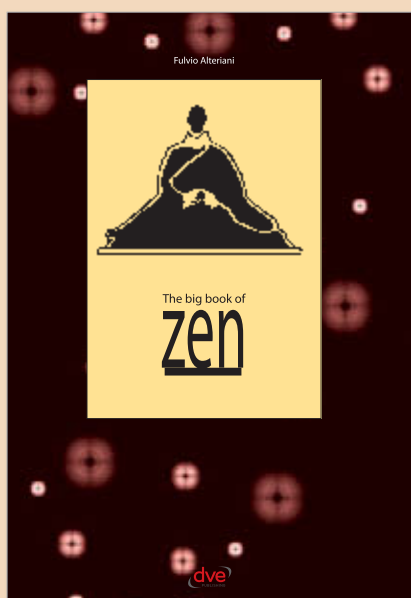


**ISBN 978-1-78525-238-9**

**Format 115 x 167 mm, 184 pages**

**32,000 words**

This work will lead you through the traditions and practice of meditation and help you carry out this technique properly from the beginning until you master it and can practice on your own.



**ISBN 978-1-78525-245-7**

**Format 145 x 205 mm, 128 pages**

**39,500 words**

What does Zen really mean? In these simple pages, accessible to all, you will discover Zen in all its depth, allowing you to know its ability to lead many people to solving their problems.

This is a real course with practical exercises for each day.

After seven days you will be able to enter the world of Zen, then you will be able to understand the purpose of Zen and its goals of physical, psychological, and spiritual health.

This is a book that will help you achieve great results in your private and professional life.

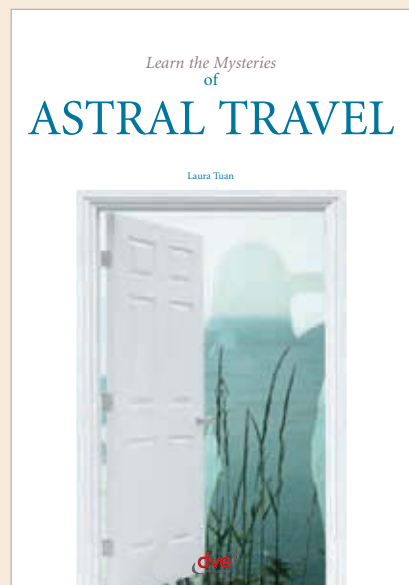
---

**ISBN 978-1-78525-313-3**

**Format 145 x 205 mm, 96 pages**

**23,000 words**

The idea of leaving the body and separating from a carnal vessel that seems too narrow is an experience as old as the world. Astral travel, or travelling outside the body, is the key to ancient initiation rituals, allowing access to knowledge of all kinds and giving a great inner strength. This guide provides all the necessary techniques to leave the physical body and return back to it. In addition, the reader will learn how to divide themselves between mental and physical and will get to know the dangers this can entail.



---

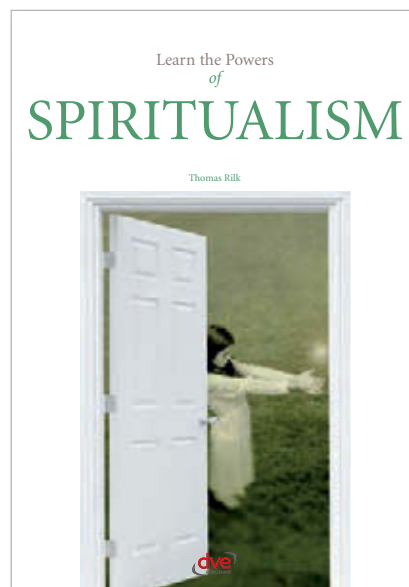
**ISBN 978-1-78525-314-0**

**Format 145 x 205 mm, 96 pages**

**23,000 words**

Spiritualism is a doctrine about the existence of an invisible world after death. It is also a theory that suggests, as a case of study, the analysis between the world of the living and the world of spirits. This book presents the different ways of communication with the afterlife; it explains the way to join the psychic strength of the medium and the other participants in the séance, and how to call on a determined spirit.

Get to know both the universe surrounding us and your own self better.



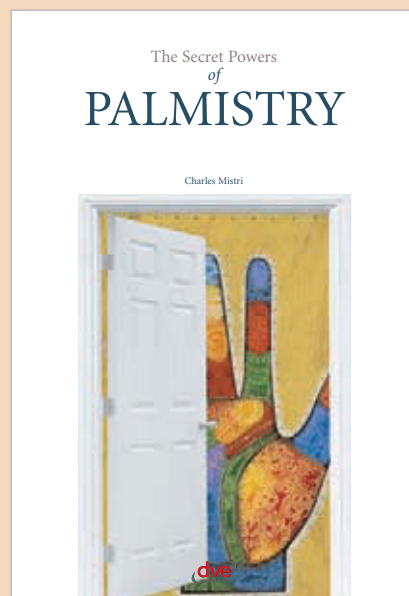
---

**ISBN 978-1-78525-316-4**

**Format 145 x 205 mm, 96 pages**

**23,000 words**

A hand can denote kindness, authority, shyness, generosity, or any other personality trait, no matter how hidden it is. Based on the experience gained over the years, palmistry is a real science that not only reveals the present and the past, or predicts details of the future, but also studies the lines and elevation of the palms to provide a reading on the personality. This work shows, in a clear and precise way, the different methods that exist to interpret hand signs.



LUCIA PAVESI - STEFANO SICCARDI



# THE MAGICAL POWER OF THE PYRAMID



**ISBN 978-1-78525-237-2**

**Format 170 x 240 mm, 192 pages**

**58,000 words**

We all know about the Egyptian pyramids, but what do they look like on the inside? What are their hidden mysteries?

With this book you will be surprised: we can also build our own pyramid. The authors teach you how to make them; it's not the size that matters but the right proportion. The use of this energy has interesting effects in facilitating relaxation, concentration, and meditation.

With this practical book you will reach the full benefits provided by this ancient magical object.



# ALSO AVAILABLE

## DIVINATION

All About Water Divining

The Practical Book of Palmistry

The Practical Guide to Palmistry

Predicting the Future with Coffee Grounds

Predicting the Future with Normal Letters

Understanding Premonitions

Using Tarot to Predict the Future

## HOROSCOPES

The Big Book of Horoscopes

His Guide to Horoscopes

The 12 Signs of the Zodiac

## MAGIC

The A-Z Guide to Magical Animals

The Big Book of Magic and Witchcraft

The Big Book of Superstitions

The Big Book of the Occult

The Influence and Power of Candles

Learning Magic and Sleight

The Magic of Numbers

The Practical Book of Spells

The White Magic Guide

## MYSTICAL

All About Astral Projection

All About Astral Travel

All About the Occult

The Basic Guide to Sundials

The Big Book of Diamonds

The Big Book of Prophets and Prophecies

Everything You Need to Know About Telepathy

The Extraordinary Power of Amulets  
and Talismans

The Extraordinary Power of Gemstones

The Extraordinary Power of Pyramid

The Extraordinary World of the Paranormal



The Great Myths and History of Man

The Guide to Rites of Initiation

The Key Intuition

The Manual for Mediums

The Mysterious Places on Earth

The New Book of Numerology

The Practical Book of Parapsychology

The Practical Book of the Druid Path

The Practical Handbook of Telepathy

Thoughts of Love Handbook

The World of Witches

## ORIENT

All About Chakras

All About Pranayama

All About Reincarnation and Eternal Life

The Basics of Qi Gong

The Big Book of the Dalai Lama

The Complete Guide

to Chinese Horoscopes

The Local Guide to Tai Chi

The Reality of Reincarnation

Reincarnation and Remembering Past Lives

The World of Taoist Gymnastics

## RELIGION

The A-Z Guide to Angels

All About the Grail

The Big Book of Angels

The Big Book of Esotericism and Religion

A Complete Guide to Life After Death

The Encyclopaedia of Mythology

From Peter to Pope Ratzinger

The Guardian Angel Guide

The Guide to Sects and Gurus

The Keys to Esoteric Symbolism

The Mysteries of the Bible

The Mysteries of the Temple of Solomon

The Practical Book of Prayers that Heal

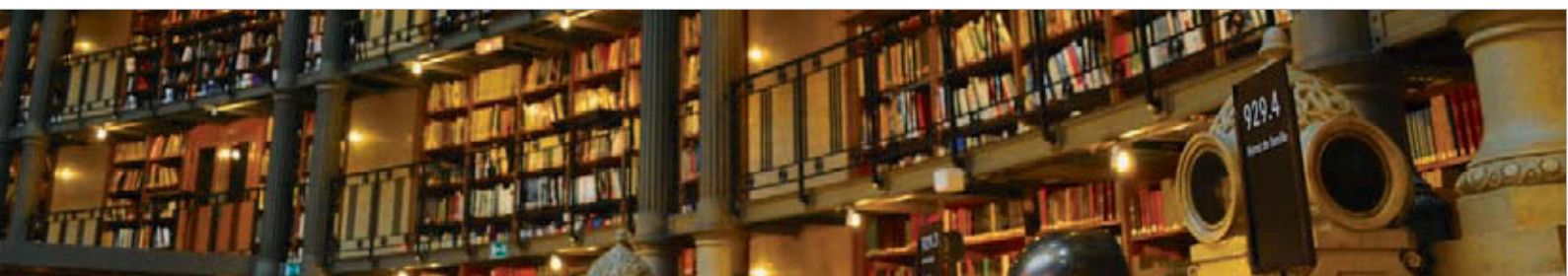
Tracing John Paul II

## TAROT

How to Interpret Tarot

Intuitive Tarot

Predicting the Future with Tarot



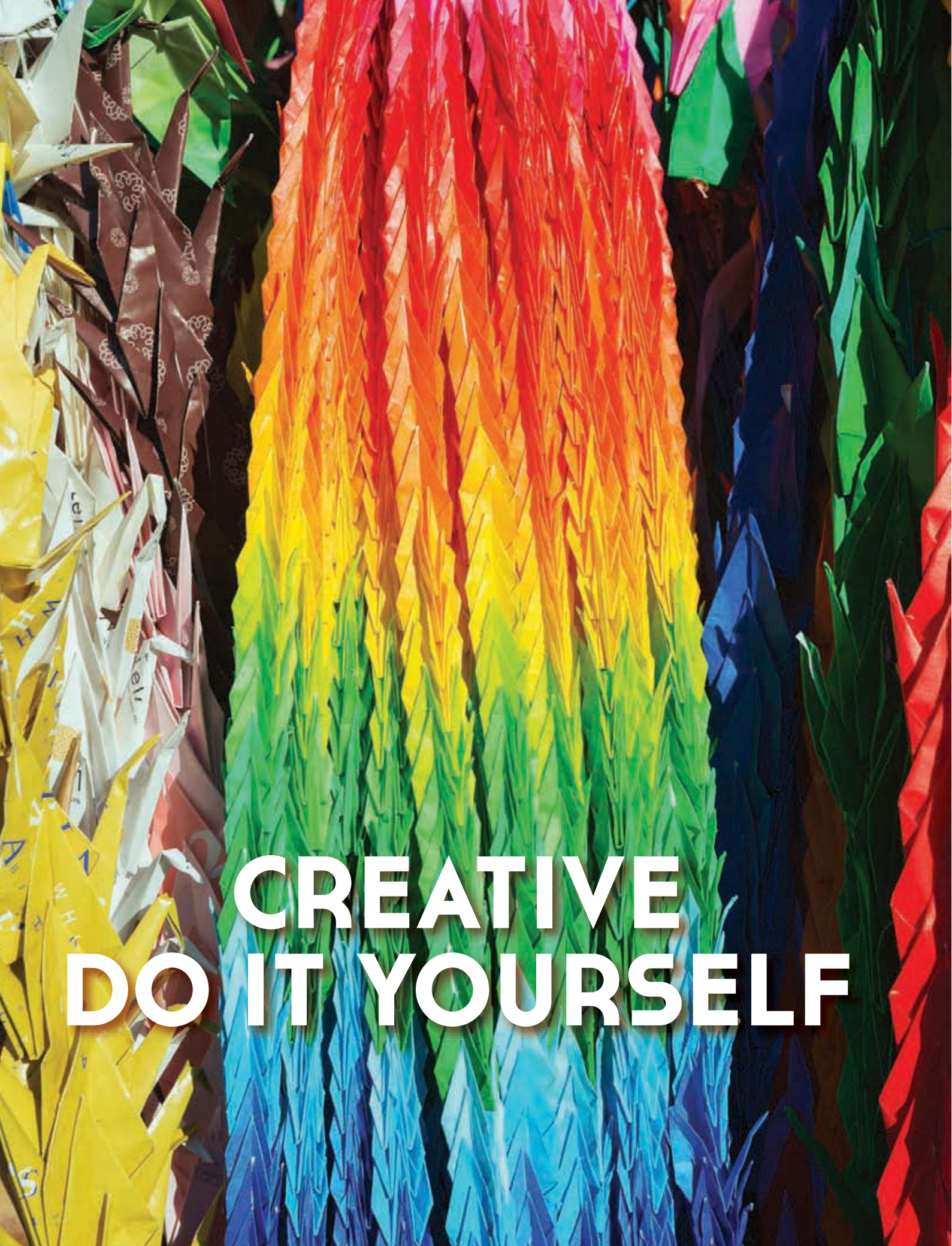




929.4

Norms de famille





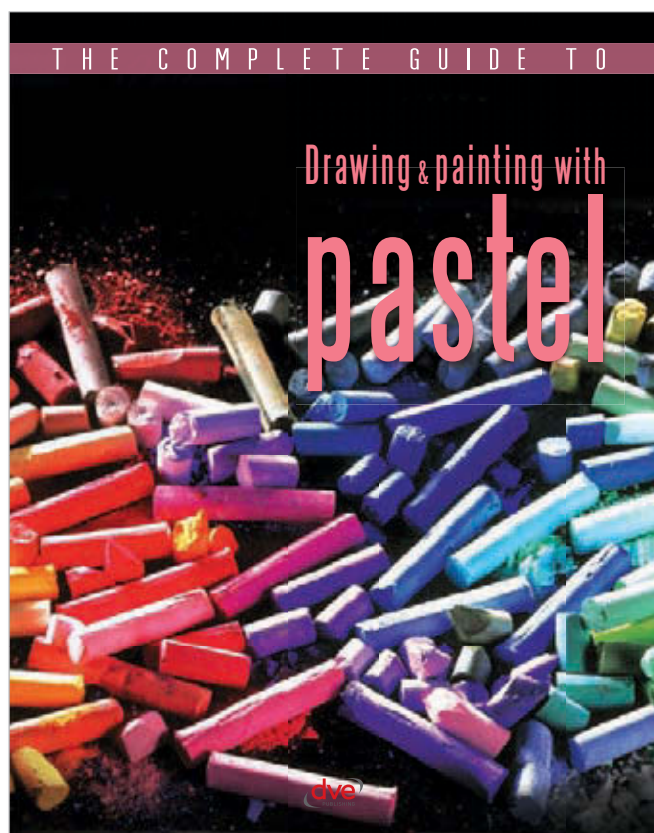
**CREATIVE  
DO IT YOURSELF**



# CREATIVE DO IT YOURSELF

**A**rt is all encompassing; it is everywhere and can be created from anything. Readers can discover how to design and shape their own art using our practical illustrated guides. Full of tips and tricks for all DIY projects; from learning how to draw horses, how to make their own Christmas decorations and elaborate origami creations, to discovering the correct way to use acrylics or watercolours, there is something for everyone.

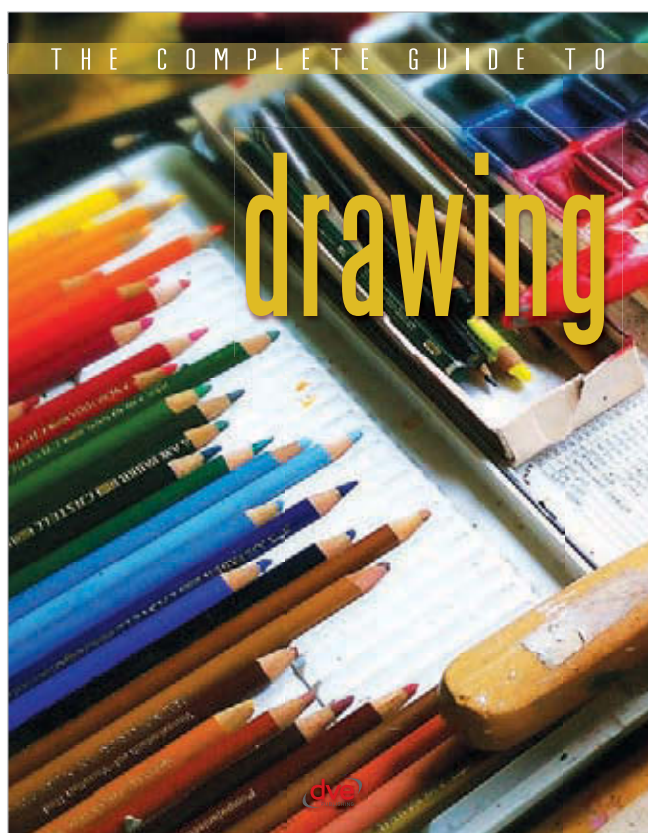




**ISBN 978-1-78525-459-8**  
**Format 220 x 280 mm, 64 pages**  
**12,500 words**

Pastel is one of the nicest and most pleasant techniques. This technique has been used by many important painters throughout history. On the one hand, it has the ease, the spontaneity and the speed of drawing; and, on the other hand, it preserves the bravery, the sensuality, the attraction, and the idealism of the painting.

With this technique you can easily express your artistic feelings. You only need a few pastels, either a pastel pencil or a stick, and paper. The rest, like the technique or the blurring, depends on the skill of each person. This book has all the knowledge regarding pastel painting. You will find the basic rules, tips, exercises, and practical examples explained very clearly, including pictures and step-by-step explanations.



**ISBN 978-1-78525-458-1**  
**Format 220 x 280 mm, 64 pages**  
**13,000 words**

Drawing is considered the foundation of any work of art. Just like master painters from history, one should draw a sketch before starting a painting, in order to guide you throughout your work. Drawing is not only a medium towards the final work, but it is also an artistic activity on its own. Cave paintings or the paintings in ancient Egypt are some examples of coloured drawings.

Drawing is the artistic medium par excellence. Drawing is not just about using a pencil; it's about perspective, proportions, lights and shadows, contrast, composition, depth, etc. This way, your doodle will turn into a united, balanced, and harmonious drawing and, eventually, it will become a masterpiece.

This book provides a clear and easy-to-read overview of the foundations and the main techniques of drawing, including exercises to practise your skills.



---

**ISBN 978-1-78525-457-4**  
**Format 220 x 280 mm, 64 pages**  
**13,500 words**

In the practice of painting, oil painting is possibly the most fascinating painting technique and also the most rewarding. With a few colours you will be able to create an almost infinite palette.

This book includes many tips, information, lessons, and a lot of practical exercises that are essential when learning this attractive, interesting, and affordable technique.

This book is the best guide to learn, in an easy and practical way, the preferred techniques of the greatest masters in the history of painting.



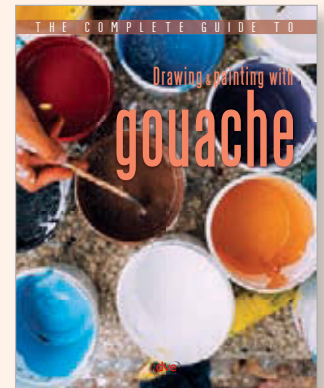
---

**ISBN 978-1-78525-460-4**  
**Format 220 x 280 mm, 64 pages**  
**13,000 words**

Often considered as a subsidiary technique of oil or a less noble version of watercolour, gouache has become, after many years of research and experimentation, a technique widely used by artists.

This book includes materials, techniques, and resources to achieve different pictorial effects; it also provides numerous exercises and explanations to learn how to paint step by step.

It is an essential tool to get to know in depth the technique of gouache, both for beginners and those who are already familiar with it.



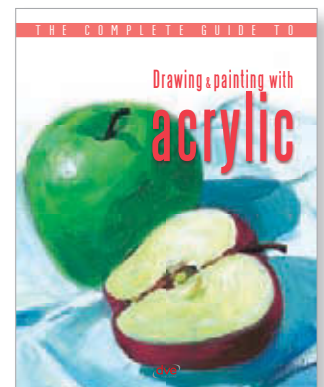
---

**ISBN 978-1-78525-461-1**  
**Format 220 x 280 mm, 64 pages**  
**14,000 words**

Until relatively recently, acrylic was considered a subsidiary method of the most important techniques (oil, watercolour, pastel). Nonetheless, it has not ceased to gain followers.

Aimed at both the amateur and the professional, this work makes the creative practice of acrylic paint much easier to exercise, and it guarantees success.

In addition to technical explanations, the book provides different experimental lessons, tips, resources and detailed processes, all in a practical way, so you can learn without difficulty and observe first hand their results.



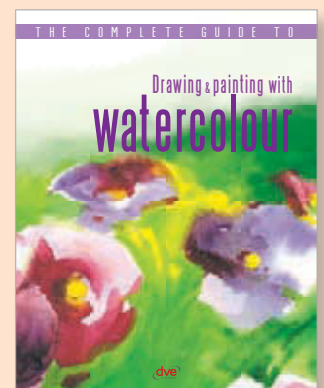
---

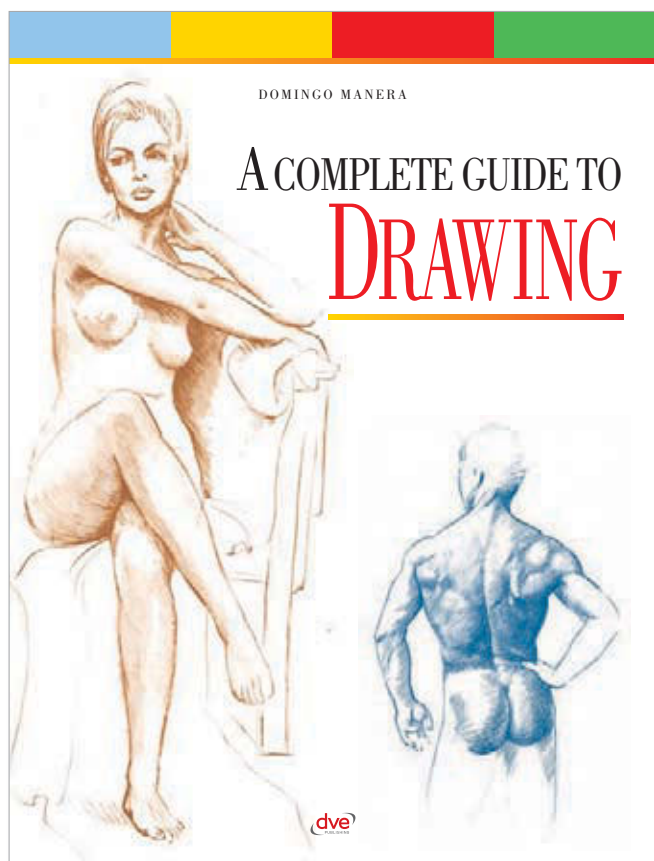
**ISBN 978-1-78525-462-8**  
**Format 220 x 280 mm, 64 pages**  
**16,000 words**

Watercolour painting is based on the combination of water and pigments, which allow us to get paintings full of light, transparency, and different textures and shades of colour.

This book explains everything you need to know about the watercolour technique in a way that is accessible, easy, and attractive to everyone. Besides being instructional, this is also a book to enjoy and develop a hobby. This book is the result of many years of work and experience of a team of masters in painting and teaching art.

The interest and characteristic of this course is that everything is explained through practical exercises.



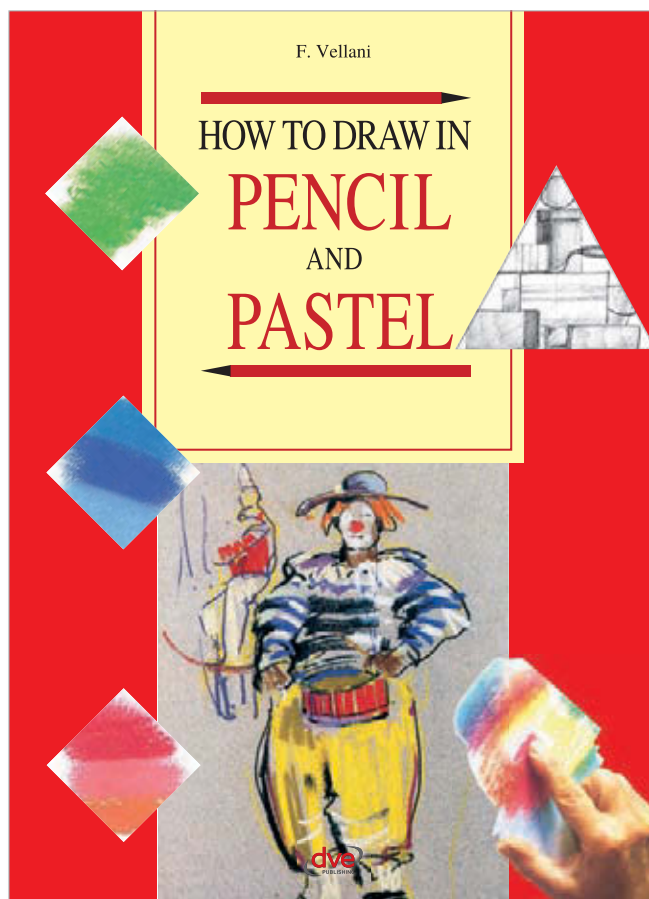


**ISBN 978-1-78525-613-4**

**Format 230 x 300 mm, 396 pages**

**64,000 words**

Learning how to draw doesn't just depend on the choice of paper or the tools such as the pencil or the rubber. You also need to know the appropriate working positions, what should be the support of the paper on which you draw, and how to hold the pencil. And how about what to draw? Where to begin? What techniques? After the first basic steps, the course begins to gradually teach you the different techniques and principles of perspective and proportions.



**ISBN 978-1-78525-463-5**

**Format 170 x 240 mm, 128 pages**

**13,000 words**

This is a manual that contains everything you need to know about the practice of pastel painting. Many basic rules, tips, tricks, exercises, and practical demonstrations are explained in a clear and detailed way, including step-by-step illustrations.

Whether you are an animal lover or a budding artist, who hasn't wished to be able to draw animals? No matter if you aim is to make sketches to wow your friends, achieve mere personal satisfaction, or you want to capture your pet in order to decorate with its portraits your walls, you will be able to do it with this complete book.

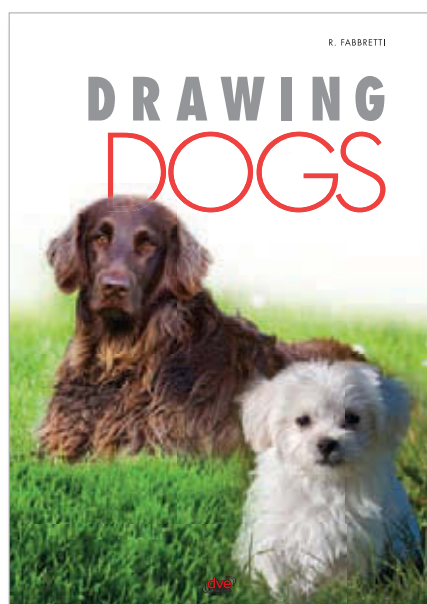
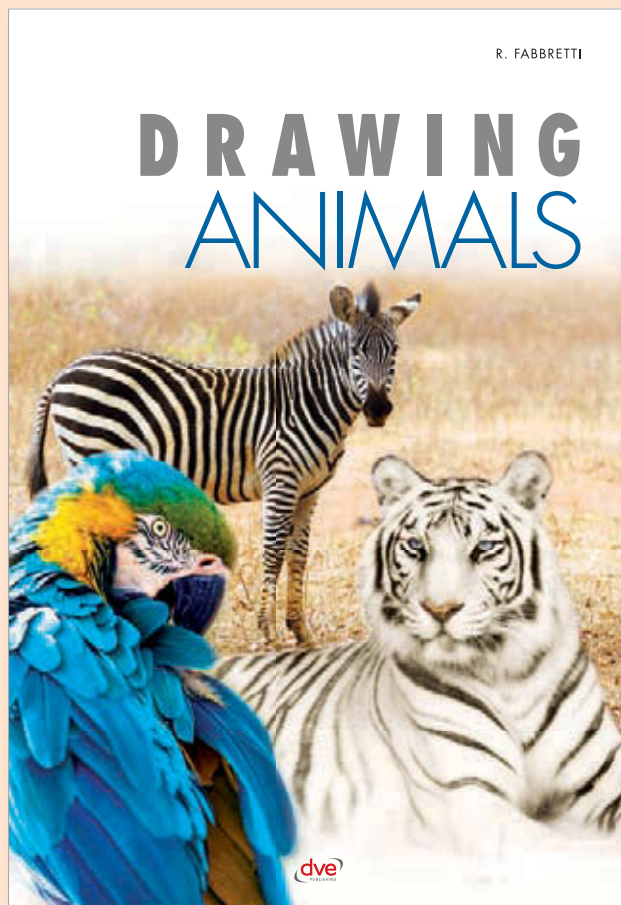
As opposed to the stories often heard, learning to draw on our own it's not a difficult task. In order to achieve this, we just need to follow a logical and rational method. Those books reveal how to draw dogs, cats, horses and animals in general, taking as a reference the skeleton of the animal. After this, the drawing will be made through its association with geometrical figures. Everybody is capable of drawing a circle, a square or a triangle, but what people don't know is that with a few additional touches your sketch can be transformed into an incredible animal! Within those books you will find a simple, fun and effective method to learn the basic drawing techniques and achieve amazing results.

---

ISBN 978-1-78525-466-6

Format 210 x 297 mm, 32 pages

1,000 words

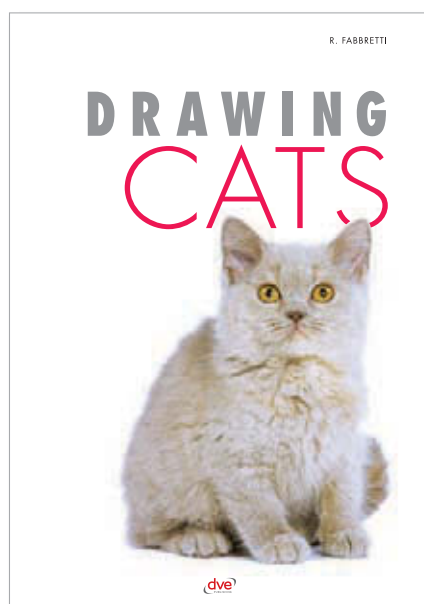


---

ISBN 978-1-78525-465-9

Format 210 x 297 mm, 32 pages

1,000 words

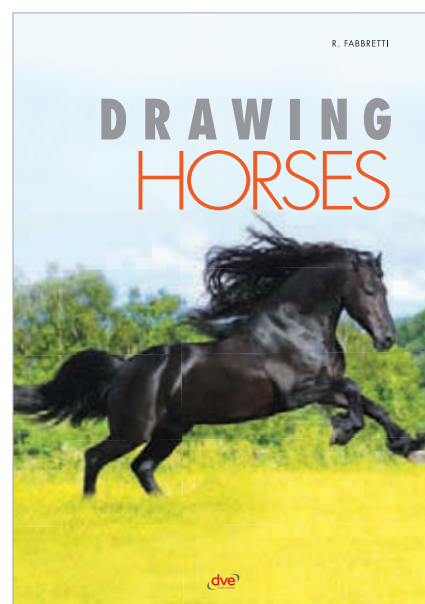


---

ISBN 978-1-78525-467-3

Format 210 x 297 mm, 32 pages

1,000 words



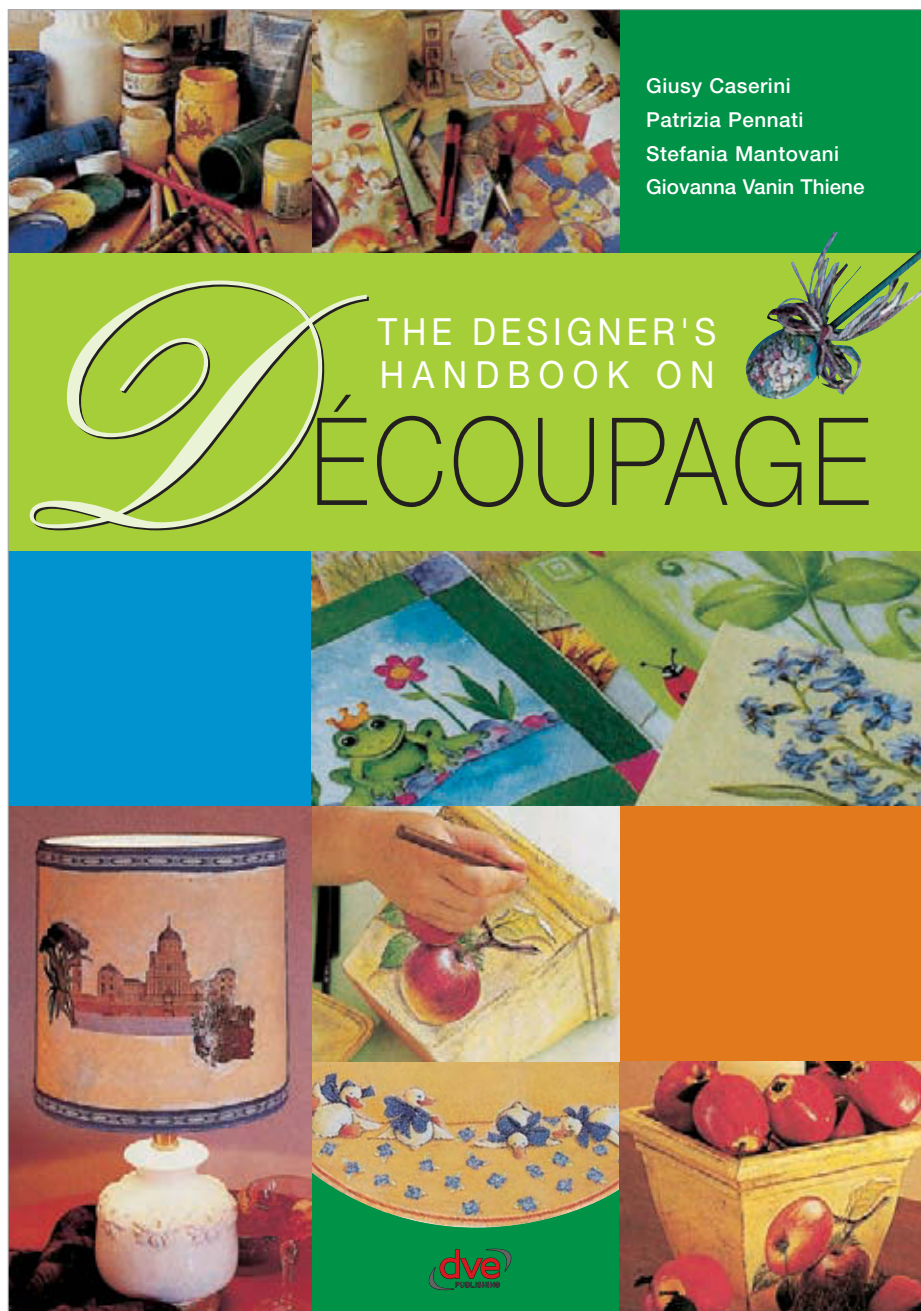
---

ISBN 978-1-78525-464-2

Format 210 x 297 mm, 32 pages

1,000 words



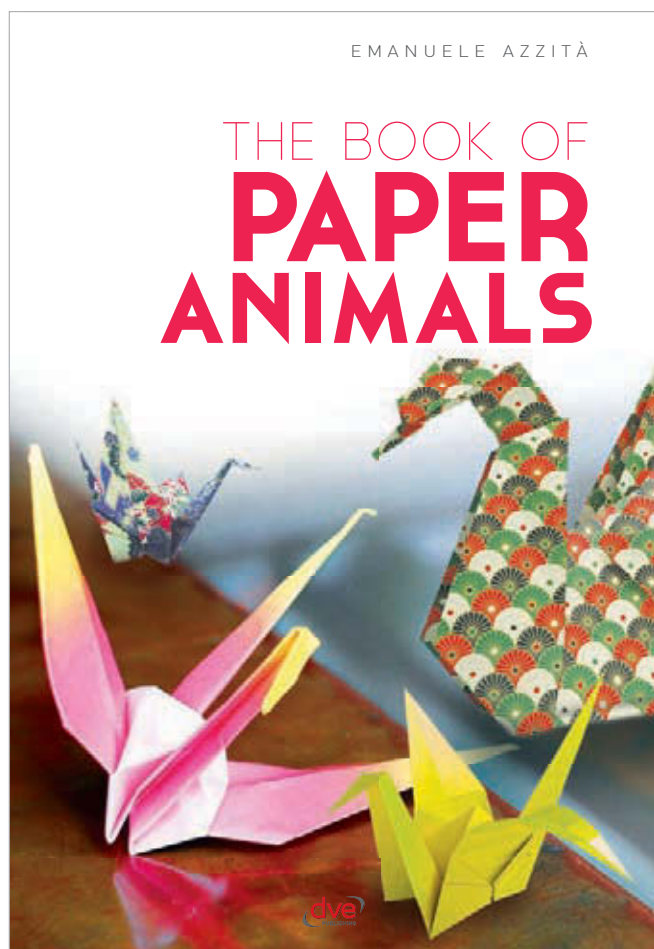


ISBN 978-1-78525-485-7

Format 170 x 240 mm, 256 pages

18,000 words

With this interesting book you can learn different decorative techniques such as traditional decoupage with napkins or even three-dimensional ones, allowing you to perform three-dimensional decorations. Step by step, you will find all indications to prepare surfaces, gluing paper cut-outs and finishing with the appropriate varnishes. You will be able to decorate and give a new look to any corner of your home and to make beautiful objects to give to your friends.



**ISBN 978-1-78525-363-8**  
**Format 170 x 240 mm, 96 pages**  
**7,000 words**

Do you enjoy working with paper? Are you a patient and accurate person or wish to become one? Paper animals are a simple game that can become trickier as your skills improve.

In this book, the numerous drawings will show you, fold after fold, how to make beautiful animals and small sculptures of paper that will liven up with your fantasy and creativity.

And once you've gained certain skills, you will discover how to create other masterpieces in a new and original way.



**ISBN 978-1-78525-472-7**  
**Format 170 x 240 mm, 96 pages**  
**12,000 words**

Very few things are needed: a place to work, the right paper, some colours, scissors, and glue.

We provide the projects with images and step-by-step explanations.

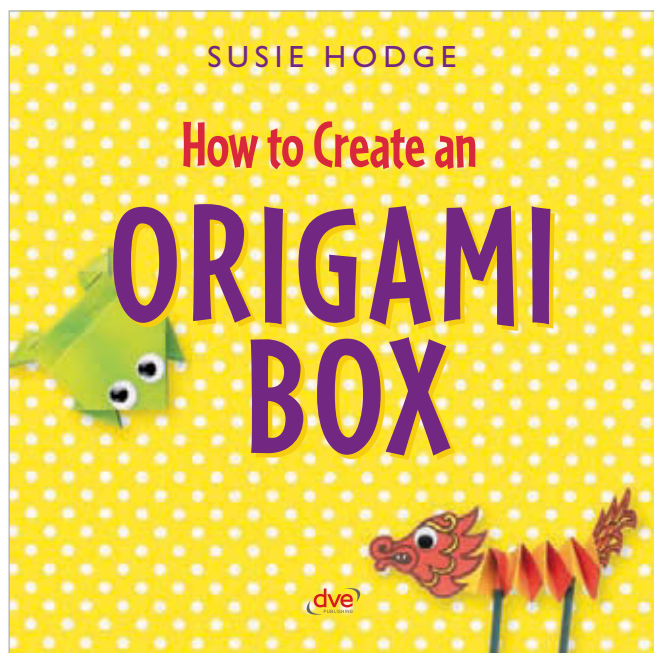
You will learn everything you need to know to make your planes to fly: the tests, the circular flight, how to choose the right wind, etc.

You can choose among many classic and fantasy models: biplanes, V2, fighter aircrafts, "Fly" planes, helicopters, or space shuttles.

You will find the most famous aircraft in history, with one or two propellers...

... and many other flying objects, like the boomerang, an object that returns to the person who threw it, parachutes, hot-air balloons, blowpipes, flying balls, etc.

You will build the plane and make it fly. This is an easy and comprehensive guide, a delight for children and also for all adults who are eager to play.

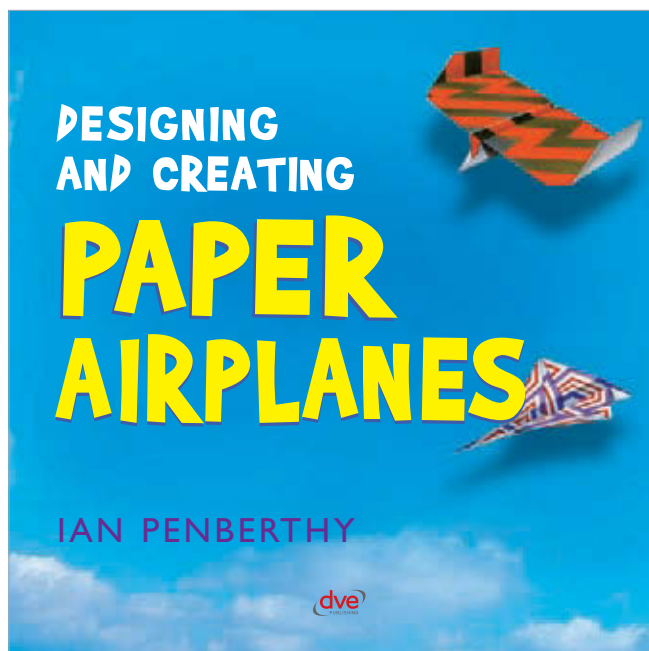


ISBN 978-1-78525-468-0

Format 105 x 105 mm, 128 pages

4,000 words

In order to create origami figures, you need different materials such as special papers to fold, colourful and bright sheets to start cardboards and create three-dimensional greeting cards, scissors and glue, and others basic tools. Coloured pencils give a finishing touch! This book of 128 pages with illustrations, will guide you step by step, with simple instructions.



ISBN 978-1-78525-469-7

Format 105 x 105 mm, 128 pages

5,000 words

You will be ready to fly in no time! This book of 128 pages teaches you how to fold paper airplanes. With 6 designs and their templates, it's easy to follow, and you will quickly become an expert pilot.



---

**ISBN 978-1-78525-470-3**

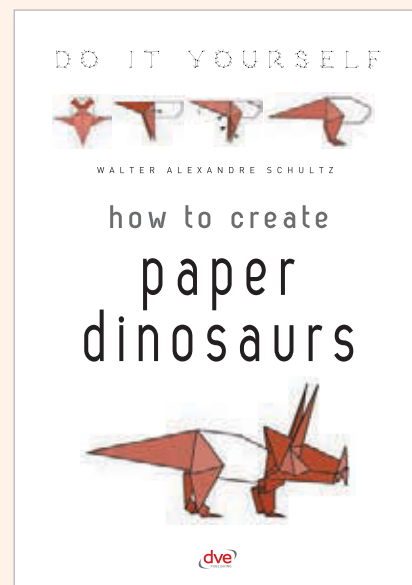
**Format 170 x 240 mm, 64 pages**

**2,600 words**

Some sheets of paper and a bit of patience and skill are enough to create elegant, three-dimensional shapes. And with just a few folds, the art of paper folding can give life to all kinds of fabulous creatures, dinosaurs, and other prehistoric animals. Through a didactic and practical approach, this book will help you to discover this wonderful activity, providing you with numerous tips and tricks:

- Making a good choice of the materials;
- Knowing the techniques of paper folding, explained step-by-step;
- Following the models presented.

This way, you will be able to make your projects a reality and let your imagination soar.



---

**ISBN 978-1-78525-471-0**

**Format 170 x 240 mm, 64 pages**

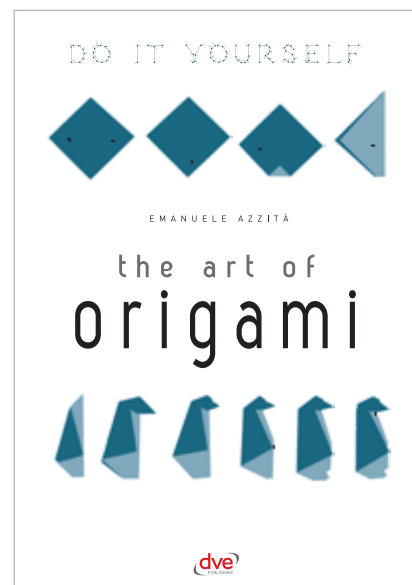
**2,600 words**

Thanks to origami, the ancient art of paper folding that is well known around the world, you can create all sorts of complicated figures such as a swan, an airplane, or a heron, simply by folding pieces of paper.

Through a didactic and practical approach, this book will take you to discover this activity, providing all the tricks and tips to:

- Make a good choice of the material.
- Follow the correct sequence of folds.
- Get inspired by the models presented.

This way, you will be able to make your desires a reality and let your imagination fly.



---

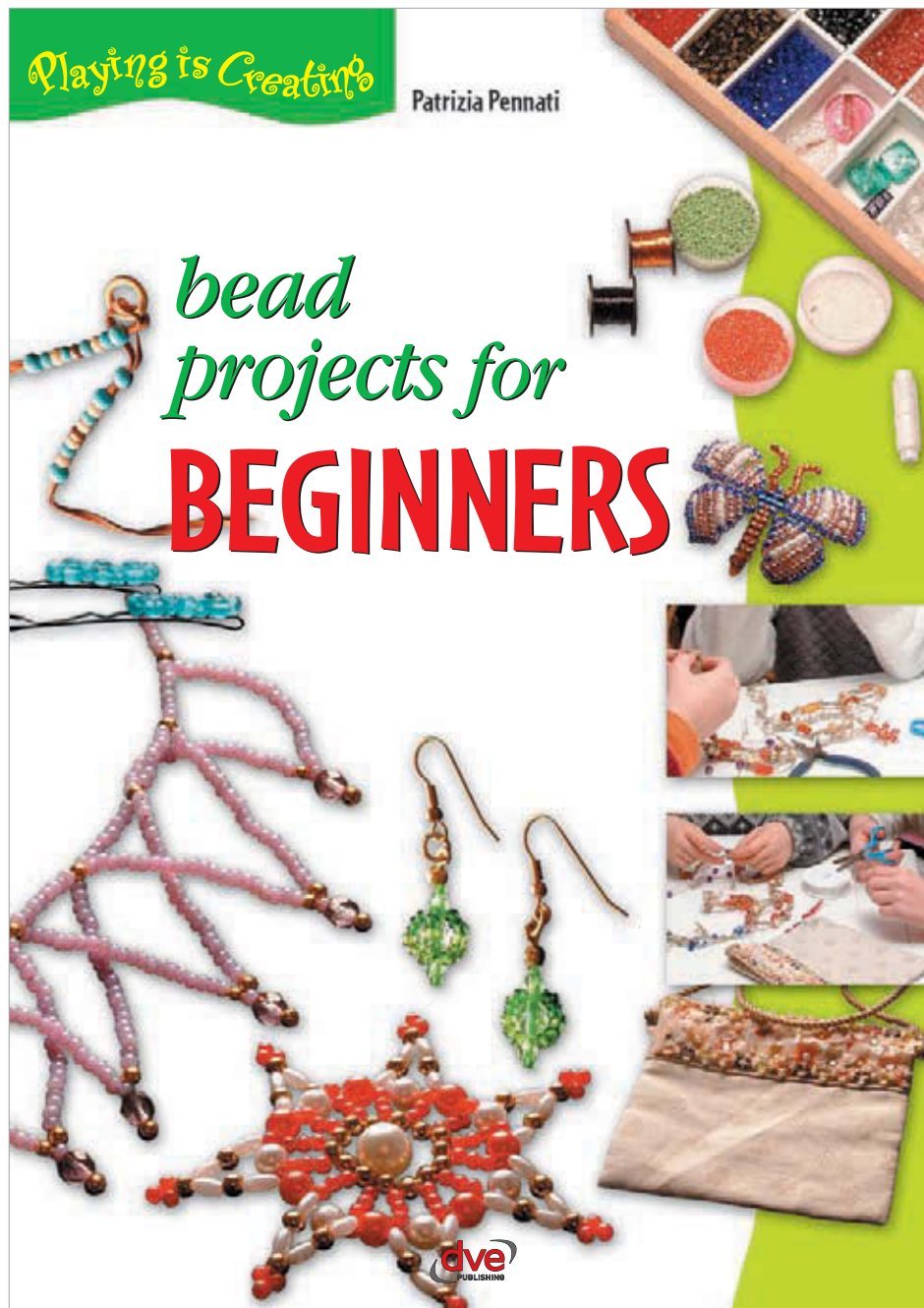
**ISBN 978-1-78525-473-4**

**Format 170 x 240 mm, 208 pages**

**8,000 words**

A simple sheet of paper folded in different ways gives us countless possibilities. In these pages, you will learn the main techniques step-by-step, starting in the beginning with the simplest objects, like a bow tie or a star. Afterwards, you make more complex objects, such as a bamboo stalk with leaves or even dinosaurs. In this didactic manual, the illustrations that accompany the text will help you follow, without any doubts and without any mistakes, each of the steps necessary to achieve the desired object. Among these original, decorative and even useful projects, you will find small objects and paper sculptures to make for yourself or to give to friends and family. With a little patience, skill, and creativity you will be captivated, fold after fold, by this magical game.





ISBN 978-1-78525-477-2

Format 170 x 240 mm, 96 pages

21,000 words

A world full of colour and brightness, made out of hundreds of colourful reflections, is about to open in front of your eyes... It is the magic of the objects created using beads: bracelets, rings, necklaces, key rings, postal cards decoration, belts, bags etc. for yourself or to give as a present.

You will be able to follow the instructions using the images to make your first works; later, when you get the skills, you will free your fantasy and surprise everyone.

---

**ISBN 978-1-78525-478-9**

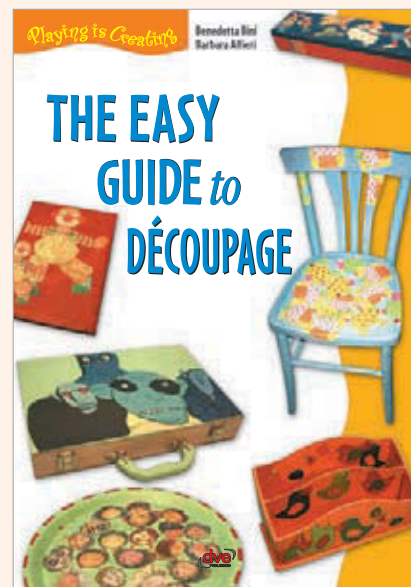
**Format 170 x 240 mm, 96 pages**

**7,000 words**

Scissors, glue, paper with lively colours, paint brushes and acrylic paints... This is all you need for decorating a lot of items that you can keep in your room or gift them to your most beloved friends.

Buckets, baskets, boxes, trays, chairs, stools, cases, glasses fund, trunks and frames, agendas and cases.

With a little bit of patience and ability, everything can be enriched with a lot of colour and with your preferred figures, with your preferred animals... Cheer up and get on with it!



---

**ISBN 978-1-78525-474-1**

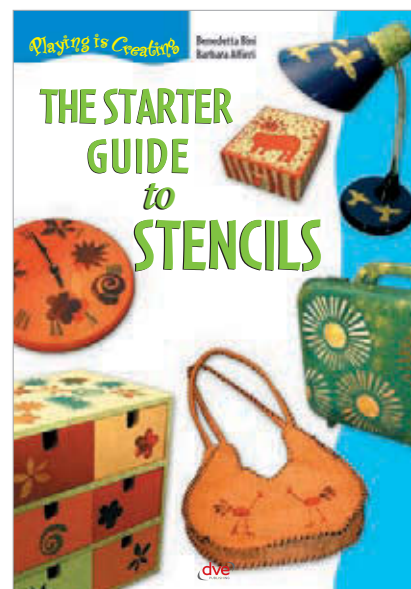
**Format 170 x 240 mm, 96 pages**

**9,200 words**

Stencil decoration: looks nice, right? But, how is it done? It's extremely simple with this book and a few utensils.

Boxes, flowerpots, jars, folders and cases, stools and frames, bags and purses... Everything will likely gain in colour and get a personal and distinct touch, following your imagination and ability.

Discover a fun way of being an artist, with brilliant results, and above all... without any complication!



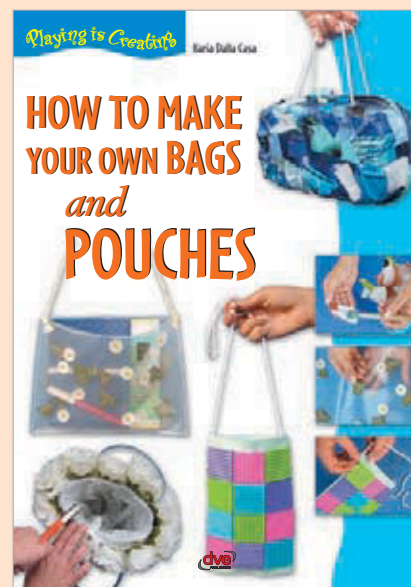
---

**ISBN 978-1-78525-476-5**

**Format 170 x 240 mm, 96 pages**

**8,000 words**

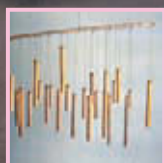
If you want to create your own purse design, this book is for you. Classic, modern, dynamic, practical, elegant, all styles are at your hand once you choose your patterns. By combining colours with patterns and fabrics, you will have a purse perfectly suited to your taste. From easy models to more difficult ones, your friends will always want to borrow your bag!





# 80

## creative ideas



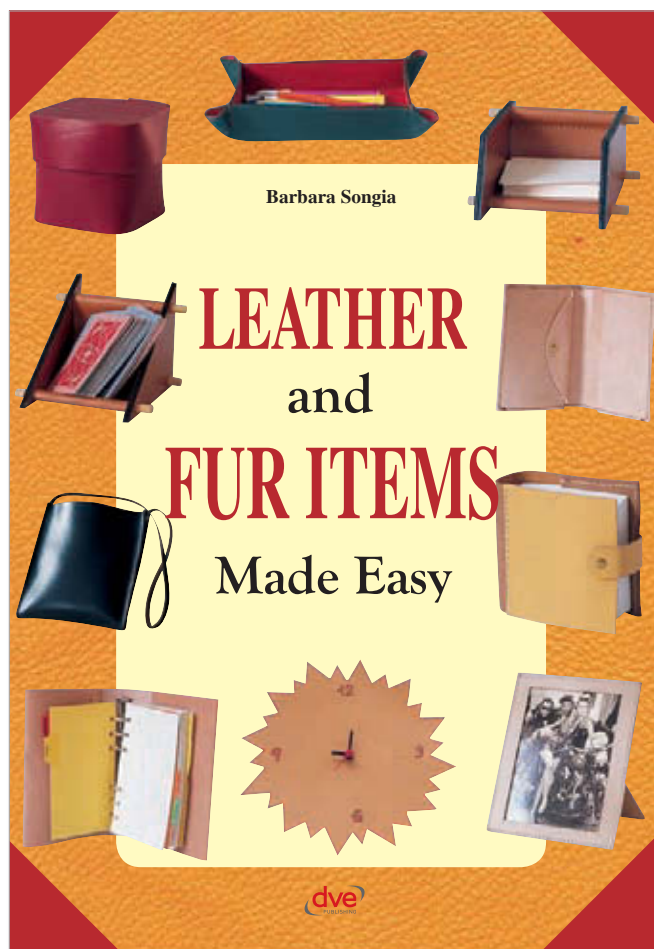
dve  
PUBLISHED

ISBN 978-1-78525-490-1

Format 170 x 240 mm, 208 pages

23,500 words

Designed for children, here's a book with more than 80 ideas that can be performed alone or with friends: paper airplane to challenge your friends in racing, origami to discover the endless possibilities of a sheet of paper, jewelry made with beads, original purses and bags, model salt dough and make magical figures with window colour. In these pages you will find techniques and ideas, but the best will come out of your imagination. Boredom will become a distant memory!

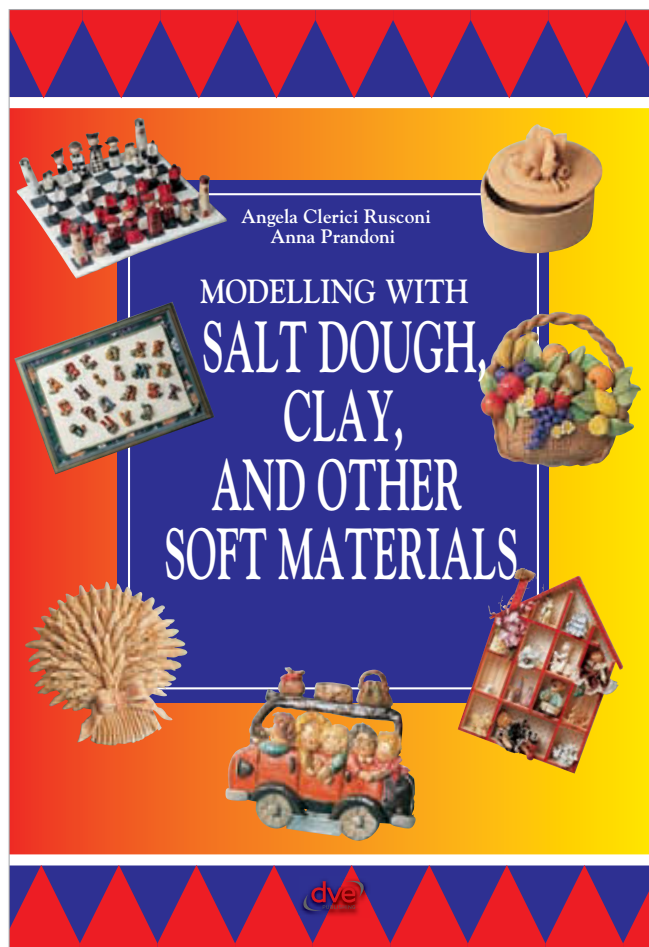


ISBN 978-1-78525-491-8

Format 170 x 240 mm, 160 pages

16,000 words

This book explains all steps, easy to learn, to guide you through leather and fur crafts: cutting, glueing, perforating, sewing, decorating, burning, colouring. You can also see all the necessary tools that you will need to get before starting your work: scissors, knives, hammers, square, compass, needle wool, waxed thread, glue, etc. You will be able to create bracelets, belts, necklaces, cigarettes cases, covers for agendas, purses or even wallets.

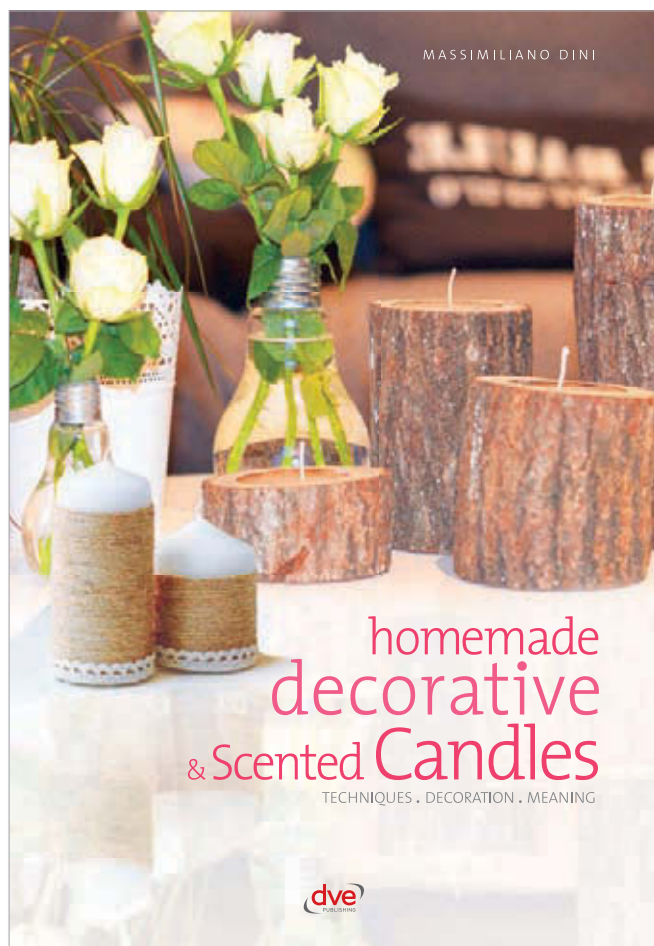


ISBN 978-1-78525-483-3

Format 170 x 240 mm, 160 pages

16,000 words

Modeling dough or clay is one of children's favourite activities. They let their creativity inspire them and the results are pretty dough jewelries, pinch pots or even magnets. They are a variety of modeling clays suited for different purposes. Salt dough is a must for making basic sculptures. It can be used as an all-natural play dough and self-hardening clay alternative. Your finished salt dough sculptures can be air-dried or oven-dried to set.



ISBN 978-1-78525-489-5

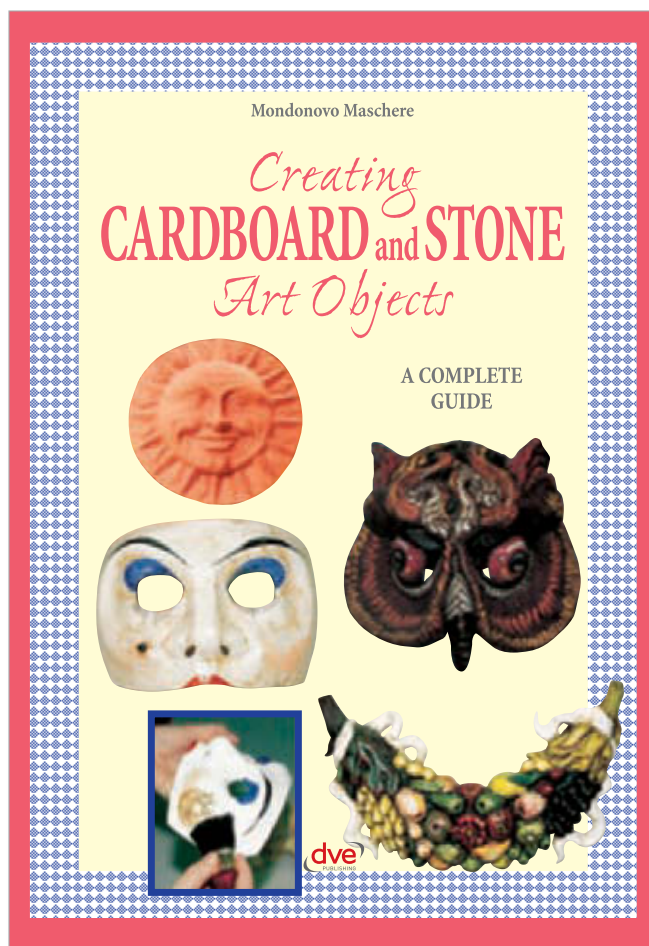
Format 170 x 240 mm, 128 pages

10,500 words

This book will help you discover candles, their ability to transmit optimism, to create a specific atmosphere, and to make any table, house, or garden more elegant.

Here you will find lots of ideas, illustrated in colour and with all the instructions to create them. You'll surprise yourself, and you will amaze your loved ones, friends and guests, and learn how to prepare precious gifts without spending too much.

In short, you will discover the fascinating world of candles.



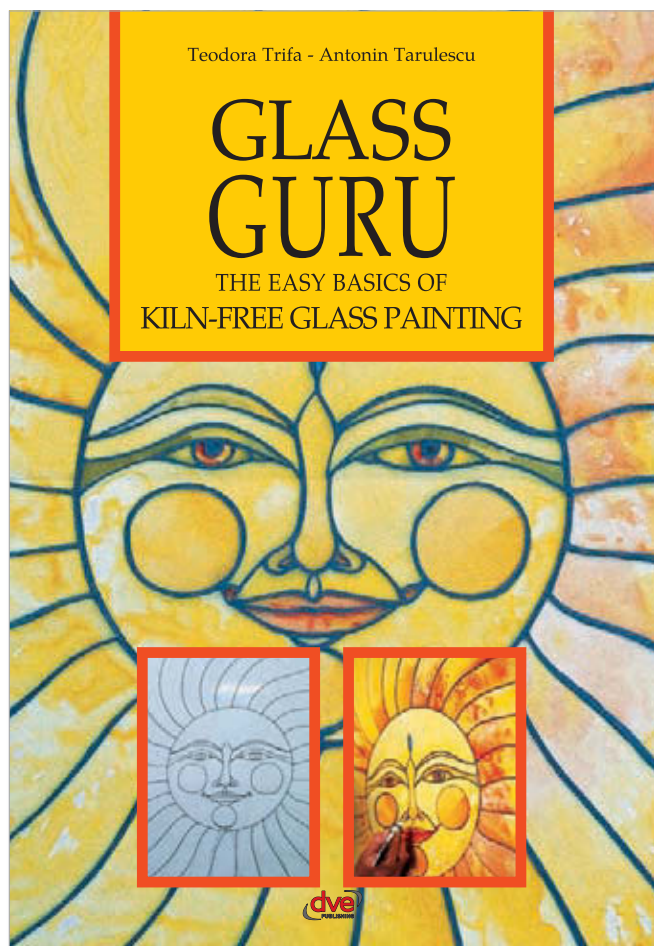
ISBN 978-1-78525-486-4

Format 170 x 240 mm, 156 pages

22,000 words

Here you will find all the instructions, step by step, to use and create objects with papier mâché. What tools do you need to perform increasingly sophisticated creations? The volume is well illustrated with many examples so that you can create many artworks, from small sculptures to masks. This book will answer all your questions and will guide you to becoming a real sculptor.



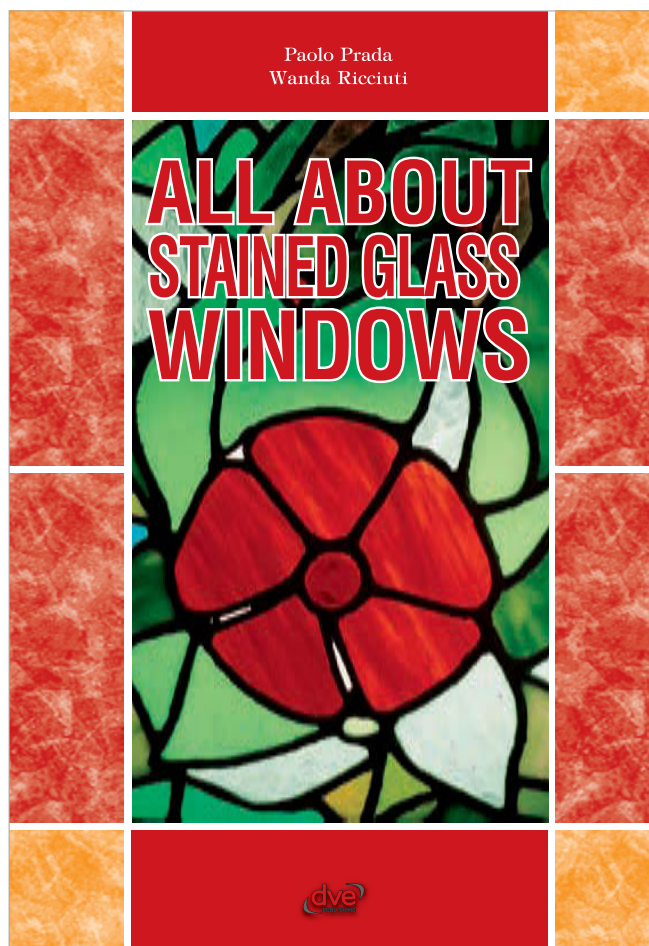


ISBN 978-1-78525-479-6

Format 170 x 240 mm, 160 pages

17,000 words

The art of glass decoration is very old (think of the great cathedrals). This book guides us in understanding the different types of glass. It describes the tools needed and tells us which colours should be used in cold decoration. You can also get special effects with engraving glass, which creates magnificent gradations of colour, tones, semitones and brightness. For each technique, each special drawing, illustrations show the various stages with examples.



ISBN 978-1-78525-480-2

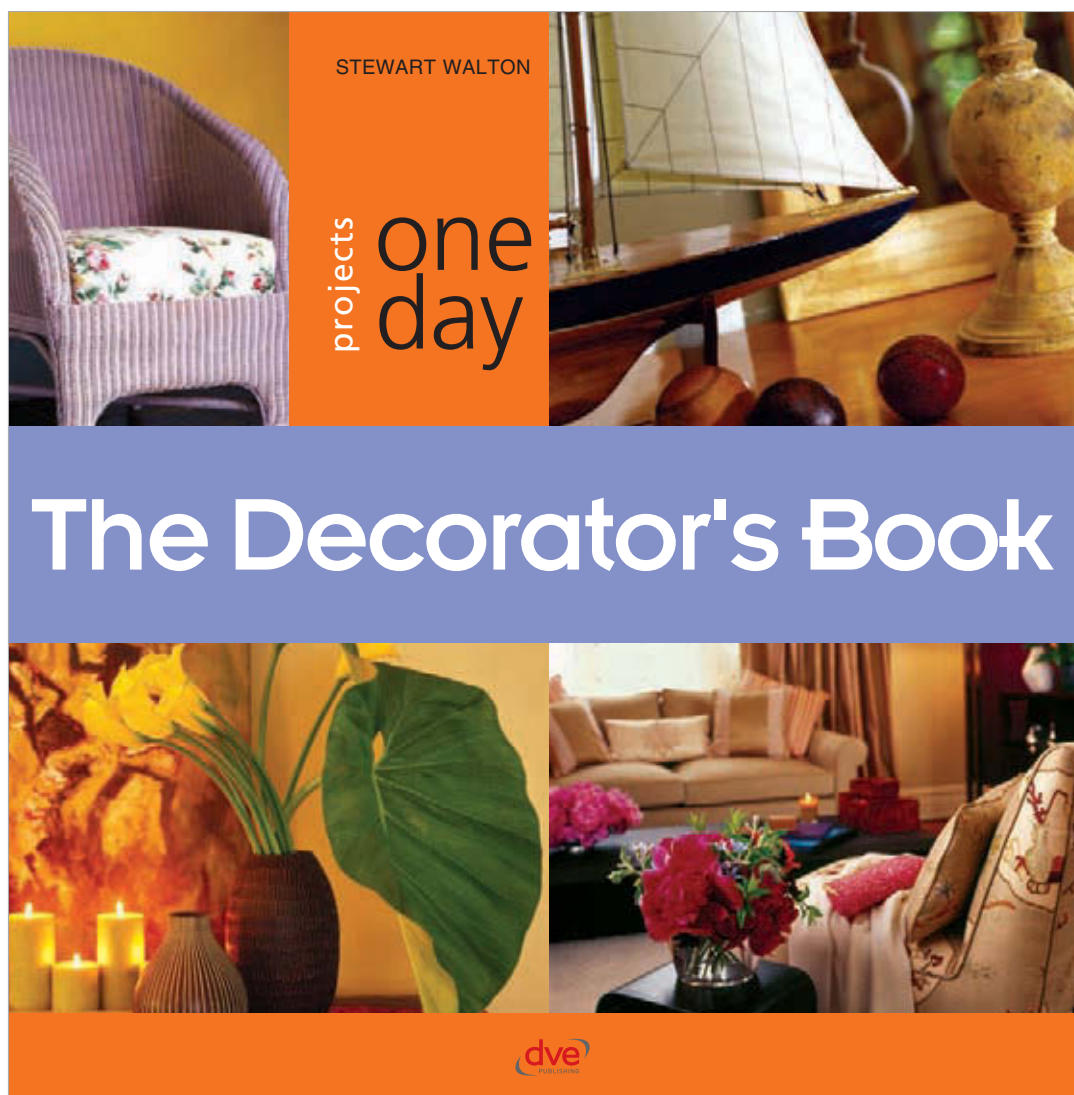
Format 170 x 240 mm, 160 pages

11,000 words

Learn the art of stained glass with the materials that you need, techniques, advice, accessories, most common mistakes, how to solve or use them on your behalf etc.

In this book you will find all the information to practise the different cuts of the glass, manual colouring, assembling the pieces, and the most suitable use of stained glass in doors, skylights, windows, and screens.

Even if you are not an artist yet, glass will do almost everything by itself!



ISBN 978-1-78525-331-7

Format 230 x 230 mm, 112 pages

20,000 words

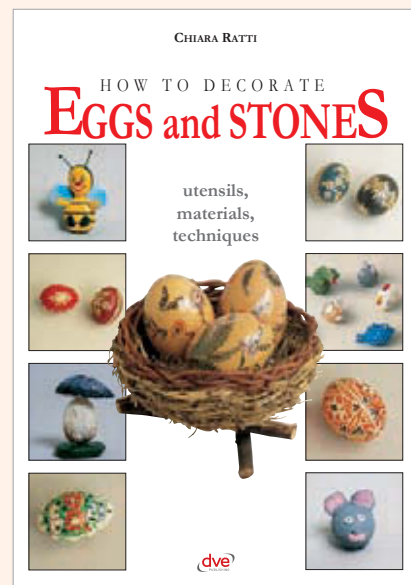
This book contains twelve fabulous projects that will give your home a new look. Whether you want to give a touch of colour to a room, or you want to remodel it completely, Stewart Walton offers diverse possibilities. All projects presented here have been carefully selected so that they can be completed in just one day. Furthermore, they are illustrated with magnificent photographs and include step-by-step explanations with simple instructions. With the elegant design of this book and its detailed instructions, it will encourage you to develop your skills and learn new techniques. In addition, this manual will show you how to customise your projects, using different ideas and variations on each one.

**ISBN 978-1-78525-487-1**

**Format 170 x 240 mm, 160 pages**

**26,000 words**

The author teaches, after preparing eggs and stones, the art of painting, dying and decorating their surfaces in a thousand different ways. With colour illustrations and the clarity of the explanations, it will be much easier to learn the different steps. With the large diversity of stones, you can always find smooth angles or odd shapes, rounded pebbles, planes and bumps that can become nice surprising figures. You can then use them as table or furniture ornaments, paperweights, bookends, or other decorative objects elegant and ornamental.



**ISBN 978-1-78525-484-0**

**Format 170 x 240 mm, 124 pages**

**14,500 words**

Christmas decorations can be created with very different materials. From ribbons to cardboard tubes of aluminium and golden paint, you will be able to prepare Advent calendars, or gold ornaments for the Christmas table. Your decoration will be original and very personal. It just takes a little patience, imagination, and a book like this, with illustrations and explanations that can be modified according to your taste.



**ISBN 978-1-78525-482-6**

**Format 170 x 240 mm, 180 pages**

**28,500 words**

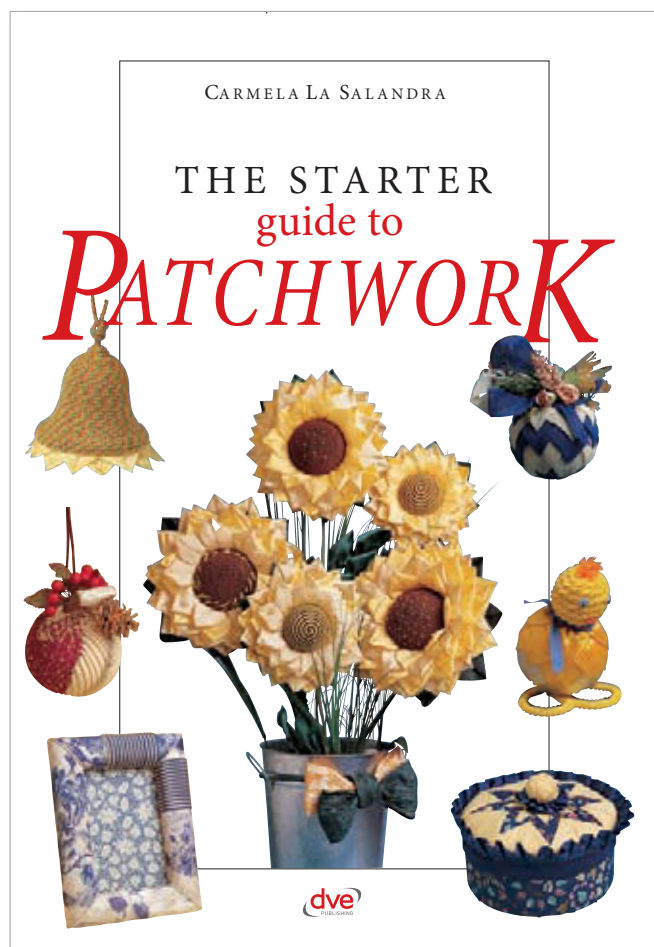
In these pages you will learn how to restore and decorate old furniture, and how to apply the different techniques: stencil, coating, trompe-l'oeil, eastern, Mediterranean or American country styles, etc.

Within the chapters you will learn how to organise the work, what the tools and essential materials that you need are, and the basic and preparatory operations.

Here you will find explanations and images that, following them step by step, will allow you to get professional results.





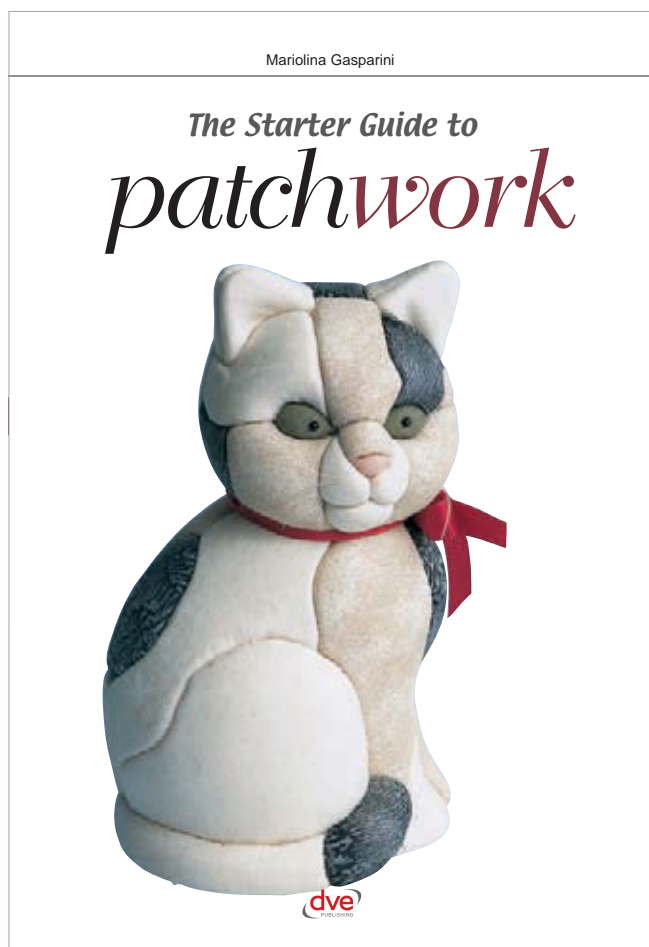


ISBN 978-1-78525-495-6  
Format 170 x 240 mm, 96 pages  
17,000 words

A marvelous and entertaining hobby that only requires some easy to find materials: fabric, tape, thread, glue, pins, and any kind of polyester

You provide the imagination, and we give the indications in this very basic and clear guide

Different techniques will be introduced and explained: artichoke style, crest, cord style, all of them without the need for a needle. You will learn how to create daisies, hyacinths, sunflowers, Easter and Christmas decorations etc. The book just sets up the basics, but you can go a long way on your own and imagine new techniques and compositions!



ISBN 978-1-78525-494-9  
Format 170 x 240 mm, 160 pages  
10,500 words

It seems impossible to achieve such splendid results without a needle, but you can do many!

You only need a pair of scissors, a nail file, a knife, pins, brushes, tissue paper, and spray fixative. To which must be added polyester that can be purchased or made at home by "recycling" packaging. What else? Only fantasy!

This book gives lots of ideas to create beautiful decorative objects explained step-by-step and illustrated with different models.

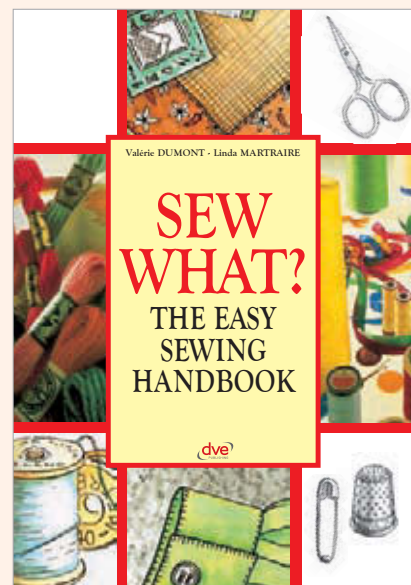
---

**ISBN 978-1-78525-492-5**

**Format 170 x 240 mm, 192 pages**

**25,000 words**

Fashion is accessible to all, and sewing at home has become a real pleasure. In these pages, with technical specification accompanied by explanatory illustrations, you will find references to the necessary material (needle, thread, scissors, etc.), examples for each exercise (sewn flat, with latch button), and the degree of difficulty of each task. This is a useful guide for both beginners and those who already have experience.



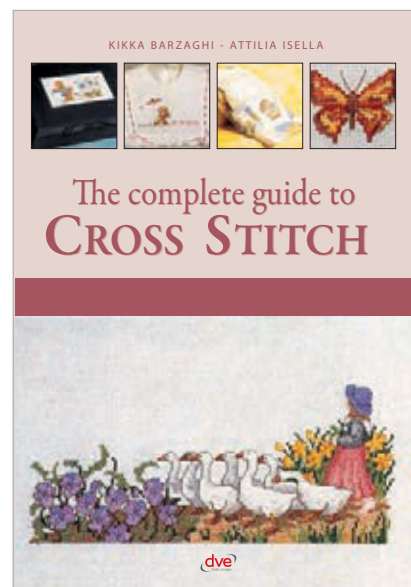
---

**ISBN 978-1-78525-493-2**

**Format 170 x 240 mm, 96 pages**

**21,000 words**

How to resist the charm of one of the most appreciated embroidery? We present some simple exercises to learn the art of cross-stitch. Here you will find all the necessary information, always with illustrations to do as well as an expert embroiderer. Bibs, quilts, aprons, bathrobes, towels, small decoration details and much more, all will be embroidered with your own hands.



---

**ISBN 978-1-78525-496-3**

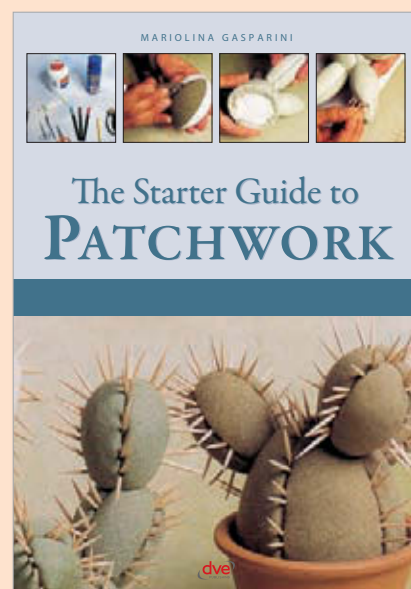
**Format 170 x 240 mm, 96 pages**

**7,000 words**

Needleless patchwork is a novelty: it is a simple art that requires very little work tools.

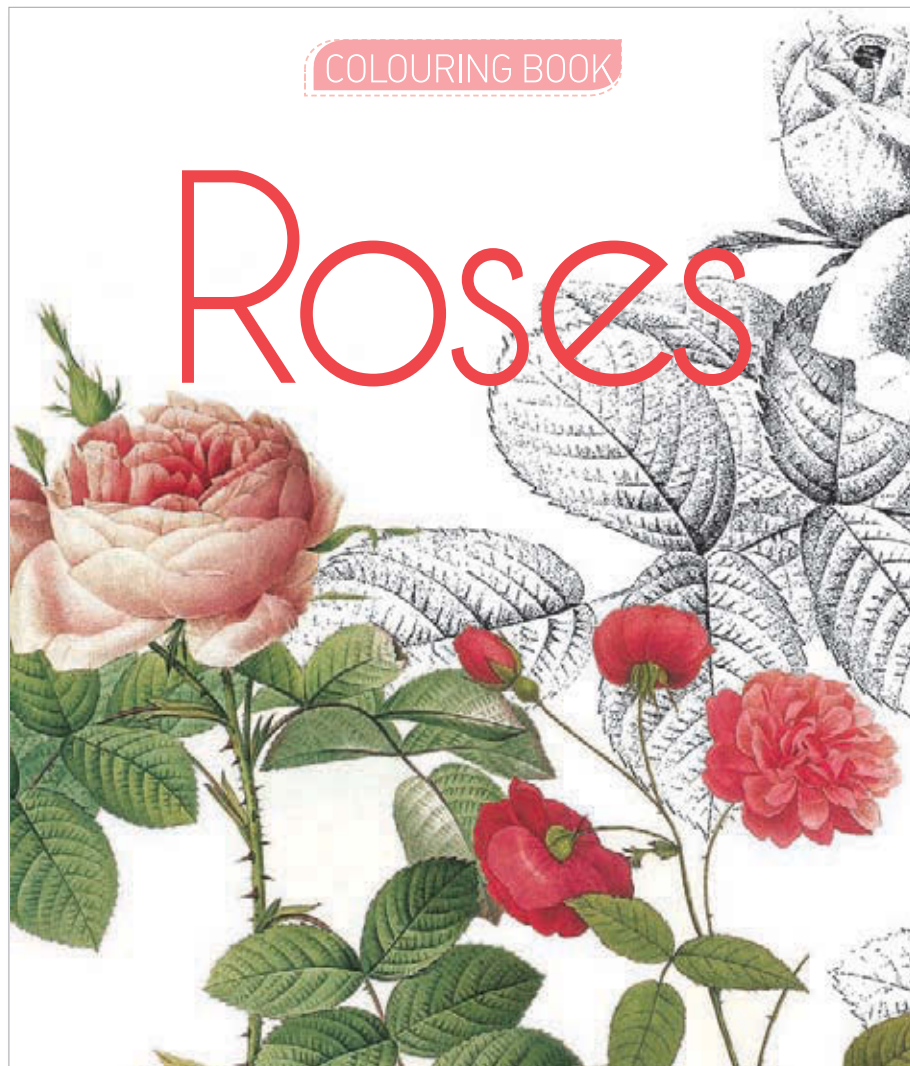
In this book we show you how to make friendly cloth eggs, bells, boxes, carousels, garlands, and animals. Here you will find step-by-step instructions and photographic sequences to help you achieve amazing results.

And when you are done making the proposed models, you will be able to combine them using different fabrics and colours and create personal and original objects.



# COLOURING BOOKS

For those that don't want to get their hands too dirty there are colouring books for adults and children. Retracing the steps of the masters is a great way for readers to experience art hands-on and create their own interpretations. From Impressionism and Expressionism to Abstract art, the art of colouring is regarded as a relaxing pastime for all ages.

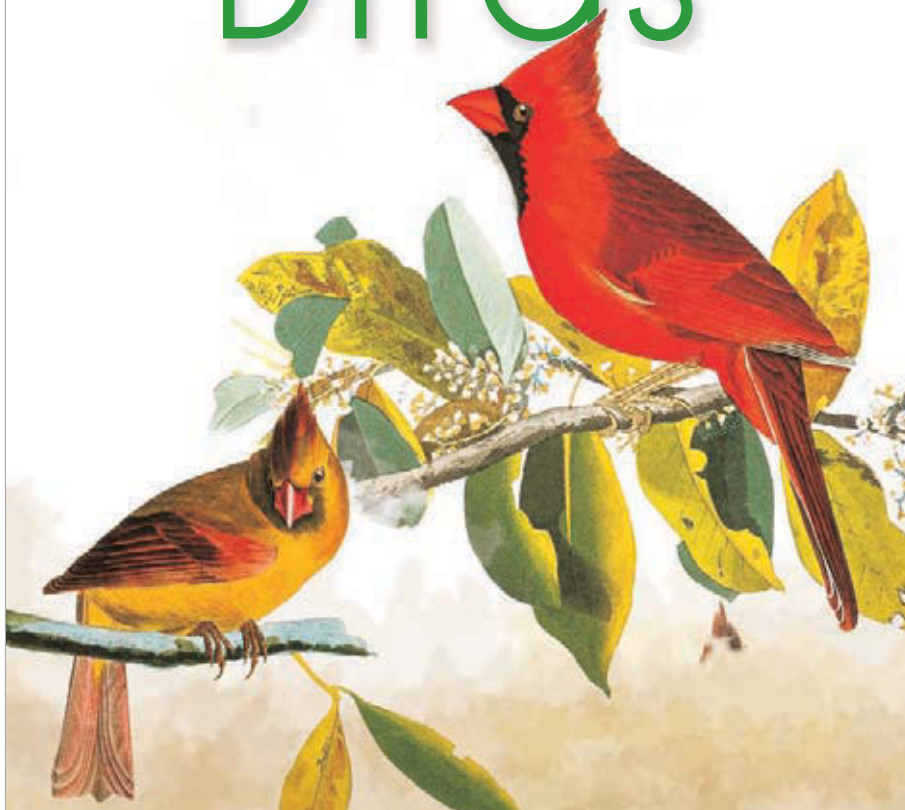


ISBN 978-1-68325-219-1  
Format 200 x 235 mm, 64 pages



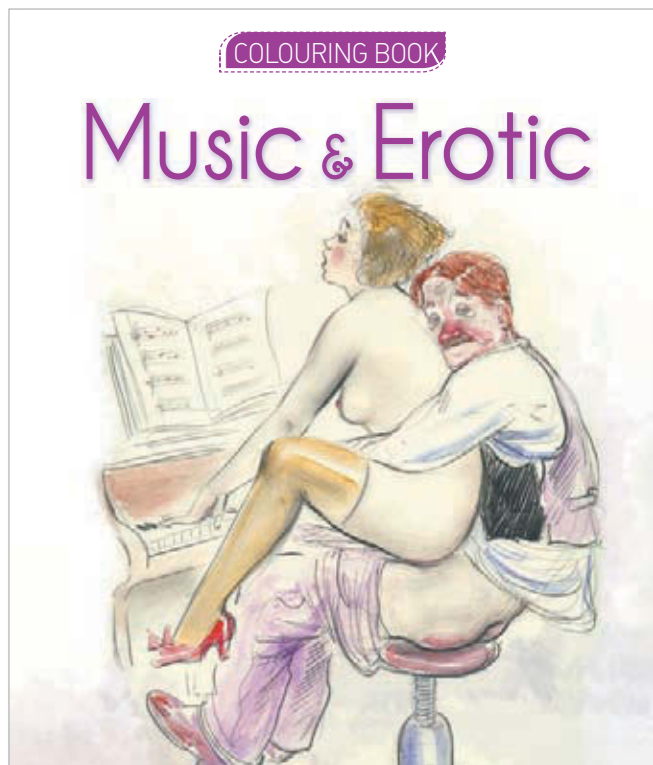
COLOURING BOOK

# Birds

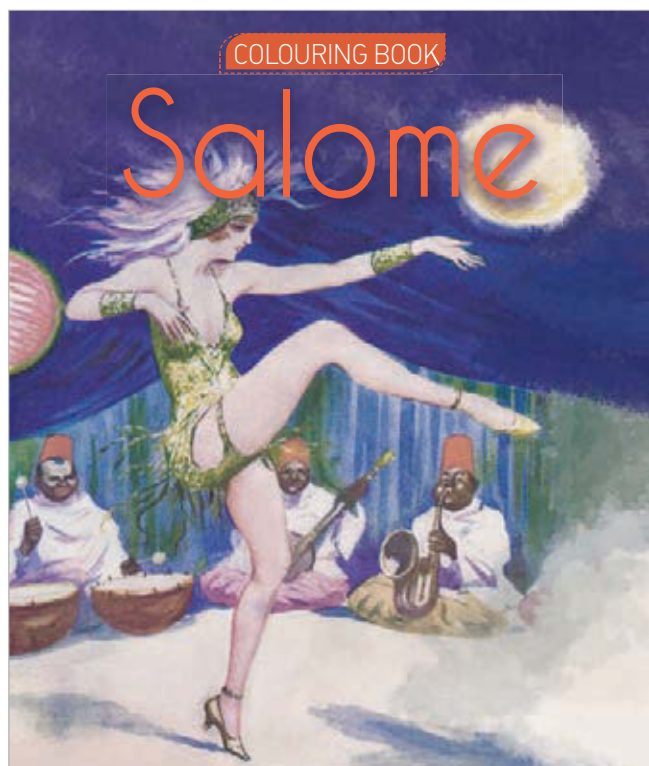


---

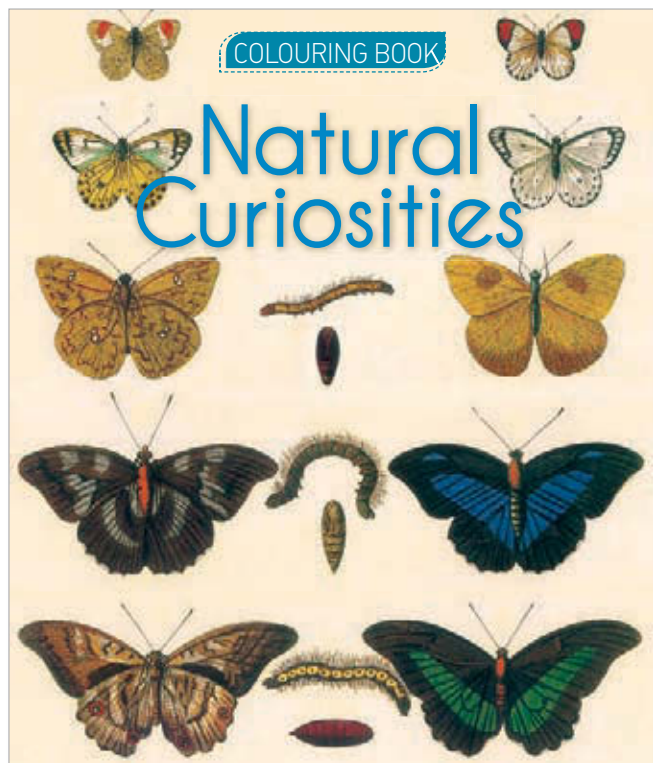
ISBN 978-1-68325-240-5  
Format 200 x 235 mm, 64 pages



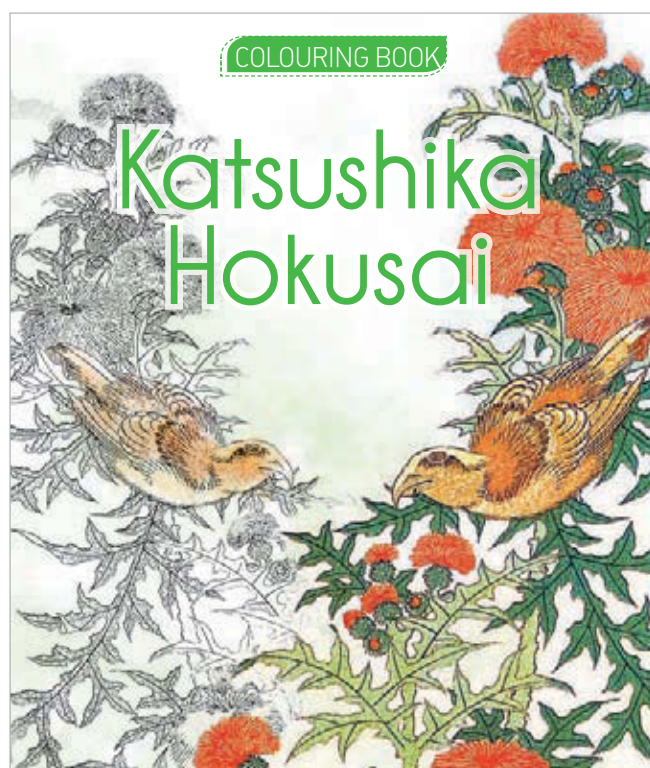
ISBN 978-1-68325-242-9  
Format 200 x 235 mm, 64 pages



ISBN 978-1-68325-245-0  
Format 200 x 235 mm, 64 pages



ISBN 978-1-68325-223-8  
Format 200 x 235 mm, 64 pages



ISBN 978-1-68325-226-9  
Format 200 x 235 mm, 64 pages



# ALSO AVAILABLE

## DO IT YOURSELF

The Complete Guide to Wood Carving

Creating with Clay

The Colour Guide to Creating Bierdermeier Style Objects

Decorating and Painting Stones

How to Decorate and Dress Your Dolls

How to Tie Knots

Lots of Knots: The Complete Knot-Tying Guide

Making and Decorating Candles: A Complete Guide

No-Sew Patchwork Made Easy

Outside the Box: A Million Creative Ideas

## DRAWING AND PAINTING

Drawing Made Easy

The Fundamental Techniques of Painting with Watercolours  
and Tempura

How to Paint in Oil and Acrylic

## INTERIOR DESIGN

All About Studio Apartments

Furniture Facelift: The Art of Painting  
and Decorating Furniture

Interior Design: Sprucing Up Your Space

3D Decoration: The Off the Wall Guide to Decorating Walls,  
Furniture and Objects

25 Chair Models

## PAPER CREATIONS

A Colour Guide to Creating Paper Objects

A Complete Guide to Kirigami

Create Art Works on Paper

How to Create Paper Flowers

The New, Easy Origami Guide

Origami Guru: Hundreds of Models for Endless Folding Fun

## PHOTOGRAPHY

The Modern Guide to Amateur Photography

Photography Made Easy: 9 Easy Lessons

## VARIOUS

The Big Book of Tattoos

A Colour Guide to Bread Sculptures

The Starter Guide to Reading Music









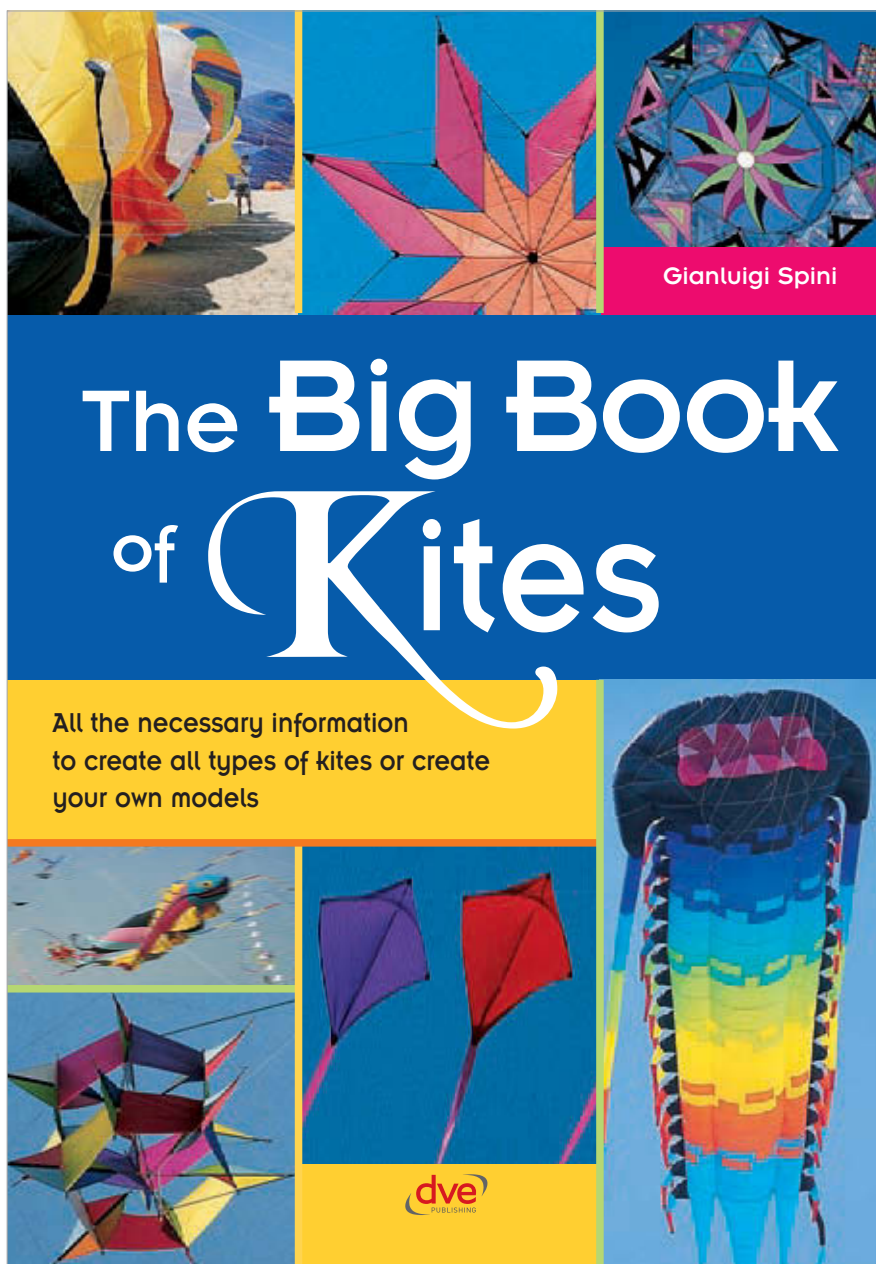
**LEISURE**



# LEISURE

Taking the time to relax and enjoy life is one of the best things anyone can do. Whether it is to go fishing, play a musical instrument, or learn a new skill, it has never been more important to switch off from technology. Mastering new skills can create a sense of achievement which in turn positively affects other aspects of your life, as can playing brain games like chess or Sudoku. It is essential to savour these leisurely moments when one is free from the demands of work and duty and can truly unwind.





ISBN 978-1-78525-507-6

Format 170 x 240 mm, 160 pages

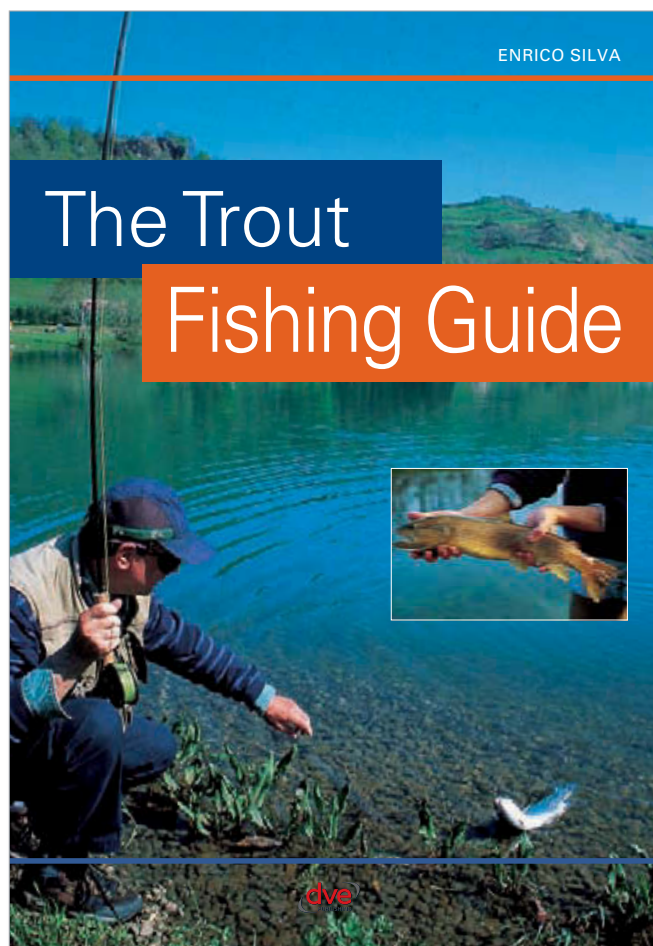
20,000 words

Building and flying a kite with your eyes on the sky is like flying yourself, magically floating in the air.

In this book you will find information about materials, construction, the best winds, tricks, advice for the takeoff, balance and recovering. You will also find design suggestions that you can copy or use as inspiration and improve into your own model.

This activity brings together high technical and artistic skills to enjoy a homemade entertainment, easy, fun, and beloved by both kids and adults.

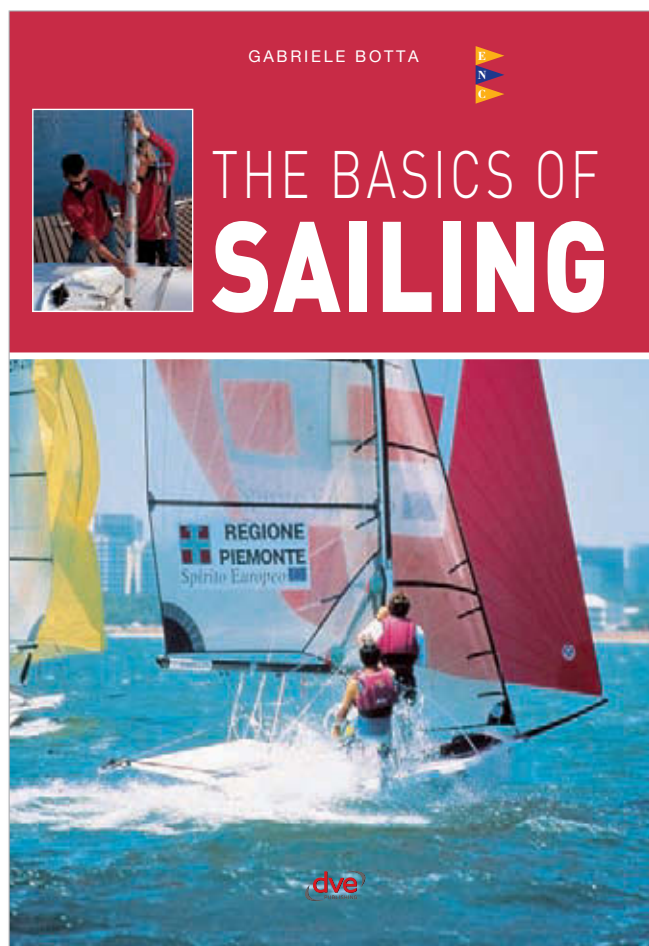




**ISBN 978-1-78525-603-5**  
**Format 170 x 240 mm, 92 pages**  
**11,000 words**

Trout fishing is not a mere diversion for those who practice it, but a real passion. Enjoying the light at dawn that reveals magnificent landscapes, living in close contact with nature, and especially, challenging that tenacious fish... these are some of the aspects that make it a unique activity and an excellent therapy against the stress of everyday life.

With this practical guide, you will learn the different tricks and fishing techniques that will help you get amazing results and great personal satisfaction.



**ISBN 978-1-78525-956-2**  
**Format 170 x 240 mm, 160 pages**  
**27,000 words**

It is commonly said that learning how to manage a sailboat is learning about life itself: It is a highly educational and amusing activity that requires a considerable psycho-physical preparation and perception and sensitivity.

With this guide, you will learn the following:

- How to run a sailboat: techniques and manoeuvres.
- Safety at sea: retrieving a person from the sea and other safety issues.
- Sport sail boating: physical preparation and Olympic disciplines.
- Knots: how to make the most common knots.
- A glossary with the technical terms.



*Playing is Creating*Annalisa Strada  
Gianluigi Spini

# The Best MAGIC GAMES



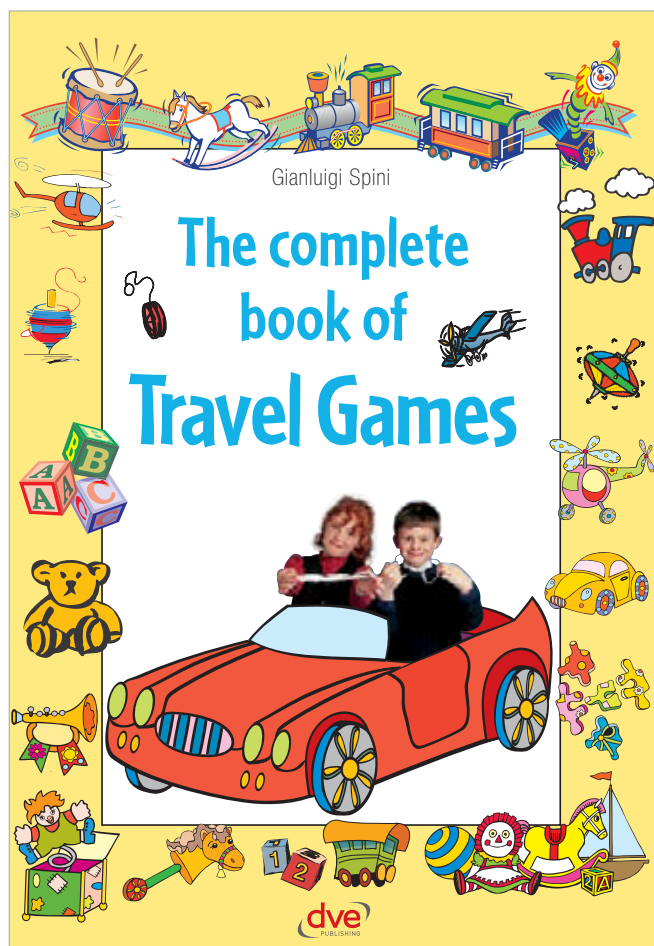
ISBN 978-1-78525-338-6

Format 170 x 240 mm, 96 pages

20,000 words

Here you will find a little bit of everything: card games, tricks with scarves, ropes, balls, magic wands, sheets of newspaper, etc. In short, you will find tricks for which you can use many objects that are easily found at home.

This book contains many tricks with step-by-step explanations and clear illustrations. You will be able to prepare these tricks and surprise your family and friends. You can also prepare the tricks along with your kids, so they will be able to perform them in front of their friends.



ISBN 978-1-78525-375-1

Format 145 x 205 mm, 128 pages  
20,000 words

All the games in this book will entertain children and youngsters during a trip: by car, by train, by plane or by bus, and it offers other useful possibilities to make a fun and relaxing adventure:

- How to entertain and distract even the most restless children in a reduced space.
- A large variety of games, which develop observational senses, feed fantasy, and train your mind. Word games, pencil and pen games, card games...
- Games to amuse adults and to encourage them to play with children.
- Many ideas for parents, teachers, entertainers, and companions of small and big groups. Games which will be liked so much that everyone will want to play them again, even after the trip.



ISBN 978-1-78525-501-4

Format 170 x 240 mm, 256 pages  
48,000 words

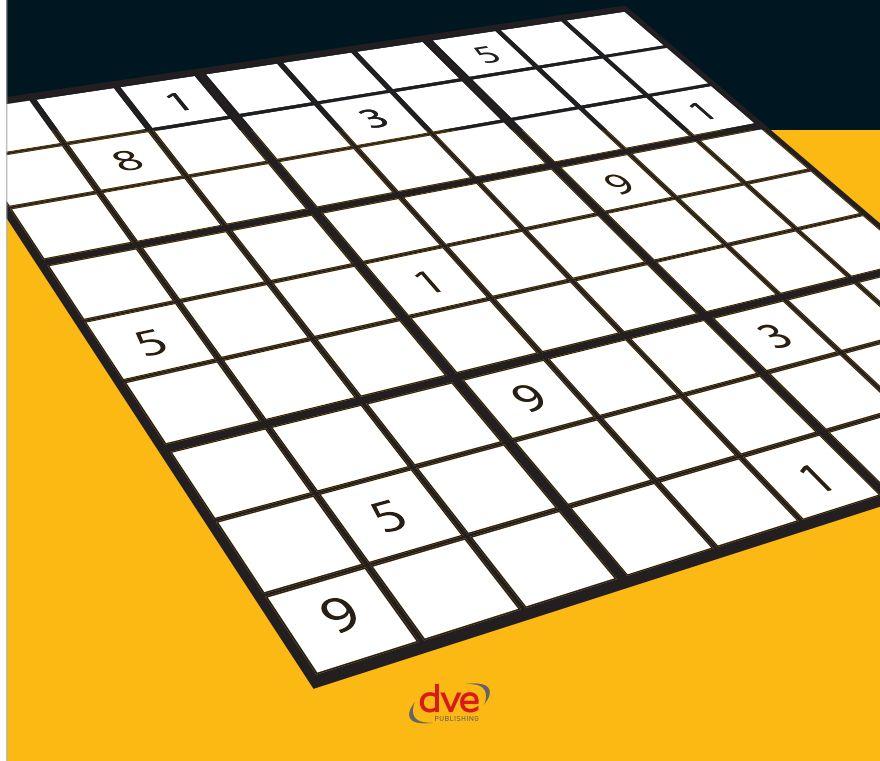
No more TV! Let's get creative with new games!

A never ending list of new and classic games to make friends, to enjoy, to have fun, to learn and to think and to improve your brain skills. At home or outdoors, while traveling or during holidays, around a table, on the floor, moving around, or in total freedom, in this book you will find the rules, instructions, and materials that you need for the games.

Fun and friendship knows no age!

PATTY  
PALOMBA

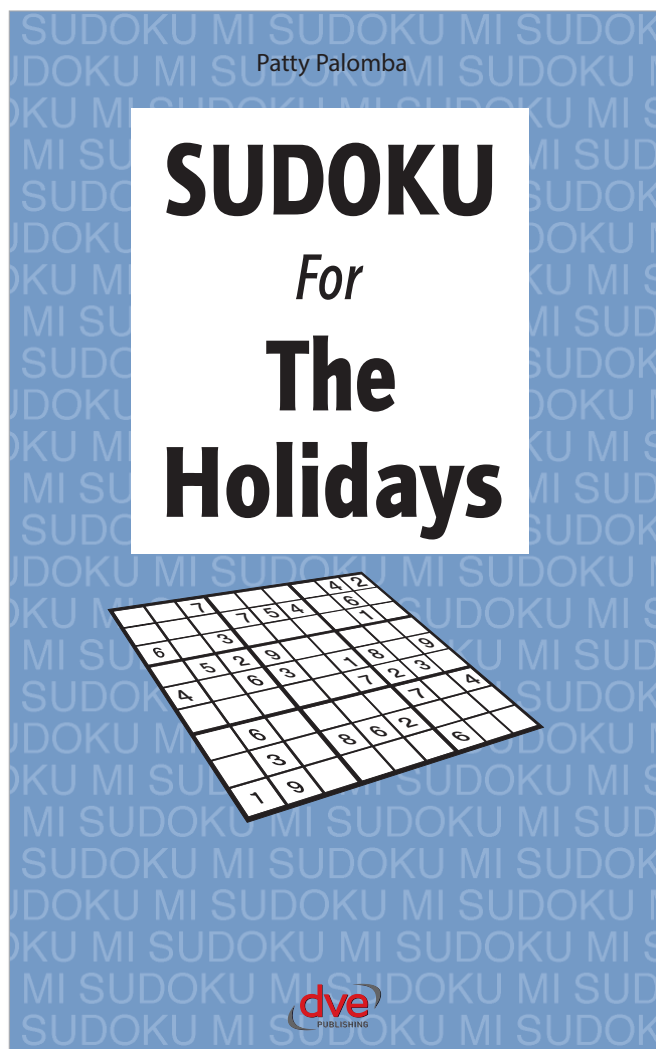
# THE BIG BOOK OF SUDOKU



ISBN 978-1-78525-360-7  
Format 170 x 240 mm, 320 pages  
1,000 words

For huge fans and for those who have not yet discovered this great game; for the great experts and the new ones who are taking their first steps, here is the best number game. With a grid composed of nine rows and nine columns, you have to complete the game following very simple, basic, but fast rules. Hobby, puzzle, focused game, you can choose to fill one grid as you prefer, but the result is always the same: everyone wants to do more!





**ISBN 978-1-78525-361-4**  
**Format 110 x 180 mm, 64 pages**  
**500 words**

Sudoku rules are very simple:

- A table of nine lines, nine columns, and nine squares.
- In this table, you will find numbers from 1 to 9.

All you have to do is to find and fit the remaining numbers, and they can only appear once per line, column, and square.

Thanks to these guidelines, you will start playing Sudoku, and you won't be able to stop. For this reason, De Vecchi Publishing offers a new book for every month full of Sudoku table, so you can keep having fun!



**ISBN 978-1-78525-362-1**  
**Format 105 x 175 mm, 144 pages**  
**1,000 words**

Want to test your logic and reasoning abilities? Have fun with Sudoku! It works with just a few rules and is very simple. In these pages you will find many grids to solve, starting with the easier ones, then getting harder and more challenging. It is a hobby, a numerical puzzle based on logic, and a way to test your mental agility. It is the game of the moment.



# The Encyclopaedia of CHESS ERRORS

Equipo Exp. 2100



---

**ISBN 978-1-78525-611-0**

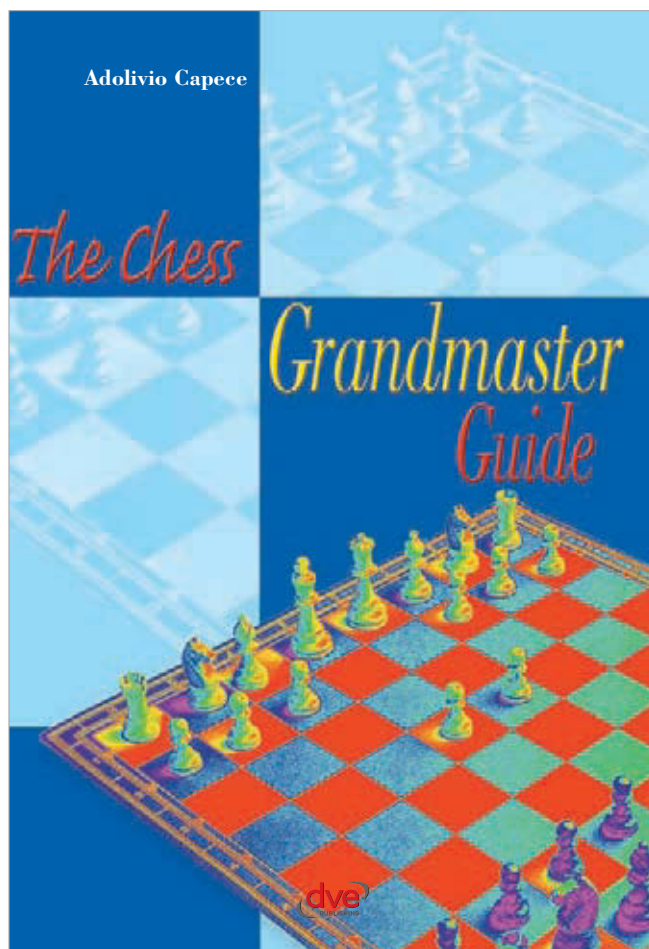
**Format 145 x 205 mm, 192 pages**

**29,000 words**

Chess is considered as an art or a science, so all of the strategies that are commonly used can be transcribed and studied.

Many times, it may happen that a game is ruined by a series of inappropriate movements, that's why it is convenient to analyse them in order to find the mistake and realise its consequences.

Over time, if you have implemented this method, you will find it very easy to be more precise in every game, placing the pieces in the right square and developing a strategy that will lead you to victory.



---

**ISBN 978-1-78525-612-7**

**Format 145 x 205 mm, 252 pages**

**44,000 words**

Chess is based on simple rules, and it's a hobby that requires the use of all mental faculties: memory, logic, attention, and imagination.

This book offers the possibility of getting started in this game and learning all the secrets and tips to become a master.

You will learn the rules and foundations of the game, notation, opening and centre control strategies, as well as defence and attack strategies. Furthermore, you will be able to practise with the schemes and practical examples collected in this book.

---

**ISBN 978-1-78525-372-0**

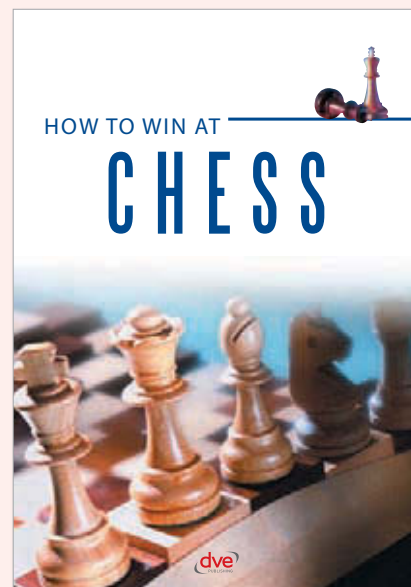
**Format 145 x 205 mm, 160 pages**

**29,000 words**

Chess is considered by many as an art or a science, and its strategies can be analysed and studied in advance.

When should we make an attack? What is the Indian defence? How do we protect the central pawns? This book provides all the answers to these and many other questions.

This is a manual that includes the experience and analysis of the authors, obtained from real situations, which undoubtedly constitute a valuable help for those interested in this wonderful game.



---

**ISBN 978-1-78525-369-0**

**Format 145 x 205 mm, 156 pages**

**26,000 words**

This comprehensive and practical book is interesting for any chess fan, whatever their level of expertise.

The text is accompanied by colour boards that show the most interesting games in which the different openings are key elements in its further development.

You will learn the right strategy depending on the different openings and problems that may arise, and you will learn to run the game from the very first move. Taking the lead in the game will pave the way to the final victory.



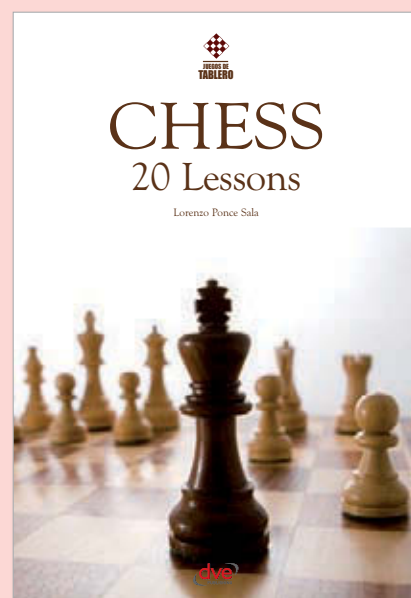
---

**ISBN 978-1-78525-610-3**

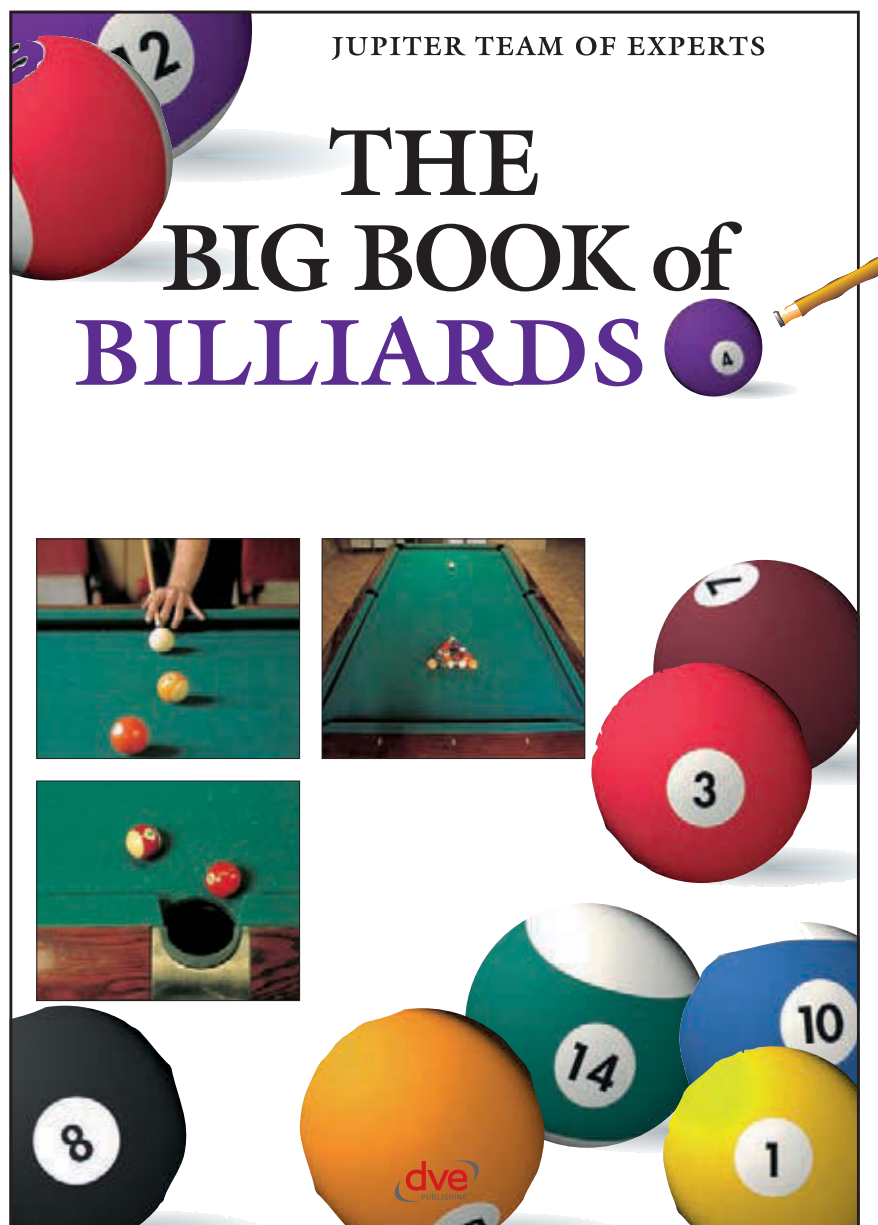
**Format 145 x 205 mm, 224 pages**

**27,000 words**

Playing chess can teach young people an infinite field of fun as well as a way of training and developing their minds. Chess is one of the most popular strategy games in the world, also considered an art, a science and a mental sport. Chess is not a chance game, but a discipline that requires training. You have to use the adequate mental agility to confront your enemy's strategy. In just twenty lessons you will master the basic rules of chess and this world of strategy.







ISBN 978-1-78525-355-3

Format 170 x 240 mm, 128 pages

30,500 words

Billiard, which goes back to Egypt and ancient Greece, is one of the most played sports in the world and is becoming increasingly popular among young people.

In this book you will learn everything you need to know about American billiard: balls, correct positions, techniques, tactics, analysis of the moves, rules, etc.

This book is aimed at amateur players who wish to get started in this wonderful game and learn how to be a champion in a few lessons.

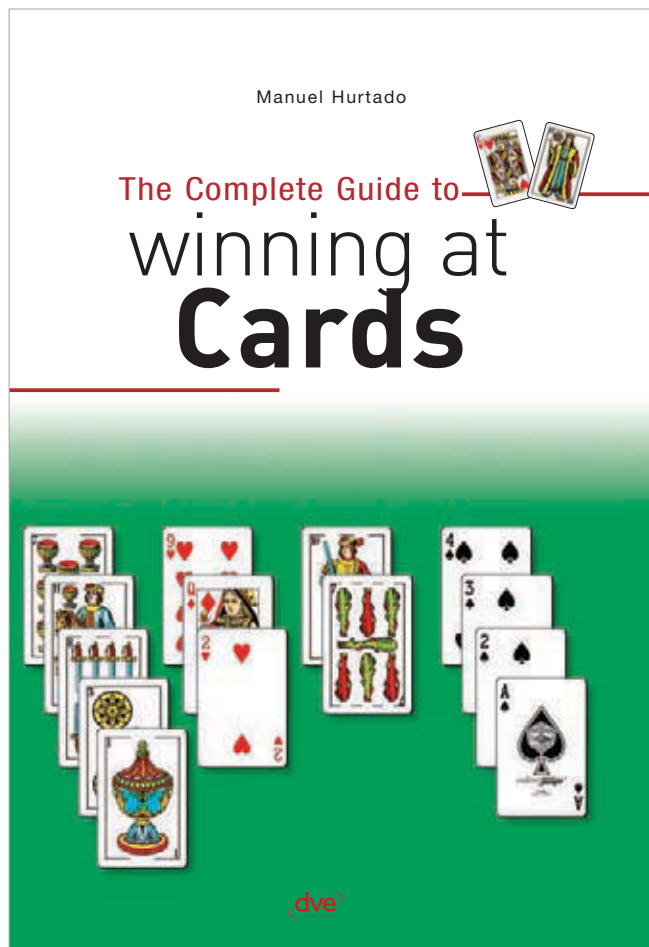


ISBN 978-1-78525-368-3  
Format 170 x 240 mm, 360 pages  
135,000 words

What could be better than card games to liven up a soiree, a rainy Sunday evening, or to finish a good family lunch?

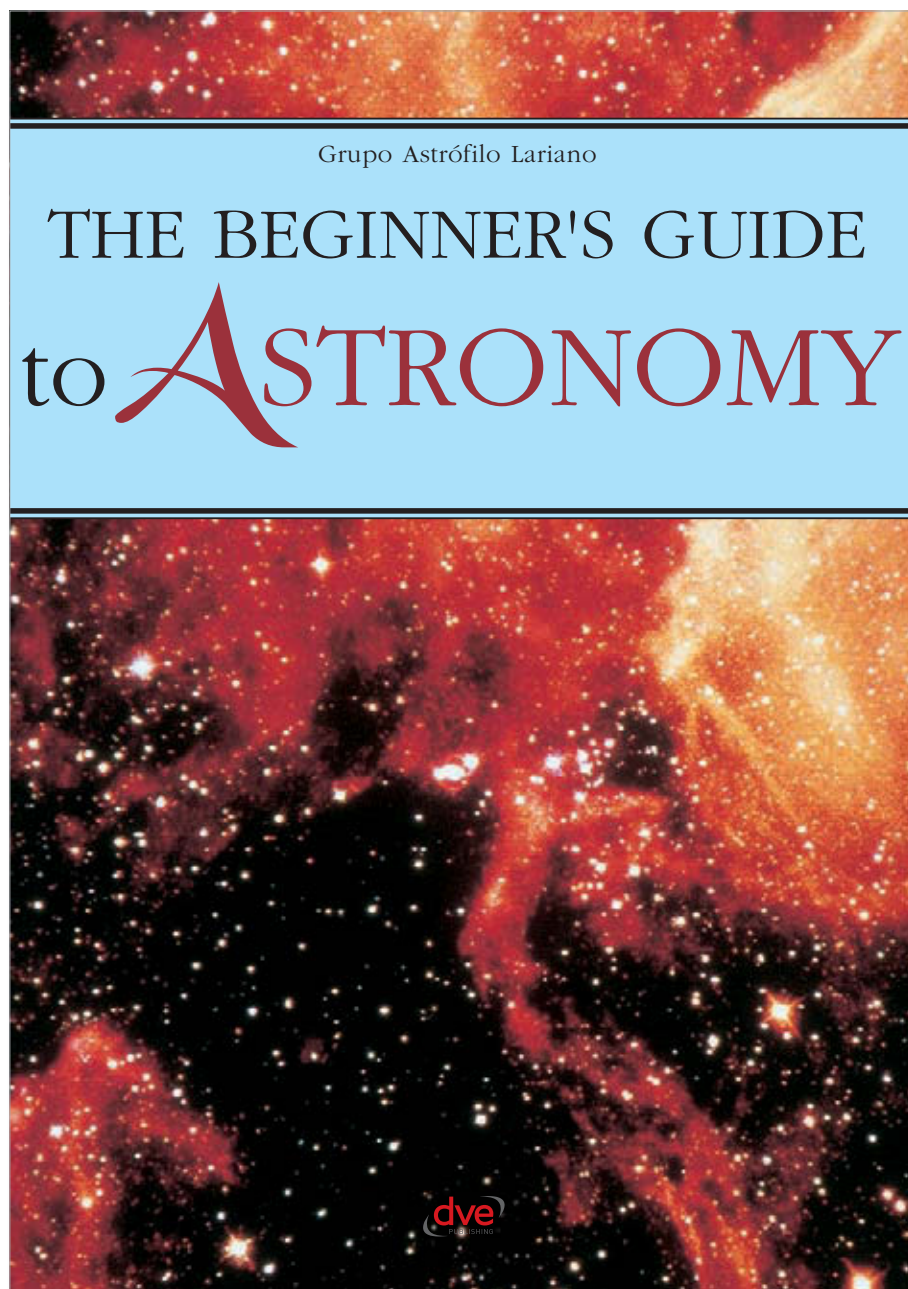
Indeed, in this book you will find plenty of card games for all the age ranges, from the most popular to the most unheard of: traditional games, games of chance, games for children, solitaire, etc.

The games are presented altogether with the rules, tactics and strategy advice, and examples of games to teach everyone how to play.



ISBN 978-1-78525-371-3  
Format 170 x 240 mm, 224 pages  
52,000 words

Winning at cards is not only a matter of good luck, nor does it encrypt everything on experience, intuition, and cunning: the key is to learn and master the art of the game, and its various possibilities and solutions. In the pages of this book you will find the most suitable tips on each game techniques. If you like to play with your luck, you will be able to know more about poker, baccarat, and others.



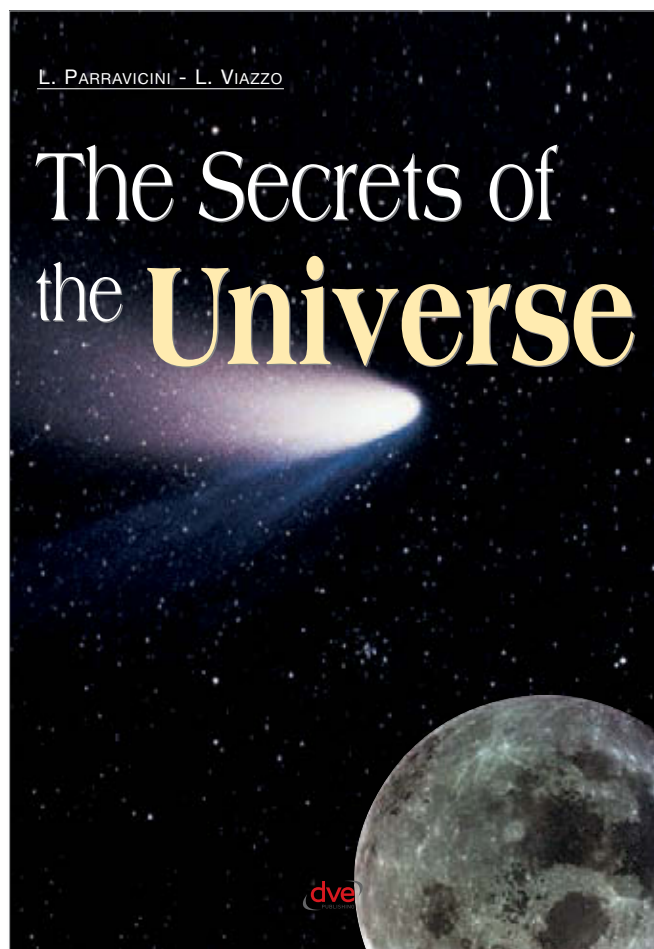
ISBN 978-1-78525-607-3

Format 170 x 240 mm, 258 pages

54,000 words

This book will teach you how to orientate yourself in the starry sky and how to find and recognise constellations, stars, and planets. Learn about the origins, classes and properties of the stars – single, double, variable, supernovae, white dwarfs, pulsars – and other celestial objects such as star clusters, nebulae, or even galaxies. This book addresses not only the fans of astronomy, but also all those who are approaching this fascinating field of knowledge for the first time. It is an irreplaceable guide for anyone who wants to learn about the wonders of the night sky.





ISBN 978-1-78525-608-0

Format 170 x 240 mm, 152 pages

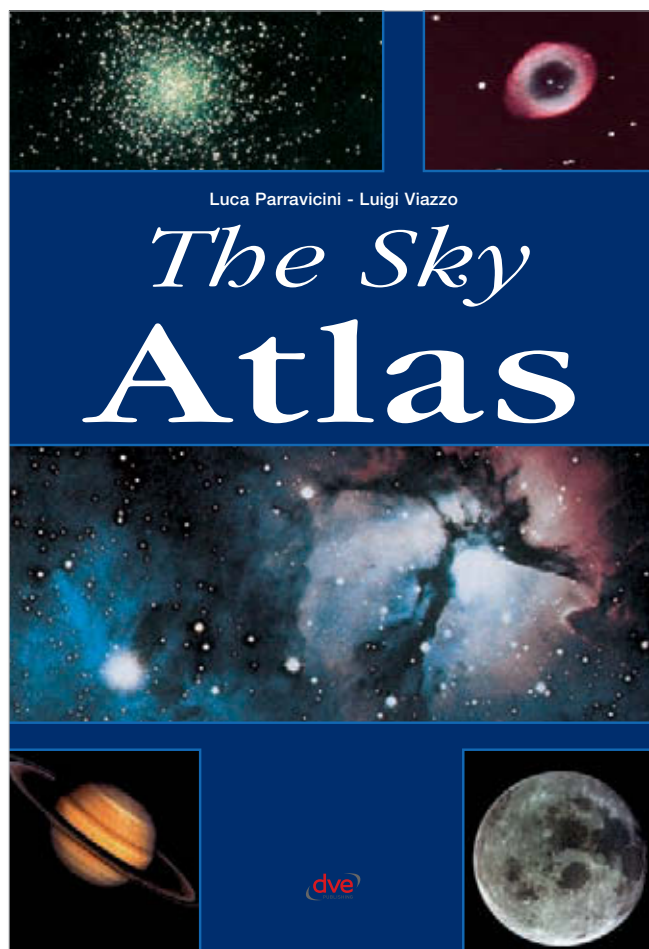
32,000 words

This work, rich in illustrations and written by experts on astronomy, will teach you essential knowledge for observing the sky:

- The origin of the stars and their different categories (simple, double, variable, supernovae, white dwarfs, pulsars, etc.), others celestial objects (star clusters, nebulae, galaxies, etc.).
- The origin of the planets of our solar system, their orbits, their satellites.
- The most appropriate observational instruments (binoculars, telescopes, cameras, etc.).

In addition, this book includes a valuable guide to the sky, containing all the celestial objects.

This guide will be of interest to those who approach astronomy for the first time as well as to those who already possess a basic knowledge of the stars and the sky.



ISBN 978-1-78525-609-7

Format 170 x 240 mm, 160 pages

24,000 words

The firmament has always aroused interest and curiosity throughout history and even today it remains as a mystery. This book is aimed at those who always look at the sky, wondering what it holds.

This is a complete guide to help you find and discover planets, stars, and galaxies, including in-depth information, illustrations, sky maps, and pictures.

ROBERTO TRESOLDI

# HOW TO LEARN ANY LANGUAGE IN A HURRY



---

**ISBN 978-1-78525-399-7****Format 145 x 205 mm, 144 pages****33,000 words**

This method, based on a holistic approach, makes learning a foreign language an easy and efficient task. It uses all the instruments that nature and technology provide. With this innovative teaching method you will gain self-confidence, and you will take advantage of your abilities.

The key to this method is that each lesson consists of a theoretical and practical offering part, including exercises, tips, and ideas. Furthermore, this book pays particular attention to new technologies to facilitate the acquisition of language skills.

---

**ISBN 978-1-78525-400-0**

**Format 145 x 205 mm, 288 pages**

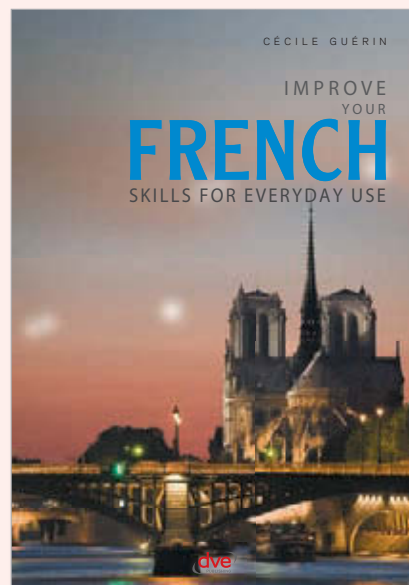
**70,000 words**

Learning a foreign language through real situations is, without a doubt, the safest way to fix it in your memory and use it with agility when the occasion arises, avoiding errors and misunderstandings.

This book is a very helpful tool to learn French gradually and effectively.

The dialogues and tables will help the reader to easily memorise commonly used words and colloquialisms, with which you will dominate the essential vocabulary and phraseology that will be the solid foundation of your future proficiency.

Because the explanation of the grammatical rules goes hand in hand with practical applications, grammatical and syntactical structures of French will no longer be an inextricable mystery and source of doubts and errors.



---

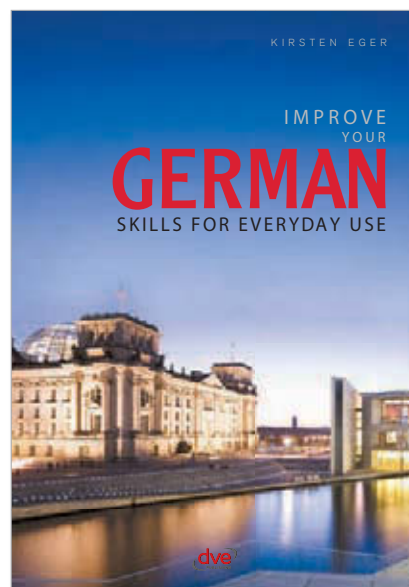
**ISBN 978-1-78525-402-4**

**Format 145 x 205 mm, 316 pages**

**78,000 words**

The only effective method to learn German in a fast and fun way is to practise first and to study the grammar afterwards. This book has everything you need to know about the German language: basic vocabulary, syntactic rules, and irregular verbs. Every section is accompanied by several examples taken from the everyday life.

Besides, with the exercises and the solutions provided at the end of the book, it will be very easy to learn the foundations of the language. If you have any doubts, you can always look in the index to resolve them right away. And to make it even easier, the pronunciation is transcribed using a simple phonetic alphabet. This book is, without a doubt, the most complete German course that you can find.



---

**ISBN 978-1-78525-395-9**

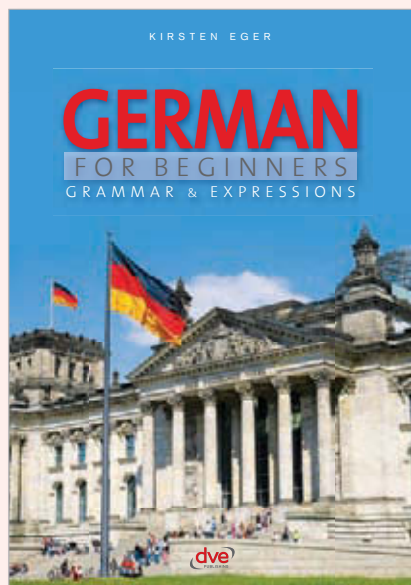
**Format 145 x 205 mm, 252 pages**

**82,700 words**

The purpose of this course is to learn, through examples, the most widely used language for travelling and business and to gradually put it into practice.





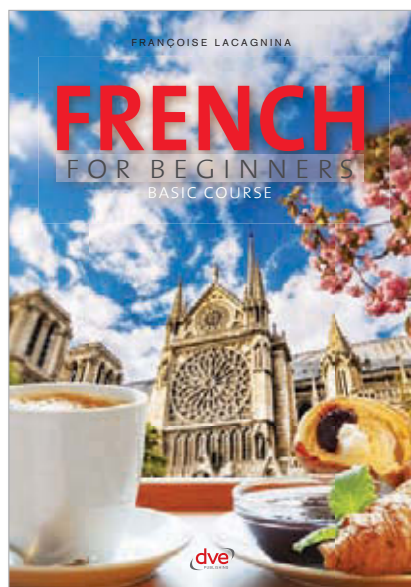


**ISBN 978-1-78525-412-3**

**Format 145 x 205 mm, 176 pages**

**43,000 words**

This book addresses both beginners and those who already have basic communication skills in German. At the beginning of each unit, you will find a compendium of rules of grammar, easy to browse and concise. Each chapter offers exercises and their solutions. To have this book at hand will allow you to make constant progress on your way to mastering the German language.



**ISBN 978-1-78525-411-6**

**Format 145 x 205 mm, 256 pages**

**67,500 words**

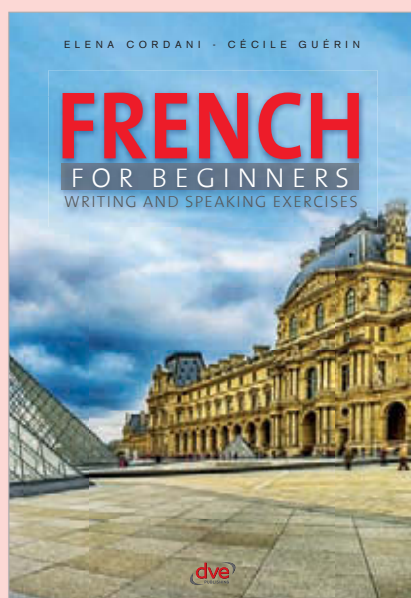
Learning French doesn't have to be hard.

From daily conversations and situations, this book will go into depth on grammar structures, using a good number of schemes and examples.

Practical exercises with solutions included will help you to retain the lessons in your head, and the special review units will indicate when you should move on to the next lesson.

In each lesson you will find a glossary with the newly learned terms. This book also includes a bilingual dictionary to help increase your vocabulary.

A course for learning French fast and properly is essential in any curriculum.



**ISBN 978-1-78525-413-0**

**Format 145 x 205 mm, 176 pages**

**37,700 words**

Syntax and grammar are essential, but it's not enough to speak a foreign language correctly; practise, both oral and written, is essential.

With this book you will start by getting to know the French language, and it will lead you to a complete mastery of the language.

This is a book for anyone who wants to learn French at home, but also for those who are already enrolled in a course, since it's very useful both to review what you know and to learn with maximum satisfaction.

---

**ISBN 978-1-78525-405-5**

**Format 102 x 145 mm, 96 pages**

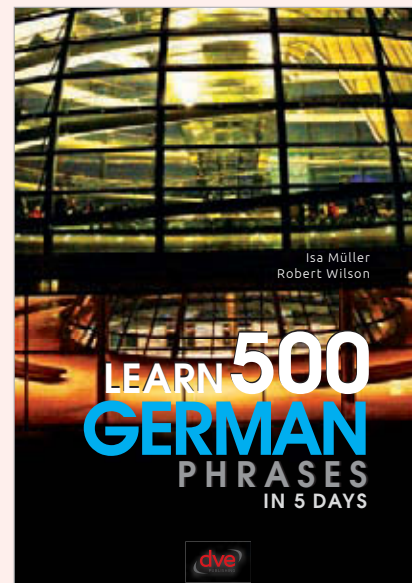
**8,500 words**

The Wilson method is the ultimate conversation guide that includes vocabulary and phrases that you need to know when travelling. This reliable, fun, and entertaining method is suitable for everyone.

It is organised according to content so you can easily find what you need in every situation:

- At the airport, at the train station, at the port...
- Formal courtesies, staying in a hotel, asking for directions or the time.
- Going shopping, going to the doctor, making a reservation in a restaurant.
- Going to the bank, to the post office or the hairdresser's.
- How to file a complaint in the police station or how to go to the mechanic.

With two lessons per day and one week of study you can learn basic phrases to enjoy your weekends in Germany.



---

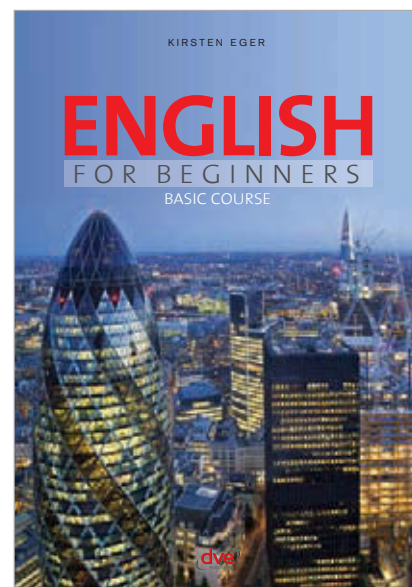
**ISBN 978-1-78525-410-9**

**Format 145 x 205 mm, 240 pages**

**65,700 words**

This book offers help to those who need to quickly learn the basics of the English language. This is a basic course with texts, dialogues, and different examples and situations that will help you feel prepared for all circumstances of everyday life. Each of the units includes exercises, glossaries, grammar, tables, and boxes that allow the students to acquire, review, and consolidate the knowledge quickly.

This is an essential book for learning and consultation with which you can learn the English language day by day, effortlessly and in a lasting way.



---

**ISBN 978-1-78525-403-1**

**Format 102 x 145 mm, 96 pages**

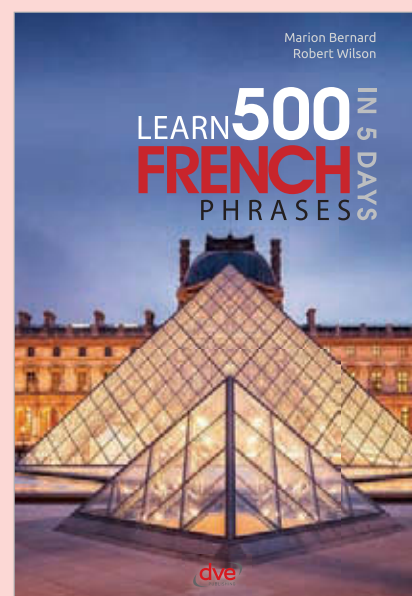
**8,000 words**

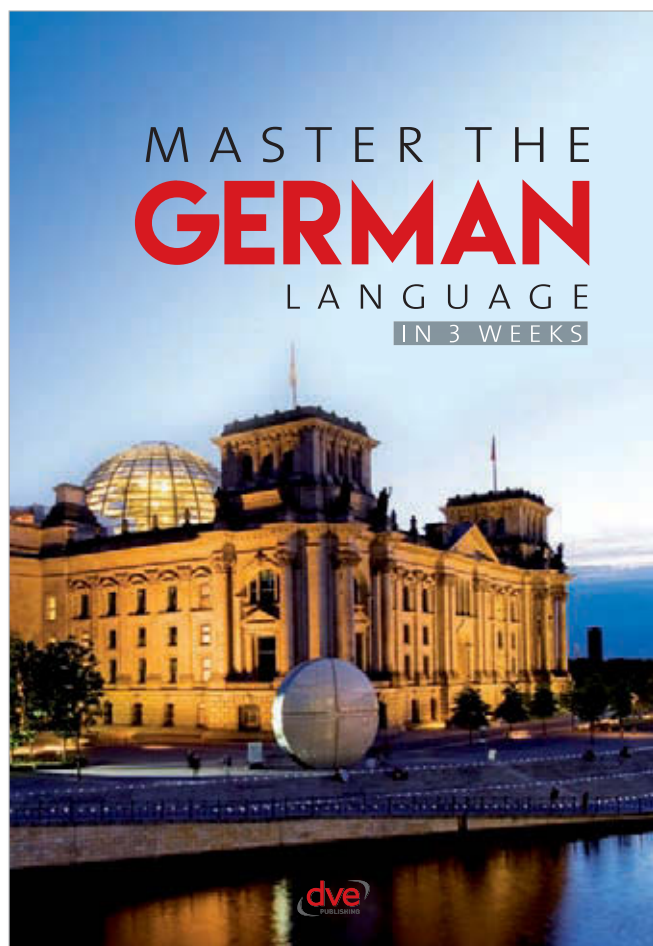
The Wilson method is the ultimate conversation guide that includes vocabulary and phrases that you need to know when travelling. This reliable, fun, and entertaining method is suitable for everyone.

It is organised according to content so you can easily find what you need in every situation:

- At the airport, at the train station, at the port...
- Formal courtesies, staying in a hotel, asking for directions or the time.
- Going shopping, going to the doctor, making a reservation in a restaurant.
- Going to the bank, to the post office, or the hairdresser's.
- How to file a complaint in the police station or how to go to the mechanic.

With two lessons per day and one week of study you can learn basic phrases to enjoy your weekends in Paris, Monaco, or Brussels.

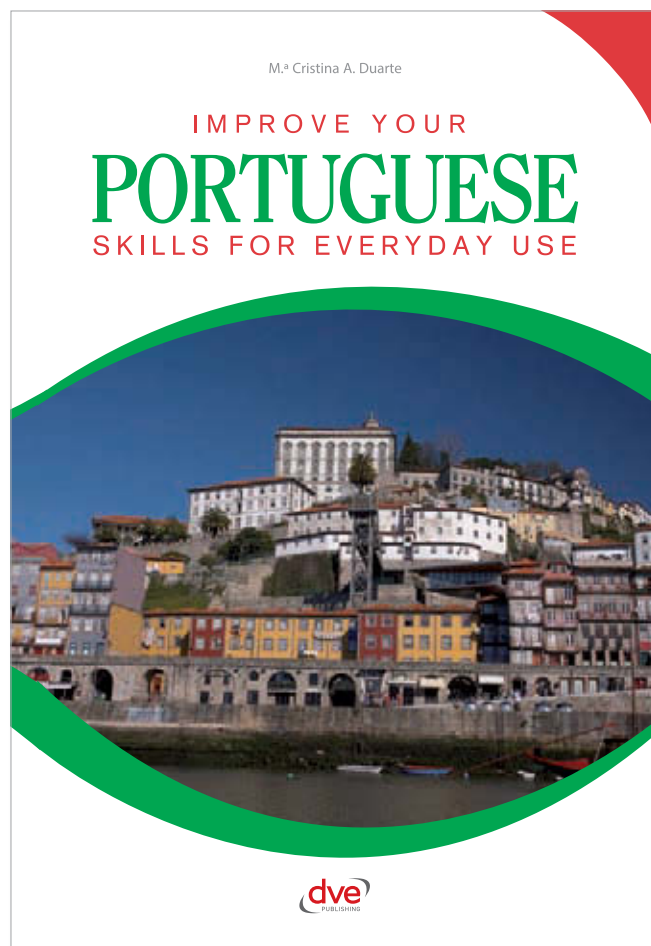




**ISBN 978-1-78525-394-2**  
**Format 145 x 205 mm, 17 pages**  
**16,500 words**

In this book, you will find phonetic rules to learn how to pronounce the German language; syntax and grammar, explained step-by-step; auxiliary verbs and irregular verbs; the correct answers of the exercises and a basic dictionary with over 1,200 words.

Within each chapter of this book, you will find an introductory dialogue and exercises that will allow you to reach a sufficient command of the German language very quickly. With this manual, there will no longer be grounds for thinking that German is a difficult language to learn.



**ISBN 978-1-78525-401-7**  
**Format 145 x 205 mm, 288 pages**  
**87,000 words**

This manual has been thought as the essential guide for anyone who wants to learn Portuguese. After the basics of phonetics and spelling, the lessons are developed following a theme, with dialogues and texts for everyday situations.

In addition, the book explains grammatical structures and provides useful glossaries as well as exercises. This is a practical tool for learning, which favours autonomy and self-correction.





ISBN 978-1-78525-404-8

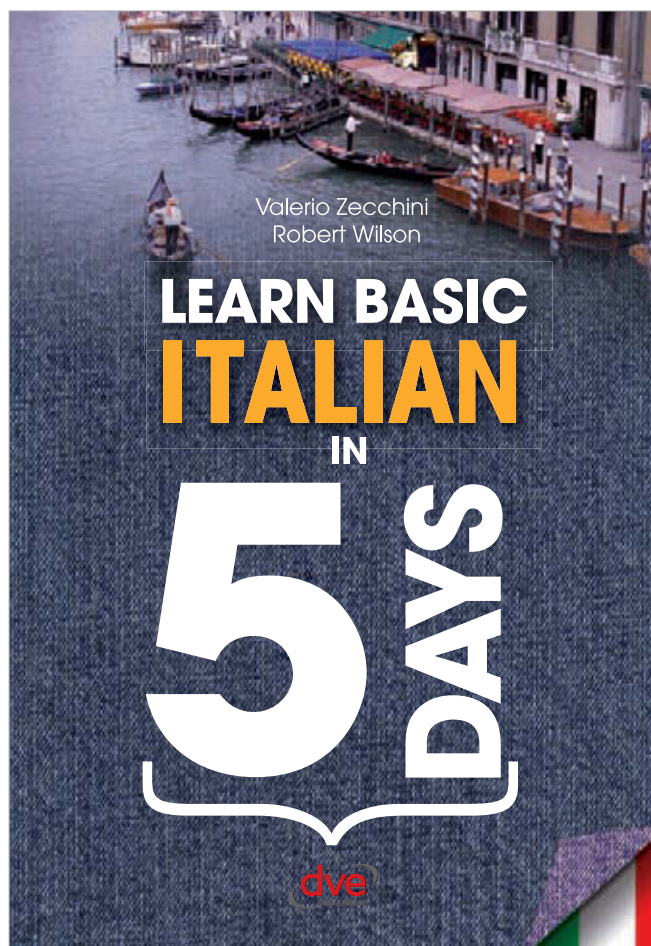
Format 102 x 145 mm, 96 pages

8,100 words

The Wilson method is the ultimate conversation guide that includes vocabulary and phrases that you need to know when travelling. This reliable, fun, and entertaining method is suitable for everyone.

It is organised according to content, so you can easily find what you need in every situation: at the airport, hotel, bank, post office, hairdresser's, mechanic, etc.

With two lessons per day and one week of study you can learn basic phrases to enjoy your weekends in Italy.



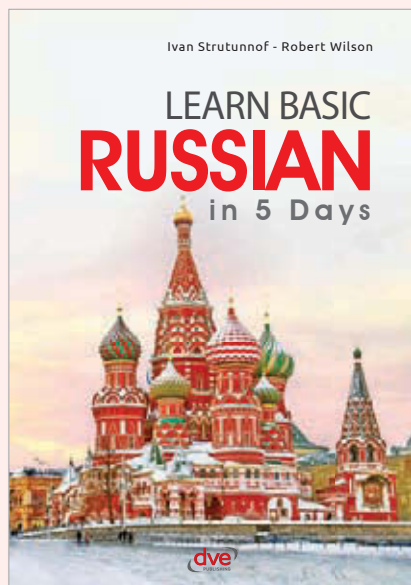
ISBN 978-1-78525-409-3

Format 102 x 145 mm, 160 pages

18,400 words

It is now possible to learn Italian in a fast and easy way. With the well-known Wilson method you have the opportunity to learn this beautiful language effectively. With two lessons per day and one week of study, you can learn basic phrases to enjoy your weekends in Venice, Rome, or Florence.

- You will learn the grammar: verbs, pronouns, adverbs, syntax, etc.
- You will learn basic vocabulary for your trips.
- And you will learn how to create your own sentences.



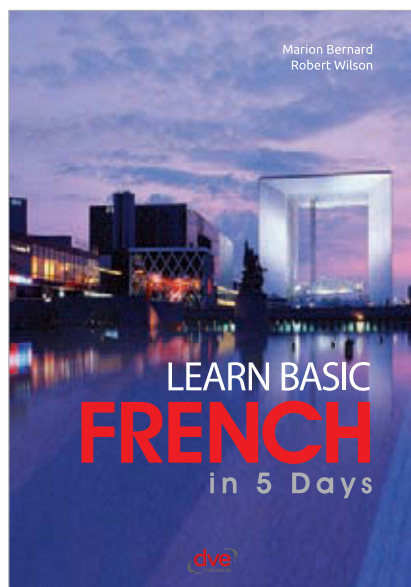
**ISBN 978-1-78525-408-6**

**Format 102 x 145 mm, 192 pages**

**20,000 words**

It is now possible to learn Russian in a fast and easy way. With the well-known Wilson method you have the opportunity to learn this beautiful language effectively. With two lessons per day and one week of study you can learn basic phrases to enjoy your time in Moscow, Saint Petersburg, or Kaliningrad.

- You will learn the grammar: verbs, pronouns, adverbs, syntax, etc.
- You will learn basic vocabulary for your trips.
- And you will learn how to create your own sentences.



**ISBN 978-1-78525-406-2**

**Format 102 x 145 mm, 160 pages**

**15,600 words**

It is now possible to learn French in a fast and easy way. With the well-known Wilson method, you have the opportunity to learn this beautiful language effectively and without losing time on unnecessary information. With two lessons per day and one week of study you can learn basic phrases to enjoy your weekends in Paris, Monaco, or Brussels.

- You will learn the grammar: verbs, adjectives, syntax, etc.
- You will learn basic vocabulary for your trips.
- And you will learn how to create your own sentences.



**ISBN 978-1-78525-407-9**

**Format 102 x 145 mm, 160 pages**

**18,600 words**

It is now possible to learn German in a fast and easy way. With the well-known Wilson method you have the opportunity to learn this beautiful language effectively. With two lessons per day and one week of study you can learn basic phrases to enjoy your weekends in this wonderful country.

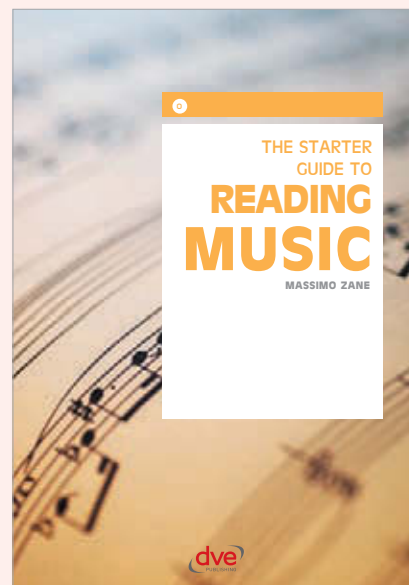
- You will learn the grammar: declension, verbs, syntax, etc.
- You will learn basic vocabulary for your trips.
- And you will learn how to create your own sentences.

**ISBN 978-1-78525-509-0**

**Format 130 x 190 mm, 156 pages**

**19,000 words**

With this practical guide you will easily learn to read music in a short time. Being able to read and play music only requires one to understand the general rules and how to follow them correctly. With practical exercises and examples, you will learn step-by-step and at your own pace.



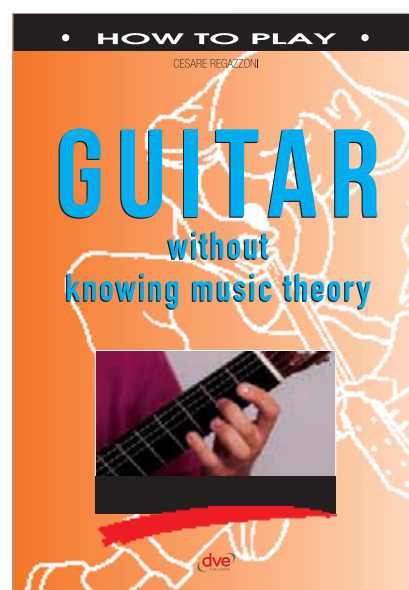
**ISBN 978-1-78525-358-4**

**Format 170 x 240 mm, 104 pages**

**3,000 words**

Chords are the base of musical accompaniment. Once learned, you can develop your technique in a safer and faster way. Playing a melody or accompanying a singer will become very easy for you.

In this guide you will find all the chords and their respective "twists" or combinations represented in simple illustrations where you can easily recognise the strings of the guitar and the finger position. These pages are designed so that anyone, even with no knowledge of music theory, can learn to play guitar.



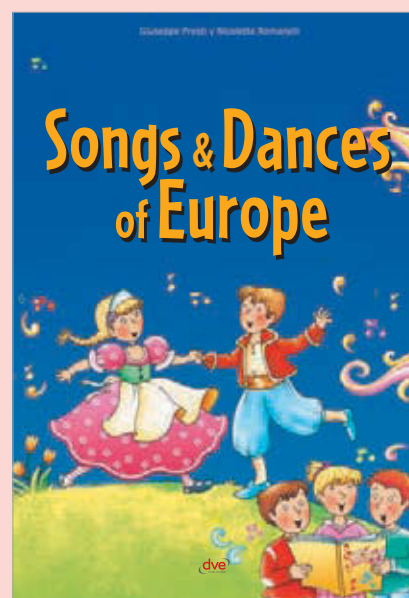
**ISBN 978-1-78525-373-7**

**Format 210 x 290 mm, 52 pages**

**4,000 words**

In the same way that photography captures a landscape, a monument, or a costume, music can also collect the feelings of a people, a country, or a culture. Music works in a universal language and speaks to us all with intensity, transmitting the essence of each country: Germany, Austria, Spain, France, Holland, Ireland, Italy, or any other.

By reading this book, you can relive, with emotion, the most popular and cheerful songs and dances of Europe.





ISABEL SAMPERE SÁNCHEZ

# The **LAUGH**

...along book of jokes



dve  
PUBLISHING

ISBN 978-1-78525-357-7

Format 145 x 205 mm, 192 pages

30,500 words

This is a must-have book to have a good time. It is a selection of the best jokes including all types of topics: mothers-in-law, waiters, drunkards, techies, etc. Every type of joke or riddle has place in this diverse and fun book.

By immersing yourself in the pages of this book, you will find the remedy needed to relax and forget day-to-day worries.



# The Portable Book of **Jokes**

dve  
PUBLISHING

ISBN 978-1-78525-356-0

Format 115 x 165 mm, 192 pages

34,000 words

Each trip is an adventure to tell; here we have selected the most comical and funny situations. You can read them with friends or family, at home, on vacation, or while travelling. We offer in these pages the most entertaining and hilarious adventures. Any trip is turned into a fun time full of laughter and good humour. Here is a journey through the most comical situations around the world.

# ALSO AVAILABLE

## ANIMALS

The Fisherman's Calendar  
The Great Guide to Trout Fishing  
The Play-Along Book of House Pets  
The Trout Fishing Guide  
100 River Fisherman Tricks  
100 Sea Fisherman Tricks

## GAMES

A Thousand Games to Entertain  
and Amuse Children  
The At-Home Guide to Games  
The Big Book of Games  
The Complete Guide of Fantastic Games for Kids  
The Complete Manual of Chess  
The First Steps in Chess  
The Great Book of Chess  
Mastering Chess  
Mastering a Month of Sudoku  
669 Sudoku Boards

## HANDWORK

The Art of Iron Decoration  
The Basic Book of Carpentry  
The Big Book of Bricolage  
The Big Book of Embroidery  
The Book of Brickwork  
The Book of Woodworking Projects  
The Complete Guide to Dried Flowers  
A Complete Guide to Naval Modelling  
The DIY Guide  
Do-It-Yourself Electrical Guide  
Encyclopaedia of Embroidery Stitches  
Everyday Easy DIY: A Big Book of 1 Day Projects  
Mastering Shadow Puppets  
The Model Railways Guide  
Projects in 1 Day  
25 Wood Projects

## JOKES

The Big Book of Jokes



Jokes, Jokes, and More Jokes!

The 1,500 Best Jokes

The 500 Best Jokes

The 500 Best Jokes

600 Irresistible Jokes

## LEARNING

The Basic Guide to Hand and Foot Reflexology

The Basics of Sailing

The Big Book of Radio Control

The Book of Tarot

Colour Me Mine

The Complete Book of Colours

The Development Guide for Intelligent Children

The Encyclopaedia of Escubidu

The Future Revealed by Tarot

Guide to Traditional Chinese Medicine

How to Organize Children's Holidays

New Book of Numbers

The Power of Candles

The Practical Book of Tarot

The Secrets of Stress and Happiness

The Tarot of Marseilles

## MUSIC

The Basic Book of Guitar

The Best Music Stories

Christmas Songs for Kids

The Guitar Guide

Learning to Dance

The Quick Guide to Playing Keyboard

The Quick Guide to Playing Electric Guitar

## READING

The Best Stories of Alarcon

The Best Stories of Bazan

The Best Stories of Fernán Caballero

The Best Stories of G. A. Becquer

The Best Stories of Mark Twain

The Best Stories of Merinee

The Best Stories of Pereda

The Best Stories of Valera

The Best Tales of Christian Anderson

The Book of Fantastic Dreams

The Letters of Kamasutra

1000 Letters









**CHILDREN**



# CHILDREN

Childhood is the most creative time of our lives. There is a whole world to discover and all parts of it are exciting in their unique way. Motivation comes naturally; what children need is stimulation. Show kids what they do not yet know and new horizons will open up for them.

With a special focus on fine arts and colouring books, we offer a wide range of introductions to various activities – handicrafts, drawing, games, sports and many more – as well as insightful guidebooks for parents. Help children to find their strong suit – or quite simply their favourite pastime!





★ PURCHASE RIGHTS NOT AVAILABLE

Learn Spanish with Lucy Cat

# THE CITY



dve  
PUBLISHING

ISBN 978-84-315-5429-3

Format 250 x 250 mm, 28 pages

1,000 words

Children have facilities to learn new languages. And it's while having fun that your child learns the most! With this series of books, your child will be able to learn the basics of Spanish, English, French and German.

Other titles of this series in Spanish, English, French and German:

- The farm
- The beach
- The party

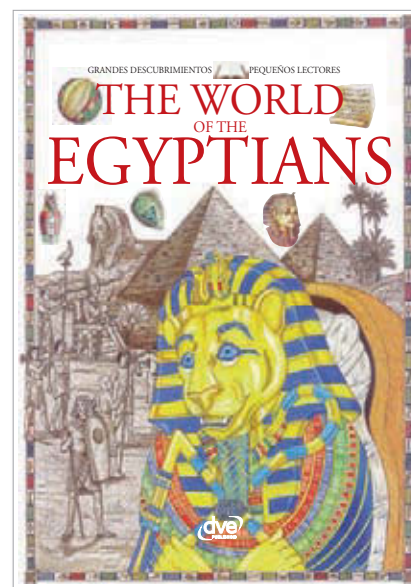
**ISBN 978-84-315-5435-4**  
**Format 180 x 220 mm, 80 pages**  
**4,000 words**

Let's learn English and discover the world of animals at the same time. it will entertain your child while acquiring the basic vocabulary of the animal world without any effort.



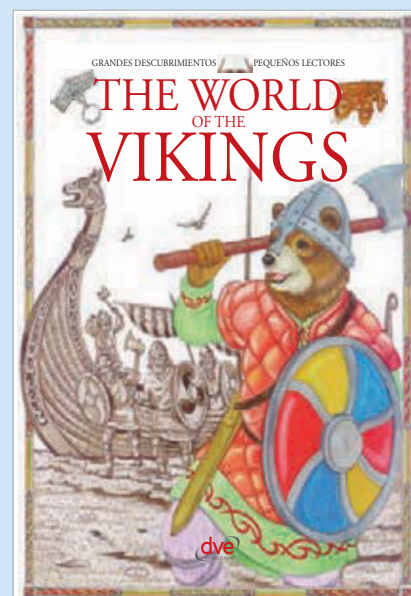
**ISBN 978-1-68325-819-3**  
**Format 245 x 327 mm, 40 pages**  
**20,000 words**

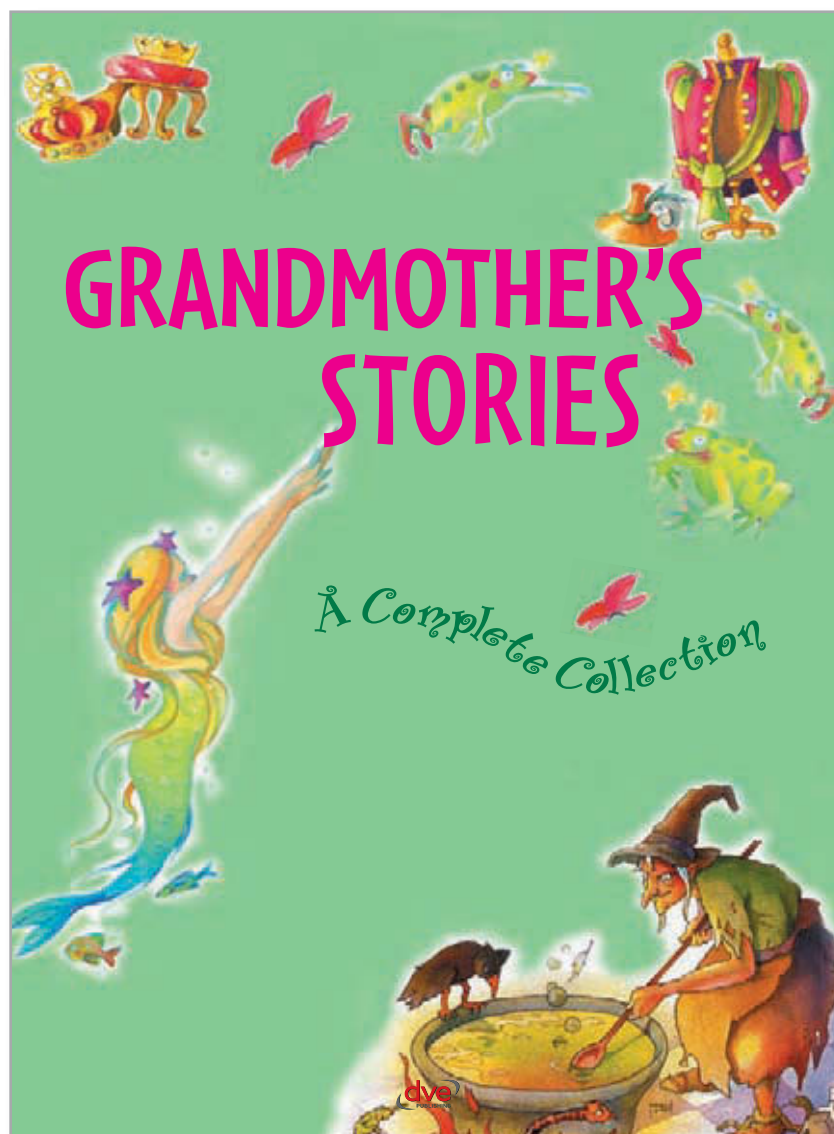
Learn about the daily life of the ancient Egyptians: how they lived in their homes, how they wrote, what they studied, the most common trades, their gods, mummies, pyramids, and many other interesting and curious things, presented with images of exceptional quality that will take you to a faraway and wonderful world.



**ISBN 978-1-68325-822-3**  
**Format 245 x 327 mm, 40 pages**  
**22,000 words**

Learn about the daily life of the ancient Vikings: how they lived in their houses, the boats they built, how they dressed, what they ate, how they fought, how they wrote, their gods and many other interesting and curious things, presented with images of exceptional quality that will take you to a faraway and wonderful world.





ISBN 978-1-78525-374-4

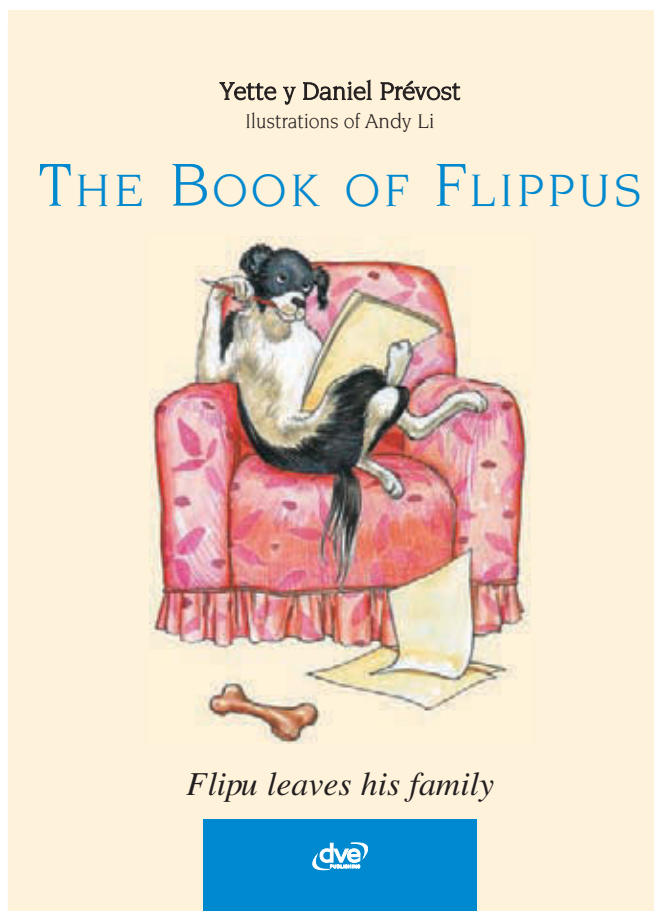
Format 210 x 297 mm, 52 pages

8,200 words

In this book we present a selection of the most beloved children's stories: Snow White, The Little Mermaid, The Princess and the Pea, Cinderella, etc. This is a collection of the best and most famous children's stories from all over the world that will let your little ones have a great time.

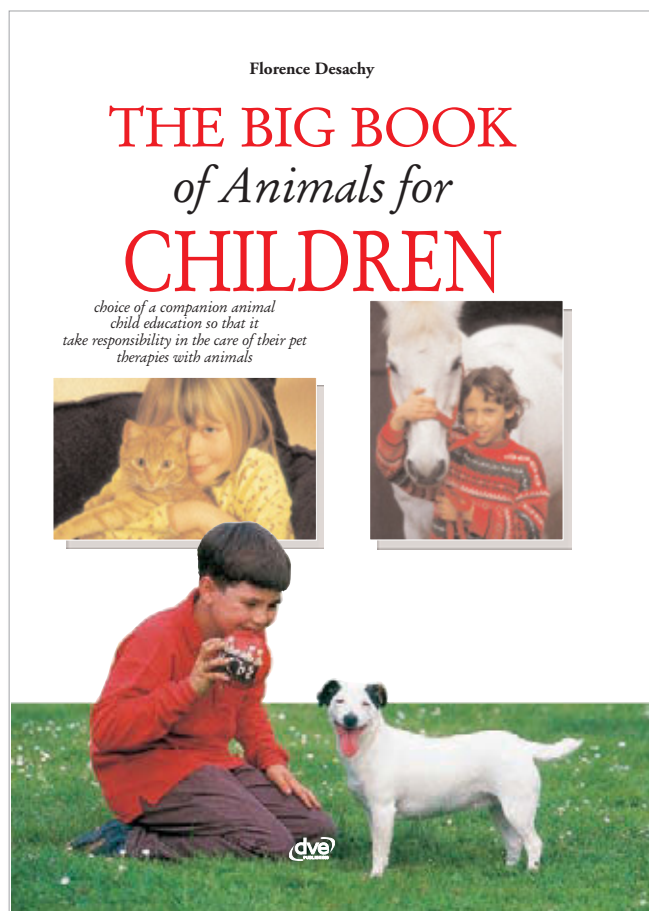
Fully illustrated with lovely, original and colourful drawings.





ISBN 978-29128-830-3  
Format 120 x 250 mm, 42 pages  
1,500 words

With only a few months to live, Flipu is adopted by a family in the city, which he gradually meets. The puppy, intelligent and funny, is the joy of the whole house, except that of the cat Mimir, who is jealous to see how this intruder snatches the leadership. Despite the altercations between them, Flipu grows up between misunderstandings and surprises, humorously depicting his thoughts and the reactions of those around him...



ISBN 978-84-315-3662-6  
Format 170 x 240 mm, 94 pages  
40,000 words

Although it is usually children who consider buying a pet, the decision will affect the whole family, and should be well thought out. You can't buy a dog, a cat, a bird or a rodent as if it were a stuffed animal. Which animal to choose? What species? Who will take care of it? In this work, the author helps the future owners of a pet to resolve all the difficulties that may arise: criteria for choosing an animal according to the commitment, age and character of the child, relationship child-animal, degree of responsibility of the child, bases of the education of the animal, care to be provided, food, how to help a child overcome the loss of his pet, etc.... The reader will find here all the necessary advice to be able to teach the youngest of the family to live better with their pet. A work that, without a doubt, will provide a great service to the whole family.

Patrizia Del Meglio – Edoardo Dudine

# THE COMPLETE BOOK OF COLOURS



dve  
PUBLISHING

ISBN 978-84-315-3652-6  
Format 179 x 220 mm, 94 pages  
1,5 words

After that, you will draw your first animals and also people. And soon you will be able to draw fast cars, airplanes and even spacecrafts.

Go for it, this will be the nicest of your games!

Liliana Grisa - Matteo Viganò

# DRAWING COURSE

FOR CHILDREN FROM 4 TO 8-YEARS OLD



dve  
PUBLISHING

ISBN 978-1-78525-475-8  
Format 170 x 240 mm, 96 pages  
1,500 words

This work is a guide which will teach you how to draw and colour. You will only need colour pencils and a lot of blank sheets. There will be just a few pages for reading and a lot of space for colouring.

If you follow the advice included in this book, you will be able to quickly learn how to draw very beautiful flowers and attractive fruits.

After that, you will draw your first animals and also people. And soon you will be able to draw fast cars, airplanes and even spacecrafts.

Go for it, this will be the nicest of your games!

**ISBN 978-1-78525-340-9**  
**Format 210 x 297 mm, 32 pages**  
**200 words**

What's on the farm? Colour and discover:

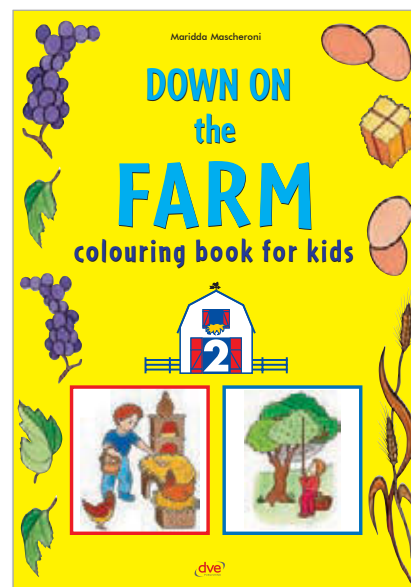
- a tractor
- a scarecrow
- a meadow
- a stable
- a mill
- a waterwheel
- an oven
- a farmyard



**ISBN 978-1-78525-339-3**  
**Format 210 x 297 mm, 32 pages**  
**200 words**

What's on the farm? Colour and discover:

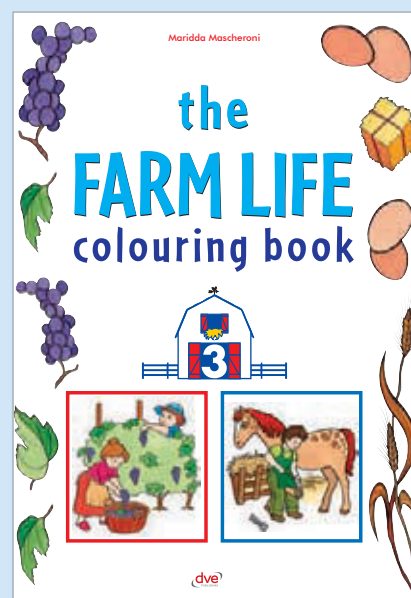
- a henhouse
- a rabbit hutch
- a sty
- a pond
- an apiary
- an aviary
- a vegetable garden
- an olive grove



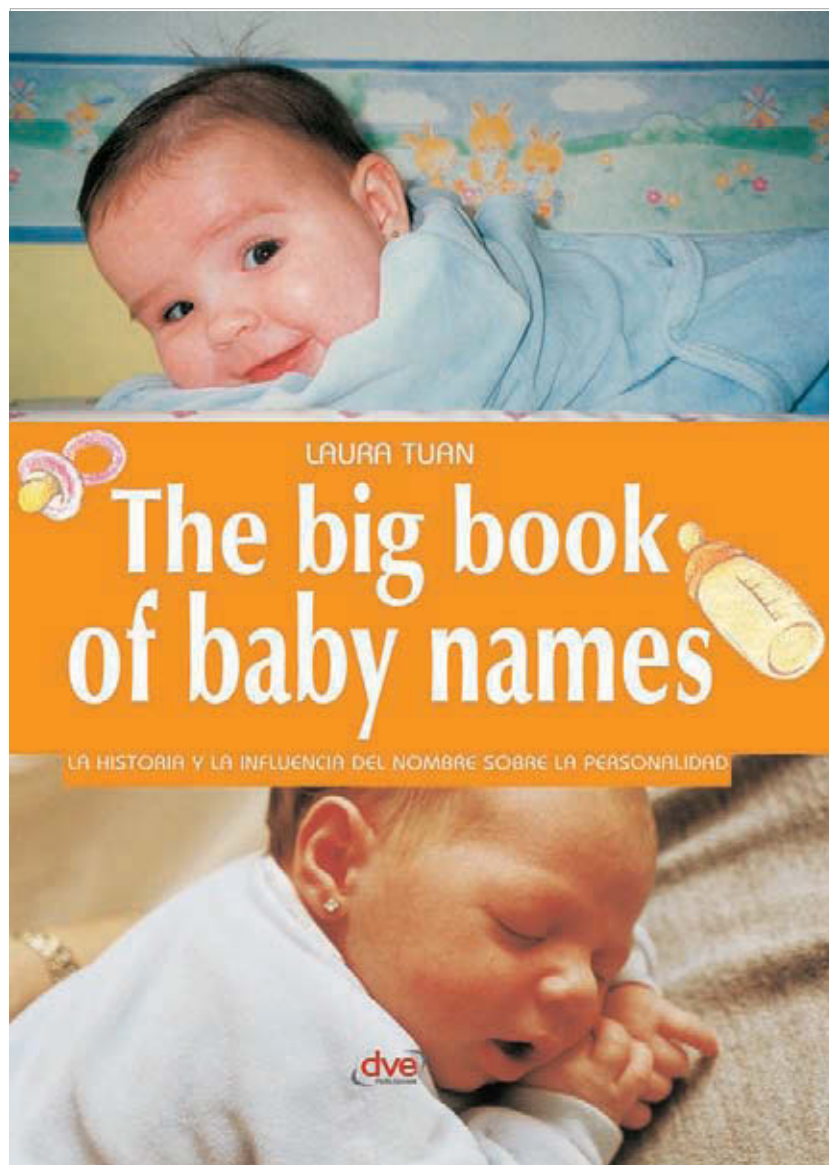
**ISBN 978-1-78525-341-6**  
**Format 210 x 297 mm, 32 pages**  
**200 words**

What's on the farm? Colour and discover:

- a vineyard
- a winery
- a fence
- a meadow
- a stable
- a garden
- a hay loft
- a press







**ISBN 978-84-315-2230-5**

**Format 170 x 240 mm, 234 pages**

**83,000 words**

The name is a fundamental feature of our identity that accompanies us throughout our lives. If you have just found out that you are going to have a child, know that the first act of love for that baby can begin right now, choosing and giving a beautiful name of which you are always proud. This book will help you in this difficult task. It gathers a hundred or so fashion names, explaining the origin, the character traits of the people who wear it, the influences... With a final sheet for you to write down your name proposals and those of the rest of the family, to make the right choice.

Pierre Le Rouzic



Más de  
**5000**  
nombres

# NAMES FOR LIFE

Elección, función e influencia



ISBN 978-84-315-3392-7

Format 370 x 270 mm, 360 pages

86,200 words

More than 5000 names. Undoubtedly, there are secret links between the character of a person and the name it bears. The name can even act to some extent on his personality, not to mention his future. This leads us to reflect at the moment of making the choice. Psychology. Self-help. Esotericism.



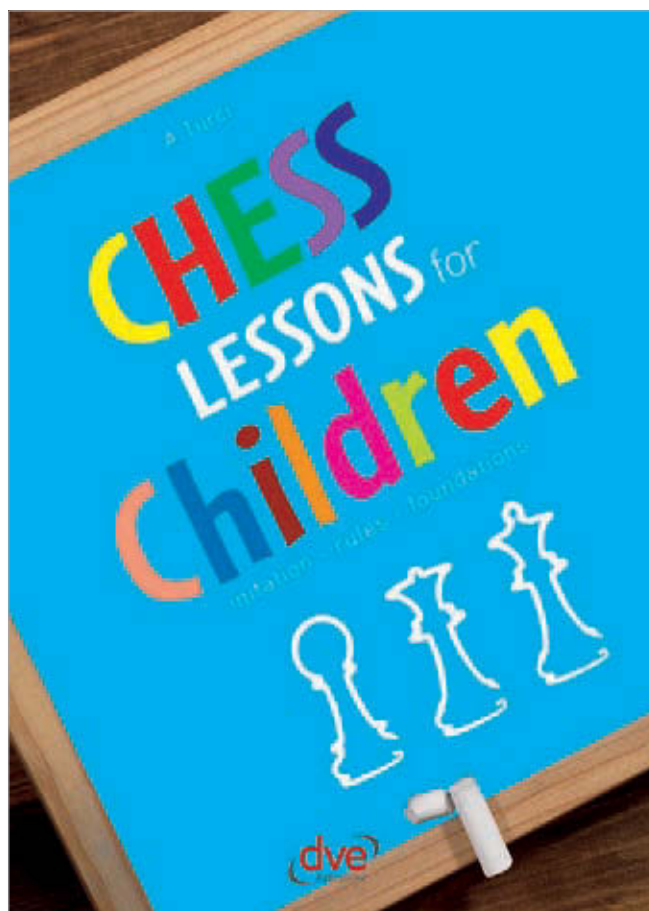
ISBN 978-1-78525-337-9

Format 170 x 240 mm, 128 pages  
20,000 words

Are you a mother, father, swimming monitor, or group companion? Do you want to take care of a children group at the beach, in a lake, or even in the swimming pool during the long summer days?

This guide will provide you with a lot of ideas for games, which will be enjoyed by kids and also adults. Adapted to each age range (from three to five years, from six to eight years, from nine to twelve years) and respecting all the safety and hygiene rules, the proposed aquatic activities will amuse the kids while they gain skills in the water, improving their mobility, and developing their strength.

Just with some simple, easy-to-find accessories, you will have a good time with your children, and these leisure times will become moments for sharing and living new experiences.



ISBN 978-1-78525-500-7

Format 210 x 270 mm, 64 pages  
17,000 words

Age is not an issue to learn how to play chess. Apart from countless hours of joy and entertainment, this exciting game will help children to develop essential life skills, such as deductive logic, foreseeing abilities, or strategy planning. Through clear and easy diagrams, together with didactic explanations, children will learn about the board and the pieces, basic rules, strategies to win with checkmate, game samples, etc.



**ISBN 978-1-78525-294-5**

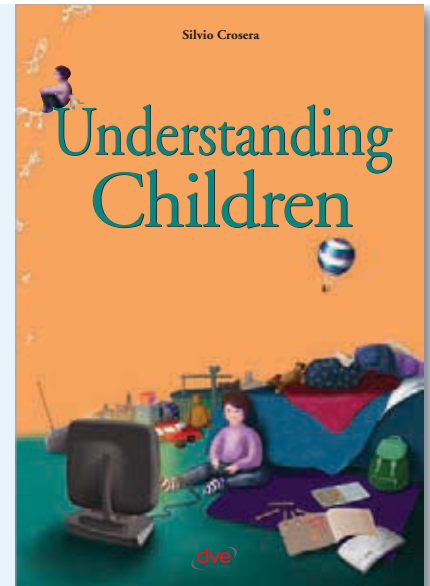
**Format 145 x 205 mm, 198 pages**

**43,500 words**

Does your child spend a lot of time in front of the TV or playing video games? Are they telling lies? Are they still wetting the bed? Do they seem lazy or apathetic? Is it good to give them an allowance? These questions, which are the most frequent questions that parents ask psychologists who deal with children of school age, are presented and answered in this book.

In these pages, you will find countless tips to help children feel good about themselves, with their classmates, and with adults.

This a good help in the difficult task of parenting, and also a useful guide for teachers and educators that will help meet the demands and expectations of children, identify and assess the manifestations of a particular discomfort, adapt the education to external stimuli, and address the problems related to the physical, psychological, and emotional growth.

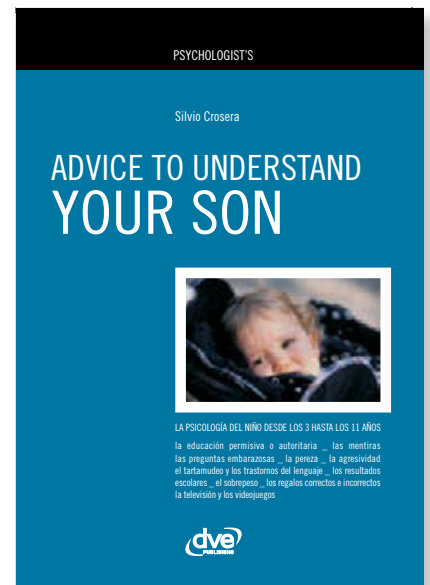


**ISBN 978-1-64461-041-1**

**Format 145 x 205 mm, 158 pages**

**48,000 words**

This a good help in the difficult task of parenting, and also a useful guide for teachers and educators that will help meet the demands and expectations of children, identify and assess the manifestations of a particular discomfort, adapt the education to external stimuli, and address the problems related to the physical, psychological, and emotional growth.



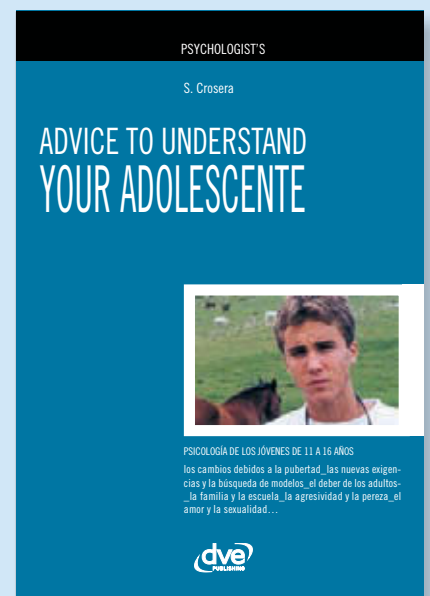
**ISBN 978-1-64461-040-4**

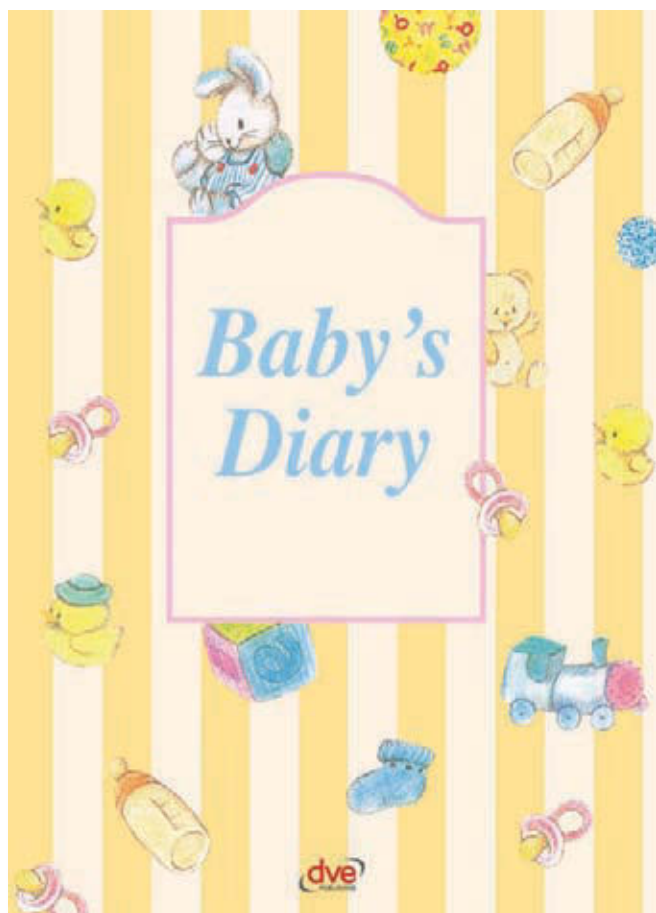
**Format 145 x 205 mm, 156 pages**

**43,000 words**

Does your child spend a lot of time in front of the TV or playing video games? Are they telling lies? Are they still wetting the bed? Do they seem lazy or apathetic? Is it good to give them an allowance? These questions, which are the most frequent questions that parents ask psychologists who deal with children of school age, are presented and answered in this book.

In these pages, you will find countless tips to help children feel good about themselves, with their classmates, and with adults.



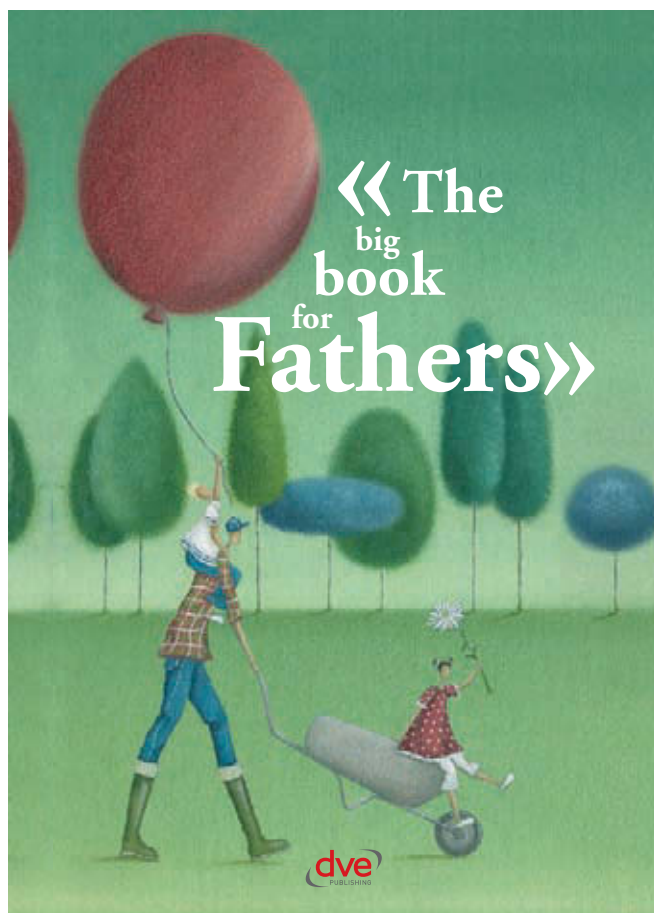


ISBN 978-84-315-2392-3

Format 210 x 290 mm, 96 pages

500 words

This diary opens today to fill every day with caresses and joys. It will allow me to revive my first words and my first memories as time goes by.



ISBN 978-84-315-4038-8

Format 118 x 210 mm, 40 pages

800 words

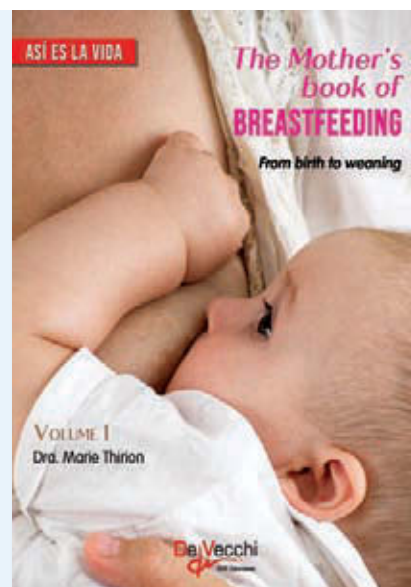
Page after page, let yourself be guided by the inspiration of famous writers. Here is a selection of the most surprising quotes that will make you relive that special tenderness and that unique love that is established between a father and a son.

ISBN 987-1-68325-885-8

Format 145 x 225 mm, 192 pages

57,000 words

Breastfeeding, which has been considered an old-fashioned practice for two generations, is gradually regaining its rightful place in the lives of newborns. In fact, all the data from scientific research go in the same direction: breastfeeding is good for mothers and babies. More than a practical guide, this book provides comforting and warm answers to all the questions that future mothers may have. It allows those who wish to fully live this unique period of their life as a woman.

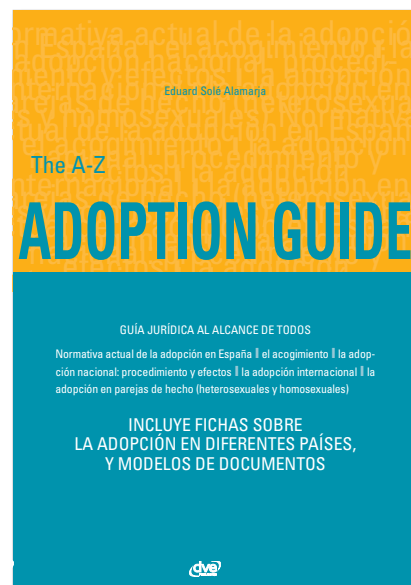


ISBN 978-84-315-2981-8

Format 143 x 206 mm, 160 pages

40,000 words

This guide sets out in a clear and simple manner the legal, technical and application processes to carry out the adoption of minors, both in Spain and in other countries.



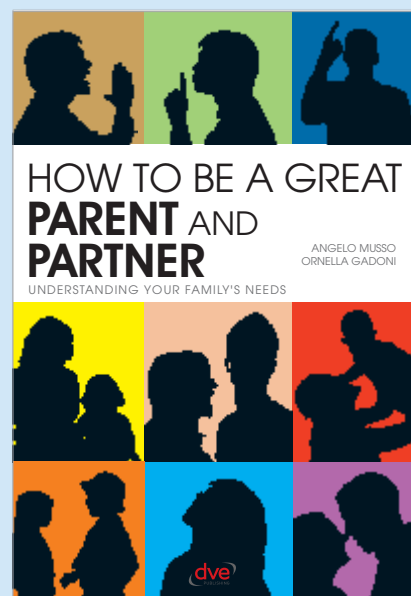
ISBN 978-1-78525-297-6

Format 140 x 190 mm, 672 pages

203,000 words

This complete guide will put the fundamental basics of psychology within reach, applied to the everyday life, and it will teach you many things:

- How to control your temper and find out more about your own personality, thanks to practical exercises and simple tests.
- How to be positive when facing changes, how to deal with conflicts, manage your emotions, and overcome fears.
- How to interpret body language, understand behaviours, and analyse different types of characters.
- How to build healthy relationships with people and maintain a satisfactory life as a couple.





**DRA. MARIE-CLAUDE VALLEJO  
MIREILLE FRONTY**

## For Starters, You're Not My Mother!



What place  
must occupy  
a stepmother?

**ISBN 978-84-315-3472-9**

**Format 130 x 180 mm, 128 pages  
23,000 words**

The stepmother's role is not simple. As the number of restructured families increases, more women face the difficult task of raising children who are not their own, something that requires a great deal of flexibility and diplomacy. This book aims to help them find the best way to carry out their task, without falling into the most common pitfalls.

- Why is the stepmother's role so complicated?
- How to occupy the right place without being too affable, distant, or rigid.
- How to exercise authority without relegating the mother.
- How to be part of a story that has already begun.
- What role should the father of the children play?
- How to raise your partner's children and your own, especially when they do not receive the same education.
- How to approach the arrival of a new child.
- How to act with a teenager.
- What if the mother has passed away...?

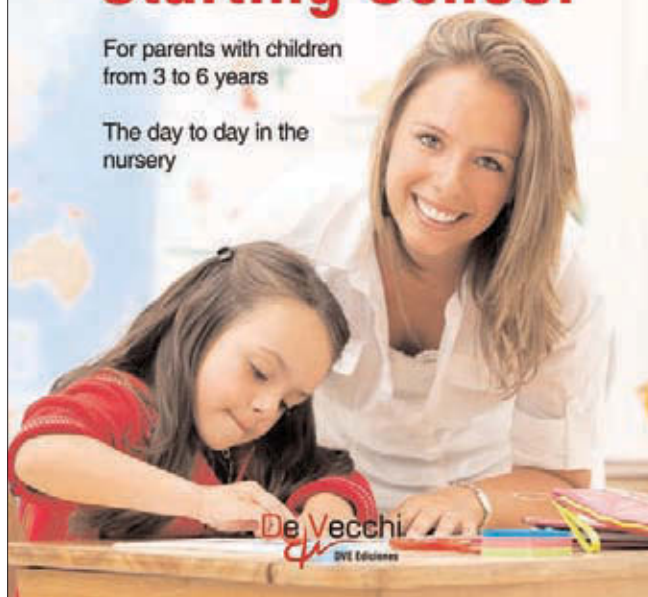
**ASÍ ES LA VIDA  
AUDIOLIBRO**

MYRIAM SZEJER & MARIE AUFRÉY-PÉRICONE

## The Guide to Starting School

For parents with children  
from 3 to 6 years

The day to day in the  
nursery



**ISBN 978-84-315-3795-1**

**Format 130 x 180 mm, 144 pages  
26,000 words**

The entry into school, to attend nursery school from 3 to 6 years, is a key moment in the child's life. The little one is often excited and proud "to play in the big leagues", although this is not always the case and there may be some situations that the parents must control. In any case, to avoid possible problems at this stage, the child always needs to feel close to his parents. At the age of three, and even earlier, he/she should begin to adapt to new situations: he/she will have to discover that his/her teacher cannot take care of him alone, that some classmates are a little more active and others less, that he/she is not the only one, and that the days are long and sometimes tiring.

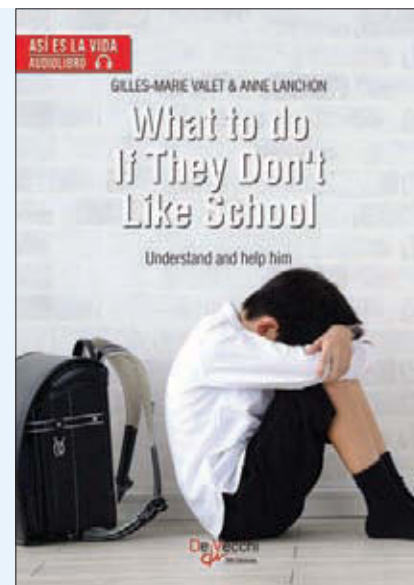
- What should we do to support him/her in this adventure?
- How to prepare him/her for entry into school?
- What will he/she really learn?
- What should we do if he/she is not comfortable with his/her teacher?
- What if he/she fights with some frequency, or is he/she just at recess?
- How to act if one day he does not want to go to school?

**ISBN 978-84-315-3367-9**

**Format 130 x 180 mm, 140 pages**  
**25,000 words**

Today, school success is a constant concern for parents. But it's not just grades that count: a school is also a place where children learn to live with others, to develop their self-esteem. Is your child going to school grudgingly? If so, their schooling and personal fulfilment are in danger. It is urgent to understand the reasons for his rejection and to find solutions to reconcile him with the school. There are several paths to explore depending on whether:

- He/she finds it difficult to adapt to primary education.
- He/she gets bored in class.
- He/she is having a hard time getting through school.
- He/she doesn't dare intervene in class.
- He/she is always grounded.
- He/she is aggressive towards others.
- He/she is nervous or hyperactive.
- He/she is gifted.
- He/she is all alone in the yard.



**ISBN 978-84-315-3365-3**

**Format 130 x 180 mm, 140 pages**  
**27,300 words**

It is often difficult for parents to see their children fighting as if this shows their serious failure as educators. And yet, it's the most normal thing in the world. In fraternal relationships, moments of complicity and love alternate with periods of rivalry and hatred. We must accept the quarrels, which are indispensable for children to grow and assert themselves. This book helps parents adopt a certain distance and answers questions such as:

- What triggers fights?
- Should we let them happen?
- What do they bring to children?
- Why are they so difficult for us to bear?
- How do you avoid jealousy among children?
- Should we intervene when they're hit?
- How did you...?



**ISBN 978-1-78525-287-7**

**Format 145 x 225 mm, 156 pages**  
**35,000 words**

A child who listens little, hardly ever or never, who ignores family rules or who does not pay attention at school does not necessarily have to be a child with "bad will". There are reasons to be deaf in front of his/her teachers or parents. It is very important to know them in order to overcome the worry, irritation or even exasperation that this behaviour can provoke, in order to understand that child who never seems to listen. This book will answer questions such as:

- Why doesn't he listen?
- Can we speak of natural authority?
- How can you help him listen?
- What's to be forbidden? Why?
- Why is adolescence more difficult?
- How to deal with crises?

Jean-Luc Aubert, a child psychologist and author of several books on this subject, has treated hundreds of children and parents facing this difficulty. Giving a clear answer to all these questions that affect the child from birth to adolescence, the author provides some clues to awaken the interest of the little one and to be able to understand it. Beyond obedience, what is really at stake is his interest in the world and everything that surrounds him.



Dr. Patrick Delaroche

## When to Yield to Adolescents



dve

ISBN 978-1-78525-382-9

Format 145 x 255 mm, 288 pages

72,500 words

Puberty is a time of physical and psychological change. Teenagers react through rebellion or depression, and often the relationship with them can be tense and passionate. Helpless parents often blame themselves, but they must remain in their parental position and control the teenager. To try to solve these problems, the author answers questions such as:

- How can one understand the rebelliousness and aggressiveness of the adolescent?
- What is the specific position of the father and mother?
- What's behind school problems?
- Should we accept any extravagance?
- What attitude should be shown towards adolescent sexuality?
- How should one react to a risky attitude?
- To what extent can problems of cohabitation be endured?
- How can you help your teen when he or she isn't feeling well?



ISBN 978-84-315-3326-9

Format 130 x 180 mm, 128 pages

22,000 words

Being insulted, beaten, blackmailed or even assaulted or abused is becoming an increasingly common part of our daily lives. These are situations that some children or adolescents, or perhaps your child, have to face one day. However, parents often find it difficult to understand how and why their child suffers from this situation, and do not know how they should react. This book will help you to solve the most common questions, for example:

- Why is my son/daughter in such danger?
- Why don't you know how to handle that situation?
- What is the best way to react to aggression?
- Should I report this harassment?
- How and where to do it in the first place?

Stephane Bourcet is a child psychiatrist.

Isabelle Gravillon is a journalist.

BÉATRICE COPPER-ROYER  
GUILLEMETTE de LA BORIE

## No, You Are Not Yet A Teenager!



8 to 12  
year olds  
are still  
children

dve

ISBN 987-84-315-3435-4

Format 130 x 280 mm, 144 pages

28,000 words

Between the ages of eight and twelve they dress like teenagers, they talk like teenagers, they answer like teenagers... but they are not teenagers yet! By pushing them disproportionately into adulthood, you risk stealing valuable childhood years from them. This book will help you understand what is essential for your child at this stage of development.

- Why are they so precocious in their behaviour today?
- What are the risks?
- Why do we tend to encourage them?
- How can we help our children resist the seduction of advertising?
- What do they need at this age?
- What can they be allowed?



**ISBN 978-1-78525-959-3**

**Format 130 x 180 mm, 160 pages**

**28,000 words**

To provide tranquillity to the baby is to give him, from birth, inner security that will serve him throughout his/her life. Thanks to this security, he/she will be able to develop his/her abilities with confidence, address others, overcome fears and failures. In short, he/she will be happy as a child and as an adult. E. Rigon and M. Auffret-Pericone will help you here to discover how to get that basic feeling of security, and what are the words, gestures and attitudes that favour, day by day, their acquisition. The authors respond with simple and precise language to all the questions that parents usually ask themselves, often a little overwhelmed by cries and their child's behaviour: How to help him/her fall asleep; thumb or pacifier: what to choose?; talk to him/her, yes, but how?; etc.



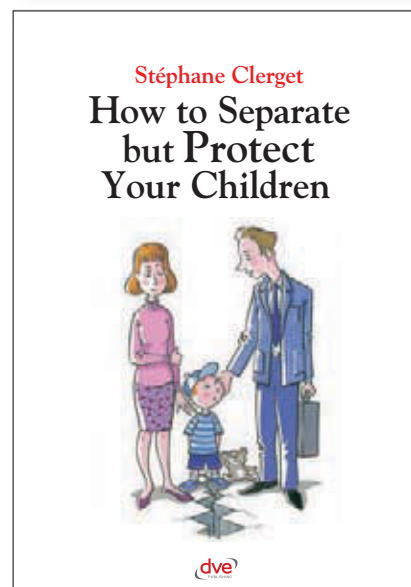
**ISBN 978-1-78525-511-3**

**Format 145 x 225 mm, 272 pages**

**72,000 words**

The stepmother's role is not simple. As the number of restructured families increases, more women face the difficult task of raising children who are not their own, something that requires a great deal of flexibility and diplomacy. This book aims to help them find the best way to carry out their task, without falling into the most common pitfalls.

- Why is the stepmother's role so complicated?
- How to occupy the right place without being too affable, distant, or rigid.
- How to exercise authority without relegating the mother.
- How to be part of a story that has already begun.
- What role should the father of the children play?
- How to raise your partner's children and your own, especially when they do not receive the same education.
- How to approach the arrival of a new child.
- How to act with a teenager.
- What if the mother has passed away...?



**ISBN 978-1-78525-288-4**

**Format 145 x 225 mm, 192 pages**

**37,000 words**

Nowadays, kids are subject to intense stimulation, an excess of information and an avalanche of out-of-school activities. This excessive burden, that aims to turn them into extremely capable adults, too often results in a lack of initiative for dreaming and imagination.

It is essential that the kids enjoy moments of leisure, because these help them to express their desires and stimulate their creativity

To get all the answers about why this leisure and freedom is so important for the well-being and intellectual development of kids, keep reading!





**ISBN 978-1-78525-384-3**

**Format 130 x 180 mm, 144 pages**

**25,000 words**

The parent can sometimes feel tired and overwhelmed by the workload and responsibilities that they cannot share with anyone in their daily life. But there is good news: contrary to what has been said, the situation does not necessarily cause problems in children. This book clarifies many prejudices on the subject and proposes definite steps for a better daily living:

- How to avoid creating a sealed relationship between the two of you.
- How to keep a space for the absent parent.
- How to avoid the trap of overprotection.
- How to assume full authority.



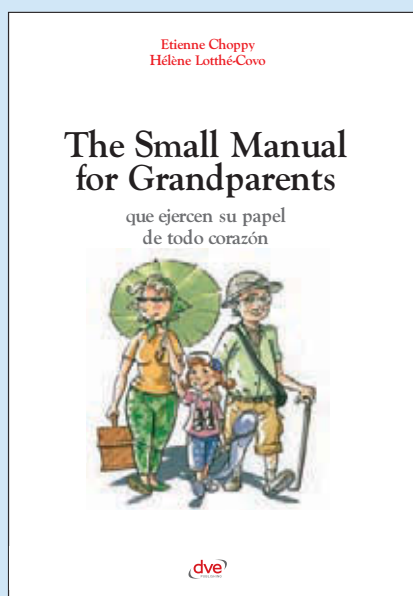
**ISBN 978-84-315-3365-2**

**Format 145 x 255 mm, 250 pages**

**64,000 words**

"It is prohibited to prohibit." This phrase is revealing of a society where the authority of fathers tends to decline and where their prestige is weakened, while mothers fear to be too authoritarian. However, experience and clinical observation show that the child needs limits in order to build his personality. The attitude of parents who don't dare say "No!" leads to a significant loss of references. Thanks to this work, you, father or mother, will understand the true meaning of the prohibition for the education of your children.

- What to refuse
- When and how to punish
- How to react to transgressions...



**ISBN 978-84-315-3746-3**

**Format 145 x 255 mm, 278 pages**

**70,000 words**

From the point of view of their grandchildren, grandparents occupy a privileged place in the world of adults. Their role is very diverse: from caring for a new-born to listening to a troubled teenager. A good relationship with the parents or the parent who is in charge of the child is essential. But where should the grandparents be?

This book answers this and other questions such as:

- What role or roles can they play?
- Do they have the right to interfere?
- How far can they go with their advice?
- How can they find their place when the family gets back together?
- How can they help grandchildren cope with the difficulties of life?
- How can they intervene in the transmission of family history?

**ISBN 978-1-64699-778-7**

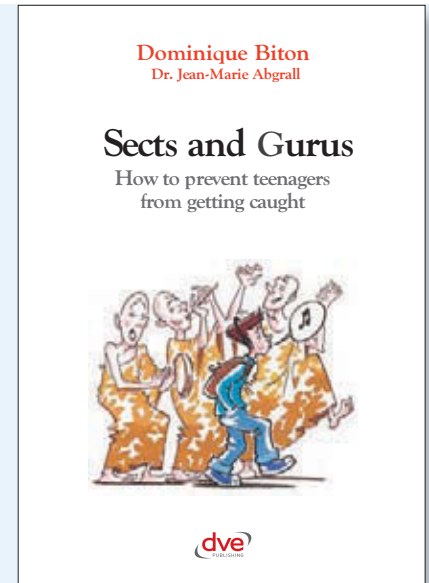
**Format 145 x 225 mm, 202 pages**

**25,000 words**

Teenagers, searching and questing for themselves, become a favourite target for cults. At their age, they are very likely to meet seemingly seductive people and get sucked in without realizing it, especially since the boundary between the gang, the cult-like group and the actual cult is blurred. Although they are aware that they must give their child freedom, parents are concerned about their child's company.

- At what point should a group be considered sectarian per se? -

Cults advance in a disguised form. Yes, but how? - What are their arguments? - On what psychological deficiencies do they rely to seduce? - How to prepare the adolescent so that he/she does not let himself/herself be dragged in? - What signs should parents be alerted to? - How to intervene if necessary? This book, full of basic and fundamental information, provides parents and adolescents with the necessary elements to decipher these questions and the arguments to say "no".



**ISBN 978-1-64699-779-4**

**Format 130 x 180 mm, 140 pages**

**25,000 words**

The dictatorship of the waistline wreaks havoc. In adolescence, when it is common and frequent for the body to become temporarily rounded, the issue becomes a catastrophe. The result is that our daughters start outlandish slimming diets, which endanger their health and growth. This book answers the many questions on the subject:

- How to help her distance herself a little from the craziness of slimming.
- What role should parents, and especially the mother, play.
- Is it bulimia or picky eating?
- How to react if her excess weight is only in her head.
- How to transmit good eating habits.
- How to help her maintain or lose weight, avoiding the trap of overly restrictive diets.
- What to do if she is really overweight.

Dominique-Adèle Cassuto, a nutritionist doctor, receives everyday teenagers who complain about their weight, with or without reason. Sophie Guillou is a journalist. She is co-author, with Ginette Lespine, of *Overcoming unemployment as a family*, in the same collection.



**ISBN 978-1-64699-780-0**

**Format 130x 180 mm, 128 pages**

**25,000 words**

In adolescence, there is a change in tone and in the way of addressing adults. The child "talks back", slams doors, etc. These manifestations of independence are, in principle, not alarming, but if the adolescent does not receive the appropriate behaviour pattern, he/she can move on to insults or swearwords. It is therefore necessary to react. This attitude often has its roots in childhood. A child who imposes his law at the age of three and refuses to obey at the age of eight runs the risk of becoming an insolent adolescent.

In this book, the authors offer parents some reflections and advice to:

- help them to understand what the adolescent wants to tell them with his insolence
- confront his systematic spirit of contradiction and teach him to obey
- contain his attempts at violence
- decipher his silences and his particular language, and also to develop the art of conversation.







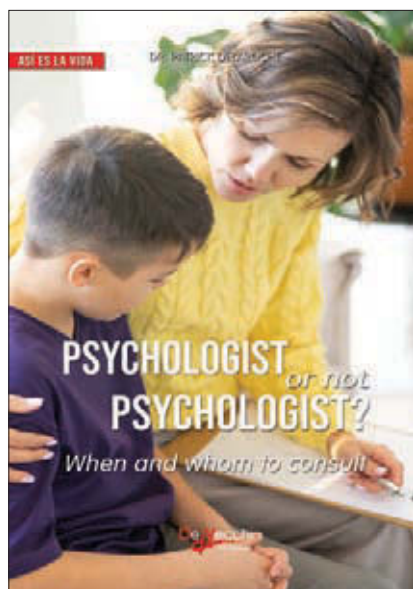
**ISBN 978-1-64699-781-7**

**Format 130 x 180 mm, 140 pages**

**25,000 words**

How long will that tantrum last? There are no children without tantrums. But parents, if they could, would gladly do without them. However, they are indispensable and constitute an important stage in the development of children. This book analyses everything you need to know to calm tantrums and temper tantrums, and answers all the questions on this subject:

- What are tantrums for?
- Why do they affect us so much?
- How do you differentiate a tantrum from a great sorrow?
- How to react to tantrums in public?
- What attitudes to avoid?
- How to control a tantrum?
- What are the tantrums that we will not be able to avoid?
- How to anticipate tantrums?



**ISBN 978-1-64699-782-4**

**Format 145x225 mm, 224 pages**

**25,000 words**

What should be done when a child has difficulties at school or in the family when his behaviour shows that he is suffering? Nowadays, the school, the environment, the culture incites parents to take their child to a psychologist or even to treat him with medication, which is indicated in very few cases. Many questions are asked because they feel responsible or even guilty for their difficulties.

With Psychologist or not psychologists? Patrick Delaroche, child psychiatrist and psychoanalyst, answers their questions: when and why should one consult a psychologist or psychiatrist, how to present this visit to the child, which therapy is justified, why, in some cases, a single consultation is enough to bring everything back to normal, why orthophony does not replace psychotherapy, how to carry out a psychological treatment. Psychologist or not psychologist? offers parents the necessary means to reflect on their child's problem and helps them to take the necessary steps to consult a specialist when necessary.

Marie-Pascale  
Delplanq-Nobécourt

## Dare to Be a Mother at Home



**ISBN 978-1-64699-783-1**

**Format 145 x 225 mm, 160 pages**

**25,000 words**

Today there are millions of stay-at-home mothers, i.e. millions of "inactive" women. For many of them, who have found it too acrobatic to combine professional activity and family life, it is a real choice, in agreement with their spouse, to devote more time to the education of their children. Far from limiting themselves to the role of simple housewives, these women take on numerous associative and parascholastic activities, without which some institutions would not function. Despite this, they are victims of prejudice. Society often reproaches them for being wrong:

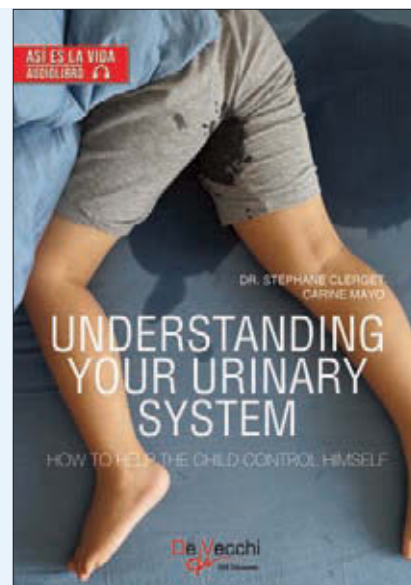
- Ideologically, because they are not liberated.
- From an economic point of view, because with only one salary a family consumes less.
- From a psychological point of view, because they are too focused on their child...

**ISBN 978-1-64699-784-8**

**Format 130 x 180 mm, 128pages**

**25,000 words**

Toilet training does not happen overnight and failures are a matter of concern for many families. Moreover, the more we get worked up about it, the more we risk the reverse effect: the child will resist toilet training. This book deals with sphincter control during the day and at night, with explanations of possible delays, and suggests ways to remedy this. How is sphincter control achieved? From what age does it start to be a concern? What can you do if they are not controlled when they start school? Do they wet the bed on purpose? Is it necessary to put them back in nappies? What to think about medication?



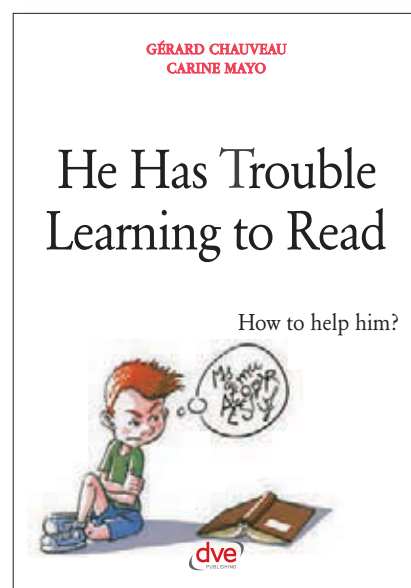
**ISBN 978-1-64699-785-5**

**Format 130 x 180 mm, 142 pages**

**25,000 words**

Reading is a complex learning process, which poses problems for some children. Understanding the mechanisms of this learning process provides parents with the means to help them: with little games, psychological support and, above all, without any pressure or drama, the child will soon catch up with his classmates.

- What does it mean to know how to read?
- When to start worrying?
- How to identify the nature of the problem?
- What if he/she is dyslexic?
- Is it a question of the method used?
- What is the role of parents?
- Should he/she repeat a year?



**ISBN 978-1-64699-786-2**

**Format 130 x 180 mm, 128 pages**

**19,500 words**

Television encourages family arguments. On the one hand, there are the parents, who often feel that their children watch it too much, even when they too are hooked on the small screen. On the other hand, there are the children, fascinated by the sheer number of images, an easy remedy for boredom. This book attempts to unravel parents' fears, whether founded or excessive and offers tips on how to watch television intelligently, as it has become an unavoidable family distraction. Therefore, this book tries to answer questions such as:

- What do children really watch? –
- What values does television transmit?
- How can we choose a programme together?
- Can we judge without knowing?
- Why do we have to set time limits?
- How to fix the damage if the child has seen a violent scene?
- How can we disengage someone from television?

Dr Claude Allard is a psychiatrist and psychoanalyst, and author of works on the influence of television on our lives. Cécile Dollé is a journalist.





**ISBN 978-1-64699-787-9**

**Format 130 x 180 mm, 156 pages**

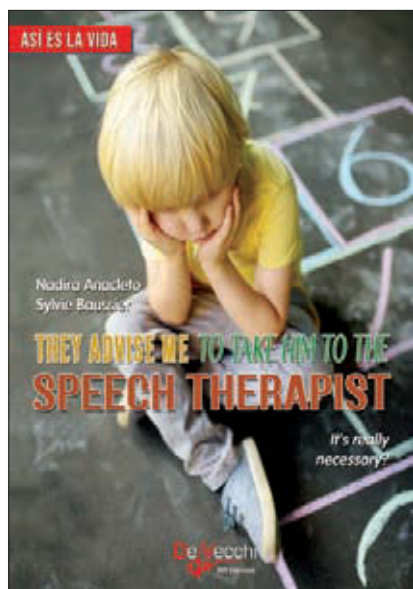
**24,000 words**

A teenager's room often resembles a bear's den, a place where the smell of tobacco and, perhaps, hashish is noticeable...

Parents do not always know how to react and what attitude to adopt towards their children, especially when they themselves have used cannabis when they were young. This book addresses a large number of questions that are asked about so-called soft drugs:

- Should an illegal, albeit commonplace, substance be tolerated?
- What to think about cannabis?
- What are the real dangers?
- Does your teenager smoke?
- How do you talk about it with your child?
- Why does he or she smoke?
- How can you help him or her say "no"?

Daniel Marcelli, a psychiatrist specializing in adolescence, is the author of numerous psychology books. Christine Baudry is a journalist for psychology magazines.



**ISBN 978-1-64699-788-6**

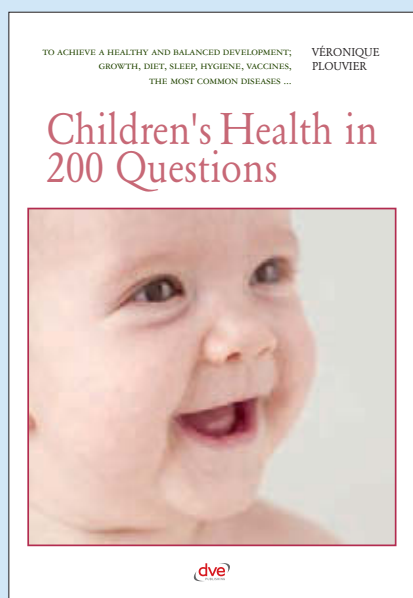
**Format 130 x 180 mm, 144 pages**

**25,000 words**

Does your child have a slight lisp, stammer, struggle to learn to read, write badly, have difficulty with maths, make a lot of spelling mistakes...? Do you think he or she may be dyslexic? Generally, with a little patience, everything can be sorted out after a few months. However, in some cases, there is a real problem. Your child's teacher, or you yourself, may have wondered whether your child should be examined by a speech therapist.

The aim of this book is to help you distinguish between cases of immaturity and those involving a real delay. It presents the most common problems, provides resources to help you assist your child at home and indicates the best time to see a specialist.

Nadira Anacleto is a speech therapist. Sylvie Baussier is a writer.



**ISBN 978-1-64699-789-3**

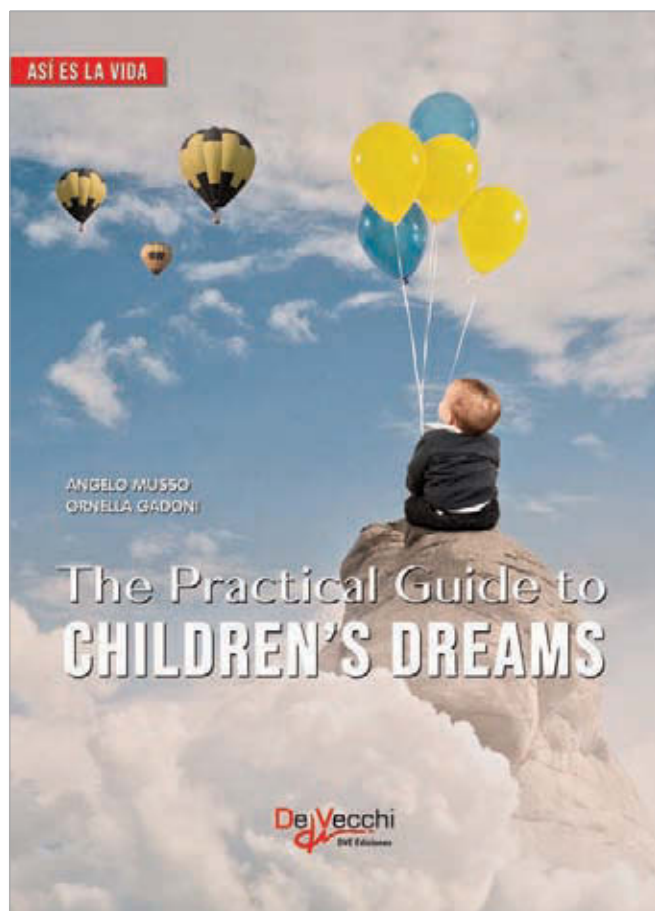
**Format 170 x 240 mm, 204 pages**

**25,000 words**

For young parents, children's health is often a real headache because they have so much information from so many different sources. They have what they have learned on their own, the sometimes contradictory advice of friends or family, and statements from magazine articles. If we are talking about children, we must always be attentive to their health without being alarmist and, above all, we must have good reflexes at the right time.

Véronique Plouvier offers a complete book that will help parents to distinguish the true from the false, from the birth of their child up to adolescence. It deals with essential issues such as growth, feeding, sleep, language, hygiene, vaccinations, accidents, medical follow-up, hospitalization, convalescence, genetic diseases, the first-aid kit, etc. The method it follows is eminently practical because it consists of asking 200 questions and developing the corresponding answers in detail. Thanks to this irreplaceable book, you will know everything you need to know about your child's health and will be able to deal successfully with all emergencies.





ISBN 978-1-78525-293-8

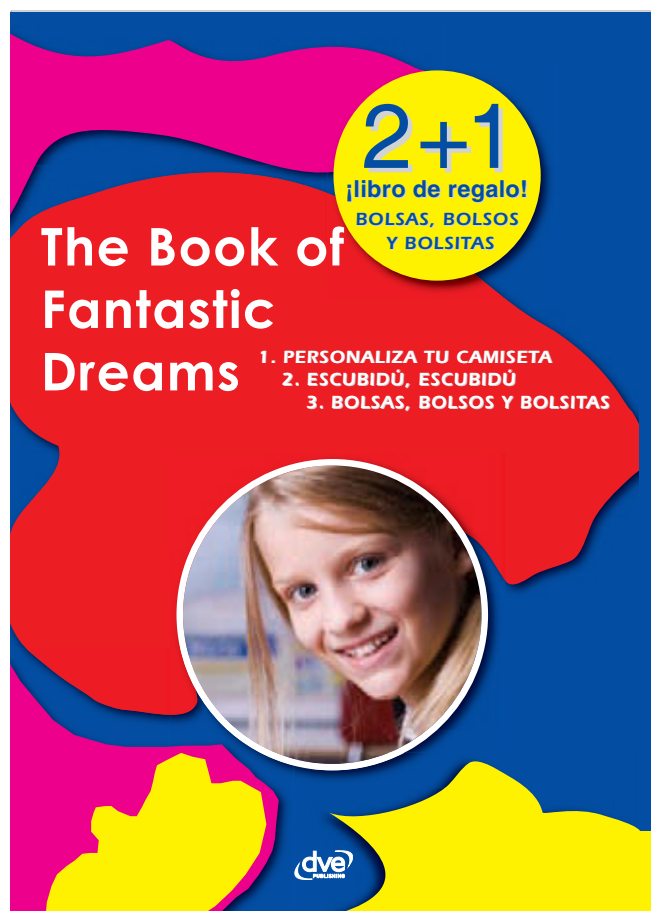
Format 145 x 205 mm, 224 pages

60,500 words

The dreams of children should not be regarded with scepticism. The child should know that what was dreamt is not meaningless drivel, and the adult must accompany the child in their fantasies, in their nightmares, and also in their discoveries. Getting used to speaking about dreams with children and encouraging them to talk about them is, ultimately, a way to promote a healthy growth.

This book is a guide to understanding the emotional relationships that arise from dreams, which are essential for the development of the individual. This is a simple tool to easily understand the desires and fears of children during their growth and to help them become aware of their feelings and, therefore, be prepared to understand themselves and to feel fulfilled.

This is a unique book that contains all the information that you need to know regarding the psychological aspects of sleep, including tips for promoting good sleep and a dictionary of symbols.

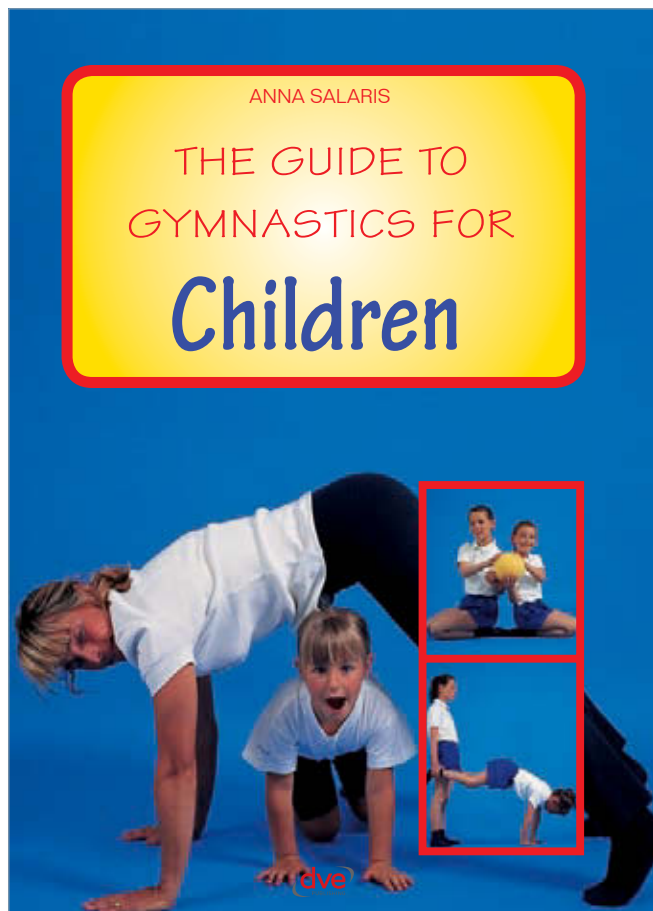


ISBN 978-84-315-3895-8

Format 176 x 240 mm, 264 pages

67,500 words

This book is a guide to understanding the emotional relationships that arise from dreams, which are essential for the development of the individual. This is a simple tool to easily understand the desires and fears of children during their growth and to help them become aware of their feelings and, therefore, be prepared to understand themselves and to feel fulfilled.



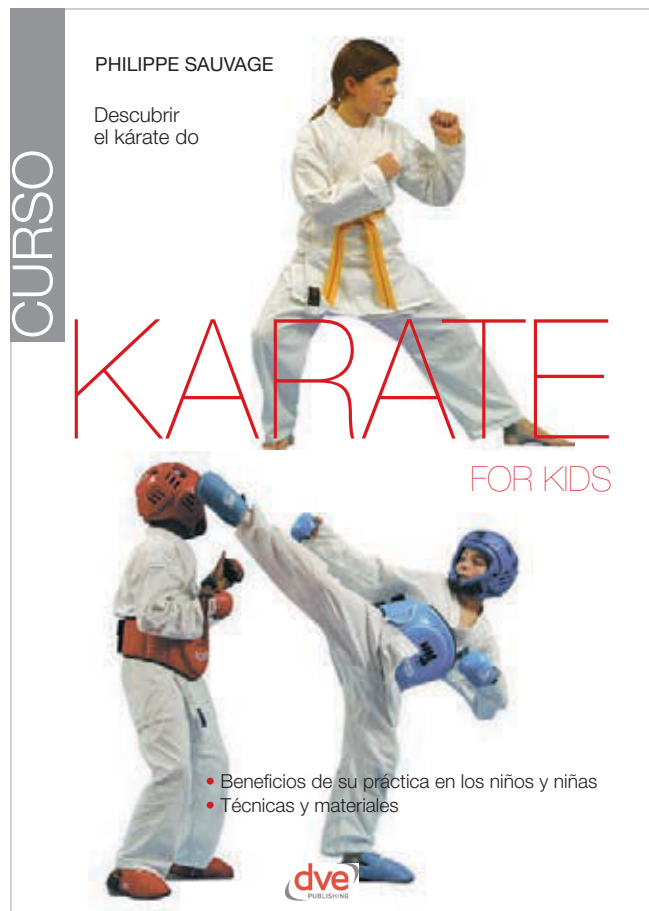
ISBN 978-1-78525-426-0

Format 170 x 240 mm, 144 pages

13,000 words

Little kids can also do gymnastics without getting bored, under the supervision of an adult. Indoors or outdoors, you can turn exercise into a game for them.

This book offers plenty of advice and games to empower motor abilities in children and stimulate their fantasy, balance, coordination, etc.



PHILIPPE SAUVAGE

Descubrir  
el kárate do

# KARATE

FOR KIDS

- Beneficios de su práctica en los niños y niñas
- Técnicas y materiales

dve  
PUBLISHING

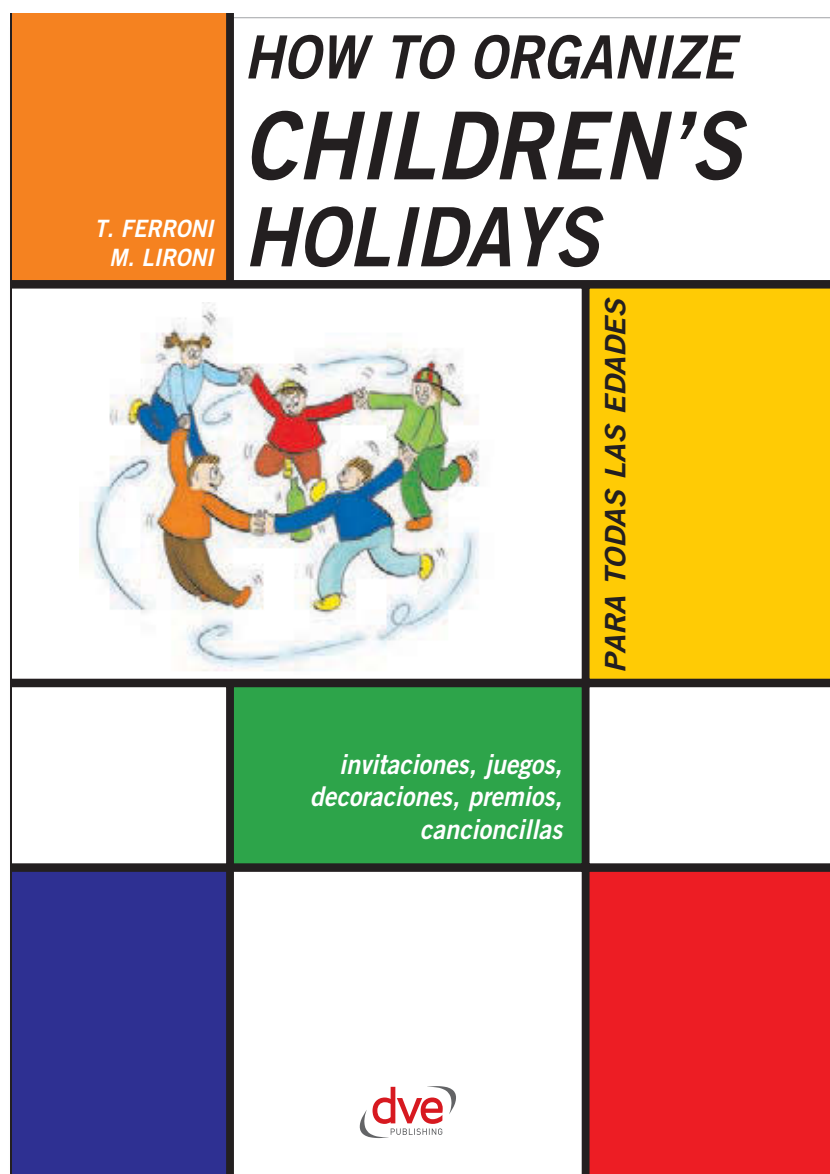
ISBN 978-1-68325-784-4

Format 170 x 240 mm, 140 pages

12,000 words

Little kids can also do gymnastics without getting bored, under the supervision of an adult. Indoors or outdoors, you can turn exercise into a game for them.

Each exercise is explained in detail. The guide starts with the most simple body exercises, and progressively will go to most complicated activities with a rope, newspaper, and ball, to be carried out in group or single.



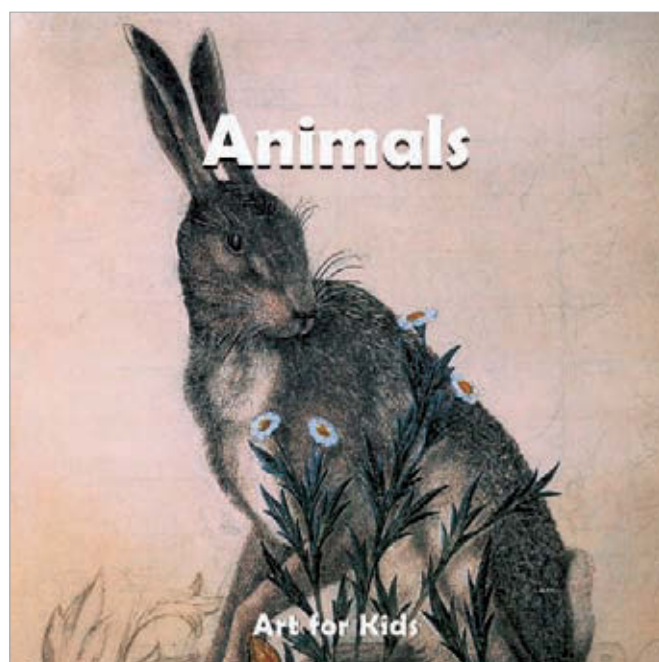
ISBN 978-84-315-3981-8  
Format 172 x 260 mm, 320 pages  
78,000 words

This book is a guide to understanding the emotional relationships that arise from dreams, which are essential for the development of the individual. This is a simple tool to easily understand the desires and fears of children during their growth and to help them become aware of their feelings and, therefore, be prepared to understand themselves and to feel fulfilled.



# ART FOR KIDS

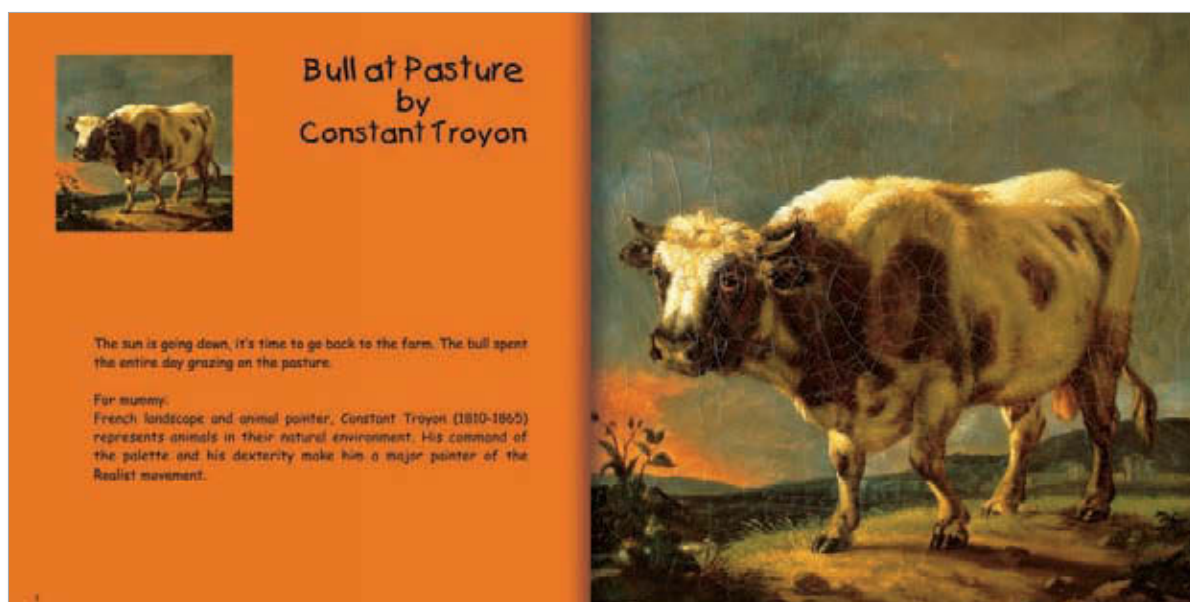
**A**rt for Kids offers young readers an art history course in miniature, pairing interactive puzzles of some of the art world's greatest masterpieces with simple yet engaging text. These books provide parents and educators with a wonderful way to encourage children's artistic imaginations, laying the foundations for a lifelong appreciation of art.



ISBN 978-1-78525-286-0  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



ISBN 978-1-84484-849-2  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



ISBN 978-1-84484-752-5  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



ISBN 978-1-84484-758-7  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



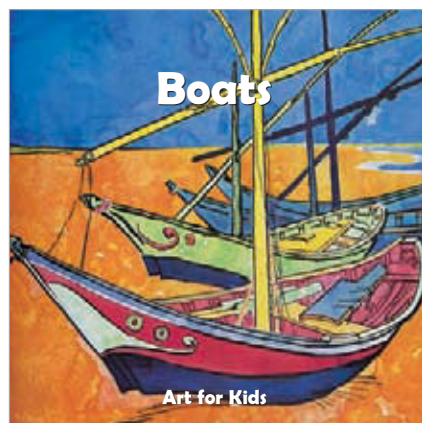
ISBN 978-1-84484-853-9  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



ISBN 978-1-78042-370-8  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



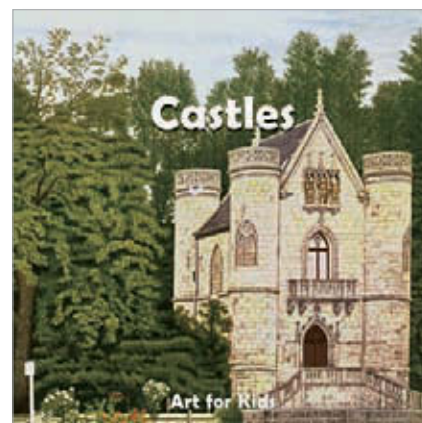
ISBN 978-1-78042-371-5  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



ISBN 978-1-84484-764-8  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



ISBN 978-1-84484-755-6  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



ISBN 978-1-84484-850-8  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts





ISBN 978-1-78160-240-9  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



ISBN 978-1-78160-241-6  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



ISBN 978-1-84484-761-7  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



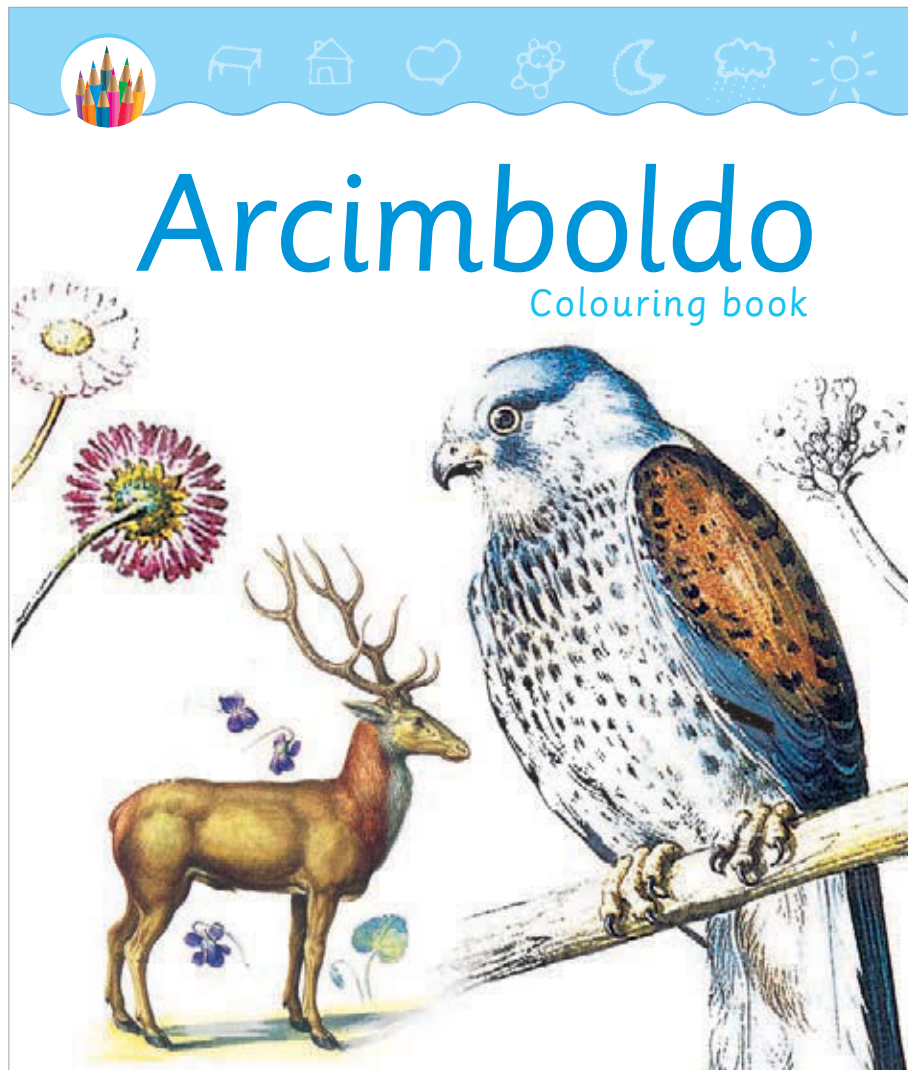
ISBN 978-1-84484-851-5  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts



ISBN 978-1-84484-852-2  
Format 242 x 242 mm  
5 puzzles x 25 pieces & texts

# COLOURING BOOKS

For those that don't want to get their hands too dirty there are colouring books for adults and children. Retracing the steps of the masters is a great way for art lovers to experience art hands-on and create their own interpretations. From Impressionism and Expressionism to Abstract art, the art of colouring is regarded as a relaxing pastime for all ages.



ISBN 978-1-68325-230-6  
Format 200 x 235 mm, 32 pages



# Carl Larsson

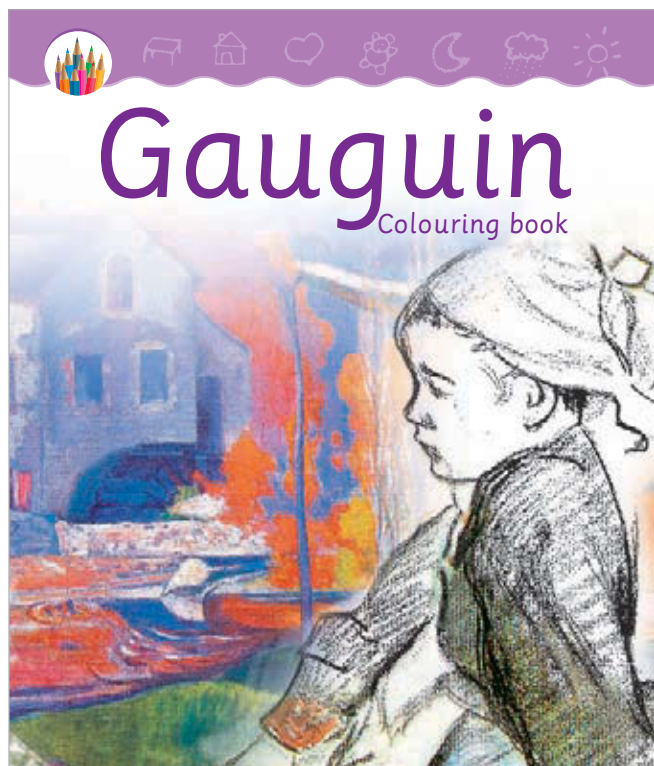
Colouring book



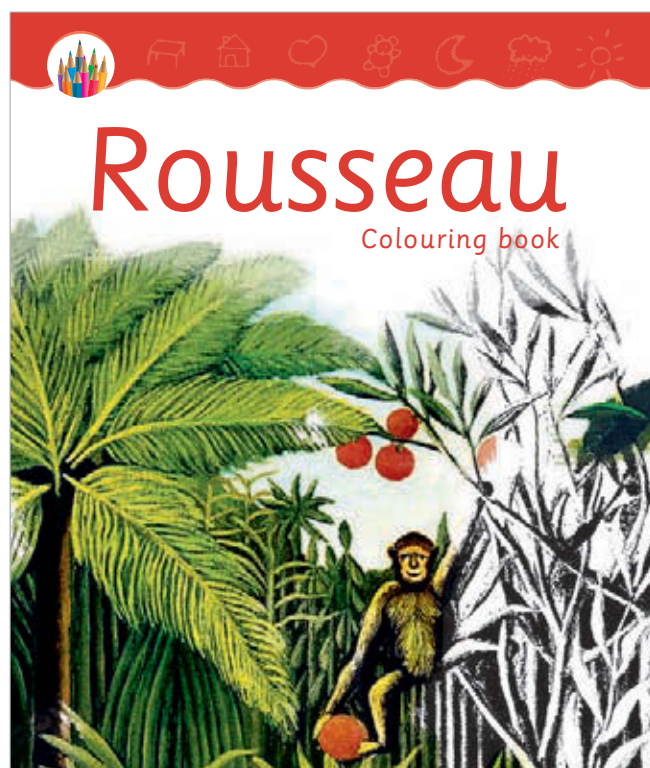
ISBN 978-1-68325-247-4

Format 200 x 235 mm, 32 pages

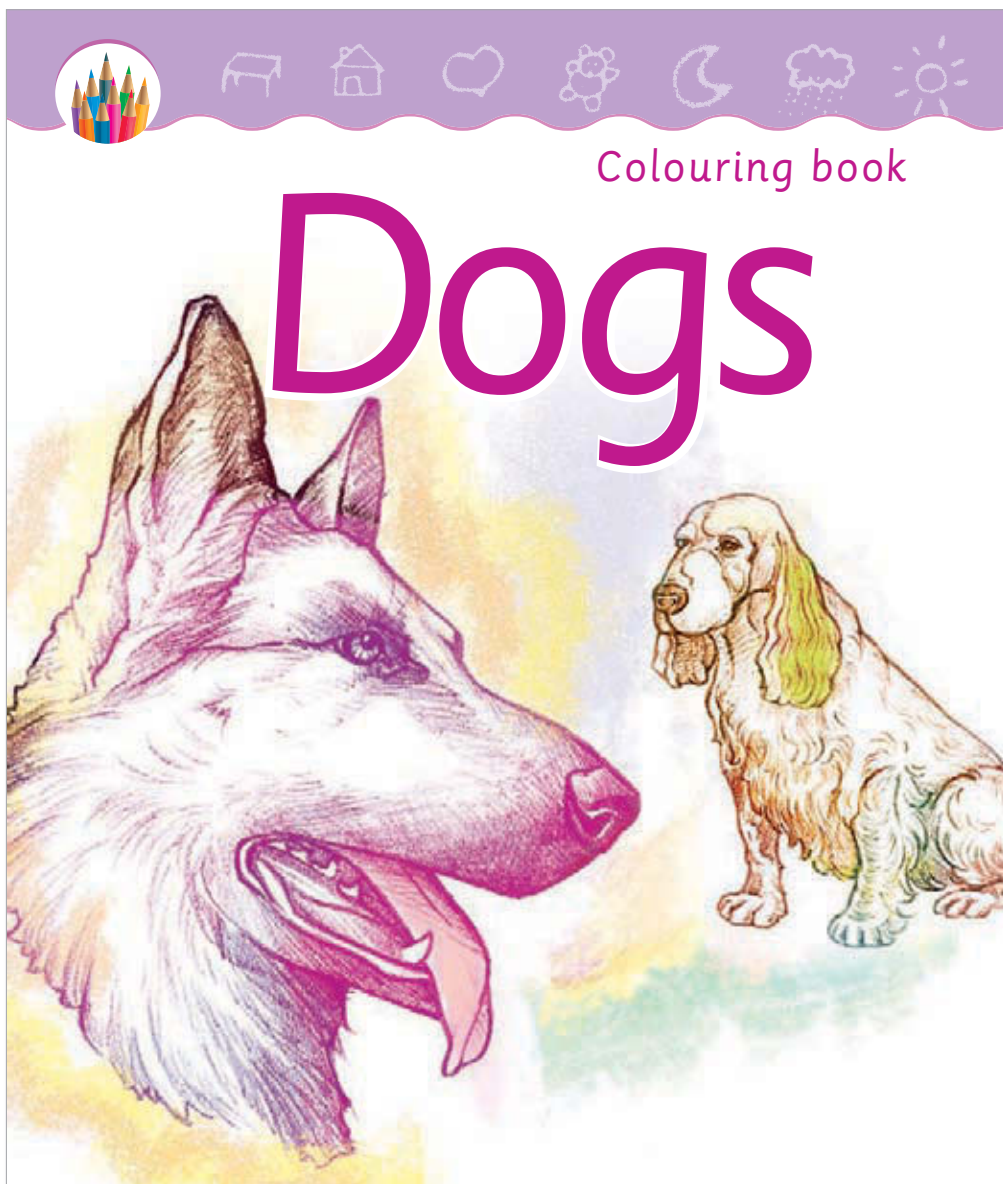




ISBN 978-1-68325-234-4  
Format 200 x 235 mm, 32 pages



ISBN 978-1-68325-248-1  
Format 200 x 235 mm, 32 pages



ISBN 978-1-68325-231-3

Format 200 x 235 mm, 32 pages

# ALSO AVAILABLE

A Colour Guide to Creating Paper Objects

A Thousand Games to Entertain and Amuse Children

Christmas Songs for Kids

Colour Me Mine

Drawing Made Easy

How to Create Paper Flowers

How to Decorate and Dress Your Dolls

How to Organize Children's Holidays

Mastering a Month of Sudoku

New Book of Numbers

Origami Guru: Hundreds of Models for Endless Folding Fun

The Best Stories of Alarcon

The Best Stories of Bazan

The Best Stories of Fernán Caballero

The Best Stories of G. A. Becquer

The Best Stories of Mark Twain

The Best Stories of Mérimée

The Best Stories of Pereda

The Best Stories of Valera

The Best Tales of Christian Anderson

The Big Book of Baby Names

The Book of Fantastic Dreams

The Complete Book of Colours

The Complete Guide of Fantastic Games for Kids

The Development Guide for Intelligent Children

The Natural Guide to Naming Your Son

The New, Easy Origami Guide

The Play-Along Book of House Pets

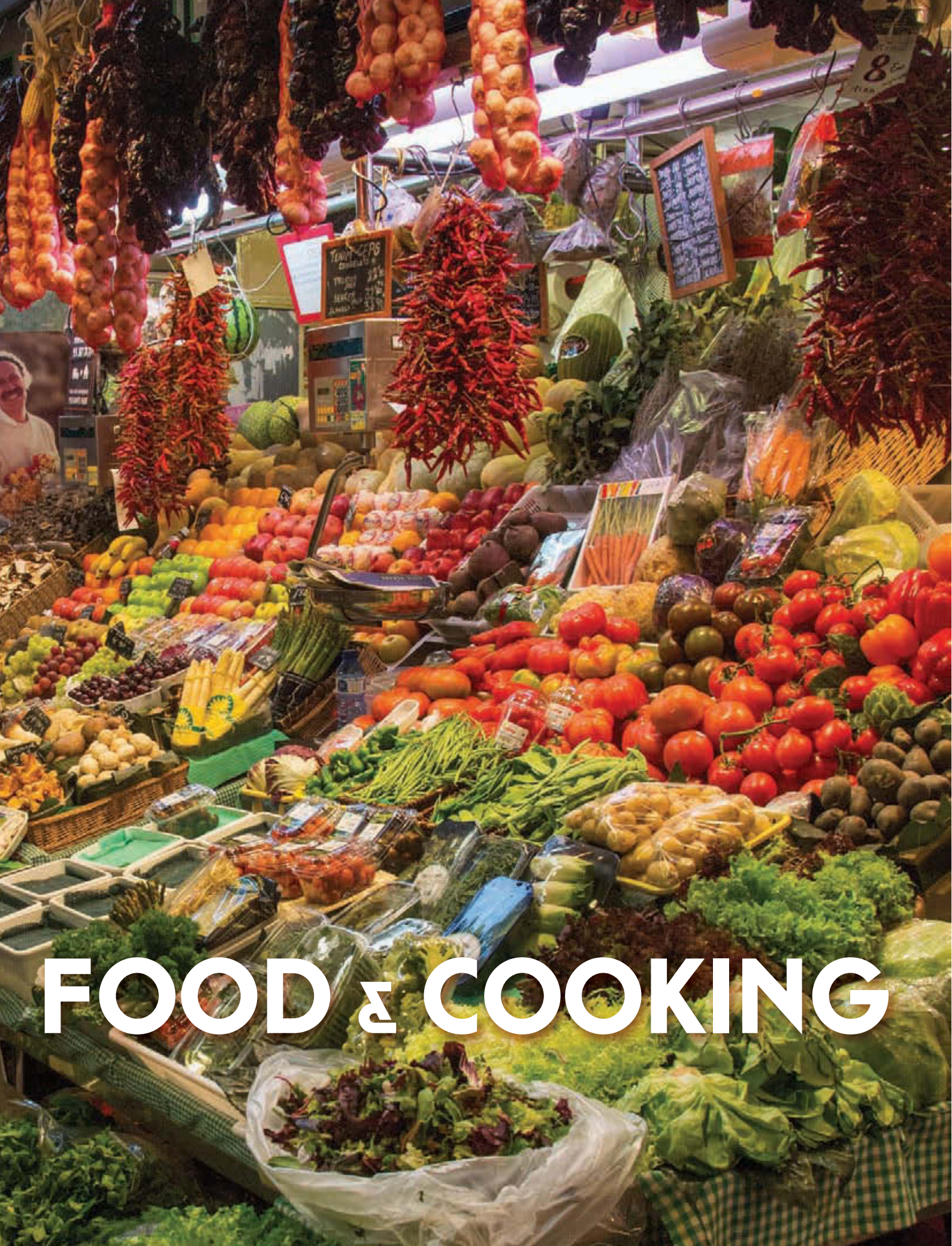
The Pocketbook Collection of Games for Children











# FOOD & COOKING



# FOOD & COOKING

In this age of body worship, and with the plenitude of TV shows now dedicated to food, passion for cooking has increased dramatically. As chefs became superstars and their edible creations were praised for their presentation and taste, they reintroduced the joy of cooking back into our own kitchens. Whether it is organic, vegetarian, Asian, Western, African, haute cuisine, street food, for breakfast, lunch, dinner, snacks, or tapas, in this section you will find all of the recipes necessary to help you become the master of your own kitchen. You will also learn to how to make and prepare cocktails, juices, and smoothies, as well as how to distinguish between different wines and beers so you can always match your favourite food with the perfect drink!





# Tasty Tapas

121 UNFORGETTABLE RECIPES



ISBN 978-1-78525-562-5

Format 170 x 240 mm, 144 pages

20,500 words

The secret of good tapas lies in their ability to please both eyes and palate, to break the monotony of daily meals and present themselves in quantity and variety so that each person can choose according to their culinary preferences. Thanks to this book, you will learn to prepare a great number of tapas:

- Pinchos
- Tomato tapas
- Egg
- Ham
- Seafood
- Canapés
- Sandwiches...

And to combine the most simple ingredients with the most sophisticated. And don't forget the drink! This book will also teach you which drinks combine with which tapas. Aesthetics are important too, so the book will also teach you quite a few tricks to present your tapas in order to conquer the occasional visit and create a memorable impression during celebrations at your home.

Luca Rossini

SECRET ITALIAN RECIPES

# & PASTA TRICKS



ISBN 978-1-78525-592-2

Format 170 x 240 mm, 288 pages

59,000 words

In this illustrated book, dedicated to the excellence of the Italian dish, you will discover a universe of pasta-based dishes.

Cooked at home, or already prepared, fresh, dry, stuffed, coloured, decorated... with soup, baked, sautéed... and also with vegetables, meat, fish, cheese, fruits...

Versatile, practical, nourishing and light, adaptable to every requirement, pasta can be offered with guaranteed success and in both traditional and innovative recipes.

In this book you will find all the instructions, procedures, tricks, and advice to get amazing results, and all kinds of recipes: easy, thorough, rustic or refined for a starter, main dish or dessert, to be pleasing to all palates for any occasion, from the most formal context to a familiar one.

**ISBN 978-1-78525-566-3**

**Format 170 x 240 mm, 160 pages**

**24,500 words**

Paella, gazpacho, fabada... Each are very characteristic plates of Spanish cuisine, but there are many more, and each region has its own typical dishes, beloved by those who know them.

In this book we can see how the same dish can be presented in many different ways depending on the ingredients and preparation methods, which tend to vary depending on the region.

Starters, main courses, and desserts form this superb compilation of the best of Spain's gastronomy; when we selected the different recipes, we kept in mind that, despite each ingredient being characteristic of the region where it's from, all of them should be easy to find in a general market.

This book will let you look over the whole Spanish gastronomy and taste the most unique dishes from each region without needing to leave home.



**ISBN 978-1-78525-564-9**

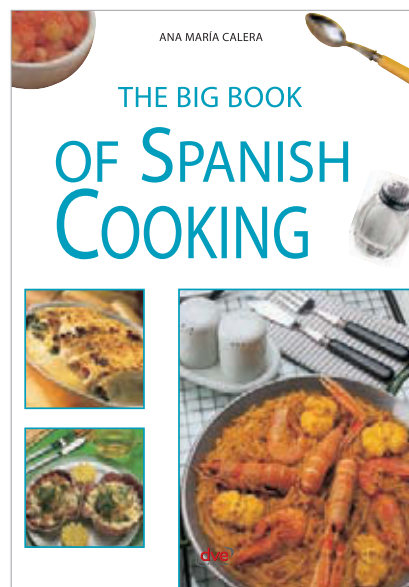
**Format 170 x 240 mm, 320 pages**

**77,300 words**

The Spanish cuisine is wide, varied, and extremely tasty and healthy, but how do I prepare those dishes in a simple and economical way?

Each reader will be able to use this book according to their own tastes, given the many possibilities it offers to combine all the products of the Spanish cuisine: pasta, rice, potatoes and legumes, meat, fish, etc.

All the recipes included in this book are possible to cook without complications and still give you the satisfaction of achieving attractive and exquisite dishes. Try them out!



**ISBN 978-1-78525-572-4**

**Format 170 x 240 mm, 128 pages**

**34,800 words**

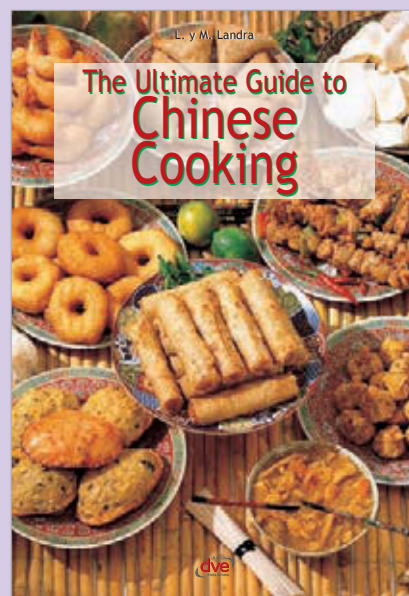
A fusion between science, philosophy, and art, in Chinese cuisine, the selection of the ingredients, the preparation, cooking techniques, composition, and presentation are the result of a millenary civilisation.

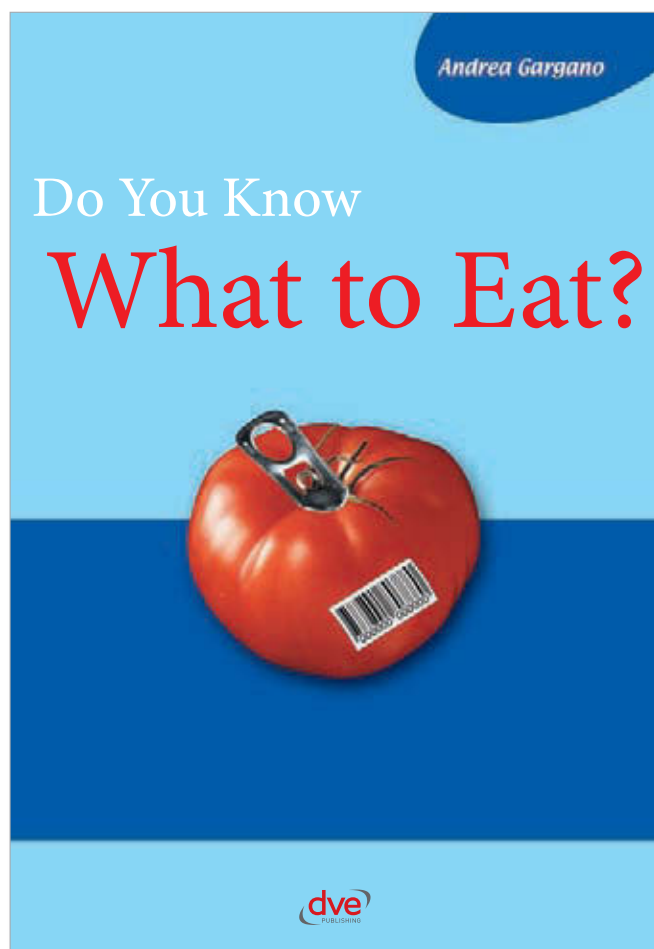
Quick, low-cost, and respectful of dietetic principles, Chinese cuisine is perfect for our lifestyle, too.

Harmony and flavours, aromas and textures, balance: these are the keywords for Chinese gastronomy, which has dishes already famous worldwide.

In this work you will find many recipes and useful tips to cook appetisers, starters, soups, main dishes, vegetables, or eggs quickly and successfully.

The contents come together with useful suggestions to know about the necessary ingredients in order to learn the cuisine of this wonderful country and organise a stylish dinner.

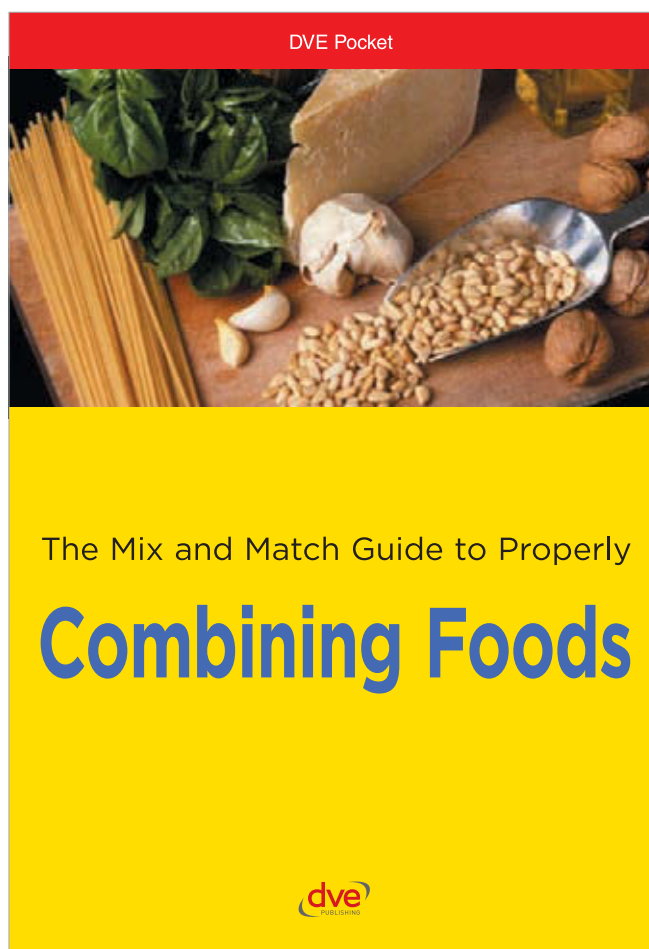




**ISBN 978-1-78525-575-5**  
**Format 145 x 205 mm, 192 pages**  
**51,000 words**

This is the question we ask ourselves nowadays every time we sit at the table, or go shopping, or when we let ourselves be tempted by the delicacies of a grill house or by a restaurant's menu. The question also arises when we read articles demonising some foods and applauding others.

Containing all the information needed to avoid mistakes when picking your meals, this book helps you to choose the healthiest foods by informing you about principles of nutrition science, nourishing standards, how to read and understand food labels, how to interpret good and bad advertising, international legislation, and so on.



**ISBN 978-1-78525-576-2**  
**Format 115 x 167 mm, 192 pages**  
**23,500 words**

Are your eating habits correct? This book provides you with the necessary information to find it out.

How important are drinks in a healthy diet? What should I drink and when? The criteria for combining a beverage must not be forgotten to get a balanced diet.

This manual will help you solve this and other questions, as it contains an alphabetic dictionary with the most common foods in our diet and its correct or incorrect combination with other foods.

Furthermore, the book is a useful guide which joins theory, warnings, advice, and rules to reach a perfect diet.



---

**ISBN 978-1-78525-567-0**

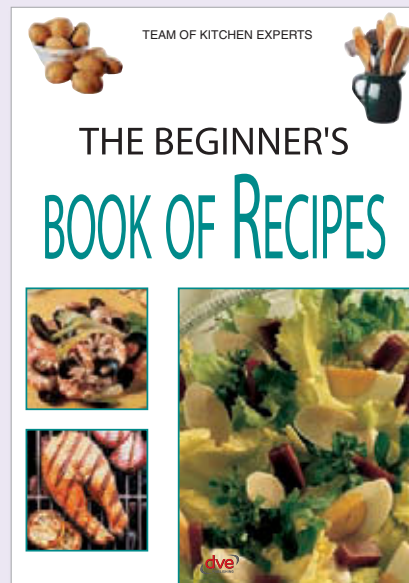
**Format 170 x 240 mm, 192 pages**

**54,000 words**

This is a book aimed at all those people that lack experience in the kitchen but wish to learn how to cook all kinds of dishes.

First courses, meat, fish, sauces, desserts... One thousand and one ideas in the form of original recipes meant to avoid complications and still obtain great results. You will find a complete selection of easy to make plates that will satisfy all palates, no matter how demanding.

The menus included at the end of the book add examples on how to combine the recipes presented to achieve a perfect meal.



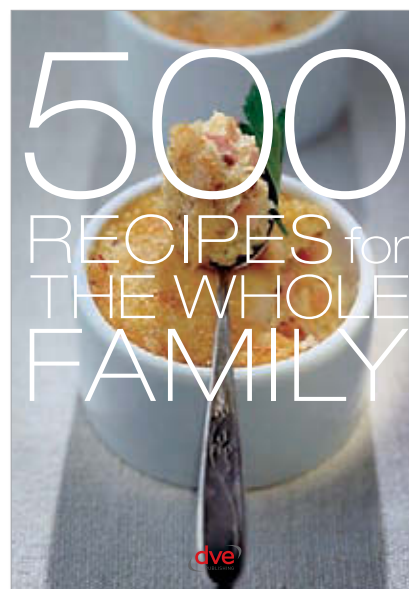
---

**ISBN 978-1-78525-508-3**

**Format 120 x 165 mm, 656 pages**

**70,000 words**

Preparing family meals can sometimes be a small daily drama. You must have all the necessary ingredients and remember the tastes of each family member. If you are struggling, this book is for you! Inside are simple recipes with original tastes, perfect presentations, and some fantasy. These 500 recipes will help you cook stress-free and bring joy to your table.



---

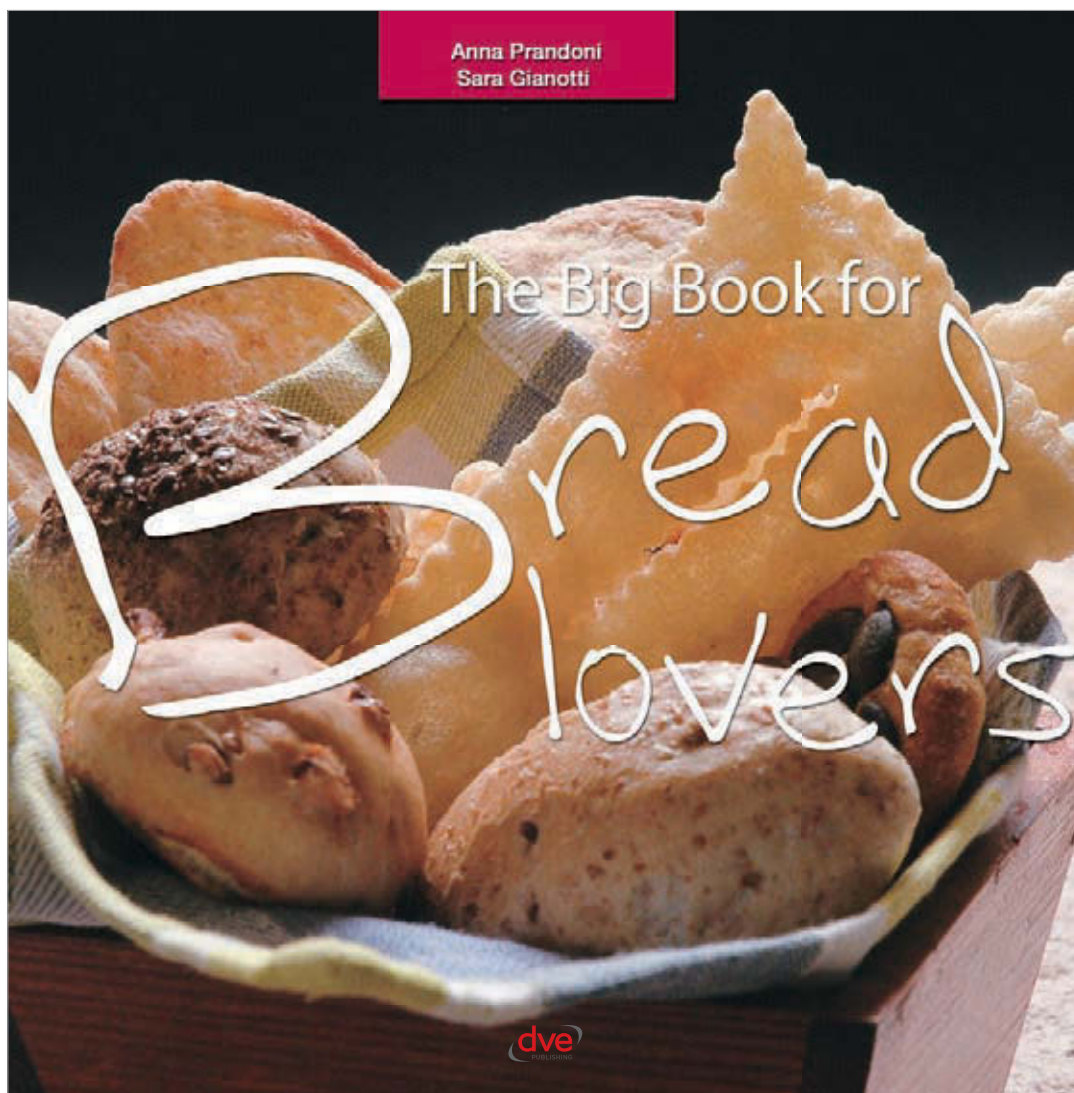
**ISBN 978-1-78525-582-3**

**Format 170 x 240 mm, 96 pages**

**23,000 words**

How do you start a lunch or a dinner? How can you stimulate an appetite with aromas, colours, and flavours? This book includes recipes for all tastes, simple and elaborate, aromatic, spiced, delicate or rustic. Salads, soufflés, cakes, quiches, pizzas, toasts, fritters, pies, spreads, cold meats... Ideas and tricks for dishes that can make a meal or a simple aperitif unforgettable.





ISBN 978-1-78525-311-9

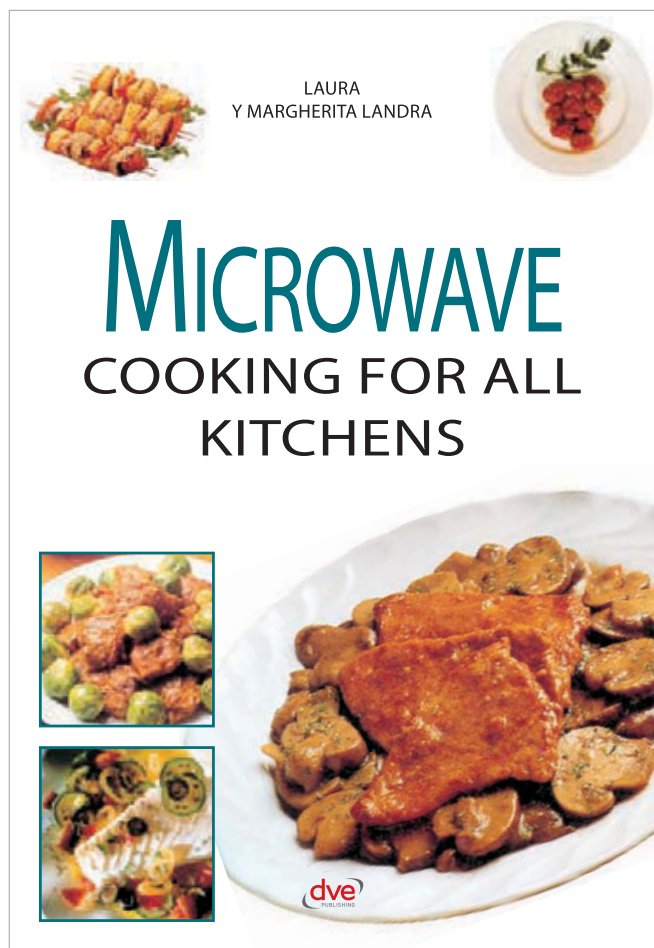
Format 230 x 230 mm, 192 pages

17,000 words

A walk through the aromatic and flavourful world of bread.

From popular baguettes to delicious focaccias, you will find a large number of exquisite recipes, gathering the scent and fascination of a good home-made bread.

In this book, you'll find innovative ideas and tasty and exciting flavours to make a true treasure out of the bread basket - the main character on the dining table. And you will learn to appreciate the simplicity and perfection of a good bread, made with creativity and love.

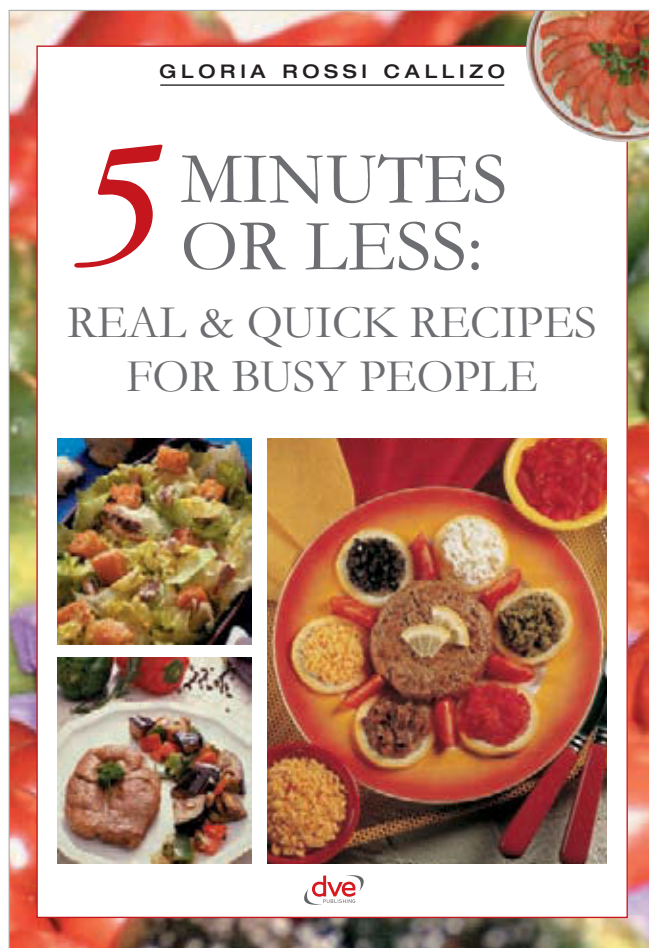


**ISBN 978-1-78525-565-6**  
**Format 170 x 240 mm, 96 pages**  
**28,000 words**

Would you like to cook, defrost, and reheat food in the least possible time? Discover the microwave!

Try all the recipes in this guide, and choose your favorite; all of them are created to be made in the microwave.

In every recipe you will find the ingredients, portion sizes and calories per person, the preparation and cooking times and how to display it on the dish and the table.



**ISBN 978-1-78525-563-2**  
**Format 170 x 240 mm, 156 pages**  
**15,000 words**

There are a lot of possibilities to combine pasta, rice, potatoes, vegetables, legumes, etc., to cook without any hassles. Having little time to prepare food doesn't mean that we have to give up eating well-cooked, flavourful dishes. Learn how to elevate any dish with simple sauces, made in just 5 minutes.

Here, you will find a selection of delicious and easy-to-cook desserts.

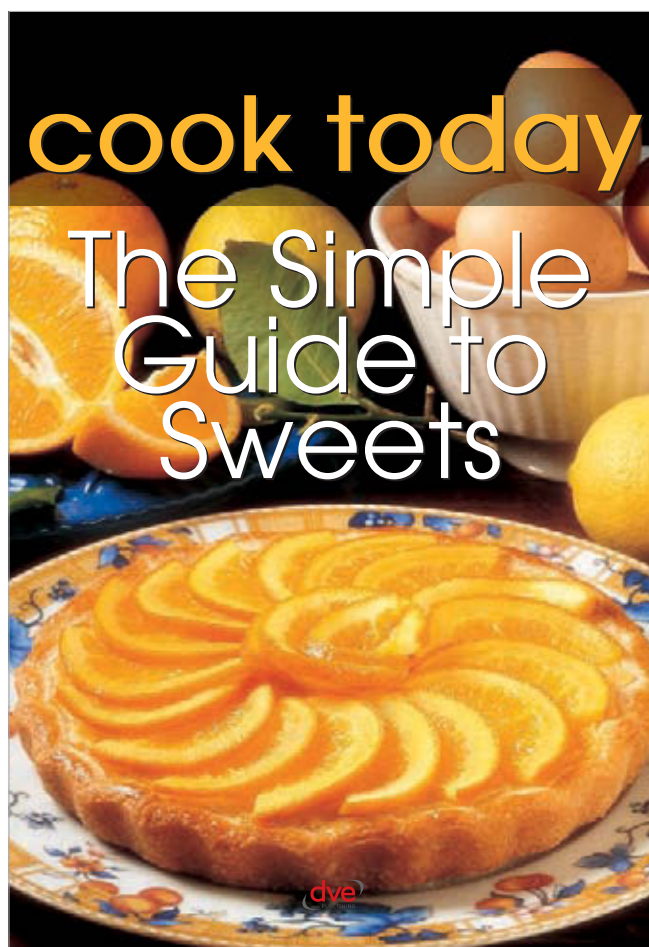
The aim of this work is to give a practical solution to all who want to eat a healthy and balanced diet without having a lot of time to cook. In these pages, you will find a wide selection of tasty, easy and quickly prepared recipes, which will be very useful in your daily life.





ISBN 978-1-78525-593-9  
Format 170 x 240 mm, 160 pages  
28,000 words

Who doesn't love a tasty and refreshing ice cream, whether it is hot or the middle of winter. If you don't have an ice cream maker, you can make homemade ice cream! Not only awesome recipes, but great information on ingredients, equipment, and processes as well. A step by step guide on how to make ice cream at home without the help of the fridge.



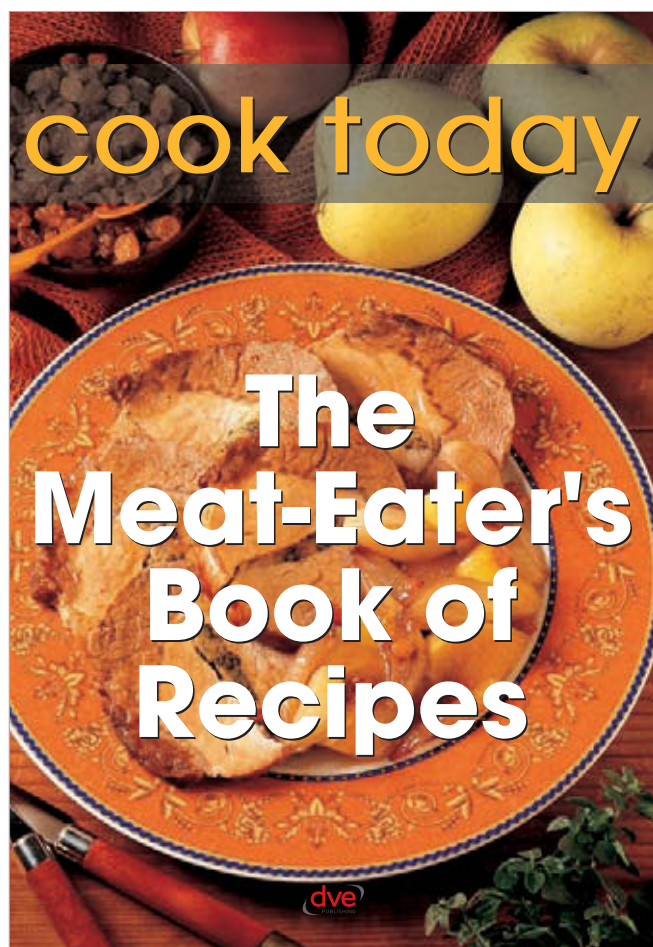
ISBN 978-1-78525-584-7  
Format 170 x 240 mm, 96 pages  
20,000 words

This book has a complete array of ideas to end a meal with a sweet taste or to prepare delicious breakfasts and snacks.

Cakes, fritters, ice creams, jellies, mousses, soufflés, cookies, creams...

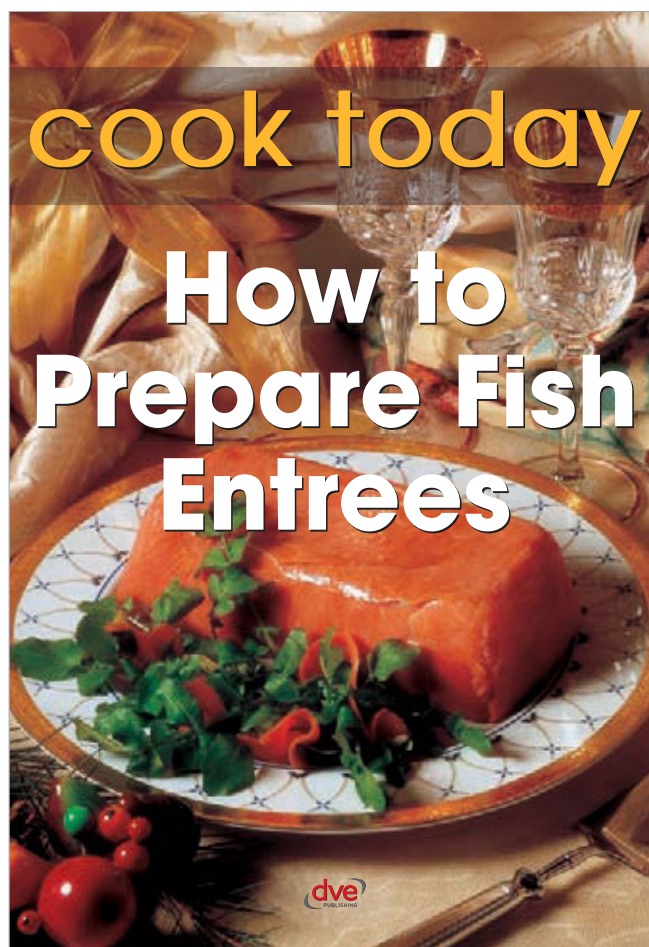
Pie crust, sponge cake, almond paste: these are just part of a path that passes through the most traditional recipes to the most elaborate and decorative ones, where the best quality, home-made ingredients combine with the abilities of the pastry chef.

Here you will find a wide variety of irresistible proposals for the elaboration of delicious desserts with fruit, cream, yoghurt, rice, bread, or liquors.



**ISBN 978-1-78525-585-4**  
**Format 170 x 240 mm, 96 pages**  
**21,000 words**

This book is complete with everything you need to know about meats:  
 A vast number of recipes for preparing tasty, nourishing and protein-rich dishes.  
 Roasts, rolls, meatballs, stews, escalopes...  
 All the ways to prepare the meat: Ragout, grilled, fried, sweet and sour, fricassee...  
 From the traditional steak to the "alternative" meats: guinea fowl, rabbit, goat, lamb, chicken, turkey, pork...  
 The book includes advice for cooking meat to enhance its characteristics through aromatic herbs, sauces, vegetables, beer, wine, fruit, etc.



**ISBN 978-1-78525-583-0**  
**Format 170 x 240 mm, 96 pages**  
**20,000 words**

This book offers recipes to start a lunch or a dinner with one of the healthiest and tastiest foods!  
 Carpaccios, spreads, pastries, cakes, salads and many more dishes, hot or cold, simple or elaborate, traditional or ground-breaking.  
 Sea and river fish, mollusks, seafood... something for all tastes!  
 This is a book full of advice and ideas for preparing exquisite delicacies, even for those that think they don't like fish.

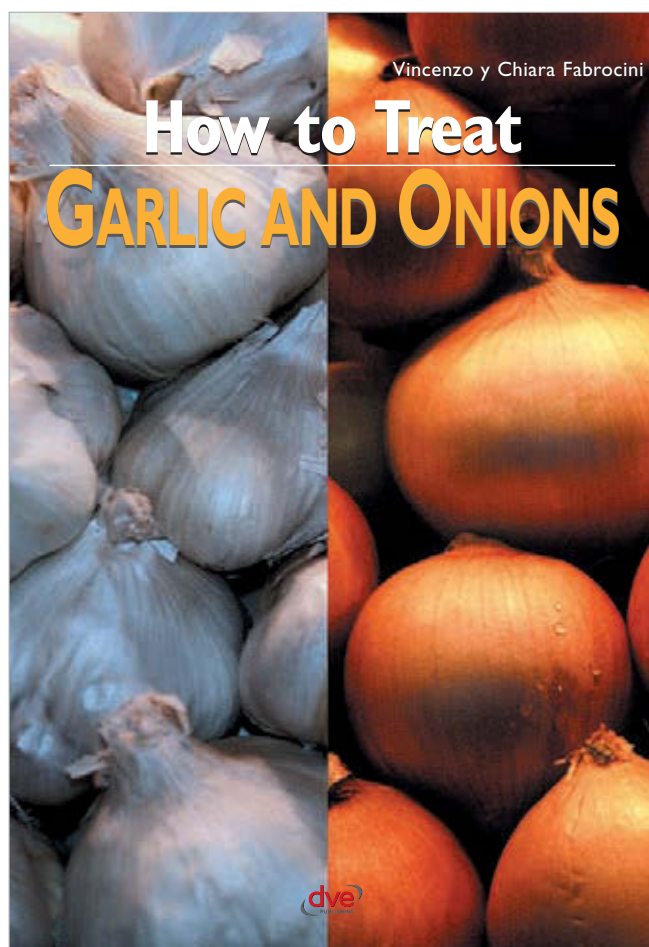


ISBN 978-1-78525-586-1

Format 145 x 205 mm, 128 pages

18,500 words

Healthy and hearty main dishes will have you swooning—sans meat. When entering into a vegetarian lifestyle or simply looking to go meatless a few nights out of the week, it is important to remember the value of protein to a well-balanced diet. Our vegetarian recipes are full of flavor and provide tasty meatless options without sacrificing the nutrients your body needs.



ISBN 978-1-78525-334-8

Format 170 x 240 mm, 92 pages

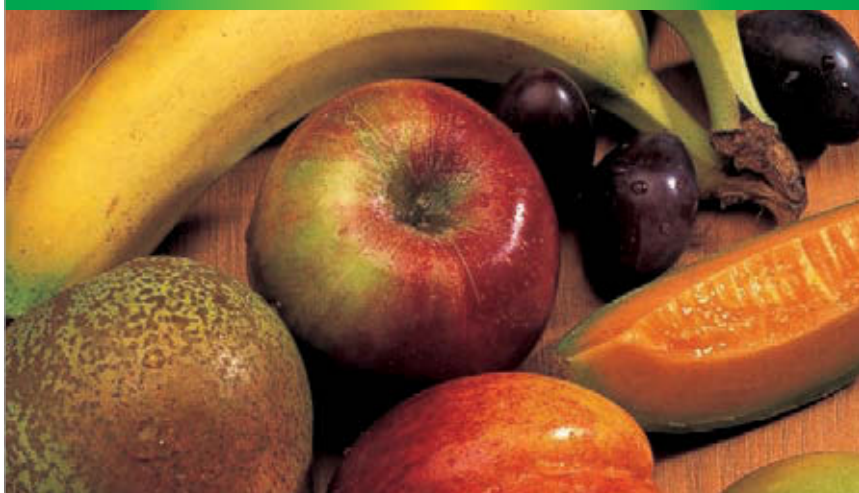
15,000 words

The quality and effectiveness of garlic and onion are famous since antiquity. Since then, their health virtues have not been forgotten. Why do garlic and onion help us stay healthy? What substances do they contain and how do they act? And above all, which diseases do they actually cure? How can you use them in the kitchen? This guide helps you to use both garlic and onion in the best way in your daily life.



Véronique Liégeois

# YOUR GUIDE TO A VEGETABLE & FRUIT DIET



**ISBN 978-1-78525-335-5**

**Format 145 x 205 mm, 160 pages**

**27,000 words**

To get the best properties and qualities out of fruits and vegetables, the best way is to extract the juice. Learn about the dietetic interest of each type of food: vitamins, minerals, fibre, sugar, etc.

With this guide you will be able to help your family with a rich diet based on fruits and vegetables juices to solve small health problems, remineralise and balance the body, go through the change of seasons in a healthy manner, and take care of your beauty.



ISBN 978-1-78525-590-8

Format 145 x 205 mm, 128 pages

18,000 words

Maintaining a balanced diet is essential in later years in order to enjoy good health, stay fit, and to be able to face your life with energy. This useful guide is food for thought for those at more advanced ages; it offers advice and organises the information clearly and simply by the characteristics of the foods and their caloric and nutritional values. Furthermore, you will also find recipes to create easy, light, and imaginative meals that combine taste and health.



**ISBN 978-1-78525-588-5**  
**Format 145 x 205 mm, 128 pages**  
**18,000 words**

This is a rich and varied cookbook to satisfy the requirements of a low-salt diet without quitting on tasty and sophisticated cooking, complete with an emphasis on the organoleptic characteristics of the foods, and advice and suggestions to succeed in the challenge of healthy, creative, and tasty cooking. The book also contains information about the caloric value and nutritional content of each dish, from starters to desserts, to help you enjoy the pleasure of eating without being unhealthy.



**ISBN 978-1-78525-591-5**  
**Format 145 x 205 mm, 128 pages**  
**18,000 words**

This is a useful guide that offers tasty recipes, accompanied with advice and information needed to learn how to reduce cholesterol rates and cook in a healthy and balanced way, without putting aside the flavours of good food. You will also find precious information on nutritional and caloric values of foods. For each case, meals are easy to prepare and always a success, because meals should always be a time of joy, harmony, and well-being.





**ISBN 978-1-78525-959-3**

**Format 145 x 205 mm, 128 pages**

**19,000 words**

On the health side, countless people who've quit dairy food found that their digestive problems, ear infections, or acne vanished within a few weeks. You might therefore consider going dairy-free to see if doing so significantly improves your quality of life. Having said that, it's important for everyone—meat eaters, ovo-lacto vegetarians, and vegans alike—to read up on nutrition to ensure the diet they follow isn't deficient in any nutrients. This guide will help you keeping a sufficient diet.



**ISBN 978-1-78525-589-2**

**Format 145 x 205 mm, 128 pages**

**25,500 words**

This is a very practical guide that will help you cook with variety and flavour. It includes advice for the elaboration of exquisite and tasteful dishes and also medical and nutritional information. You will also get haute cuisine tips to cook without sugar but with lots of flavour. Here you have an exquisite recipe book that, while respecting the demands of those that must be aware of sugar levels, presents healthy and easy to make dishes, so tasteful and attractive that you will even want to serve them to guests!



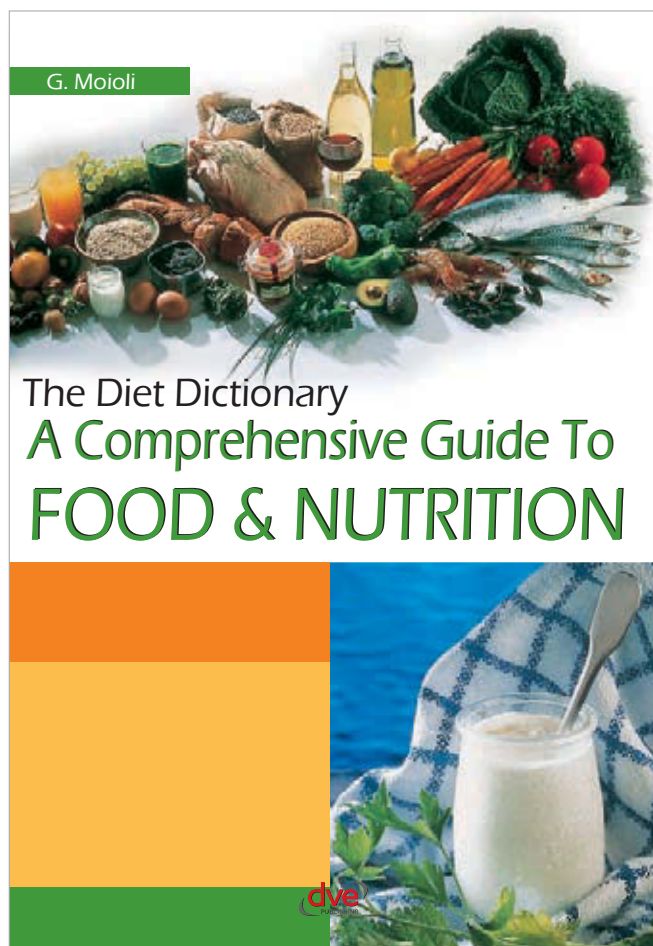
**ISBN 978-1-78525-587-8**

**Format 145 x 205 mm, 128 pages**

**18,000 words**

Food allergies are caused by a hyper sensitivity to a determined substance or component. The only way to avoid them is to put them out of the diet, but this doesn't mean you have to have poor and frustrating eating habits. Nowadays, there are many alternative products to create different versions of traditional dishes, equally tasty and balanced.

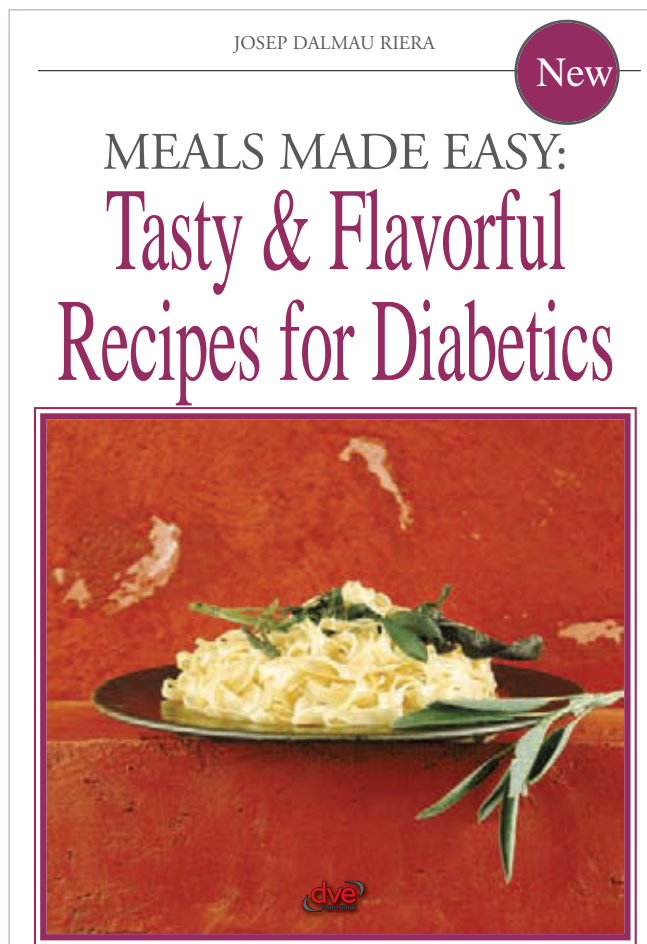
With this guide, you will be able to select the perfect products to replace the ones that you are allergic to without losing flavour and still be able to cook sophisticated recipes.



**ISBN 978-1-78525-336-2**  
**Format 145 x 205 mm, 368 pages**  
**45,000 words**

Nowadays, we can see an increasing interest in the details of what exactly we eat and drink. We can't forget that food in excess can lead to metabolism disorders, diabetes, obesity, cardiovascular diseases, etc.

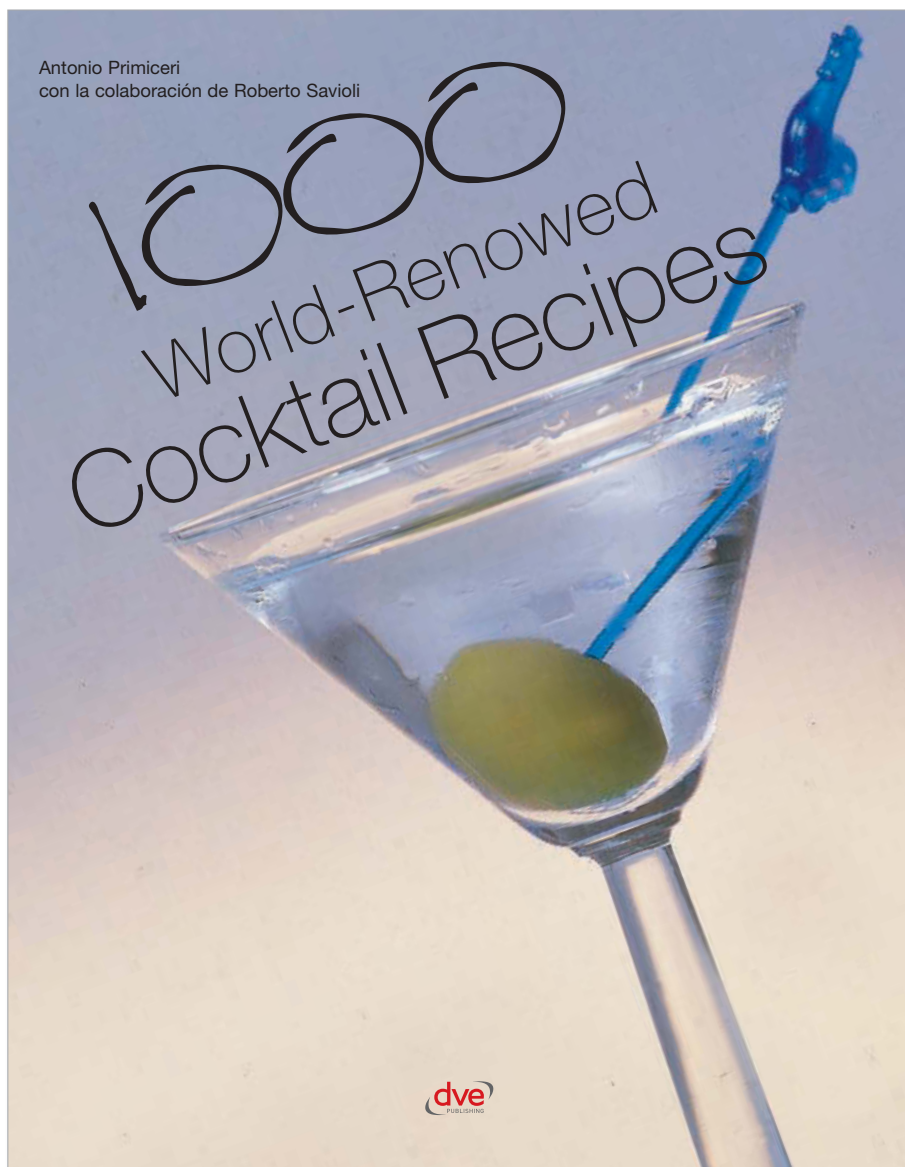
With this dietary dictionary, you will learn the caloric value, the amount of proteins, lipids, carbohydrates, and cholesterol of more than 300 types of food and beverages, possible combinations, and how to enjoy your meals while respecting the needs of your body.



**ISBN 978-1-78525-330-0**  
**Format 170 x 240 mm, 192 pages**  
**46,000 words**

This book has a complete selection of appetising recipes created with the diabetic in mind and also for those who want to follow a healthy diet without sugar. You don't need to give up on starters and appetisers, soups and crèmes, sauces, dressing, or even desserts.

The recipes are easy to cook and nutritious, balanced, combining different types of food, healthy and tasty, always adapted to the special needs of diabetics but also perfectly suitable for the whole family.



**ISBN 978-1-78525-312-6**

**Format 205 x 260 mm, 272 pages**

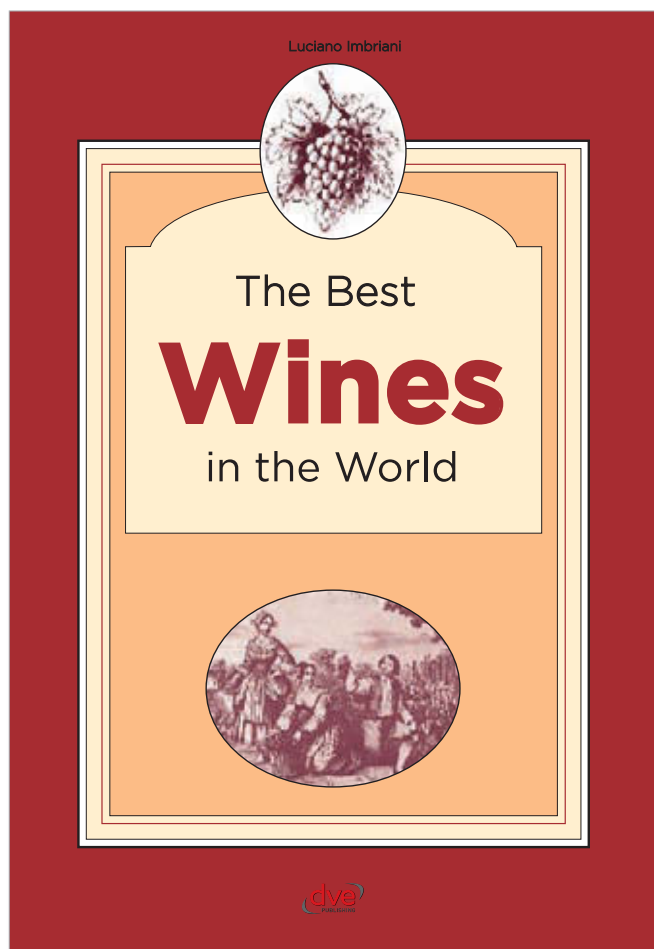
**69,000 words**

The tinton of the ice cubes in the glasses, the rhythm of the cocktail shaker, the fast and precise movements to prepare and mix the ingredients, the different colors of the drinks, the subtle scent of the lemon peel... So many magical sensations around a cocktail!

Common thread and absolute protagonist at big parties, a simple pretext for a friendly chat, or accompanying us during our relax moments, with its infinite possibilities, a cocktail matches the culture of living well with that of drinking well.

Ingredients, proportions, procedures, decorations... this book has all you need to know to mix scents, tastes, and colours and become a skilled bartender.



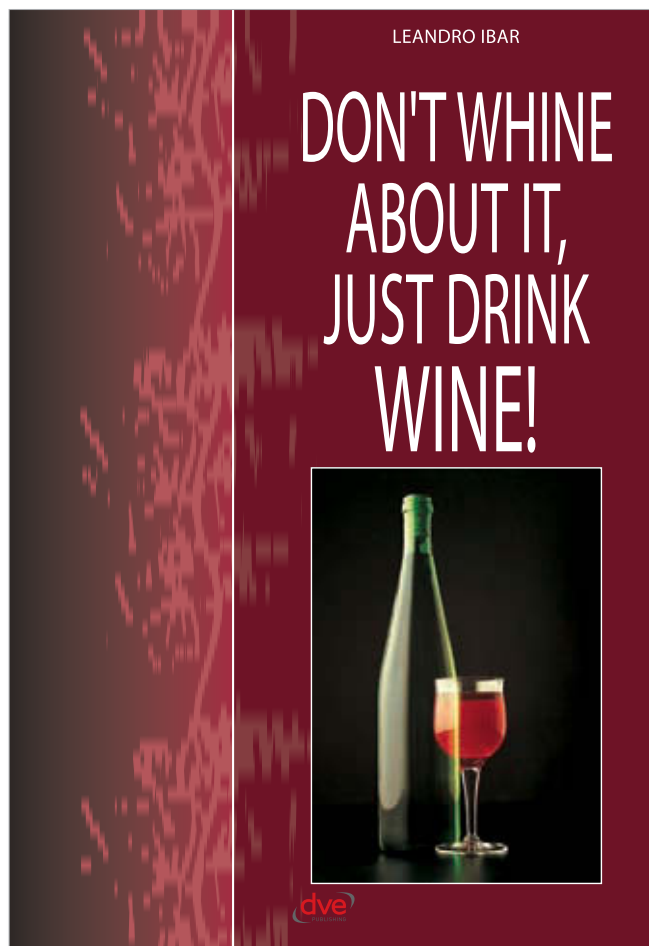


**ISBN 978-1-78525-580-9**

**Format 167 x 230 mm, 360 pages**

**57,500 words**

A very complete book about wines, for anyone who loves wine whether they are professionals or amateurs. With wines from all over the world, illustrations and useful charts, this is your best guide through the journey of wines!



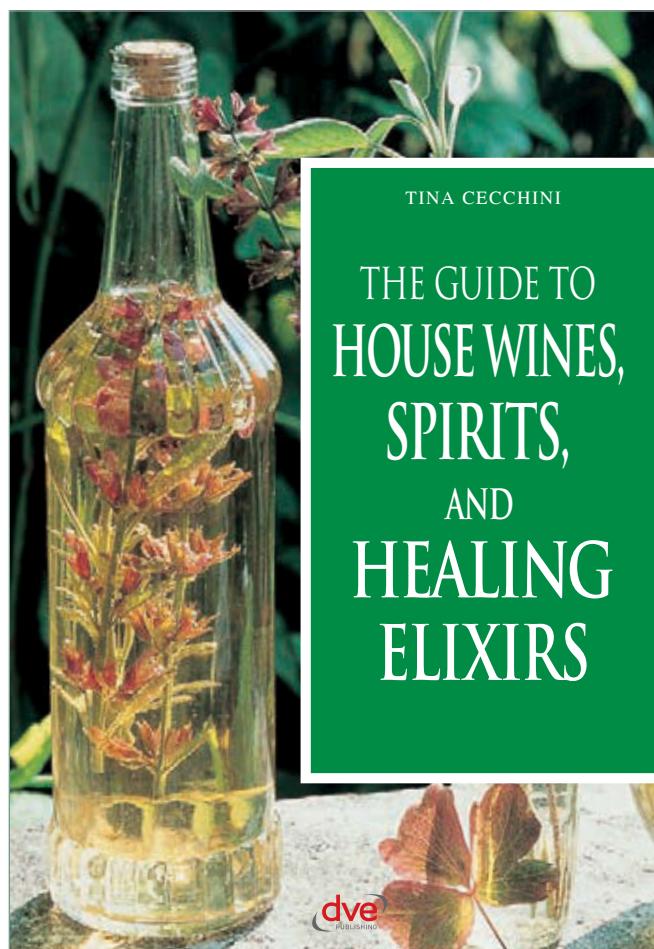
**ISBN 978-1-78525-579-3**

**Format 170 x 240 mm, 256 pages**

**71,000 words**

Whether you're professional wine maker or amateur wine lover, this book will ease all your wine-knowledge doubts: How to taste wine, which dishes are the best company, how to keep it in the best conditions, types of wine, organisation in the wine cellar, information about the grape harvest, process of making and aging wine, etc.

This useful guide includes detailed information about the production of Spanish wine and an oenology glossary to better interpret the information about wines.



ISBN 978-1-78525-577-9

Format 145 x 205 mm, 192 pages

27,500 words

In this book you will find recipes using medicinal herbs that will bring an end to your most annoying and unbearable disorders, like insomnia, nervous exhaustion, fever, cold, coughing, halitosis, stress, etc.

With this guide you will learn how to search and find the medicinal herbs at the herbalist, pharmacy, or simply at the market. It will teach you how and when to drink medicinal beverages with detailed and precise information on how to use the herbs correctly.



ISBN 978-1-78525-578-6

Format 145 x 205 mm, 128 pages

17,000 words

- Which basic rules must we follow to prepare the best cocktails?
- Which are the best digestive cocktails?
- What are the most suitable cocktails to drink during the summer?
- What are the most appropriate combinations to fight against cold?

This book is a brief work which presents a complete variety of cocktails, designed to satisfy everyone on every occasion. Quiet winter soiree or animated, crazy nights, both can be accompanied with the most suitable cocktails. Enjoy flavour and fantasy with the most classic or the most modern and innovative combinations.

# ALSO AVAILABLE

## AROUND THE WORLD

All About Asian Cuisine  
Arabian Nights: The Flavours & Secrets of Arabic Cooking  
Arriba! The Flavours & Secrets of Mexican Cooking  
Choose Sushi Tonight  
The Complete Book of Couscous  
Countless Kebab Recipes  
The Essential Cookbook for Tapas and Sandwiches  
The Flavours & Secrets of Chinese Cooking  
Kon'nichiwa! The Flavours & Secrets of Japanese Cooking  
Recipes of Chile  
Shocking Wok Recipes  
Tandori Tonight  
Tapas Tonight

## BREAKFAST

The Handbook of Homemade Pastries  
The Joys of Jams, Jellies, & Marmalades  
Secret Recipes for Pickles, Preserves, and Syrups

## DESSERTS

At-Home Ice Cream  
The Big Book of Desserts  
The Essential Dessert Guide  
Essential Recipes for Every Chocolate Lover  
Feeding the Sweet Tooth: Heavenly Desserts & Cakes  
In-House Ice Cream Handbook  
Kitchen Classics: Homestyle Baking  
Learn to Make Cold Desserts, Ice Creams, and Sorbets  
We All Scream for Ice Cream!  
Kid-Friendly Recipes for Every Family

## DRINKS

All About Cocktails  
The Best Cocktails in the World Guide  
The Big Book of Cocktails  
The Guru Guide to Tea  
A Perfect Pair: Find the Right Wine for Your Meal  
Shake It Up: A Comprehensive Guide  
to Over 200 Cocktail Recipes  
1000 World-Renowned Cocktail Recipes

## HEALTHY

The Basics to Cooking Without Fat  
Clean Eating: A Practical Guide for A Dairy-Free Diet  
A Complete Guide to Cooking with Salt  
The Complete Guide to Curing Yourself Through Aromatherapy  
Delicious Food for the Elderly  
The Diet Dictionary: A Comprehensive Guide  
to Food & Nutrition  
Exquisite Salads  
Fruit-Based Cuisine  
The Green Kitchen Guide  
The Healthy Kitchen Handbook  
How to Detoxify Your Kitchen  
How to Heal Your Headache  
How to Live a Gluten-Free Lifestyle  
How to Treat Garlic and Onions  
The Kilo-Diet Guide to Soups and Stews  
The Kilo-Diet Guide to Cooking with Fish  
The Kilo-Diet Guide to Pizza  
The Kilo-Diet Guide to Rice and Cereals





The Kilo-Diet Guide to Sweets  
The Kilo-Diet Guide to Vegetables and Side Dishes  
Lose Weight, Eat Great!  
Mastering Macrobiotic Cooking  
Mastering the Art of Light Cuisine  
Meals Made Easy:  
    Tasty & Flavourful Recipes for Diabetics  
A Practical Guide to A High-Fiber Diet  
The Salad Guru Guide  
The Simple Guide to a Slimmer Kitchen  
The Simple Guide to Cooking with Fiber  
Simply Salads: 144 Recipes for Healthy Living  
Tasty Low-Calorie Meals  
Tasty Low-Cholesterol Meals

## HEARTY COOKING

A-Z Appetizers and Snacks  
The A-Z Book of Appetizers  
The A-Z Guide to Appetizers and Snacks  
The A-Z Guide to Vegetables and Side Dishes  
The Big Book for Bakers  
The Big Book of Best Sauces  
The Big Book of Pasta  
The Big Book of Pressure Cooker Recipes  
The Big Book of Table Etiquette  
Budget Bites: 300 Recipes for Cheap Eats  
The Complete Collection of Canned Fruits and Vegetables  
The Complete First Course Guide  
The Complete Guide to Cooking Rice  
The Complete Guide to Mediterranean Meals  
Cook Pasta like a Pro!  
Cook with Pasta Tonight  
Cooking Soups, Stews, and Chickpeas  
Delectable Dinners

The Food-Lover's Guide to Pizzas, Loaves, and Toast  
Freezing Food  
The Guru Guide to Delicious Cuisine  
Hearty Recipes for Soups & Stews  
Incredible Hacks to Cooking Perfect Pasta  
Let's Get Saucy! 209 Sauces for Every Meal  
Let's Wok & Roll: Essential Guide for One Pot Meals  
Mastering At-Home Moonshine  
Mastering Mediterranean Cooking  
Mastering Quiches  
An Ode to Your Grandmother's Cooking  
Party People: Delicious Recipes for Every Type of Gathering  
Presenting Your Culinary Creations in Glass  
Rising to Greatness: Recipes for Every Bread Lover  
The Simple Guide to Soups  
Steak Basics  
500 Recipes for the Whole Family

## QUICK FOODS

Idiot's Guide to Using a Microwave  
Mastering Microwave Cuisine  
Quick & Dirty Recipes for 20-Minute Meals  
Rich and Tasty Microwavable Meals  
The Sandwich Book  
500 Exquisite Recipes for Fast Food  
500 Microwavable Recipes

## SEAFOOD

The Basics of Cooking with Fish  
Calling All Seafood Lovers! Quick & Easy Fish Recipes  
Why Shell Out Money: A Guide to Cooking Shellfish

## VEGETARIAN

Rich and Flavourful Vegetarian Cuisine





and



Alexandra House  
The Sweepstakes  
Ballsbridge  
Dublin 4  
Ireland

Tel +353 1 4428312 +353 1 664 1522  
Sales@confidential-concepts-intl.com

